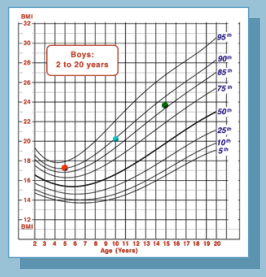
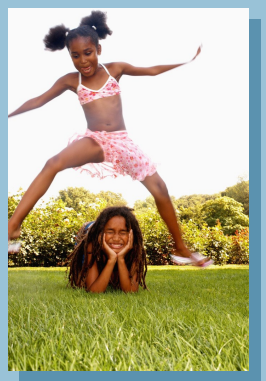
Child Health and Disability Prevention (CHDP) Program

Helping Medical Providers with Nutrition and Growth Assessment





Child Health and Disability Prevention Program (CHDP) is a preventive program that delivers periodic health assessments and services to low income children and youth in California. Nutrition screening and evaluation of growth status are key components of the health exam. CHDP provides resources and training materials to assist CHDP providers and their staff. Learn more about CHDP at http://www.dhcs.ca.gov/services/chdp/Pages/default.aspx.

CHDP Training and Resource Materials consist of training modules that include PowerPoint presentations, handouts, clinical tools, practice worksheets and other resources on the following topics:

Childhood Growth

- ◊ Using World Health Organization (WHO) Growth Charts
- ◊ How to Accurately Weigh and Measure Children
- ◊ Assessing Child Growth Using BMI Growth Charts

Childhood Obesity

- ◊ Counseling the Overweight Child
- ◊ Glucose and Cholesterol Screening for Pediatric Obesity

Promoting Physical Activity

- ◊ Promoting Physical Activity at Well-Child Visits

Find training modules on growth, nutrition, oral health and vision screening on the website at http://www.dhcs.ca.gov/services/chdp/Pages/Training.aspx.

Education Materials for Families include handouts and clinical tools to assist you in nutrition screening and education. "Growing Up Healthy" is a series of brochures in English, Spanish, Chinese or Vietnamese designed to cover the child's developmental, dental, health, nutrition and safety needs for each scheduled CHDP exam. Find these flyers and other information for families on the website at http://www.dhcs.ca.gov/services/chdp/Pages/FamilyTools.aspx.

Contact your local health department CHDP County Office to request the above materials and learn about services available in your area. Browse a list of local offices at http://www.dhcs.ca.gov/services/chdp/Pages/CountyOffices.aspx.

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DHCS California Department of HealthCareServices