

State/Territory: California

## 20. Extended Services For Pregnant Women

## a. Pregnancy-related and postpartum services for 60 days after pregnancy ends.

**PROVIDED:** Pregnancy-related and postpartum services include all antepartum (prenatal) care, care during labor and delivery, postpartum care, and family planning. Pregnancy-related services include all care normally provided during pregnancy (examinations, routine urine analyses, evaluations, counseling, and treatment) and labor and delivery (initial and ongoing assessment of maternal and fetal well-being and progress of labor, management of analgesia and local or pudendal anesthesia, vaginal delivery with or without episiotomy, initial assessment and, when necessary, resuscitation of the newborn infant). Postpartum care includes those services (hospital and scheduled office visits during the puerperium, assessment of uterine involution and, as appropriate, contraceptive counseling) provided for 60 days after pregnancy ends. Family planning services include contraceptive counseling and tubal ligation.

Pregnancy-related and postpartum services may also include alcohol and other drug treatment services that ameliorate conditions that complicate pregnancy because the developing fetus is vulnerable to the mother's alcohol or drug dependence. Those services include women-specific treatment and recovery services (therapeutic interventions addressing issues such as relationships, sexual and physical abuse, and parenting), therapeutic child care, parenting skills training, child development education, and transportation services.

Day care rehabilitative services provided to pregnant and postpartum women a minimum of three hours per day, three days a week, are covered under the Drug Medi-Cal program when prescribed by a physician as medically necessary.

Perinatal residential services provided in a 24-hour structured environment are covered for pregnant and postpartum women under the Drug Medi-Cal program when prescribed by a physician as medically necessary. The costs of room and board are not reimbursable under the Medi-Cal program.

## b. Services for any other medical conditions that may complicate pregnancy.

**PROVIDED** Treatment for obstetrical complications (including preexisting or developing maternal or fetal conditions) which create a high-risk pregnancy and which may or may not be pregnancy-related is also covered.

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