Medi-Cal Managed Care

Quality Improvement Projects Status Report

January 1, 2015 – March 31, 2015

Managed Care Quality and Monitoring Division California Department of Health Care Services

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# TABLE OF CONTENTS

1.	EXECUTIVE SUMMARY	1
	Purpose of Report	1
	Scope of External Quality Review Activities Conducted	1
	Summary of Overall Findings	2
	Quality Improvement Projects Validation	2
	PDSA Cycle Submissions Review	2
	Summary of Overall Results  Internal OID and PDS A Cycle Submissions	3
	Internal QIP and PDSA Cycle Submissions Conclusions and Recommendations	3
	Internal QIP Conclusions and Recommendations	3
	Internal PDSA Conclusions and Recommendations	3
2.	Introduction	4
	Organization of Report	4
	QIP Requirements	4
	Description of the QIP Validation Process	5
	Evaluating the Overall Validity and Reliability of Study Results	5
	Plan-Do-Study-Act Cycle Requirements	6
<i>3</i> .	QUARTERLY QIP AND PDSA ACTIVITY	7
	Quality Improvement Activities	7
	Technical Assistance	7
	QIP Summary Form Validation	7
	MCQMD Statewide ACR Collaborative Quality Improvement Project	7
	Internal Quality Improvement Projects	7
	PDSA Cycle Review	8
4.	Summary of Findings	11
	Quality Improvement Project Activities	11
	PDSA Cycle Activities	11
	Findings Specific to the MCQMD Statewide Collaborative Quality Improvement Project	12
	Background	12
	Statewide Collaborative—Quality Improvement Project Current Quarter	13
	Validation Findings Statewide Collaborative—PDSA Cycle Current Quarter Review Findings	13
	Findings Specific to Small-Group Collaborative Quality Improvement Projects	14
	Findings Specific to Internal Quality Improvement Projects	14
	Quality Improvement Project Current Quarter Validation Findings	14
	Internal PDSA Cycle Current Quarter Review Findings	16

### **TABLE OF CONTENTS**

QIP and PDSA Strengths and Opportunities for Improvement	17
QIP and PDSA Recommendations	17
APPENDIX A. STATUS OF ACTIVE QIPS AND PDSA CYCLES	A-1
APPENDIX B. EVALUATION ELEMENT SCORING TABLES	B-1
APPENDIX C. PDSA CYCLE WORKSHEET	C-1

# **Purpose of Report**

The California Department of Health Care Services (DHCS) is responsible for administering the Medi-Cal Managed Care program and overseeing quality improvement activities of its Medi-Cal managed care health plans (MCPs). The Managed Care Quality and Monitoring Division (MCQMD) requires its contracted, full-scope MCPs, prepaid MCPs, and specialty MCPs to conduct quality improvement projects (QIPs) to assess and improve the quality of a targeted area of clinical or nonclinical care or services provided to Medi-Cal managed care members.

This QIPs Status Report provides a summary of QIPs validated during the period of January 1, 2015, through March 31, 2015, and presents recommendations for improvement. Additionally, this report provides a summary of Plan-Do-Study-Act (PDSA) cycle information for one MCP.

# Scope of External Quality Review Activities Conducted

DHCS contracts with Health Services Advisory Group, Inc. (HSAG), as the external quality review organization (EQRO) that validates QIP proposals and annual submissions. The Centers for Medicare & Medicaid Services (CMS) produced protocols for MCPs to use when conducting QIPs<sup>1</sup> and for EQROs to use when validating QIPs.<sup>2</sup> The EQRO reviews each QIP using the validating protocol to ensure MCPs design, conduct, and report QIPs in a methodologically sound manner, consistent with the protocol for conducting QIPs. As a result of this validation, DHCS and interested parties can have confidence in reported improvements that result from a QIP.

During the 2014–15 Quarter 1 reporting period, MCQMD made a decision that each MCP with a QIP that did not achieve a *Met* validation status on the annual submission be required to submit a PDSA cycle related to the MCP's QIP topic rather than to resubmit the QIP for validation. The decision was made in part because DHCS is transitioning to a new EQRO contract beginning July 1, 2015, and in part because of MCQMD's focus on rapid-cycle improvement as a way to increase the likelihood of positive outcomes.

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<sup>&</sup>lt;sup>1</sup> U.S. Department of Health and Human Services, Centers for Medicare & Medicaid Services. *Implementation of Performance Improvement Projects (PIPs): A Voluntary Protocol for External Quality Review (EQR),* Version 2.0, September 2012. Available at: <a href="http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Quality-of-Care/Quality-of-Care-External-Quality-Review.html">http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Quality-of-Care/Quality-of-Care-External-Quality-Review.html</a>. Accessed on February 19, 2013.

<sup>&</sup>lt;sup>2</sup> U.S. Department of Health and Human Services, Centers for Medicare & Medicaid Services. *Validation of Performance Improvement Projects (PIPs): A Mandatory Protocol for External Quality Review (EQR)*, Version 2.0, September 2012. Available at: <a href="http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Quality-of-Care/Quality-of-Care-External-Quality-Review.html">http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Quality-of-Care/Quality-of-Care-External-Quality-Review.html</a>. Accessed on February 19, 2013.

MCQMD, developed a review process and feedback form. MCQMD instructed the MCPs to focus on a small test of change for the PDSA cycle. The PDSA process allows for MCPs to implement rapid-cycle strategies and determine quickly if the interventions are effective or not. Once an MCP determines the interventions' effectiveness, the MCP can adopt, adapt, or abandon the interventions. The MCPs required to implement a PDSA cycle could target the entire eligible population in all counties, identify a subset population (in one or more counties), target providers, or focus on a systemic problem. While the majority of MCPs with a QIP that did not achieve a *Met* validation status were required to submit a PDSA cycle, MCQMD made some exceptions based on MCQMD and MCP priorities.

# **Summary of Overall Findings**

### **Quality Improvement Projects Validation**

During the reporting period of January 1, 2015, through March 31, 2015, HSAG evaluated 27 internal QIPs (IQIPs) submitted by one MCP, Anthem Blue Cross Partnership Plan, using its QIP Validation Tool, which scores the QIPs against the CMS validation protocol. Through QIP validation, HSAG assesses an MCP's methodology for conducting the QIP and evaluates the overall validity and reliability of study results. The Introduction section of this report provides a detailed description of HSAG's validation process. HSAG provided an overall validation status of *Met*, *Partially Met*, or *Not Met* for each IQIP submission. HSAG reviewed no statewide collaborative *All-Cause Readmissions (ACR)* or small-group collaborative QIPs during this reporting period.

Anthem Blue Cross Partnership Plan had two IQIP topics—Controlling Blood Pressure and Medication Management for People with Asthma. The MCP designed IQIPs for both topics in nine counties. The IQIP submissions were study design submissions and resubmissions. Of the 27 IQIP submissions, nine initially achieved a Met validation status, while nine received a Not Met validation status, resulting in the MCP being required to resubmit those QIPs. All nine IQIPs were resubmitted during the review period and achieved a Met validation status.

# PDSA Cycle Submissions Review

During the reporting period of January 1, 2015, through March 31, 2015, HSAG evaluated the PDSA cycle submitted by one MCP, California Health & Wellness, to determine if the SMART (Specific, Measurable, Achievable, Relevant, Time-bound) objective and Plan portion of the PDSA cycle followed the guidelines set forth by MCQMD. HSAG also assessed the MCP's methodology for conducting a small test of change. California Health & Wellness was newly contracted November 2013 to provide Medi-Cal services; therefore, the MCP was not required to submit any QIP-related information until February 2015. HSAG reviewed no statewide collaborative *All-Cause* 

Readmissions (ACR) or small-group collaborative PDSA cycles during this reporting period. HSAG approved California Health & Wellness' SMART objective and Plan portion of the PDSA cycle, and the MCP was instructed to implement the small test of change and analyze the results of the change. The topic for the PDSA cycle is postpartum care. The Introduction section of this report provides a detailed description of HSAG's review process.

# **Summary of Overall Results**

### Internal QIP and PDSA Cycle Submissions

During the reporting period, all 27 submitted IQIPs from Anthem Blue Cross partnership Plan were assessed for Activities I through VI. No IQIPs progressed beyond Activity VI.

One internal PDSA cycle from California Health & Wellness was reviewed and approved for implementation.

#### **Conclusions and Recommendations**

#### Internal QIP Conclusions and Recommendations

During the review period of January 1, 2015, through March 31, 2015, Anthem Blue Cross Partnership Plan corrected the deficiencies noted during its Quarter 3 IQIP submissions, resulting in all IQIPs achieving a *Met* validation status. No IQIPs will need to be resubmitted during Quarter 4.

Based on its review of Anthem Blue Cross Partnership's IQIP validation findings during the reporting period, HSAG recommends that the MCP:

- Refer to the QIP Completion Instructions and previous QIP validation tools before documenting a QIP to ensure that the MCP meets or exceeds all documentation requirements.
- Request technical assistance before submitting a QIP, if it has any questions or needs clarification on QIP requirements.

#### Internal PDSA Conclusions and Recommendations

During the review period of January 1, 2015, through March 31, 2015, California Health & Wellness' PDSA cycle submission was approved for implementation without any revisions required to the SMART objective or the Plan portion of the cycle. The MCP is encouraged to focus on a small test of change and use rapid-cycle improvement strategies. This will allow the MCP to learn in a short time frame whether or not the implemented interventions are effective. Once the MCP determines effectiveness, it can adopt, adapt, or abandon the interventions.

# **Organization of Report**

This report has seven sections:

- Executive Summary—Outlines the scope of external quality review activities, provides the status of MCP submissions and overall validation findings for the review period, and presents recommendations.
- Introduction—Provides an overview of QIP requirements and HSAG's QIP validation process as well as an overview of the PDSA cycle submission process.
- Quarterly QIP Activity—Provides a table of all QIPs that HSAG validated during the review
  period, including evaluation element scores and the overall validation status by type of QIP. This
  section also includes tables of all PDSA cycle submissions that HSAG reviewed during the
  reporting period, including the status of each PDSA cycle.
- Summary of QIP Validation Findings—Summarizes validation findings across MCPs related to QIP study design, study implementation, and quality outcomes achieved. Also, this section summarizes the SMART objective; Plan phase; and the Do, Study, Act phases for the PDSA cycle submissions. Strengths, opportunities for improvement, and recommendations are provided for both the QIP and PDSA cycle submissions.
- Appendix A—Includes a listing of all active QIPs and PDSA cycles and their status.
- **Appendix B**—Provides detailed scoring tables for each evaluation element within the 10 QIP activities for the internal QIPs (IQIPs).
- **Appendix C**—PDSA Cycle Worksheet.

# **QIP Requirements**

QIPs are a federal requirement. The Code of Federal Regulations (CFR) at 42 CFR 438.240<sup>3</sup> requires that all states operating a Medicaid managed care program ensure that their contracted MCPs conduct QIPs.

QIPs are a contract requirement for Medi-Cal MCPs. DHCS requires each of its contracted Medi-Cal MCPs to conduct two DHCS-approved QIPs in accordance with federal requirements. MCPs must always maintain two active QIPs. For full-scope MCPs, the statewide Medi-Cal managed care

<sup>&</sup>lt;sup>3</sup> Federal Register/Vol. 67, No. 115, June 14, 2002, 2002/Rules and Regulations, p. 41109.

collaborative project serves as one of the two required QIPs. The second QIP can be either an IQIP or a small-group collaborative QIP involving at least three Medi-Cal MCPs.

# **Description of the QIP Validation Process**

The primary objective of QIP validation is to determine each MCP's compliance with federal requirements, which include:

- *Measuring* performance using objective quality indicators.
- *Implementing* systematic interventions to achieve improvement in quality.
- Evaluating the effectiveness of the interventions.
- *Planning* and *initiating* activities to increase or sustain improvement.

Federal regulations also require that MCPs conduct and that an EQRO validate QIPs in a manner consistent with the CMS protocols for implementing and validating QIPs.<sup>4</sup>

The CMS protocol for validating QIPs focuses on two major areas:

- Assessing the MCP's methodology for conducting the QIP.
- Evaluating the overall validity and reliability of study results.

QIP validation ensures that:

- MCPs design, implement, and report QIPs in a methodologically sound manner.
- Real improvement in quality of care and services is achievable.
- Documentation complies with the CMS protocol for conducting QIPs.
- Stakeholders can have confidence in the reported improvements.

# Evaluating the Overall Validity and Reliability of Study Results

A QIP that accurately documents CMS protocol requirements has high validity and reliability. Validity is the extent to which the data collected for a QIP measure its intent. Reliability is the extent to which an individual can reproduce the study results. For each completed QIP, HSAG assesses threats to the validity and reliability of QIP findings and determines when a QIP is no longer credible. Using its QIP Validation Tool and standardized scoring, HSAG reports the overall validity and reliability of the findings as one of the following categories:

<sup>&</sup>lt;sup>4</sup> Department of Health and Human Services, Centers for Medicare & Medicaid Services. EQR Protocol 7: Implementation of Performance Improvement Projects: A Voluntary Protocol for External Quality Review (EQR), Version 2.0, September 2012, and EQR Protocol 3: Validating Performance Improvement Projects (PIPs): A Mandatory Protocol for External Quality Review (EQR), Version 2.0, September 2012. Available at: http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Quality-of-Care/Quality-of-Care-External-Quality-Review.html. Accessed on: February 19, 2013.

- *Met* = High confidence/confidence in the reported study findings.
- *Partially Met* = Low confidence in the reported study findings.
- *Not Met* = Reported study findings that are not credible.

# Plan-Do-Study-Act Cycle Requirements

During the 2014–15 Quarter 1 reporting period, MCQMD made a decision that each MCP with a QIP that did not achieve a *Met* validation status on the annual submission be required to submit a Plan-Do-Study-Act (PDSA) cycle related to the QIP topic rather than to resubmit the QIP for validation. The decision was made in part because DHCS is transitioning to a new EQRO contract beginning July 1, 2015, and in part because of MCQMD's focus on rapid-cycle improvement as a way to increase the likelihood of positive outcomes.

MCQMD, developed a review process and feedback form. MCQMD instructed the MCPs to focus on a small test of change for the PDSA cycle. The PDSA process allows for MCPs to implement rapid-cycle strategies and determine quickly if the interventions are effective or not. Once an MCP determines the interventions' effectiveness, the MCP can adopt, adapt, or abandon the interventions. The MCPs required to implement a PDSA cycle could target the entire eligible population in all counties, identify a subset population (in one or more counties), target providers, or focus on a systemic problem. While the majority of MCPs with a QIP that did not achieve a *Met* validation status were required to submit a PDSA cycle, MCQMD made some exceptions based on MCQMD and MCP priorities.

# **Quality Improvement Activities**

As indicated previously, MCQMD made a decision to have most MCPs implement a PDSA cycle for QIPs that did not achieve a *Met* validation status on the initial submission, rather than require the MCPs to resubmit their QIPs for validation. To ensure the MCPs' understanding of the PDSA cycle submission process, MCQMD and HSAG conducted technical assistance calls with the MCPs to review both the requirements and expectations. While the majority of MCPs with a QIP that did not achieve a *Met* validation status were required to submit a PDSA cycle, MCQMD made some exceptions based on MCQMD and MCP priorities.

#### Technical Assistance

During this reporting period, MCQMD and HSAG conducted a group technical assistance call for the ACR collaborative QIP on February 18, 2015. The purpose of the call was for MCPs to share lessons learned from implementing the ACR collaborative QIP. HSAG facilitated the call and 11 of the MCPs participating in the collaborative presented their key successes and challenges. Due to time limitations, the remainder of the MCPs will present during the May 2015 technical assistance call. Shortly after the call, HSAG drafted and distributed meeting minutes that summarized the successes and challenges shared by each MCP. An aggregated summary of the MCPs' presentations will be included in the ACR Remeasurement 1 report.

HSAG also conducted individual technical assistance with MCPs during the reporting period of January 1, 2015, through March 31, 2015. Four MCPs contacted HSAG regarding QIP and PDSA cycle topics. HSAG communicated with each MCP through emails and/or phone calls to assist in resolving specific issues.

# **QIP Summary Form Validation**

# MCQMD Statewide ACR Collaborative Quality Improvement Project

HSAG validated no statewide ACR collaborative QIPs during this reporting period.

# Internal Quality Improvement Projects

MCQMD required that the one full-scope MCP, Anthem Blue Cross Partnership Plan, resubmit its IQIPs until the IQIPs achieved a *Met* validation status. All other MCPs with IQIPs that

received a *Not Met* or *Partially Met* validation status on the initial submission were required to submit a PDSA cycle.

HSAG reviewed 27 IQIP submissions from Anthem Blue Cross Partnership Plan for the reporting period of January 1, 2015, through March 31, 2015. Table 3.1 summarizes the IQIPs validated during this review period. Table 3.1 includes the IQIPs and lists the IQIPs by MCP and county, study topic, IQIP submission type, and activities validated. Additionally, this table displays the percentage of evaluation and critical elements that received a *Met* score and summarizes the validation results for the IQIPs, providing an overall validation status of *Met*, *Partially Met*, or *Not Met*. Critical elements are those within the validation tool that HSAG has identified as essential for producing a valid and reliable QIP. All critical elements must receive a *Met* score for a QIP to receive an overall validation status of *Met*.

# **PDSA Cycle Review**

For the current reporting period, MCPs required to conduct a PDSA cycle for their ACR QIP and/or IQIP topic were implementing the Do, Study, and Act portions of the PDSA cycle and will submit their findings to MCQMD and HSAG by April 30, 2015.

HSAG reviewed one internal PDSA Cycle Worksheet for the reporting period of January 1, 2015, through March 31, 2015. California Health & Wellness is a new MCP, and DHCS required the MCP to submit a PDSA cycle for a priority topic no later than February 2, 2015. The MCP was not required to join the statewide collaborative. California Health & Wellness submitted its internal PDSA cycle on the topic of postpartum care, and HSAG reviewed and approved the internal PDSA cycle for implementation. Due to the later approval date to implement the PDSA cycle, California Health & Wellness will submit its findings of the Do, Study, and Act portions of the PDSA cycle to MCQMD and HSAG by May 29, 2015.

Table 3.1—Medi-Cal Managed Care Quarterly Internal QIP Validation Results January 1, 2015, through March 31, 2015

MCP Name and County	Name of Internal Project/Study	Type of Submission <sup>1</sup>	Activities Validated	Percentage of Evaluation Elements Scored Met <sup>2</sup>	Percentage of Critical Elements Scored Met <sup>3</sup>	Overall Validation Status <sup>4</sup>
Anthem Blue Cross Partnership Plan — Alameda	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met
Anthem Blue Cross Partnership Plan — Contra Costa	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met
Anthem Blue Cross Partnership Plan— Fresno	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met
Anthem Blue Cross Partnership Plan— Kings	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met
Anthem Blue Cross Partnership Plan — Madera	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met
Anthem Blue Cross Partnership Plan— Sacramento	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met
Anthem Blue Cross Partnership Plan— San Francisco	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met
Anthem Blue Cross Partnership Plan — Santa Clara	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met

MCP Name and County	Name of Internal Project/Study	Type of Submission <sup>1</sup>	Activities Validated	Percentage of Evaluation Elements Scored Met <sup>2</sup>	Percentage of Critical Elements Scored Met <sup>3</sup>	Overall Validation Status <sup>4</sup>
Anthem Blue Cross Partnership Plan— Tulare	Controlling High Blood Pressure	New Study Design	I–VI	67%	57%	Not Met
		Resubmission	I–VI	94%	100%	Met
Anthem Blue Cross Partnership Plan— Alameda	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met
Anthem Blue Cross Partnership Plan— Contra Costa	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met
Anthem Blue Cross Partnership Plan — Fresno	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met
Anthem Blue Cross Partnership Plan— Kings	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met
Anthem Blue Cross Partnership Plan— Madera	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met
Anthem Blue Cross Partnership Plan— Sacramento	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met
Anthem Blue Cross Partnership Plan— San Francisco	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met
Anthem Blue Cross Partnership Plan— Santa Clara	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met
Anthem Blue Cross Partnership Plan— Tulare	Medication Management for People with Asthma	New Study Design	I–VI	90%	100%	Met

<sup>&</sup>lt;sup>1</sup>Type of Submission—Designates the QIP submission as a new study design, annual submission, or resubmission. A resubmission means the MCP was required to resubmit the QIP with updated documentation because it did not meet HSAG's validation criteria to receive an overall *Met* validation status.

<sup>&</sup>lt;sup>2</sup>Percentage of Evaluation Elements Scored *Met*—The percentage is calculated by dividing the total elements scored *Met* (critical and non-critical) by the sum of the total number of elements scored *Met*, *Partially Met*, and *Not Met*.

<sup>&</sup>lt;sup>3</sup>Percentage of Critical Elements Scored *Met*—The percentage of critical elements scored *Met* is calculated by dividing the total critical elements scored *Met* by the sum of the critical elements scored *Met, Partially Met,* and *Not Met*.

<sup>&</sup>lt;sup>4</sup>Overall Validation Status—Populated from the QIP Validation Tool and based on the percentage scores and whether critical elements were Met, Partially Met, or Not Met.

# **Quality Improvement Project Activities**

The CMS protocol for conducting a QIP specifies 10 core activities. Rather than assessing them separately, HSAG categorizes them into three main stages to examine strengths and opportunities for improvement across key areas. For each of the three types of QIPs—statewide collaborative, small-group collaborative, and IQIPs—HSAG presents validation findings according to these three main study stages:

## 1. Design—CMS Protocol Activities I-VI

- Selecting appropriate study topics.
- Presenting clearly defined, answerable study questions.
- Documenting clearly defined study indicators.
- Stating a correctly identified study population.
- Presenting a valid sampling technique (if sampling was used).
- Specifying accurate/complete data collection procedures.

#### 2. Implementation—CMS Protocol Activities VII and VIII

- Presenting sufficient data analysis and interpretation.
- Designing/documenting appropriate improvement strategies.

#### 3. Outcomes—CMS Protocol Activities IX and X

- Reporting evidence of real improvement achieved.
- Documenting data for sustained improvement achieved.

# **PDSA Cycle Activities**

In conjunction with HSAG, MCQMD developed a PDSA Cycle Worksheet (see Appendix C) emphasizing both a SMART objective and the PDSA cycle. HSAG developed review criteria to determine whether or not the MCPs conduct the PDSA cycle according to MCQMD requirements. For each PDSA Cycle Worksheet submission, HSAG provides feedback to the MCP using the following criteria:

#### 1. SMART Objective

The MCP documented the SMART objective.

- The SMART objective was well-defined and clear.
- The SMART objective had a target based on an interim outcome.
- The SMART objective was written in active tense.
- The SMART objective answered the following question, "Who is going to do what, when, why (what does it demonstrate), and to what extent?"

#### 2. Plan Phase

- The MCP documented what it is going to test.
- The MCP documented a prediction based on interim evaluation.
- The MCP included a plan for the change or test that makes sense for the QIP.
- The MCP included a plan for data collection that makes sense for the change or test.
- The MCP answered who, what, when, and where.

#### 3. Do, Study, and Act Phases

- The MCP provided an adequate summary of how it carried out the change or test.
- The MCP included both how it collected data and began the analysis.
- The MCP provided an adequate summary of its data analysis.
- The MCP summarized what was learned.
- The MCP stated whether it intends to adopt, adapt, or abandon the change.

# Findings Specific to the MCQMD Statewide Collaborative Quality Improvement Project

# **Background**

MCQMD kicked off its statewide collaborative *All-Cause Readmissions (ACR)* QIP in July 2011 to address hospital readmissions that result in costly expenditures and indicate that transitions of care could be improved for members. The statewide collaborative MCPs submitted the Design stage of their *ACR* QIPs between August 2012 and November 2012. The submissions included their historical MCP-specific data, which included the MCPs' calendar year 2011 overall readmission rates as well as the readmission rates for the Seniors and Persons with Disabilities (SPD) and non-SPD populations. Additionally, the submissions included the common language for Activities I through V that had been developed by the study design workgroup and approved by the collaborative.

In January 2013, MCPs were required to submit their barrier analyses and interventions to HSAG and MCQMD for evaluation. From January 2013 through June 2013, the MCPs continued to implement their improvement strategies. HSAG and MCQMD conducted technical assistance calls with each MCP and provided feedback on the MCP's improvement strategies. Each call was followed by a summary email which included both general and MCP-specific recommendations.

Forty-five baseline submissions (with ACR rates for CY 2012 and Activities I through VIII) were submitted in September 2013. At the end of the 2013–14 Quarter 3 review period, all 45 QIPs (representing 23 MCPs) had achieved an overall Met validation status. For these 45 ACR QIPs, Remeasurement 1 submissions (with ACR rates for CY 2013 and Activities I through IX) were submitted in September 2014. Due to MCQMD's expansion into new counties, two additional baseline submissions (with ACR rates for CY 2013 and Activities I through VIII) were also submitted in September 2014.

During the 2014–15 Quarter 1 reporting period, MCQMD made a decision that each MCP with an ACR QIP that did not achieve a Met validation status on the annual submission be required to submit a PDSA cycle rather than to resubmit the QIP for validation. The decision was made in part because DHCS is transitioning to a new EQRO contract beginning July 1, 2015, and in part because of MCQMD's focus on rapid-cycle improvement as a way to increase the likelihood of positive outcomes.

# Statewide Collaborative—Quality Improvement Project Current Quarter Validation Findings

No statewide collaborative ACR QIPs were reviewed during the reporting period.

# Statewide Collaborative—PDSA Cycle Current Quarter Review Findings

No statewide collaborative ACR PDSA Cycle Worksheets were reviewed during the reporting period.

#### Do, Study, Act Phases

MCPs are currently implementing the Do, Study, Act phases of their ACR PDSA cycles and will submit their findings to HSAG during 2014–15 Quarter 4 review period. In the Do, Study, and Act phases of the ACR PDSA cycle, the MCPs will implement the change that is being tested, collect data, complete analyses, summarize what was learned, and determine whether the change will be adopted (kept), adapted (modified), or abandoned (stopped).

# Findings Specific to Small-Group Collaborative Quality Improvement **Projects**

No small-group collaborative QIPs were in process during the measurement period.

# Findings Specific to Internal Quality Improvement Projects

# **Quality Improvement Project Current Quarter Validation Findings**

For the period of January 1, 2015, to March 31, 2015, HSAG reviewed 27 IQIP submissions from Anthem Blue Cross Partnership Plan. The submissions represent two IQIP topics—Medication Management for People with Asthma and Controlling High Blood Pressure—each implemented in nine counties. Nine IQIPs were submitted once and achieved a Met validation status, and nine were submitted twice before achieving a Met validation status.

Table 4.1 provides average rates for each activity within the CMS protocols. In Appendix B, tables B.1 through B.3 include scores for each evaluation element within the activities.

Table 4.1—Anthem Blue Cross Partnership Plan Internal QIP Activity Average Rates\* Submissions (N = 27 Submissions, from 1 MCP, in 9 Counties) January 1, 2015, through March 31, 2015

QIP Study Stages	Activity	<i>Met</i> Elements	Partially Met Elements	<i>Not Met</i> Elements
	I: Appropriate Study Topic	100% (54/54)	0% (0/54)	0% (0/54)
	II: Clearly Defined, Answerable Study Question(s)	67% (18/27)	33% (9/27)	0% (0/27)
	III: Clearly Defined Study Indicator(s)	83% (45/54)	17% (9/54)	0% (0/54)
Design	IV: Correctly Identified Study Population	100% (27/27)	0% (0/27)	0% (0/27)
	V: Valid Sampling Techniques	100% (108/108)	0% (0/108)	0% (0/108)
	VI: Accurate/Complete Data Collection**	63% (90/144)	13% (18/144)	25% (36/144)
Implementation	VII: Sufficient Data Analysis and Interpretation	Not Assessed	Not Assessed	Not Assessed
implementation	VIII: Appropriate Improvement Strategies	Not Assessed	Not Assessed	Not Assessed
	IX: Real Improvement Achieved	Not Assessed	Not Assessed	Not Assessed
Outcomes	X: Sustained Improvement Achieved	Not Assessed	Not Assessed	Not Assessed

<sup>\*</sup>The activity average rate represents the average percentage of applicable elements with a Met, Partially Met, or Not Met finding across all the evaluation elements for a particular activity. See Appendix B for the number and a description of evaluation elements.

<sup>\*\*</sup> Element totals may not equal 100 percent due to rounding.

#### **Design**

The Design stage includes QIP validation findings for Activities I through VI. Anthem Blue Cross Partnership Plan's IQIP validation findings for the Design stage include the following:

- The MCP demonstrated excellent application of three activities within the design stage—selecting the appropriate study topic (Activity I), stating a correctly identified study population (Activity IV), and presenting valid sampling techniques (Activity V)—meeting 100 percent of the requirements within each of these activities for all IQIPs.
- For presenting clearly defined, answerable study questions (Activity II), 67 percent of the elements were scored *Met*. This score reflects deficiencies in the study questions for the *Controlling Blood Pressure* IQIPs due to the MCP not defining the term "adequately controlled" for the 18-to-95-year-old age group. The MCP corrected this issue in its resubmissions.
- For documenting clearly defined study indicators (Activity III), 83 percent of the elements were scored *Met.* In the initial *Controlling Blood Pressure* IQIP submissions, the MCP did not include the definition of "adequately controlled" and did not provide a full denominator description. The MCP corrected these issues in its resubmissions.
- For specifying accurate/complete data collection procedures (Activity VI), 63 percent of the elements were scored *Met*, 13 percent were scored *Partially Met*, and 25 percent were scored *Not Met*. Note that due to rounding, the total does not equal 100 percent. The lower scores in this activity were due to the MCP not documenting the complete data collection process for the *Medication Management for People with Asthma* and *Controlling High Blood Pressure* IQIPs. Additionally, for the *Controlling High Blood Pressure* IQIPs, the MCP did not document the qualifications for the medical record abstraction staff, include the data collection tool, or provide the estimated degree of administrative data completeness. The MCP corrected two of these issues in its *Controlling High Blood Pressure* IQIP resubmissions; it did not document the estimated degree of administrative data completeness.

#### **Implementation**

The Implementation stage includes QIP validation findings for Activities VII and VIII. Since the IQIPs had not progressed to the Implementation stage, the QIPs were not assessed for Activities VII and VIII.

#### **Outcomes**

The Outcomes stage includes QIP validation findings for Activities IX and X. Since the IQIPs had not progressed to the Outcomes stage, the QIPs were not assessed for Activities IX and X.

### Internal PDSA Cycle Current Quarter Review Findings

During the reporting period of January 1, 2015, through March 31, 2015, HSAG reviewed one internal PDSA cycle submission from California Health & Wellness. The internal PDSA cycle submission was approved for implementation as submitted without any revision requirements. Prior to the worksheet submission, HSAG provided technical assistance to the MCP through teleconference.

#### **SMART Objective**

As previously indicated, in the SMART objective for the PDSA cycle the MCPs should clearly define the purpose of the PDSA cycle, include a target for the interim outcome, and specify the change that will be tested. The SMART objective should also include an end date for the cycle. HSAG identified no issues with the SMART objective submitted by California Health & Wellness.

#### **Plan Phase**

As previously indicated, in the Plan portion of the PDSA Cycle Worksheet the MCPs should specify the change that will be tested; a prediction for what will happen and why; the plan for implementing the change; and the plan for data collection. In this phase, the MCPs should answer the following questions: Who will be performing the change? What is being tested? When will the change occur? Where will the change occur? HSAG identified no issues with the Plan portion of California Health & Wellness' Plan portion of the PDSA cycle.

#### Do, Study, Act Phases

In the Do, Study, and Act phases of the PDSA cycle, the MCPs will implement the change that is being tested; collect data; complete analyses; summarize what was learned; and determine whether the change will be adopted (kept), adapted (modified), or abandoned (stopped). HSAG assessed no Do, Study, or Act information as no Do, Study, or Act phase information was submitted during the review period.

# QIP and PDSA Strengths and Opportunities for Improvement

Overall, Anthem Blue Cross Partnership Plan demonstrated an excellent application of portions of the Design stage, as evidenced by the IQIPs meeting 100 percent of the requirements for selecting the appropriate study topic (Activity I), stating a correctly identified study population (Activity IV), and presenting valid sampling techniques (Activity V). Additionally, for the *Medication Management for People with Asthma* IQIPs, the MCP demonstrated an excellent application of the Design stage, with only one element receiving a *Not Met* score.

In its first submissions of the *Controlling Blood Pressure* IQIPs, Anthem Blue Cross Partnership Plan had opportunities to improve documentation for Activities II, III, and VI within the Design stage. After receiving feedback on the initial submissions, the MCP made the necessary improvements to achieve a *Met* validation status for its IQIP resubmissions.

California Health & Wellness exhibited an excellent application of developing a SMART objective and the Plan portion of its internal PDSA cycle. The MCP received approval to move forward with implementation of the Do, Study, Act portions of the cycle with no revisions required to the SMART objective or Plan.

#### QIP and PDSA Recommendations

For QIPs, Anthem Blue Cross Partnership Plan should provide complete and thorough documentation for all QIP elements to ensure that the QIPs achieve a *Met* validation status on first submission.

For PDSA cycles, California Health & Wellness should move forward with implementing its small test of change. By focusing on a small test of change and using rapid-cycle improvement strategies, the MCP can learn in a short time frame whether or not the implemented interventions are effective. Once the MCP determines effectiveness, it can adopt, adapt, or abandon the interventions.

Overall, the MCPs should implement strategies to ensure that all required documentation is included in both the QIP Summary Form and the PDSA Cycle Worksheet, including referencing the QIP Completion Instructions or the PDSA Cycle Instructions; previous QIP validation tools or PDSA cycle feedback forms; and any technical assistance provided. Additionally, if MCPs have questions regarding documentation or the QIP and PDSA cycle processes, they should contact MCQMD or HSAG for technical assistance.

# Appendix A. STATUS OF ACTIVE QIPS AND PDSA CYCLES

Appendix A presents the status of the following types of QIPs and PDSA cycles, active as of March 31, 2015:

- Medi-Cal Managed Care Statewide Collaborative QIPs and PDSA Cycles
- Internal QIPs
- Internal PDSA Cycles

# Table A.1—Medi-Cal Managed Care Statewide *All-Cause Readmissions* Collaborative QIP and PDSA Cycles January 1, 2015, through March 31, 2015

(\*See page A-7 for grid category explanations.)

MCP Name and County	MCP Model Type	Clinical/ Nonclinical	QIP Progression	PDSA Cycle SMART Objective				
QIP Description: For members 21 years of age and older, the percentage of acute inpatient stays during the measurement year that were followed by an acute readmission for any diagnosis within 30 days.  QIP Domains of Care: Quality and Access								
Alameda Alliance for Health—Alameda	LI	Clinical	Remeasurement 1	By March 3, 2015, reduce ACR rates as a result of the transition of care team successfully contacting at least 75 percent of members recently discharged from an acute hospital and at risk for readmission. The priority barrier addressed by this objective is a member's inability to self-manage his or her health care.				
Anthem Blue Cross Partnership Plan— Alameda	СР	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.				
Anthem Blue Cross Partnership Plan— Contra Costa	СР	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.				
Anthem Blue Cross Partnership Plan— Fresno	СР	Clinical	Remeasurement 1	By March 31, 2015, demonstrate a 25 percent increase (from 50 percent to 75 percent) in the member enrollment rate in the Anthem Case Management Stabilization Program for members discharged from Community Regional Medical Center in Fresno County with a diagnosis of heart failure. Increase in enrollment will be accomplished by the case manager contacting the member prior to discharge and providing information and education.				
Anthem Blue Cross Partnership Plan—Kings	СР	Clinical	Remeasurement 1	N/A				
Anthem Blue Cross Partnership Plan— Madera	СР	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.				
Anthem Blue Cross Partnership Plan— Sacramento	GMC	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.				

MCP Name and County	MCP Model Type	Clinical/ Nonclinical	QIP Progression	PDSA Cycle SMART Objective					
QIP Description: For members 21 years of age and older, the percentage of acute inpatient stays during the measurement year that were followed by an acute readmission for any diagnosis within 30 days. QIP Domains of Care: Quality and Access									
Anthem Blue Cross Partnership Plan— San Francisco	СР	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.					
Anthem Blue Cross Partnership Plan— Santa Clara	СР	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.					
Anthem Blue Cross Partnership Plan— Tulare	LI	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.					
CalOptima—Orange	COHS	Clinical	Remeasurement 1	N/A					
CalViva Health—Fresno	LI	Clinical	Remeasurement 1	By March 1, 2015, there will be at least a 15 percent increase from baseline rate of 32 percent (July 1, 2014, to July 31, 2014) for CalViva transitional care management (TCM) program					
CalViva Health—Kings	LI	Clinical	Remeasurement 1	members who attend a physician appointment within seven days of discharge from an inpatient admission at Community Regional Medical Center. TCM program members are assisted by the nurse with scheduling/validating their					
CalViva Health—Madera	LI	Clinical	Remeasurement 1	appointment and addressing any barriers that may prevent appointment attendance.					
Care1st Partner Plan—San Diego	GMC	Clinical	Remeasurement 1	Care1st will improve the appointment scheduling rate for patients being discharged from the hospital by 5 percent by March 31, 2015.					
CenCal Health—San Luis Obispo	COHS	Clinical	Remeasurement 1	For dates of service, January 1 2015, through March 31, 2015, CenCal Health Quality Improvement (QI) staff members expect to increase the percentage of post-discharge visits from 37 percent to 45 percent and sustain hospital readmission rates at 8 percent for one large multi-site federally qualified health center					

MCP Name and County	MCP Model Type	Clinical/ Nonclinical	QIP Progression	PDSA Cycle SMART Objective					
QIP Description: For members 21 years of age and older, the percentage of acute inpatient stays during the measurement year that were followed by an acute readmission for any diagnosis within 30 days.  QIP Domains of Care: Quality and Access									
CenCal Health—Santa Barbara	COHS	Clinical	Remeasurement 1	(FQHC) clinic system. CenCal Health will perform monthly quality meetings and focus this clinic's case management efforts on those members with a primary diagnosis of congestive heart failure (CHF), liver failure, chronic obstructive pulmonary disease, or diabetes (the highest rates of readmissions), and those with a potentially preventable admission diagnosis.					
Central California Alliance for Health— Merced	COHS	Clinical	Remeasurement 1	N/A					
Central California Alliance for Health— Monterey and Santa Cruz	COHS	Clinical	Remeasurement 1	N/A					
Community Health Group Partnership Plan—San Diego	GMC	Clinical	Remeasurement 1	N/A					
Contra Costa Health Plan—Contra Costa	LI	Clinical	Remeasurement 1	By March 31, 2015, increase to 50 percent the number of patients seen in each of the La Clinica and LifeLong FQHCs who are called by clinical staff to follow up after a hospital discharge, by providing information on the discharges to the clinics and working collaboratively with the clinics (CCHP quality director and FQHC quality staff) to design and institute a reliable and measureable process for ensuring this follow-up by FQHC clinical staff.					
Gold Coast Health Plan—Ventura	СОНЅ	Clinical	Remeasurement 1	By March 31, 2015, we will identify top barriers to follow- up care for 80 percent of our high-risk members contacted by the MCP discharge nurse by implementing a questionnaire.					
Health Net Community Solutions, Inc. — Kern	СР	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.					

MCP Name and County	MCP Model Type	Clinical/ Nonclinical	QIP Progression	PDSA Cycle SMART Objective					
QIP Description: For members 21 years of age and older, the percentage of acute inpatient stays during the measurement year that were followed by an acute readmission for any diagnosis within 30 days. QIP Domains of Care: Quality and Access									
Health Net Community Solutions, Inc.— Los Angeles	СР	Clinical	Remeasurement 1	N/A					
Health Net Community Solutions, Inc. — Sacramento	GMC	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.					
Health Net Community Solutions, Inc. — San Diego	GMC	Clinical	Remeasurement 1	N/A					
Health Net Community Solutions, Inc.— San Joaquin^	СР	Clinical	Baseline	PDSA cycle was not implemented in this county.					
Health Net Community Solutions, Inc. — Stanislaus	СР	Clinical	Remeasurement 1	PDSA cycle was not implemented in this county.					
Health Net Community Solutions, Inc.— Tulare	СР	Clinical	Remeasurement 1	By March 31, 2015, reduce hospital readmission rate by 10 percent from baseline at two participating hospitals in Tulare County by providing on-site interventions for members who have an acute care admission for any diagnosis.					
Health Plan of San Joaquin—San Joaquin	LI	Clinical	Remeasurement 1	N/A					
Health Plan of San Joaquin—Stanislaus^	LI	Clinical	Baseline	N/A					
Health Plan of San Mateo—San Mateo	COHS	Clinical	Remeasurement 1	By March 31, 2015, the Health Plan of San Mateo will contact 75 percent of the 72 identified members who have been admitted to Sequoia Medical Center from October 2013 through October 2014 with an admitting diagnosis of CHF to offer a free course on signs and symptoms of CHF along with nurse outreach.					
Inland Empire Health Plan—Riverside/San Bernardino	LI	Clinical	Remeasurement 1	By March 31, 2015, IEHP will reduce the hospital readmission rate from 14.73 percent to 12 percent by implementing an enhanced Transition of Care program.					

MCP Name and County	MCP Model Type	Clinical/ Nonclinical	QIP Progression	PDSA Cycle SMART Objective						
followed by an acute readmission for	QIP Description: For members 21 years of age and older, the percentage of acute inpatient stays during the measurement year that were followed by an acute readmission for any diagnosis within 30 days.  QIP Domains of Care: Quality and Access									
Kaiser–Sacramento County	GMC	Clinical	Remeasurement 1	N/A						
Kaiser–San Diego County	GMC	Clinical	Remeasurement 1	N/A						
Kern Family Health Care—Kern	LI	Clinical	Remeasurement 1	By April 30, 2015, Kern Health System QI Department will decrease the number of false positive cases reviewed each month by 10 percent. This will be done by using exclusion criteria to prescreen 30-day readmissions and exclude those flagged false positive.						
L.A. Care Health Plan—Los Angeles	LI	Clinical	Remeasurement 1	By March 31, 2015, our goal is to increase the rate of medication reconciliation and scheduling of a primary care physician visit within seven days to 72 percent for those members who agree to participate in the Transition of Care program at moderate or high risk for a hospital readmission.						
Molina Healthcare of California Partner Plan, Inc.—Riverside/San Bernardino	СР	Clinical	Remeasurement 1	N/A						
Molina Healthcare of California Partner Plan, Inc.—Sacramento	GMC	Clinical	Remeasurement 1	N/A						
Molina Healthcare of California Partner Plan, Inc.—San Diego	GMC	Clinical	Remeasurement 1	N/A						
Partnership HealthPlan of California— Marin	COHS	Clinical	Remeasurement 1	N/A						
Partnership HealthPlan of California— Mendocino	COHS	Clinical	Remeasurement 1	N/A						
Partnership HealthPlan of California— Napa/Solano/Yolo	COHS	Clinical	Remeasurement 1	N/A						
Partnership HealthPlan of California— Sonoma	COHS	Clinical	Remeasurement 1	N/A						

MCP Name and County	MCP Model Type	Clinical/ Nonclinical	QIP Progression	PDSA Cycle SMART Objective			
QIP Description: For members 21 years of age and older, the percentage of acute inpatient stays during the measurement year that were followed by an acute readmission for any diagnosis within 30 days. QIP Domains of Care: Quality and Access							
San Francisco Health Plan—San Francisco	LI	Clinical	Remeasurement 1	N/A			
Santa Clara Family Health Plan—Santa Clara	LI	Clinical	Remeasurement 1	To prevent 30-day readmissions by increasing the percentage of post-discharge calls by case management team to Network 10 and Network 40 members from 28 percent to 30 percent by March 30, 2015.			
SCAN Health Plan— Los Angeles/Riverside/San Bernardino	SP	Clinical	Remeasurement 1	N/A			

<sup>\*</sup>Grid category explanations:

MCP Model Type—designated MCP model type:

- County Organized Health System (COHS)
- Geographic Managed Care (GMC)
- ◆ Two-Plan Model
  - Local initiative (LI)
  - Commercial plan (CP)
- Specialty plan (SP)

Clinical/Nonclinical—designates if the QIP addresses a clinical or nonclinical area of study.

QIP Progression—provides the status of each QIP as shown through Measurement Completion.

• Measurement Completion—indicates the QIP status as proposal, baseline, Remeasurement 1, Remeasurement 2, etc.

PDSA Cycle SMART Objective—provides the objective for the interim outcome for the PDSA cycle.

N/A—The MCP was not required to submit a PDSA cycle for this county.

<sup>^</sup> This is a new county for the MCP that was added to the QIP during the reporting period. Since the county was new to the QIP, the MCP submitted baseline data rather than Remeasurement 1 data.

### Table A.2—Active Internal QIPs January 1, 2015, through March 31, 2015

(\*See page A-18 for grid category explanations.)

MCP Name and County	MCP Model Type	Name of Project/Study	Clinical/ Nonclinical	Domain of Care (Quality, Access, Timeliness)	QIP Description	QIP Progression
AHF Healthcare Centers— Los Angeles	SP	Increasing CD4 and Viral Load Testing	Clinical	Q, A	Increase the percentage of members who receive the clinically indicated number of CD4 and viral load tests.	Baseline
AHF Healthcare Centers— Los Angeles	SP	Reducing Avoidable Emergency Department Visits	Clinical	Q, A	Reduce the percentage of avoidable emergency department visits for plan members during the measurement year.	Baseline
Alameda Alliance for Health—Alameda	LI	Improving Anti- hypertensive Medication Fills Among Members with Hypertension	Clinical	Q, A	Improving hypertension diagnosis and antihypertensive medication fills among members with hypertension.	Remeasurement 2
Anthem Blue Cross Partnership Plan— Sacramento	GMC	Childhood Immunization Status	Clinical	Q, A, T	Increase the percentage of children 2 years of age who receive the immunizations required in Combination 3.	Baseline
Anthem Blue Cross Partnership Plan— Alameda	СР	Improving Diabetes Management	Clinical	Q, A	Increase the percentage of members who receive or appropriately control HbA1c, LDL, nephropathy testing, blood pressure screening, and retinal eye exam screening; and decrease the percentage of members who have poor control of HbA1c.	Baseline

MCP Name and County	MCP Model Type	Name of Project/Study	Clinical/ Nonclinical	Domain of Care ( <u>Q</u> uality, <u>A</u> ccess, <u>T</u> imeliness)	QIP Description	QIP Progression
Anthem Blue Cross Partnership Plan—Contra Costa	СР	Improving Diabetes Management	Clinical	Q, A	Increase the percentage of members who receive or appropriately control HbA1c, LDL, nephropathy testing, blood pressure screening, and retinal eye exam screening; and decrease the percentage of members who have poor control of HbA1c.	Baseline
Anthem Blue Cross Partnership Plan—Fresno	СР	Improving Diabetes Management	Clinical	Q, A	Increase the percentage of members who receive or appropriately control HbA1c, LDL, nephropathy testing, blood pressure screening, and retinal eye exam screening; and decrease the percentage of members who have poor control of HbA1c.	Baseline
Anthem Blue Cross Partnership Plan—Kings	СР	Improving Diabetes Management	Clinical	Q, A	Increase the percentage of members who receive or appropriately control HbA1c, LDL, nephropathy testing, blood pressure screening, and retinal eye exam screening; and decrease the percentage of members who have poor control of HbA1c	Baseline
Anthem Blue Cross Partnership Plan— Sacramento	GMC	Improving Diabetes Management	Clinical	Q, A	Increase the percentage of members who receive or appropriately control HbA1c, LDL, nephropathy testing, blood pressure screening, and retinal eye exam screening; and decrease the percentage of members who have poor control of HbA1c.	Baseline

MCP Name and County	MCP Model Type	Name of Project/Study	Clinical/ Nonclinical	Domain of Care (Quality, Access, Timeliness)	QIP Description	QIP Progression
Anthem Blue Cross Partnership Plan—San Francisco	СР	Improving Diabetes Management	Clinical	Q, A	Increase the percentage of members who receive or appropriately control HbA1c, LDL, nephropathy testing, blood pressure screening, and retinal eye exam screening; and decrease the percentage of members who have poor control of HbA1c.	Baseline
Anthem Blue Cross Partnership Plan—Tulare	LI	Improving Diabetes Management	Clinical	Q, A	Increase the percentage of members who receive or appropriately control HbA1c, LDL, nephropathy testing, blood pressure screening, and retinal eye exam screening; and decrease the percentage of members who have poor control of HbA1c.	Baseline
Anthem Blue Cross Partnership Plan— Alameda	СР	Improving Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Increase the percentage of members receiving prenatal and postpartum care.	Baseline
Anthem Blue Cross Partnership Plan—Contra Costa	СР	Improving Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Increase the percentage of members receiving prenatal and postpartum care.	Baseline
Anthem Blue Cross Partnership Plan—Fresno	СР	Improving Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Increase the percentage of members receiving prenatal and postpartum care.	Baseline
Anthem Blue Cross Partnership Plan—Kings	СР	Improving Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Increase the percentage of members receiving prenatal and postpartum care.	Baseline
Anthem Blue Cross Partnership Plan—Madera	СР	Improving Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Increase the percentage of members receiving prenatal and postpartum care.	Baseline
Anthem Blue Cross Partnership Plan— Sacramento	GMC	Improving Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Increase the percentage of members receiving prenatal and postpartum care.	Baseline

MCP Name and County	Туре		Clinical/ Nonclinical	Domain of Care (Quality, Access, Timeliness)	QIP Description	QIP Progression
Anthem Blue Cross Partnership Plan—Santa Clara	СР	Improving Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Increase the percentage of members receiving prenatal and postpartum care.	Baseline
Anthem Blue Cross Partnership Plan—Tulare	LI	Improving Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Increase the percentage of members receiving prenatal and postpartum care.	Baseline
Anthem Blue Cross Partnership Plan— Alameda	СР	Controlling Blood Pressure	Clinical	α	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Contra Costa	СР	Controlling Blood Pressure	Clinical	α	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Fresno	СР	Controlling Blood Pressure	Clinical	Q	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Kings	СР	Controlling Blood Pressure	Clinical	Q	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal

MCP Name and County	MCP Model Type	Name of Project/Study	Clinical/ Nonclinical	Domain of Care ( <u>Q</u> uality, <u>A</u> ccess, <u>T</u> imeliness)	QIP Description	QIP Progression
Anthem Blue Cross Partnership Plan—Madera	СР	Controlling Blood Pressure	Clinical	Q	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan— Sacramento	GMC	Controlling Blood Pressure	Clinical	Q	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—San Francisco	СР	Controlling Blood Pressure	Clinical	Q	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Santa Clara	СР	Controlling Blood Pressure	Clinical	Q	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Tulare	LI	Controlling Blood Pressure	Clinical	Q	Improve the percentage of members 18–85 with a diagnosis of hypertension whose most recent blood pressure is adequately controlled during the measurement year.	Proposal

MCP Name and County	MCP Name of Type Project/Study		Clinical/ Nonclinical	Domain of Care ( <u>Q</u> uality, <u>A</u> ccess, <u>T</u> imeliness)	QIP Description	QIP Progression
Anthem Blue Cross Partnership Plan— Alameda	СР	Medication Management for People with Asthma	Clinical	Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Contra Costa	СР	Medication Management for People with Asthma	Clinical	Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Fresno	СР	Medication Clinical Management for People with Asthma		Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Kings	СР	CP Medication  Management for People  with Asthma	Clinical	Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Madera	СР	Medication Management for People with Asthma	Clinical	Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan— Sacramento	GMC	Medication Management for People with Asthma	Clinical	Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—San Francisco	СР	Medication Management for People with Asthma	Clinical	Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal
Anthem Blue Cross Partnership Plan—Santa Clara	СР	Medication Management for People with Asthma	Clinical	Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal

MCP Name and County	MCP Model Type	Name of Project/Study	Clinical/ Nonclinical	Domain of Care ( <u>Q</u> uality, <u>A</u> ccess, <u>T</u> imeliness)	QIP Description	QIP Progression
Anthem Blue Cross Partnership Plan—Tulare	LI	Medication Management for People with Asthma	Clinical	Q	Improve the percentage of members who remained on asthma controller medications during the measurement year.	Proposal
CalOptima—Orange	COHS	Improvement of Prenatal Visit Rates for Pregnant Members	Clinical	Q, A, T	Increase the percentage of members receiving prenatal care.	Baseline
CalViva Health—Fresno	LI	Retinal Eye Exam	Clinical	Q, A	Increase the number of retinal eye exams among members with diabetes.	Remeasurement 1
CalViva Health—Kings	LI	Retinal Eye Exam	Clinical	Q, A	Increase the number of retinal eye exams among members with diabetes.	Remeasurement 1
CalViva Health—Madera	LI	Retinal Eye Exam	Clinical	Q, A	Increase the number of retinal eye exams among members with diabetes.	Remeasurement 1
Care1st Partner Plan—San Diego	GMC	Comprehensive Diabetes Care	Clinical	Q, A	Improve the rate of LDL-C screening levels, HbA1c screening levels, and nephropathy monitoring for members with diabetes.	Remeasurement 3
CenCal Health—San Luis Obispo	COHS	Annual Monitoring for Patients on Persistent Medications	Clinical	Q	Increase the monitoring of patients on ACE inhibitors or ARBs, Digoxin, and diuretics.	Remeasurement 1
CenCal Health—Santa Barbara	COHS	Annual Monitoring for Patients on Persistent Medications	Clinical	Q	Increase the monitoring of patients on ACE inhibitors or ARBs, Digoxin, and diuretics.	Remeasurement 1
Central California Alliance for Health—Merced	COHS	Improving Asthma Health Outcomes	Clinical	Q, A	Decrease the rate of emergency room (ER) admissions for members with persistent asthma.	Remeasurement 1
Central California Alliance for Health— Monterey/Santa Cruz	COHS	Improving Asthma Health Outcomes	Clinical	Q, A	Decrease the rate of ER admissions for members with persistent asthma.	Remeasurement 1

MCP Name and County	MCP Model Type	Name of Project/Study	Clinical/ Nonclinical	Domain of Care ( <u>Q</u> uality, <u>A</u> ccess, <u>T</u> imeliness)	QIP Description	QIP Progression
Community Health Group Partnership Plan— San Diego	GMC	Increasing Postpartum Care Visits within Six Weeks of Delivery	Clinical	Q, A, T	Increasing the percentage of postpartum exams within six weeks of delivery in order to improve the mother's physical and mental health.	Remeasurement 1
Contra Costa Health Plan— Contra Costa	LI	Improving Perinatal Access and Care	Clinical	Q, A, T	Increase rates of timely prenatal and postpartum visits.	Baseline
Family Mosaic Project— San Francisco	SP	Child and Adolescent Needs and Strengths (CANS) Depression Rating	Clinical	Q	Decrease the rate of depression among capitated members.	Baseline
Family Mosaic Project— San Francisco	SP	Increase the Rate of School Attendance	Nonclinical	Q	Increase the rate of school attendance.	Baseline
Gold Coast Health Plan — Ventura	COHS	Increase the Rate of Annual Diabetic Eye Exam	Clinical	Q, A	Improve quality of care provided to diabetic members by increasing the rate of the annual diabetic eye exam.	Remeasurement 1
Health Net Community Solutions, Inc.—Kern	СР	Postpartum Care	Clinical	Q, A, T	Improving postpartum care among Medi-Cal women including Seniors and Persons with Disabilities (SPD).	Baseline
Health Net Community Solutions, Inc.—Los Angeles	СР	Postpartum Care	Clinical	Q, A, T	Improving postpartum care among Medi-Cal women including Seniors and Persons with Disabilities (SPD).	Baseline
Health Net Community Solutions, Inc.— Sacramento	GMC	Postpartum Care	Clinical	Q, A, T	Improving postpartum care among Medi-Cal women including Seniors and Persons with Disabilities (SPD).	Baseline
Health Net Community Solutions, Inc.—San Diego	GMC	Postpartum Care	Clinical	Q, A, T	Improving postpartum care among Medi-Cal women including Seniors and Persons with Disabilities (SPD).	Baseline
Health Net Community Solutions, Inc.— San Joaquin	СР	Postpartum Care	Clinical	Q, A, T	Improving postpartum care among Medi-Cal women including Seniors and Persons with Disabilities (SPD).	Baseline

MCP Name and County	MCP Model Type	Name of Clinic		Model Name of Clinical/ Project/Study Namelinical (Quality,		QIP Description	QIP Progression
Health Net Community Solutions, Inc.—Stanislaus	СР	Postpartum Care	Clinical	Q, A, T	Improving postpartum care among Medi-Cal women including Seniors and Persons with Disabilities (SPD).	Baseline	
Health Net Community Solutions, Inc.—Tulare	СР	Postpartum Care	Clinical	Q, A, T	Improving postpartum care among Medi-Cal women including Seniors and Persons with Disabilities (SPD).	Baseline	
Health Plan of San Joaquin—San Joaquin	LI	Improving the Percentage Rate of HbA1c Testing	Clinical	Q, A	Improve the percentage rate of HbA1c testing.	Remeasurement 3	
Health Plan of San Mateo—San Mateo	COHS	Timeliness of Prenatal Care	Clinical	Q, A, T	Increase the rate of first prenatal visits occurring within the first trimester of pregnancy.	Remeasurement 4	
Inland Empire Health Plan—Riverside/San Bernardino	LI	Comprehensive Diabetes Care	Clinical	Q, A	Improve the rate of HbA1c testing, HbA1c control (≤9.0%), and retinal eye exams for members with diabetes.	Baseline	
Kaiser—Sacramento County	GMC	Childhood Immunizations	Clinical	Q, A, T	Increase the percentage of children receiving Combo 3 and Combo 10 immunizations.	Remeasurement 1	
Kaiser—San Diego County	GMC	Children's Access to Primary Care Practitioners	Clinical			Remeasurement 2	
Kern Family Health Care— Kern	LI	Comprehensive Diabetic Quality Improvement Plan	Clinical	Q, A	Increase targeted interventions of diabetic patients; increase compliance with HbA1c testing, LDL-C screening, and retinal eye exams.	Remeasurement 2	
L.A. Care Health Plan— Los Angeles	LI	Improving HbA1c and Diabetic Retinal Exam Screening Rates	Clinical	Q, A	Improve HbA1C and diabetic retinal exam screening rates.	Remeasurement 4	

MCP Name and County	MCP Model Type	Model Name of Clinic		Domain of Care (Quality, Access, Timeliness)	QIP Description	QIP Progression
Molina Healthcare of California Partner Plan, Inc.—Riverside/San Bernardino	СР	Improving Hypertension Control	Clinical	Q, A	Increase the percentages of controlled blood pressure.	Remeasurement 4
Molina Healthcare of California Partner Plan, Inc.—Sacramento	GMC	Improving Hypertension Control	Clinical	Q, A	Increase the percentages of controlled blood pressure.	Remeasurement 4
Molina Healthcare of California Partner Plan, Inc.—San Diego	GMC	Improving Hypertension Control	Clinical	Q, A	Increase the percentages of controlled blood pressure.	Remeasurement 4
Partnership HealthPlan of California—Marin	COHS	Improving the Timeliness of Prenatal and Postpartum Care	Clinical	Q, A, T	Improve timely prenatal and postpartum access to care.	Remeasurement 1
Partnership HealthPlan of California—Mendocino	COHS	Childhood Immunization Status—Combo 3	Clinical	Q, A, T	Increase the rate of childhood immunization status—Combo 3.	Remeasurement 1
Partnership HealthPlan of California— Napa/Solano/Yolo	COHS	Improving Access to Primary Care for Children and Adolescents	Clinical	А	Improve access to primary care for children and adolescents.	Remeasurement 2
Partnership HealthPlan of California—Sonoma	COHS	Improving Access to Primary Care for Children and Adolescents	Clinical	А	Improve access to primary care for children and adolescents.	Remeasurement 2
San Francisco Health Plan—San Francisco	LI	Patient Experience	Clinical	Q, A	Increase the percentage of members selecting the top rating for overall health care and personal doctor on a patient satisfaction survey.	Remeasurement 1
Santa Clara Family Health Plan—Santa Clara	LI	Diabetic Retinopathy Improvement and Prevention by Screening	Clinical	Q, A	Increase the number of retinal eye exams among members with diabetes.	Baseline

MCP Name and County	MCP Model Type	Name of Project/Study	Clinical/ Nonclinical	Domain of Care (Quality, Access, Timeliness)	QIP Description	QIP Progression
SCAN Health Plan—Los Angeles/Riverside/San Bernardino	SP	Patient Safety Analysis—Use of High Risk Medication	Clinical	Q, A	Decrease the number of members using high-risk medications.	Baseline

<sup>\*</sup>Grid category explanations:

MCP Model Type—designated MCP model type:

- County Organized Health System (COHS)
- ◆ Geographic Managed Care (GMC)
- ◆ Two-Plan Model
  - Local initiative (LI)
  - Commercial plan (CP)
- Specialty plan (SP)

Clinical/Nonclinical—designates if the QIP addresses a clinical or nonclinical area of study.

Domain of Care—indicates HSAG's assignment of each QIP to the domains of care for quality (Q), access (A), and timeliness (T).

QIP Description—provides a brief description of the QIP and the study population.

QIP Progression—provides the status of each QIP as shown through Measurement Completion.

• Measurement Completion—indicates the QIP status as proposal, baseline, Remeasurement 1, Remeasurement 2, etc.

# Table A.3—Active Internal PDSA Cycles January 1, 2015, through March 31, 2015 (\*See page A-21 for grid category explanations.)

MCP Name and County	MCP Model Type	Name of PDSA Cycle	PDSA Cycle SMART Objective	PDSA Cycle Progression
Alameda Alliance for Health— Alameda	LI	Anti-Hypertensive Medication Fills Among Members with Hypertension	By March 31, 2015, after calls from a plan medical director, increase by 10 percent the percentage of anti-hypertensive 40 percent or higher fill rates for the top five prescribers with the most medication fill rates under 40 percent.	Plan
Anthem Blue Cross Partnership Plan—Rural Expansion Regions 1 and 2 and San Benito	RM/SB	Childhood Immunizations Combo 3	By March 31, 2015, increase the number of providers using the immunization registries by 5 percent in each of the three regions: Region 1, Region 2, and San Benito—through preparation of educational materials and provider visits.	Plan
California Health & Wellness	RM/IM	Postpartum Care	By May 1, 2015, California Health & Wellness will call, between one and 21 postpartum days, 100 percent of members who receive prenatal care at Clinicas de Salud del Pueblo in Imperial County and deliver between January 15, 2015, and April 15, 2015.	Plan
CalOptima—Orange	COHS	Improvement of Prenatal Visit Rates for Pregnant Members	By March 2015, increase CalOptima's Prenatal Notification Reports rates by 5 percent by continuing to collaborate internally and educating Case Management and Network Operations departments.	Plan
Care1st Partner Plan—San Diego	GMC	Improving Retinal Eye Exam Rates in Patients with Diabetes	Care1st will decrease the number of providers that have no specialty type in the March Vision Care provider file by 10 percent by March 31, 2015. This activity will improve the quality of the provider data file for March Vision Care and result in an increase in encounter data and an improvement in administrative rates by 3 percent by March 31, 2015.	Plan

MCP Name and County	MCP Model Type	Name of PDSA Cycle	PDSA Cycle SMART Objective	PDSA Cycle Progression
CenCal Health—San Luis Obispo	COHS	Annual Monitoring for Patients on Persistent Medications	By March 31, 2015, increase the number of members assigned to one large multi-site FQHC who are on ACE inhibitors/ARBs (as per Healthcare Effectiveness Data and Information Set [HEDIS*]^ specifications for the Annual Monitoring for Patients on Persistent Medications submeasure) who complete the appropriate monitoring test to surpass the 25th percentile of 84.6 by enlisting the FQHC's call center to reach out to members and schedule appointments.	Plan
Gold Coast Health Plan—Ventura	COHS	Diabetic Eye Exam Member Incentive Project	By December 31, 2014, increase the number of retinal eye exams among full-scope Medi-Cal members diagnosed with diabetes by at least 5 percent through an incentive program by offering two free movie tickets (\$25 value) if the diabetes member completes his or her annual eye exam before December 31, 2014.	Plan
Health Plan of San Joaquin—San Joaquin and Stanislaus	LI	Improving the Percentage Rate of HbA1c Testing	By December 31, 2014, increase HbA1c testing for high-volume, low-performing providers by two points by addressing the gap in care report training during the last three months of the year.	Plan
Health Plan of San Mateo—San Mateo	COHS	Increase Timely Prenatal Care in Postpartum Compliance	By March 31, 2015, have a 75 percent success rate outreaching to members who have recently delivered within 21–58 days post-delivery time frame through reminder calls.	Plan
Inland Empire Health Plan— Riverside/San Bernardino	LI	Diabetes	Increase HbA1c testing compliance for two providers whose patient base includes adults ages 18 and over who were diagnosed with type 1 and type 2 diabetes by 5 percent by January 31, 2015.	Plan
Kaiser—San Diego County	GMC	Well Visits for 3–6 year- old Medi-Cal Members	Pediatric Management Team will round with outreach staff monthly beginning January 2015 through March 2015.	Plan

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 $<sup>{\</sup>rm ^{\hat{}}HEDIS^{\otimes}}$  is a registered trademark of the National Committee for Quality Assurance (NCQA).

MCP Name and County	MCP Model Type	Name of PDSA Cycle	PDSA Cycle SMART Objective	PDSA Cycle Progression
Kern Family Health Care—Kern	LI	Diabetes Management	By March 31, 2015, one targeted provider will increase the number of patients with documentation of diabetes screening by 5 percent following targeted coaching. Screening will include HbA1c, LDL-C, retinal eye exam, medical attention to nephropathy, and blood pressure.	Plan
Molina Healthcare of California Partner Plan, Inc.—Imperial, Riverside/San Bernardino, Sacramento, and San Diego	СР	Improving Hypertension Control	By March 31, 2015, increase the rate of controlled blood pressure compliance for 30 percent of members in an identified high-volume provider group in each county by conducting targeted provider engagement visits.	Plan
Partnership HealthPlan of California—Shasta	COHS	Immunizations	By March 31, 2015, Partnership aims to partner with Shasta Community Health Center to increase the number of children under 2 years old immunized in their family practice departments by 20 percent.	Plan

<sup>\*</sup>Grid category explanations:

MCP Model Type—designated MCP model type:

- ◆ County Organized Health System (COHS)
- Geographic Managed Care (GMC)
- ◆ Regional Model (RM)
- ◆ Imperial Model (IM)
- San Benito (SB)
- ◆ Two-Plan Model
  - Local initiative (LI)
  - Commercial plan (CP)

PDSA Cycle SMART Objective—provides the objective for the interim outcome for the PDSA cycle.

PDSA Cycle Progression—provides the current phase of the PDSA cycle.

# Appendix B.

# Table B.1—Internal QIP Submissions Activities I to VI Ratings (N = 27 Submissions) January 1, 2015, through March 31, 2015

	Evaluation Elements	Met	Partially Met	Not Met		
Acti	vity I: Appropriate Study Topic					
C*	1. Is selected following collection and analysis of data (or was selected by the State).	100% (27/27)	0% (0/27)	0% (0/27)		
	<ol><li>Has the potential to affect member health, functional status, or satisfaction.</li></ol>	100% (27/27)	0% (0/27)	0% (0/27)		
	Activity Average Rates	100% (54/54)	0% (0/54)	0% (0/54)		
Acti	vity II: Clearly Defined, Answerable Study Question(s)					
<b>C</b> *	<ol> <li>States the problem to be studied in simple terms and is in the correct X/Y format.</li> </ol>	67% (18/27)	33% (9/27)	0% (0/27)		
	Activity Average Rates	67% (18/27)	33% (9/27)	0% (0/27)		
Acti	vity III: Clearly Defined Study Indicator(s)					
C*	Are well-defined, objective, and measure changes     (outcomes) in health or functional status, member     satisfaction, or valid process alternatives.	67% (18/27)	33% (9/27)	0% (0/27)		
	2. Include the basis on which the indicator(s) were adopted, if internally developed.	Not Applicable	Not Applicable	Not Applicable		
<b>C</b> *	3. Allow for the study questions to be answered.	100% (27/27)	0% (0/27)	0% (0/27)		
	Activity Average Rates	83% (45/54)	17% (9/54)	0% (0/54)		
Acti	Activity IV: Representative and Generalizable Study Population					
<b>C</b> *	<ol> <li>Are accurately and completely defined and capture all members to whom the study question(s) apply.</li> </ol>	100% (27/27)	0% (0/27)	0% (0/27)		
	Activity Average Rates	100% (27/27)	0% (0/27)	0% (0/27)		
Acti	vity V: Sound Sampling Techniques					
	1. Enter the measurement period for the sampling methods used (e.g., Baseline, Remeasurement 1, etc.)	100% (18/18)	0% (0/18)	0% (0/18)		
	2. Provide the title of the applicable study indicator(s).	100% (18/18)	0% (0/18)	0% (0/18)		
	3. Identify the population size.	100% (18/18)	0% (0/18)	0% (0/18)		
<b>C</b> *	4. Identify the sample size.	100% (18/18)	0% (0/18)	0% (0/18)		
	5. Specify the margin of error and confidence level.	100% (18/18)	0% (0/18)	0% (0/18)		
	6. Describe in detail the methods used to select the sample.	100% (18/18)	0% (0/18)	0% (0/18)		
	Activity Average Rates	100% (108/108)	0% (0/108)	0% (0/108)		

### Table B.1— Internal QIP Submissions Activities I to VI Ratings (N = 27 Submissions) January 1, 2015, through March 31, 2015 *cont*.

	Evaluation Elements	Met	Partially Met	Not Met	
Act	Activity VI: Accurate/Complete Data Collection				
	1. The identification of data elements to be collected.	100% (27/27)	0% (0/27)	0% (0/27)	
	2. A defined and systematic process for collecting baseline and remeasurement data.	33% (9/27)	67% (18/27)	0% (0/27)	
	3. Qualifications of staff members collecting manual data.	50% (9/18)	0% (0/18)	50% (9/18)	
C*	4. A manual data collection tool that ensures consistent and accurate collection of data according to indicator specifications.	50% (9/18)	0% (0/18)	50% (9/18)	
	5. An estimated degree of administrative data completeness and quality.  Met = 80–100 percent complete  Partially Met = 50–79 percent complete  Not Met = <50 percent complete or not provided	33% (9/27)	0% (0/27)	67% (18/27)	
	6. A description of the data analysis plan.	100% (27/27)	0% (0/27)	0% (0/27)	
	Activity Average Rates**	63% (90/144)	13% (18/144)	25% (36/144)	

<sup>\*&</sup>quot;C" in this column denotes a critical element in HSAG's validation protocol. MCPs must receive a *Met* score for these elements for a QIP to receive a *Met* validation status.

<sup>\*\*</sup>The Activity Average Rates represent the average percentage of elements with a *Met, Partially Met, or Not Met* finding across all evaluation elements for a particular activity. All *Not Applicable* or *Not Assessed* findings are excluded. Element and/or activity totals may not equal 100 percent due to rounding.

# Table B.2—Internal QIP Submissions Activities VII and VIII Ratings (N = 27 Submissions) January 1, 2015, through March 31, 2015

	Evaluation Elements	Met	Partially Met	Not Met	
Activity VII: Analyze Data and Interpret Study Results					
	Are conducted according to the data analysis plan in the study design.	Not Assessed	Not Assessed	Not Assessed	
<b>C</b> *	2. Allow for the generalization of results to the study population if a sample was selected.	Not Assessed	Not Assessed	Not Assessed	
	3. Identify factors that threaten internal or external validity of findings.	Not Assessed	Not Assessed	Not Assessed	
	4. Include an interpretation of findings.	Not Assessed	Not Assessed	Not Assessed	
C*	5. Are presented in a way that provides accurate, clear, and easily understood information.	ear, and Not Assessed Not Assessed		Not Assessed	
	6. Identify the initial measurement and the remeasurement of study indicators.	Not Assessed	Not Assessed	Not Assessed	
	7. Identify statistical differences between the initial measurement and the remeasurement.	Not Assessed	Not Assessed	Not Assessed	
	8. Identify factors that affect the ability to compare the initial measurement with the remeasurement.	Not Assessed	Not Assessed	Not Assessed	
	9. Include an interpretation of the extent to which the study was successful.	Not Assessed	Not Assessed	Not Assessed	
	Activity Average Rates	Not Assessed	Not Assessed	Not Assessed	
Acti	vity VIII: Implement Intervention and Improvement Strat	egies			
<b>C</b> *	1. Related to causes/barriers identified through data analysis and quality improvement processes.	Not Assessed	Not Assessed	Not Assessed	
	System changes that are likely to induce permanent change.	Not Assessed	Not Assessed	Not Assessed	
	3. Revised if the original interventions are not successful.	Not Assessed	Not Assessed	Not Assessed	
	4. Standardized and monitored if interventions are successful.	Not Assessed	Not Assessed	Not Assessed	
	Activity Average Rates Not Assessed Not Assessed Not Assessed				

<sup>\*&</sup>quot;C" in this column denotes a critical element in HSAG's validation protocol. MCPs must receive a *Met* score for these elements for a QIP to receive a *Met* validation status.

# Table B.3—Internal QIP Submissions Activities IX and X Ratings (N = 27 Submissions) January 1, 2015, through March 31, 2015

	·					
Evaluation Elements	Met	Partially Met	Not Met			
Activity IX: Real Improvement Achieved	Activity IX: Real Improvement Achieved					
Remeasurement methodology is the same as baseline methodology.	Not Assessed	Not Assessed	Not Assessed			
There is documented improvement in processes or outcomes of care.	Not Assessed	Not Assessed	Not Assessed			
3. There is statistical evidence that observed improvement is true improvement over baseline.	Not Assessed	Not Assessed	Not Assessed			
4. The improvement appears to be the result of planned intervention(s).	Not Assessed	Not Assessed	Not Assessed			
Activity Average Rates	Not Assessed	Not Assessed	Not Assessed			
Activity X: Sustained Improvement Achieved						
Repeated measurements over comparable time periods demonstrate sustained improvement, or that a decline in improvement is not statistically significant.	Not Assessed	Not Assessed	Not Assessed			
Activity Average Rates	Not Assessed	Not Assessed	Not Assessed			



# PDSA CYCLE WORKSHEET

Managed Care Plan Name: Topic: County:

	County:
	the SMART objective for your interim outcome for this PDSA cycle? (see page mplate)
	What are we going to test?
	Predictions: change based on interim evaluation.
Plan	Plan for the change or test: who, what, when, where?
	Plan for the collection of data: who, what, when, where?
Do	Carry out the change or test; collect data and begin analysis. Describe what you did.
Study	Complete the analysis of data (quantitative and qualitative). Summarize what you learned.
Act	Are we going to ADOPT (keep), ADAPT (modify), or ABANDON the change? Plan for the next cycle.

10/15/14

### Worksheet: SMART Objective for a PDSA cycle

#### Objectives:

- Should be well-defined and clear.
- Should have a target, to help determine whether the objective is achieved. The target should be based on an interim outcome for this PDSA cycle.
- Should be written in an active tense and use action-oriented verbs, such as "increase" or "decrease" to make objectives easier to measure.
- Should answer the following question: Who is going to do what, when, why (what does
  it demonstrate) and to what extent?

#### Objectives should be SMART:

- Specific:
  - o Resource-Who and what is involved with the activity/intervention?
  - Target population—Who is your target population?
  - Action—What exactly will you accomplish for this target population?
- Measurable:
  - Change—How much change in the interim outcome is expected and in what direction (for this PDSA cycle)?
- Achievable:
  - Can we achieve this objective within selected time frame and with the resources/support available?
- Relevant:
  - Will accomplishing this interim target lead to improvement in the annual performance measure?
- Time-Bound:
  - Time frame—When will objective be completed? (A PDSA cycle should be no longer than 3 months)
  - o Is the specific time frame realistic?

Example (interim outcome to lead to improvement in immunization coverage for 2 year olds)

 By 7/31/2014, increase the percent of Plan's pediatric providers using the California Immunization Registry (CAIR) to 90% by visiting the ten clinics with the most two year olds not fully immunized.

Example (interim outcome to lead to improvement in timely post partum care)

 By 9/1/14, increase the percent of post partum women who have a postpartum appointment scheduled upon hospital discharge to 75% by changing policies in 5 hospitals.

#### Template for developing SMART Objectives:

Ву	 [CHANGE] in [TARGET POPULATION]	by
	[RESOURCE (WHO/WHAT)] and [ACTION]	_

10/15/14