



## Medi-Cal In-Home Operations Branch Home- and Community-Based Services (HCBS) Manual Plan of Treatment (POT)

| 1.          | APPLICANT/PARTICIPANT INFORMATION |                         |                   |   |           |       |
|-------------|-----------------------------------|-------------------------|-------------------|---|-----------|-------|
|             |                                   |                         |                   |   |           |       |
| Nome        |                                   |                         | INI.              | DOD:                                    |           |       |
| iname:      | ast                               | First                   | IIN:              | DOR:                                    | M         | ☐ F ☐ |
|             |                                   |                         |                   |   |           |       |
| Address:    |                                   |                         |                   | Pnone #:                                | Area code |       |
|             | Oit.                              | Ctata                   | 7:                | _                                       |           |       |
|             | City                              | State                   | Zip code          |   |           |       |
| Modical Pa  | ocord #:                          |                         | Primary Caroa     | ilvor:                                  |           |       |
|             |                                   |                         |                   | jiver:                                  |           |       |
| (Applicable | e for providers who               | use Medical Record #'s) | Relationship to   | Applicant/Appli                         |           |       |
|             |                                   |                         | Primary Langu     | uage:                                   |           |       |
| 2.          |                                   | PROVIDER                | RINFORMATIO       |   |           |       |
| 2.          |                                   | TROVIDEI                |                   | 014                                     |           |       |
|             |                                   |                         |                   |   |           |       |
| Name:       |                                   |                         | Titl              | le:                                     |           |       |
|             |                                   |                         |                   |   |           |       |
| Address:    |                                   |                         |                   | Phone #:                                | ( )       |       |
|             |                                   |                         |                   |   | Area code |       |
|             | City                              | State                   | Zip code          | <u> </u>                                |           |       |
|             |                                   |                         |                   |   |           |       |
| Provider #  | :                                 |                         |                   | FAX #:                                  | _( )      |       |
|             |                                   |                         |                   |   | Area code |       |
| Start of Ca | are Date:                         | (1) 4                   | *Treatme          | ent Period:<br>maximum)                 | FDOM      |       |
|             |                                   | (May cove               | er up to 180 days | maximum)                                | FROM      | TO:   |
| /           |                                   | DDUAAD                  | / 04 DE DUVO      | NOI A NI                                |           |       |
| 3.          |                                   | PRIMAR                  | CARE PHYS         | BICIAN                                  |           |       |
| Name:       |                                   |                         |                   |   |           |       |
|             |                                   |                         |                   |   |           |       |
| Address:    |                                   |                         |                   | Phone #:                                | ( )       |       |
|             |                                   |                         |                   |   | Area code |       |
|             | City                              | State                   | Zip code          | <del>_</del>                            |           |       |
|             |                                   |                         |                   | FAX #:                                  | ( )       |       |
|             |                                   |                         |                   | . , , , , , , , , , , , , , , , , , , , | Area code |       |

| In-Home Operations Branch<br>Home- and Community-Based Services |                                  |                               | E                                  | nclosure 5A   |
|---|----------------------------------|-------------------------------|------------------------------------|---------------|
| Manual Plan of Treatment (POT)                                  |                                  |                               |                                    |               |
| Treatment Period:   |                                  |                               | <del>-</del>                       |               |
| FROM  |                                  | TO                            |                                    |               |
| *Note: The treatment period may be requirements of the render   |                                  | o days dependi                | ing upon the licensure or certifi  | cation        |
| 4. MEDICAL INI  | FORMATION - I<br>Please add addi |                               | O Codes where appropriate          |               |
|   | riease auu auui                  | itional pages a               | is needed.                         |               |
|   |                                  |                               | Date of onset:                     |               |
| Primary Diagnosis   |                                  | ICD-9                         |                                    |               |
|   |                                  |                               | Date of onset:                     |               |
| Secondary Diagnosis   |                                  | ICD-9                         |                                    |               |
|   |                                  |                               | Date of onset:                     |               |
| Other Diagnosis   |                                  | ICD-9                         |                                    |               |
| Other Diagnosis   |                                  | ICD-9                         | Date of onset:                     |               |
| Prognosis:  | ☐ Excellent                      | ☐ Good                        | ☐ Fair ☐ Poor                      |               |
|   |                                  |                               |                                    |               |
| 5. MED  |                                  | AND COMMU<br>leck all that ap | NITY-BASED PROGRAM                 |               |
|   |                                  | •                             |                                    |               |
| Nursing Facility/Acute Hospital<br>(NF/AH) Waiver               |                                  |                               | ☐ In-Home Operations (IHO) W       | /aiver        |
| ☐ Early and Periodic Screening, D                               | Diagnosis, and Trea              | tment (EPSDT)                 | Pediatric Day Health Care (F       | PDHC)         |
| 6.  | LEVEL                            | OF CARE (LC                   | )C)                                |               |
| 0.  |                                  | check only on                 | <b>-</b>                           |               |
|   |                                  |                               |                                    |               |
| NOTE: The LOC determination will be once determined.            | made by the Medi-                | Cal In-Home Oper              | rations Branch and provided to the | HCBS provider |
| ☐ Acute   |                                  | NF B (DP)                     |                                    |               |
| ☐ Adult Subacute  | П                                | Pediatric Subacu              | ıte                                |               |
|   |                                  |                               |                                    |               |
| ☐ NF A  |                                  | Pediatric NF B                |                                    |               |
| □ NF B  |                                  |                               |                                    |               |

| Manual Plan of Tr                       | nunity-Based Services<br>reatment (POT)             |                                |                       | Enclosure 5A                     |
|---|---|--------------------------------|-----------------------|----------------------------------|
| Participant's Name<br>Treatment Period: |   | ТО                             |                       |                                  |
| 7.                                      | V<br>Please check all that appl<br>(Only complete i | y and enter the                |                       | quency Key Code.                 |
|   | Service   |                                | y Key Code:           | lf other                         |
|   |   | D=Daily<br>Y=Yearly<br>O=Other | W=Weekly<br>M=Monthly | If other, please describe below. |
| ☐ Case Man                              | nagement  |                                | _                     |                                  |
| ☐ Environme                             | ental Accessibility Adaptations                     |                                | _                     |                                  |
| ☐ Family Tra                            | aining  |                                | <u>-</u>              |                                  |
| ☐ Personal I                            | Emergency Response Systems                          |                                | _                     |                                  |
| ☐ Private Du                            | uty/Individual/Shared Nursing Ca                    | are                            |                       |                                  |
| ☐ Certified H                           | Home Health Aide Services                           |                                | _                     |                                  |
| Respite                                 |   |                                |                       |                                  |
| ☐ Medical E                             | quipment Operating Expense                          |                                |                       |                                  |
| ☐ Waiver Pe                             | ersonal Care Services                               |                                | _                     |                                  |
| ☐ Communit                              | ty Transition Services                              |                                |                       |                                  |
| ☐ Habilitation                          | on Services   |                                |                       |                                  |
| ☐ Transition                            | nal Case Management                                 |                                |                       |                                  |
| ☐ HCBS No<br>Health Fa                  | ursing Facility (Congregate Livir<br>acility)       | ng                             |                       |                                  |

| In-Home Operations Home- and Commun        |  |   | Enclosure 5A   |
|--|--|---|--|
| Manual Plan of Trea<br>Participant's Name: |  |   |  |
| Treatment Period:                          |  |   |  |
|  | FROM   | ТО  |  |
| Centers, Califor of Rehabilitation         | cable services and frequence<br>nia Children's Services, Inde<br>n, Department of Mental Hea | ependent Living Centers<br>Ith, Private Insurance, ar | rvices funded by Medi-Cal, Regional<br>, In-Home Supportive Services, Department<br>nd/or school-based services. |
|  |  |   | Please add additional pages as needed.   |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
| 9.<br>P                                    |  | IONAL REQUIREMENT , and method, amount,               | NTS<br>and frequency of feeding.   |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |
|  |  |   |  |

| in-Home Operations   | Branch             |    |
|----------------------|--------------------|----|
| Home- and Commun     | ity-Based Services |    |
| Manual Plan of Treat | ment (POT)         |    |
| Participant's Name:  |                    |    |
| Treatment Period:    |                    |    |
|                      | FROM               | ТО |

| 10.                 | MEDICATION PLAN FOR HOME PROGRAM  Please add additional pages as needed. |                      |           |  |  |
|---------------------|--|----------------------|-----------|--|--|
| Allergies:          |  | Reaction (if known): |           |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Medication:         | Dose:  | Route:               | Frequency |  |  |
| Who gives the medic | cations to the patient?  |                      |           |  |  |

| En | cl | <u>ns</u> | ıır | 6 | 5 | Δ |
|----|----|-----------|-----|---|---|---|
|    |    |           |     |   |   |   |

| In-Home Operations   | Branch             |    |   | Enclosure 5A |
|----------------------|--------------------|----|---|--------------|
| Home- and Communi    | ity-Based Services |    |   |              |
| Manual Plan of Treat | ment (POT)         |    |   |              |
| Participant's Name:  |                    |    | _ |              |
| Treatment Period:    |                    |    | - |              |
|                      | FROM               | ТО | - |              |
|                      |                    |    |   |              |

## 11. TREATMENT PLAN FOR HOME PROGRAM

Include all needed services, frequency, and duration of services and provider(s) of service(s).

Space for additional orders provided on Page 8.

| "The waiver applicant/participant and/or AR will hire and train the IHSS & WPCS providers in the waiver applicant/participant's personal and medical care needs. The waiver applicant/participant and/or AR will direct the IHSS & WPCS providers to assist with all of the waiver applicant/participant's activities of daily living, medication management, medical care, transfers, mobility, personal needs, house keeping, shopping, laundry & home care needs. The waiver applicant/participant and/or AR will instruct the IHSS & WPCS provider to dial 911 and ensure that the waiver applicant/participant will be transported immediately should he/she become incapacitated and unable to direct his/her own care. " |
|---|
|   |
|   |
|   |

| In-Home Operations Bra                        |                                |   | Enclosure 5A                                   |
|---|--------------------------------|---|--|
| Home- and Community-                          | Based Services                 |   |  |
| Manual Plan of Treatme<br>Participant's Name: | nt (POT)                       |   |  |
| Treatment Period:                             |                                |   |  |
|   | FROM                           | TO  |  |
|   |                                |   |  |
|   |                                |   |  |
| 12.   |                                | TIONAL LIMITATIONS                                  | ala andan with in a all and a name             |
| Please de                                     | scribe functional ilm          | itations per the physicial add additional pages, as | n's order within each category.                |
|   | riease a                       | add additional pages, as                            | needed.  |
|   |                                |   |  |
| ☐ No limitations no                           | oted.                          |   |  |
| MOTOD   | and the Property of the second |   | and the second                                 |
| MOTOR: May in                                 | nclude limitations with wa     | alking and/or gross motor mo                        | vement.  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
| ☐ No limitations no                           | oted.                          |   |  |
|   |                                |   |  |
| SELF HELP:                                    | lay include limitations wit    | th activities of daily living such                  | h as bathing, toileting, eating, and dressing. |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
| ☐ No limitations n                            | oted                           |   |  |
|   | otea.                          |   |  |
| COMMUNICATION                                 | V/SENSORY: May ir              | nclude limitations with hearing                     | յ, speech, and/or sight.                       |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |
|   |                                |   |  |

| In-Home Operations Branch    |                    |                   |                  |             | Enclosure 5A            |
|------------------------------|--------------------|-------------------|------------------|-------------|-------------------------|
| Home- and Community-Based    | Services           |                   |                  |             |                         |
| Manual Plan of Treatment (PO | T)                 |                   |                  |             |                         |
| Participant's Name:          |                    |                   |                  |             |                         |
| Treatment Period:            |                    | · -               |                  |             |                         |
|                              | FROM               | TC                | 1                |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
| 13.                          |                    | <b>ACTIVITIES</b> |                  |             |                         |
|                              | vities ner the nh  |                   | r such as un w   | ith assista | ance, complete bedrest, |
|                              | ed, and/or use of  |                   |                  |             |                         |
| up as tolerate               | eu, allu/ol use ol | auapuve equ       | ipinient suon as | WIICCICIT   | ill, Wainel, Elo.       |
| ☐ No restrictions on acti    | ivitiae            |                   |                  |             |                         |
| INO Testrictions on acti     | ivilies.           |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
| Safety precautions in use    | e: Seizure         | precautions       | Universal pred   | cautions    | Other:                  |
| Rehabilitation Potential:    | Good               | •                 | Fair '           |             | Poor                    |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
| 14.                          | М                  | ENTAL STAT        | US               |             |                         |
|                              |                    |                   |                  | ch as and   | ression, depression,    |
| way include inform           |                    |                   |                  |             | ression, depression,    |
|                              | agitation, conf    | usion, and de     | velopmental dis  | sabilities. |                         |
| N. P. Sectors                |                    | data alama and    | Cara             |             |                         |
| ☐ No limitations noted –     | oriented to name,  | date, place, and  | time.            |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |
|                              |                    |                   |                  |             |                         |

| Home- and Community-Based Services Manual Plan of Treatment (POT) |   |                                |
|---|---|--------------------------------|
| Participant's Name:   |   |                                |
| Treatment Period:FROM   | то  |                                |
| i Kowi  | 10  |                                |
|   | URABLE MEDICAL EQUIPMEN ent used, providers of equipment, |                                |
|   |   |                                |
| TYPE  | PROVIDER NAME   | FUNDING SOURCE                 |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
| 16.   | MEDICAL SUPPLIES  |                                |
|   | ies used, providers of supplies, a                        | nd funding sources (if known). |
| TYPE  | PROVIDER NAME   | FUNDING SOURCE                 |
|   |   | 1 0112 1110 0 0 0 1110 0       |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |
|   |   |                                |

In-Home Operations Branch

| Home<br>Manu<br>Partic |   | ices                           | Enclosure 5A  |  |  |  |
|------------------------|---|--------------------------------|---|--|--|--|
| reat                   | ment Period:FF  | ROM                            | ТО  |  |  |  |
| 17.                    |   | . Please inclu                 | ERAPIES/REFERRALS ude the date the referral was made and the reason why. indicate the current progress/status in Section 20.                        |  |  |  |
|                        | Physical Therapy  | Date                           | Referral Reason   |  |  |  |
|                        | Occupational Therapy  | Date                           | Referral Reason   |  |  |  |
|                        | Speech Therapy  | Date                           | Referral Reason   |  |  |  |
|                        | Enterostomal Therapy  | Date                           | Referral Reason   |  |  |  |
|                        | Medical Social Worker   | Date                           | Referral Reason   |  |  |  |
|                        | Nutritionist  | Date                           | Referral Reason   |  |  |  |
|                        | Other/List  | Date                           | Referral Reason   |  |  |  |
|                        | Other/List  | Date                           | Referral Reason   |  |  |  |
|                        | Other/List  | Date                           | Referral Reason   |  |  |  |
| 18.                    |   | TREATMENT GOALS/DISCHARGE PLAN |   |  |  |  |
|                        | Upon completion of this treatment plan, the applicant/participant will be able to function independently and maintain himself/herself safely in the home setting. |                                |   |  |  |  |
| Des                    | minimal l   | moderate 🗌                     | , the applicant/participant will continue to need:  ] maximum support to be maintained safely in the home setting. related to the identified needs: |  |  |  |
| 40                     |   | TD A INIINIO NI                | EEDS EOD ADDI ICANT/DADTICIDANT/CAMILV  |  |  |  |
| 19.                    |   |                                |   |  |  |  |
|                        | _   |                                | the applicant/participant and/or the family during this treatment period.   |  |  |  |

| In-Home Operations B  |                          |                              | Enclosure 5A              |
|-----------------------|--------------------------|------------------------------|---------------------------|
| Home- and Community   | y-Based Services         |                              |                           |
| Manual Plan of Treatm | nent (POT)               |                              |                           |
| Participant's Name: _ | ,                        |                              |                           |
| Treatment Period: _   |                          |                              |                           |
|                       | FROM                     | ТО                           |                           |
|                       |                          |                              |                           |
| (If the yes box is    | checked, please describe | he training needs and name(s | ) of the provider(s).)    |
| Please use addition   | onal pages as needed.    | •                            |                           |
|                       | . 0                      |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
| as CLIMANA A DV       | COLADDI IOANIT/DAD       | TICIDANT CTATUS BUDG         | IO TINO TOE ATMENT DEDICE |
| 20. SUMMARY           | Y OF APPLICANT/PAR       | HCIPANT STATUS DURII         | NG THIS TREATMENT PERIOD  |
|                       |                          |                              |                           |
| Please use addition   | onal pages as needed.    |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
|                       |                          |                              |                           |
| 1                     |                          |                              |                           |

| In-Home Operations Branch<br>Home- and Community-Based Services<br>Manual Plan of Treatment (POT)<br>Participant's Name: |      | Enclosure 5A      |  |
|--|------|-------------------|--|
| Treatment Period:  |      |                   |  |
| FROM   | ТО   |                   |  |
| 21. After completing, Keep the original and mail a cop attention to the Medi-Cal In-Home (                               |      | D Regional Office |  |
|  |      |                   |  |
| Applicant/Participant Signature  | Date | )                 |  |
| Primary Caregiver Signature (as applicable)  | Date |                   |  |
| Physician Signature  | Date |                   |  |
| Provider Signature   | Date |                   |  |
| Provider Signature   | Date |                   |  |
| Provider Signature   | Date |                   |  |
| Provider Signature   | Date |                   |  |
| Provider Signature   | Date |                   |  |
| Provider Signature   | Date |                   |  |
| Provider Signature   | Date |                   |  |
| Provider Signature   | Date |                   |  |