



News Release

FOR IMMEDIATE RELEASE

NUMBER: 10-03

DATE: May 4, 2010

CONTACT: Norman Williams

(916) 440-7660

www.dhcs.ca.gov

OWH RELEASES ADOLESCENT HEALTH REPORT, KICKS OFF WOMEN'S HEALTH MONTH

SACRAMENTO - Women trying to have a baby, wondering about teen health or thinking about hormone therapy in menopause are being offered important, up-to-date information on those critical topics by the California Department of Health Care Services' (DHCS) Office of Women's Health (OWH), which is launching its calendar of activities for the observance of Women's Health Month with its "California Adolescent Health 2009" report.

This year's theme for Women's Health Month – "Empower Yourself: Live Better...Live Longer" – focuses on learning and empowerment. Later this month, lectures will be offered concerning two critical aspects of women's health: hormone therapy, and environmental consequences for reproductive health."

"Knowledge is power, and learning to live a healthy life is an essential step toward empowerment for all women," said DHCS Director David Maxwell-Jolly. "The Office of Women's Health has organized two important lectures to provide the latest information on important health issues affecting women."

OWH's "California Adolescent Health 2009" report highlights the serious and important health related issues facing young people today. For instance, it shows that the leading causes of death among 12 to 17 year olds are unintentional accidents, homicide, cancer and suicide and diseases of the nervous system. Prepared in conjunction with the California Department of Public Health, it examines multiple factors that affect the health and well being of teens in their homes, schools and neighborhood environments.

The California Adolescent Health report is available online at

<http://www.dhcs.ca.gov/dataandstats/reports/Documents/OWHReports/AdolHealthReport09.pdf>

The lectures will take place in Sacramento at the East End Complex Auditorium at 1500 Capitol Avenue:

- May 10th - Noon to 1:30 pm: "Science, Ethics, and Ongoing Controversies in Women's Health: Menopause Hormone Therapy." This lecture will provide the latest information about Menopause and the use of hormone therapy according to UCLA's Iris Cantor Center for Excellence on Women's Health.

- May 27th - 1:00 pm to 2:30pm: “Generations at Risk - Environmental Challenges to Reproductive Health.” The focus for this lecture is the latest environmental health research findings on which chemicals have a direct impact on reproductive health.

For more information on these lectures or to find out how to participate in Women’s Health Month activities go to <http://www.dhcs.ca.gov/services/owh/Pages/default.aspx> or www.cdph.ca.gov/programs/OWH.