DHCS
California Department of HealthCareServices

# Medi-Cal

## For People with Disabilities and Seniors

## In Tuolumne County

This information can help you decide which Medi-Cal Health Plan is best for you.

If you live in Tuolumne County, you must choose Anthem Blue Cross or California Health and Wellness.

**These are Medi-Cal Health Plans.**

To learn about these Plans, call

**Anthem Blue Cross: 1-800-407-4627**

**California Health & Wellness: 1-877-658-0305**

To enroll in either plan, call

**Health Care Options: 1-800-430-4263**

For TDD/TTY users call: **1-800-430-7077**

For more health plan information visit www.healthcareoptions.dhcs.ca.gov

Please choose one of the available health plans. If you do not make a choice, a health plan will be chosen for you.

**Please look inside for details and phone numbers.**

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# Choosing a Medi-Cal Health Plan in Tuolumne County:

- **Use the chart** below to compare Medi-Cal Health Plans.
- **Choose the Plan** that includes the doctors that are most important to you.
  - Ask your doctors which Plans they take. Or call the Plan and ask.
  - If a doctor you use is not in the Plan, you may still be able to see him or her. Ask your doctor.
  - If you get care through a special program (like CCS, GHPP, or Waiver), your care for those conditions will not change. But, you will get other care through a Medi-Cal Health Plan.
- **To enroll in a Plan,** call **Health Care Options** at **1-800-430-4263** and enroll on the phone. *Or* use the enrollment form that came in this envelope.
- 15 - 45 days after you enroll, your new Plan will send you a membership card. While you are waiting for it, keep using the doctors and hospitals you use now.

| | Medi-Cal Health Plans | |
|---|---|---|
| | Anthem Blue Cross<br>1-800-407-4627<br>www.anthem.com/ca | California Health & Wellness<br>1-877-658-0305<br>www.cahealthwellness.com |
| **Basic Services** | | |
| Basic Medi-Cal Benefits | Same | Same |
| 24-Hour Advice Nurse | Yes | Yes |
| Interpreter Services | Yes | Yes |
| To Get a List of Preferred Drugs | 1-800-407-4627 | 1-877-658-0305 |
| **Costs to You** | | |
| Cost for Doctor Visits | $0 | $0 |
| Cost for Drugs | $0 | $0 |

**Hospitals you can go to for medical care are listed below.**
You will usually go to the hospitals that your doctor works with.
For hospitals where you can go for mental health care, call 1-800-630-1130.

| Anthem Blue Cross | California Health and Wellness |
|---|---|
| • Barton Memorial Hospital<br>• Biggs-Gridley Memorial Hospital<br>• Colusa Regional Medical Center<br>• Enloe Medical Center Inc.<br>• Feather River Hospital<br>• Glenn Medical Center<br>• John C Freemont Healthcare District<br>• Mammoth Hospital<br>• Mark Twain Medical Center<br>• Marshall Medical Center<br>• Mercy Medical Center Mt Shasta<br>• Northern Inyo Hospital<br>• Oroville Hospital<br>• Rideout Memorial Hospital<br>• Seneca District Hospital<br>• Sierra Nevada Memorial Miners Hospital<br>• Sonora Community Hospital<br>• Southern Inyo Hospital<br>• St Elizabeth Community Hospital<br>• Sutter Amador Hospital<br>• Sutter Auburn Faith Hospital<br>• Sutter Auburn Surgery Center<br>• Sutter Roseville Medical Center<br>• Sutter Surgical Hospital - North Valley<br>• Tahoe Forest Hospital District | • Barton Memorial Hospital<br>• Biggs-Gridley Memorial Hospital<br>• Colusa Regional Medical Center - Hospital<br>• Eastern Plumas Hospital District<br>• Enloe Medical Center<br>• Feather River Hospital<br>• Glenn Medical Center<br>• John C Freemont Healthcare District<br>• Mark Twain Medical Center<br>• Marshall Medical Center<br>• Northern Inyo Hospital<br>• Oroville Hospital<br>• Plumas District Hospital<br>• Seneca Healthcare District<br>• Sierra Nevada Memorial Hospital<br>• Sonora Regional Medical Center<br>• Southern Inyo Hospital<br>• St Elizabeth Community Hospital |

*For a complete list of hospitals refer to each plans provider directory.

| Useful Phone Numbers | |
|---|---|
| **Denti-Cal**<br>Information about dental care that is covered by Medi-Cal for people under age 21 | 1-800-322-6384 |
| **Area 12 Agency on Aging**<br>Information and referrals to many services for people with disabilities and seniors | 1-209-532-6272 |
| **Tuolumne County Behavioral Health Department**<br>Information about mental health services | 1-800-630-1130 |
| **Alcohol and Drug Programs**<br>Help with alcohol and drug problems | 1-209-533-6245 |
| **If You Have a Problem with Medi-Cal, your Plan, or Getting Care** | |
| **Help Center**<br>Help if your Medi-Cal Health Plan denies the services you need | 1-888-466-2219 |
| **Medi-Cal Managed Care Ombudsman**<br>Help if you have a problem you cannot solve with your Plan | 1-888-452-8609 |
| **Medi-Cal State Hearing**<br>File an appeal if your Plan denies the services you need | 1-800-952-5253 |
| **Anthem Blue Cross**<br>Help if you have a problem with Anthem Blue Cross | 1-800-407-4627 |
| **California Health and Wellness**<br>Help if you have a problem with California Health and Wellness | 1-877-658-0305 |