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ADDRESS 2
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XX/XX/XXXX

Lus Qhia Tseem Ceeb

Koj txais tsab ntawv no vim yog koj tau **OB HOM** Medicare thiab Medi-Cal. Txoj kev koj txais koj txoj kev kho mob tab tom hloov. Ziang no koj yuav muaj kev xaiv ntau dua los kom haum raws li koj txoj kev kho mob uas yuav tsum tau kho.

Hom phiaj xwm kho mob Cal MediConnect yog dab tsi?

Yam ntaub ntawv kho mob Cal MediConnect yog hom ntaub ntawv kho mob Medicare/Medi-Cal uas yuav los tswj koj kev them nqi kho mob (benefits) Medicare thiab Medi-Cal. Sau npe rau hom phiaj xwm kho mob Cal MediConnect txhais tau tias koj siv twj ywm cov kev them nqi kho mob (benefits) Medicare thiab Medi-Cal uas tsis ntxiv nqi dab tsi tab sis koj yuav tsum siv cov kws kuaj mob nyob rau koj qhov Cal MediConnect. Koj kuj tau txais kev them nqi kho mob (benefits) thauj mus los thiab kuaj qhov muag pom kev.

Kuv cov kev xaiv rau hom phiaj xwm kho mob yog dab tsi?

Koj yuav tau txais cov ntaub ntawv qhia ntxiv txog koj cov kev xaiv phiaj xwm kho mob tsis ntev tom ntej no. Tej zaum koj tuaj yeem xaiv txoj kev kho mob (plan) Cal MediConnect, los yog xaiv nyob twj ywm nrog Medicare li ib txwm muaj. Yog tias koj xaiv nyob nrog Medicare li ib txwm muaj, koj yuav tsum xaiv hom ntaub ntawv kev kho mob (plan) Medi-Cal los them rau koj cov nqi kho mob (benefits) Medi-Cal. Yog tias koj tsis xaiv, peb yuav xaiv ib hom ntawm cov phiaj xwm kho mob Cal MediConnect rau koj. Koj yuav siv twj ywm cov kev them nqi kho mob (benefits) thiab kev pab koj uas muaj ziang no, thiab qhov ntaub ntawv kev kho mob (plan) Cal MediConnect mam ua hauj lwm nrog koj cov kws kho mob thiab cov muab kev pab kho mob.

Qhov no yog thawj daim ntawv qhia rau koj txog koj cov kev xaiv tshiab. Koj yuav txais daim ntawv thib ob nrog lus qhia ntxiv txog koj cov kev xaiv tsis ntev no. Tej zaum koj tuaj yeem xaiv tau txoj kev kho mob (plan) Cal MediConnect nyob rau koj lub county, los yog xaiv nyob nrog Medicare li qub.

Koj cov kev xaiv muaj:

1. **Sau npe nyob rau ib hom phiaj xwm kho mob Cal MediConnect.** Cov ntaub ntawv kev kho mob (plans) npog ob yam Medicare thiab Medi-Cal cov kev pab. Yog koj nrog yam ntaub ntawv kev kho mob (plan) Cal MediConnect koj yuav txais In-Home Supportive Services (IHSS),



Multipurpose Senior Services Program (MSSP), Community-Based Adult Services (CBAS), thiab kev tu mob nyob rau tom tsev laus (nursing home) muaj los ntawm phiaj xwm kho mob Cal MediConnect. Lawv kuj pab kho qhov muag pom kev thiab thauj mus los. Yam phiaj xwm kho mob Cal MediConnect mam ua hauj lwm nrog koj, koj cov kws kho mob thiab neeg ua dej num kho mob kom koj tau txais kev kho koj raws li qhov yuav tsum tau kho yam tsim nyog.

2. **Sau npe rau hauv Program of All-Inclusive Care for the Elderly (PACE).** Yog koj muaj 55 xyoo rov sauv thiab yuav tsum tau ib txoj kev kho kom muaj ntau dua txhawm rau tau nyob hauv tsev, tej zaum koj sau npe tau nrog PACE. PACE muaj tag nrho cov kev them nqi kho mob (benefits) Medicare thiab Medi-Cal nrog rau lwm yam kev pab los rau cov neeg laus ua muaj ib hom mob tau ntev lawm nyob tau tom tsev.
3. **Sau npe rau hom phiaj xwm kho mob Medi-Cal xwb. Koj qhov Medicare yuav nyob mus li ziang no.** Yog tias koj los nkag rau qhov phiaj xwm kho mob Medi-Cal koj siv twj ywm koj cov kws kho mob thiab tsev kho mob Medicare, thiab koj yuav txais cov kev them nqi kho mob (benefits) Medi-Cal xws li In-Home Supportive Services (IHSS), Multipurpose Senior Services Program (MSSP), Community-Based Adult Services (CBAS), thiab kev tu mob nyob rau tom tsev laus (nursing home) los ntawm kev kho mob (plan) Medi-Cal.

Yam phiaj xwm kho mob Cal MediConnect ho pab kuv li cas?

Yam phiaj xwm kho mob Cal MediConnect pab koj vim tias koj cov kev pab them nqi kho mob (benefits) Medicare thiab Medi-Cal los siv ua kev thiab ua hauj lwm zoo dua rau koj.

Koj cov kws kho mob, kws muab tshuaj, IHSS, CBAS, MSSP, thiab lwm cov neeg ua dej num kho mob ua hauj lwm ua ke los kho koj thiab koom tes sib pab seb leej twg yuav pab kom koj tau txais txoj kev kho thiab kev pab ua koj yuav tsum txais. Qhov no yog hu “kev koom tes rau txoj kev kho” (care coordination).

Qhov kuv yuav ua ziang no yog dab tsi?

- Nrog lwm tus uas paub txog koj cov mob tham txog koj cov kev xaiv, ib yam li koj tsev neeg, koj cov kws kho mob, los yog koj qhov chaws tu neeg laus/los yog chaws Chaws Nyob Rau Neeg Tsis Tau.
- Saib koj cov ntaub ntawv uas yuav xa tuaj txogib phau ntawv tuaj ntawm Health Care Options tuaj thaj tsam li ib hli tom ntej no.
- Yog koj xav tham nrog ib tug neeg ua dej num tawm tswv yim rau kev them nqi ntsig txog kev kho mob (health insurance counselor) txog koj cov kev xaiv, hu tus **California Health Insurance Counseling & Advocacy Program (HICAP) ntawm 1-800-434-0222.**
- Yog koj xav tau tsab ntawv no txhais ua lwm hom lus los yog hloov kom txawv, ib yam li ua kom cov ntawv loj, hais ua suab, los yog Braille; los yog koj xav tau kev pab kom nkag siab rau tsab ntawv no, thov hu rau:

Health Care Options

1-844-580-7272 • TTY: 1-800-430-7077

Monday – Friday, 8 teev sawv ntxov – 5 teev tsaus ntuj

www.HealthCareOptions.dhcs.ca.gov