



Medi-Cal

For People with Disabilities and Seniors In Imperial County

This information can help you decide
which Medi-Cal Health Plan is best for you.

If you live in Imperial County, you must choose
California Health and Wellness or Molina.

These are Medi-Cal Health Plans.

To learn about these Plans, call

California Health & Wellness: 1-877-658-0305

Molina: 1-888-665-4621

To enroll in either plan, call

Health Care Options: 1-800-430-4263

For TDD/TTY users call: **1-800-430-7077**

For more health plan information visit

www.healthcareoptions.dhcs.ca.gov

Please choose one of the available health plans. If you do
not make a choice, a health plan will be chosen for you.

Please look inside for details and phone numbers.



Choosing a Medi-Cal Health Plan in Imperial County:

- Use the **chart** below to compare Medi-Cal Health Plans.
- **Choose the Plan** that includes the doctors that are most important to you.
 - Ask your doctors which Plans they take. Or call the Plan and ask.
 - If a doctor you use is not in the Plan, you may still be able to see him or her. Ask your doctor.
 - If you get care through a special program (like CCS, GHPP, or Waiver), your care for those conditions will not change. But, you will get other care through a Medi-Cal Health Plan.
- **To enroll in a Plan**, call **Health Care Options** at **1-800-430-4263** and enroll on the phone. Or use the enrollment form that came in this envelope.
- 15 - 45 days after you enroll, your new Plan will send you a membership card. While you are waiting for it, keep using the doctors and hospitals you use now.

| | Medi-Cal Health Plans | |
|----------------------------------|--|--|
| | California Health & Wellness 1-877-658-0305 www.cahealthwellness.com | Molina 1-888-665-4621 www.molinahealthcare.com |
| Basic Services | | |
| Basic Medi-Cal Benefits | Same | Same |
| 24-Hour Advice Nurse | Yes | Yes |
| Interpreter Services | Yes | Yes |
| To Get a List of Preferred Drugs | 1-877-658-0305 | 1-888-665-4621 |
| Costs to You | | |
| Cost for Doctor Visits | \$0 | \$0 |
| Cost for Drugs | \$0 | \$0 |

Hospitals you can go to for medical care are listed below.

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-800-817-5292.

| California Health and Wellness | Molina |
|---|--|
| <ul style="list-style-type: none">• El Centro Regional Medical Center• Pioneers Memorial Healthcare District• Rady Children’s Hospital - San Diego• Sharp Chula Vista Medical Center• Sharp McDonald Center• Sharp Memorial Center• Sharp Memorial Hospital Rehabilitation Center• Sharp Mesa Vista Hospital | <ul style="list-style-type: none">• Fallbrook District Hospital• Grossmont Hospital• Rady Children’s Hospital - San Diego• Scripps Mercy Hospital - Chula Vista• Scripps Mercy Hospital - San Diego• Sharp Chula Vista Medical Center• Sharp Coronado Hospital• Sharp Mary Birch Hospital for Women• Sharp Memorial Hospital• Tri City Medical Center |

*For a complete list of hospitals refer to each plans provider directory.

Useful Phone Numbers

Denti-Cal 1-800-322-6384
Information about dental care that is covered by Medi-Cal for people under age 21

Imperial County Area Agency on Aging 1-760-339-6450
Information and referrals to many services for people with disabilities and seniors

Imperial County Behavioral Health Services 1-800-817-5292
Information about mental health services

Alcohol and Drug Programs 1-760-337-7897
Help with alcohol and drug problems

If You Have a Problem with Medi-Cal, your Plan, or Getting Care

Help Center 1-888-466-2219
Help if your Medi-Cal Health Plan denies the services you need

Medi-Cal Managed Care Ombudsman 1-888-452-8609
Help if you have a problem you cannot solve with your Plan

Medi-Cal State Hearing 1-800-952-5253
File an appeal if your Plan denies the services you need

California Health and Wellness 1-877-658-0305
Help if you have a problem with California Health and Wellness

Molina 1-888-665-4621
Help if you have a problem with Molina