State of California—Health and Human Services Agency
Department of Health Care Services

JENNIFER KENT
DIRECTOR

EDMUND G. BROWN JR.
GOVERNOR

DATE: July 14, 2016

MHSUDS INFORMATION NOTICE NO.: 16-033

TO: COUNTY BEHAVIORAL HEALTH DIRECTORS
COUNTY DRUG & ALCOHOL ADMINISTRATORS
COUNTY BEHAVIORAL HEALTH DIRECTORS ASSOCIATION OF CALIFORNIA
CALIFORNIA COUNCIL OF COMMUNITY BEHAVIORAL HEALTH AGENCIES
COALITION OF ALCOHOL AND DRUG ASSOCIATIONS
CALIFORNIA ASSOCIATION OF ALCOHOL & DRUG PROGRAM EXECUTIVES, INC
CALIFORNIA ALLIANCE OF CHILD AND FAMILY SERVICES

SUBJECT: UPDATED PERINATAL SERVICES NETWORK GUIDELINES FISCAL YEAR 2016-17 (EFFECTIVE JULY 1, 2016)

PURPOSE

The purpose of this Information Notice is to:

1. Inform counties and providers about the updated Perinatal Services Network Guidelines (PSNG) Fiscal Year (FY) 2016-17.

2. Educate counties and providers about the changes made to the PSNG FY 2016-17.

BACKGROUND

Pursuant to the Alcohol and Drug Affected Mothers and Infants Act of 1990, the Office of Women's, Perinatal, and Youth Services (OWPYS) was established within the Department of Health Care Services (DHCS).[1] In carrying out its responsibilities under this state law, OWPYS develops and continuously updates guidelines to address the special needs of pregnant women and women with dependent children.

In accordance with Code of Federal Regulations Title 45 Part 96, Subpart L – Substance Abuse Prevention and Treatment Block Grant (45 CFR Part 96, Subpart L),

[1] California Health and Safety Code, Division 10.5, Part 1, Chapter 2

the PSNG FY 2016-17 serves as a resource to ensure substance use disorder (SUD) treatment programs adhere to the federal regulations and provide consistent and quality services for pregnant women and women with dependent children.

DISCUSSION

The updated PSNG FY 2016-17 supersedes the 2014 version and will take effect on July 1, 2016.

The PSNG FY 2016-17 is comprised of five sections:

A) Introduction;
B) SUD Treatment Program Requirements;
C) Best Practices for SUD Treatment Programs;
D) SUD Treatment Service Types; and
E) References

Summary of changes:
SUD treatment program requirements outlined in the updated PSNG FY 2016-17 are comprised of federal regulations (45 CFR Part 96, Subpart L) for counties and providers serving pregnant women and women with dependent children. To ensure counties and providers meet these requirements and deliver quality SUD treatment services to this special population, DHCS revised the language from the PSNG 2014 version to accurately reflect regulations prescribed in 45 CFR Part 96, Subpart L. The following sections of 45 CFR were clarified in the PSNG FY 2016-17:

- § 96.121;
- § 96.124(e);
- §§ 96.126 (a) through (e);
- §§ 96.131(a); (c); and (d)(2); and
- §§ Appendix A(3); (6); (17); (24); and (28).

Revisions to the PSNG FY 2016-17 also clarify the counties' and providers' responsibilities. These revisions include:

- Redefine target population and priority order for admission to treatment;
  - Definition includes Health and Safety Code § 11757.59(a).
- Clarify when child care services must be offered;
- Clarify outreach efforts, referral process, and interim services; and
- Clarify requirements for documenting capacity and waiting list information.

In addition, the core competencies were removed and a best practices section was added to distinguish the requirements from the recommendations. The best practices

are comprised of state regulations regarding gender-specific and family-centered treatment approaches. [2]

The PSNG FY 2016-17 can be found on the DHCS website at: http://www.dhcs.ca.gov/individuals/Pages/OWPS-SUD.aspx.

Questions regarding this information notice may be directed to OWPYS at (916) 327-2727 or DHCSOWPS@dhcs.ca.gov.

Sincerely,

Original signed by

Karen Baylor, Ph.D., LMFT, Deputy Director
Mental Health & Substance Use Disorder Services

[2] California Health and Safety Code, Division 10.5, Part 1, Chapter 2; California Code of Regulations Title 22 § 51341.1