



JOHN SAMPLE
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 ADDRESS 2
 ANYTOWN CA 90000

XX/XX/XXXX

Xov Xwm Tseem Ceeb

Txoj kev koj tau Medi-Cal cov kev pab hloov lawm. Koj **yuav tsum** rau muaj npe rau Medi-Cal ib txoj kev pab tswj xyuas kab mob kev nkeeg kom tau Medi-Cal cov kev pab. Qhov laj thawj rau txoj kev hloov no yog pab muab Medi-Cal cov kev pab rau los ua ib ke nyob rau tib qho chaw.

Thov ua tib zoo nyeem tsab ntawv no. Koj tsis tag yuav tau ua dab tsi tam sim no. Peb yuav xa xov xwm ntxiv tuaj rau koj thiab cov ntaub ntyawv txog kev rau npe koom rau ib txoj kev pab them nqi kho mob xws li ib lub hlis tom ntej. Yog koj tau Medicare, txoj kev hloov no tsis muaj feem xyuam rau Medicare txoj kev pab them nqi los yog koj txoj kev mus ntsib tau koj tus kws kho mob ntawm Medicare.

Koj yuav tau cov kev pab dab tsi los ntawm Medi-Cal txoj kev pab them nqi kho mob rau koj?

Medi-Cal lub chaw pab them nqi kho mob rau koj yuav tswj xyuas tag nrho cov kev pab uas Medi-Cal them rau.

- Yog koj muaj Medicare, Medi-Cal qhov chaw pab them nqi kho mob rau koj yuav them rau qee cov nqi uas Medicare koom nrog them, lwm qee cov kev pab (xws li cov tshuaj kws kho mob sau uas Medicare tsis them rau), qee cov tsheb thauj mus los, thiab qee cov Long Term Services and Supports.
- Yog koj tsuas muaj Medi-Cal xwb, Medi-Cal lub chaw pab them nqi kho mob rau koj yuav them tag nrho cov nqi kho kab mob kev nkeeg rau koj, qee cov tsheb thauj mus los, thiab qee cov Long Term Services and Supports.

Cov Medi-Cal Long Term Services and Supports yog dab tsi?

- **In-Home Supportive Services (IHSS)** yog cov kev tu xyuas tus kheej rau cov tib neeg uas yuav tau muaj kev pab thiaj nyob tau hauv lawv cov vaj cov tsev nyab xeeb. Yog koj tab tom muaj IHSS tam sim no, koj tsis tag yuav hloov cov chaw muab IHSS rau koj thiab koj yeej ntiav tau, ncaws tawm tau thiab tswj tau koj cov chaw tu neeg.
- **Community-Based Adult Services (CBAS)** yog cov kev tu xyuas yav nruab hnuab nyob rau hauv cov chaw tu neeg uas muaj kev tu mob, kev kho mob thiab cov puas noj rau cov tib neeg uas muaj qee yam kev mob tsis tau.

- **Multipurpose Senior Services Program (MSSP)** muab kev pab tswj rau cov kev noj haus thiab kev tu kab mob kev nkeeg rau cov tib neeg muaj hnuv nyoog 65 xyoos thiab laus dua. Yog koj tau MSSP, koj lub chaw pab them nqi kho mob yuav ua hauj lwm nrog MSSP cov chaw tu neeg kom tswj tau txoj kev kho koj zoo dua. Yog koj tau MSSP tam sim no, koj tsis tag hloov MSSP lub chaw tu neeg.
- **Tsev laus tu:** Yog koj tau kev tu xyuas hauv tsev laus, koj lub chaw pab them nqi kho mob yuav ua hauj lwm nrog koj tus kws kho mob thiab lub tsev laus kom tswj xyuas tau txoj kev kho koj zoo dua. Yog koj nyob hauv lub tsev laus tu tam sim no, koj tsis tag yuav tau hloov lub tsev laus.
- Yog koj tsis tau cov kev pab no tam sim no, koj lub chaw pab them nqi kho mob yuav pab tau kom koj tau cov kev pab no yav tom ntej, yog koj yuav tau muaj.

Kuv puas ntsib tau kuv cov kws kho mob hauv Medicare tom qab kuv rau npe koom Medi-Cal ib txoj kev pab them nqi kho mob tag?

Tau, yog koj muaj Medicare, yuav tsis hloov koj cov chaw kho mob hauv Medicare.

Kuv puas ntsib tau kuv cov kws kho mob hauv Medi-Cal tom qab kuv rau npe koom Medi-Cal ib txoj kev pab them nqi kho mob tag?

Yog koj tsuas muaj Medi-Cal xwb, koj yuav tau xyuas koj lub chaw pab them nqi kho mob kom paub seb koj lub chaw kho mob puas ua hauj lwm nrog lub chaw pab them nqi kho mob. Feem ntau, koj yeej yuav ntsib tau koj cov kws kho mob qub mus txog 12 lub hlis.

Kev rau npe koom Medi-Cal ib txoj kev pab them nqi kho mob:

- Yuav TSIS hloov Medicare cov kev pab los yog cov txiaj ntsim zoo rau koj.
- Yuav TSIS hloov koj txoj kev tsim nyog tau Medi-Cal los yog raug nqi ntxiv rau koj them.
- Yuav TSIS tshem tawm tau Medi-Cal cov kev pab los yog cov txiaj ntsim zoo ntawm koj.

Thaum twg kuv yuav tsum tau rau npe koom Medi-Cal ib txoj kev pab them nqi kho mob?

Koj yuav tau txais xov xwm ntxiv txog cov kev pab them nqi kho mob ntawm Medi-Cal uas koj xaiv tau. Yog koj tsis xaiv ib hom, koj yuav raug muaj npe koom Medi-Cal ib txoj kev pab them nqi kho mob pib txij thaum

MM/DD/YYYY.

Kuv yuav ua dab tsi tam sim no?

- Tham txog cov koj xaiv tau nrog ib tug neeg uas paub txog koj cov kev tu ncu ntawm kev noj qab haus huv, xws li koj tsev neeg, cov phooj ywg, koj cov kws kho mob, los yog koj cov chaw muab kev tu xyuas hauv zos Long Term Services and Supports.
- Xyuas koj cov ntaub ntawv tuaj txog ib pob ntawv tuaj ntawm Health Care Options xws li ib lub hlis tom ntej.

Xav tau kev pab los yog paub ntxiv

Yog koj xav tau tsab ntawv no txhais ua lwm hom lus los yog ua lwm hom, xws li sau ntawv loj loj, kaw ua suab lus los yog sau Xuas Nyeem; los yog koj xav tau kev pab rau npe koom ib txoj kev pab them nqi kho mob, thov hu:

Health Care Options

1-844-580-7272 • TTY: 1-800-430-7077

Zwj Hli (Mon) – Zwj Kuab (Fri), 8 teev sawv ntxov - 5 teev tsaus ntuj

www.HealthCareOptions.dhcs.ca.gov