## Slide 1: Title Page

California Community Transitions – Home and Community Based Services Advisory Workgroup Series

Slide 2: Purpose & Intent

- Uphold the preferences of eligible individuals in the least-restrictive setting of their choice
- "Rebalance" Medi-Cal spending by
  - Increasing the use of home and community-based, rather than institutional, long-term care

Slide 3: History

- U.S. Supreme Court's Olmstead Decision (1999)
- CMS releases the Money Follows The Person (MFP) Demonstration Grant
- CA receives MFP grant & implements the California Community Transitions (CCT) Demonstration Project
- Initial MFP Demonstration was set to expire in 2011, in 2010, the ACA extended the grant end date from 2011 to 2016
- To date, CCT has helped transition 2,307 people from inpatient facilities to the community setting of their choice

Slide 4: Olmstead Guiding Principles

- All individuals have the right to self-determination, independence, and choice
- Public entities must provide services to eligible individuals in the setting of their choice, when such services are appropriate

Slide 5: CCT Eligibility Requirements

- Persons of <u>all ages</u>.
- Continuous residence in an inpatient nursing facility for at least 90 days-- Medicare or short-term rehab days not included.
- Medi-Cal Eligibility for at least one day.

• Continue to require the same "level of care" provided in a health care facility.

Slide 6: CCT Services

- Pre-Transition Coordination
- Home Set-Up
- Habilitation
- Family and Informal Caregiver Training
- Personal Care Services before IHSS
- Home Modification
- Vehicle Adaptation
- Assistive Devices
- Transitional Case Management

**Slide 7:** Visual slide depicting the connection of nursing home residents to community services through CCT

Slide 8: Where We Were Pre-CCT Redesign

- Inconsistency between service providers
- Gaps in identifying and mitigating risk
- Not conducive to transitions
- Inconsistency in development and implementation of care plans

Slide 9: Intent of CCT Redesign

- Transition services bundled with an emphasis on outcomes
- Focus is on the whole person, identifying and mitigating risk early on and throughout the entire transition process
- Driving goal is integrated care for all participants to allow for continued success of participant in the community

## Slide 10: Workgroup Discussion

Based on your experience, can the CCT redesign aim to achieve these goals?

Slide 11: Steps to Building a Strong CCT Program

- Engage stakeholders to provide recommendations on ways to strengthen services.
- Ensure that CCT services place the individual at the center of transition and care planning.
- Create a clear program structure and develop consistent state-wide training.

Slide 12: The Future of CCT

• This is a visual slide showing the relationship between multiple delivery systems and their connection to the individual.