

Governor's Prevention Advisory Council (GPAC)  
Exploratory Workgroup  
Friday, October 4, 2013  
1:30 p.m. – 3:30 p.m.  
Fourth Floor Conference Room  
1700 K Street, Sacramento, CA 95811

Meeting Summary

Attendees

Cheryl Adams , Stephen Bright, Laura Colson, Lorraine Frias, Denise Galvez, Tom Herman, Ellie Jones, Dave McDowell, Major Jeff Moore, Ray Murillo, Paul Oliaro, Sue Ragen, Major Natalie Rowell, Steve Wirtz

Purpose

The vision, mission, and purpose statements did not motion to pass during the GPAC general meeting on July 25. The Exploratory Workgroup discussed and revised the statements as follows:

1. **Vision:** California is free from the problems associated with alcohol, tobacco, and other drugs.
2. **Mission:** Provide leadership and continuity through common strategies that mutually benefit member agency's efforts to advance ATOD prevention.
3. **Purpose:** To create a forum for cooperative efforts in order to promote healthy behaviors and reduce problems associated with alcohol, tobacco, and other drugs.

Summary

After the last GPAC general meeting, the Exploratory Workgroup met on August 23<sup>rd</sup> to revise the vision, mission, and purpose statement. Workgroup members decided to try a different approach and begin with goals and then return to the statements. As the dialogue around goals and objectives continued, members decided that getting input from GPAC members would be most beneficial to proceed with this work.

On October 4, workgroup members reviewed and discussed the submitted goals (See Attachment I). GPAC members suggested a total of 24 goals comprised of various topics that included ATOD-specific trends, community development, cross-system collaboration, and strategic planning. After review, the discussion included the following concerns/issues:

- 13 of the 24 goals were specific to identified substances or ATOD use in general. Since local efforts meet identified needs within their county prevention plans, should GPAC time be spent working on similar goals?
- Should GPAC be more concerned with recommendations to the Department of Health Care Services and the Governor regarding ATOD primary prevention?
- GPAC is a state advisory leadership council. Should GPAC work on a State prevention plan? Major Jeff Moore recommended utilizing the National Drug Strategy as a format to create a California Drug Strategy.

As the discussion continued, workgroup members decided to return to the vision, mission, and purpose statements since the goals demonstrated the needs of GPAC members and agencies. The vision, mission, and purpose statement were finalized and will be motioned for approval at the next GPAC meeting.

#### Next Steps

Workgroup members discussed if there was a need to meet again. Since guiding principles, core values, and membership issues have not been discussed, the workgroup will meet again in November to discuss the next steps that may lead to a strategic planning workgroup that would assume the responsibility of developing goals and objectives as part of a strategic plan.

## Ongoing Exploratory Workgroup Roles and Responsibilities until Project Completion

The Exploratory Workgroup will

- Motion for approvals at the general GPAC meetings
- Review the meeting summary and drafts of the organizational plan and make corrections and recommendations

The Exploratory Workgroup Coordinator will

- Re-draft and re-distribute the organizational plan to the Exploratory Workgroup according to ongoing corrections and recommendations
- Coordinate Exploratory Workgroup meetings

### **Action Item Task List**

No	Task	Assigned	Cmpltd
11	Motion to pass vision, mission and purpose	10/24	
10	Create talking points for Tom Herman (L. Frias)	10/4	
9	Develop needs to complete org plan (L. Frias)	10/4	
8	Coordinate a November meeting (L. Frias)	10/4	
7	Workgroup Meeting	10/4	10/4
6	Provide recommendations to Coordinator (All Members)	8/25/13	10/2
5	Send out emails to request recommendations for goals and follow-up phone calls (L. Frias)	8/23/13	10/1
4	Coordinate the next workgroup meeting (L. Frias)	8/23/13	9/19
3	Coordinate the next meeting	6/28/13	8/23/13
2	GPAC Coordinators will provide Tom Herman with talking points for the GPAC meeting	6/28/13	7/18/13
1	As agreed by the Exploratory Workgroup, GPAC Coordinators will re-arrange existing GPAC information under the organizational plan.	5/2/13	6/28/13

## Attachment I: Goals Submitted

### ATOD Trends

#### ATOD - Inclusive

- Focus on decreasing Prescription drug and alcohol abuse, and cigarette and Methamphetamine use. These four abused substances cause the most harm to our society.
- Decrease the 30-day prevalence of drug use among 12- to 17-year-olds by 15 percent
- Decrease the lifetime prevalence of 8th graders who have used drugs, alcohol, or tobacco by 15 percent
- Decrease the 30-day prevalence of drug use among young adults aged 18–25 by 10 percent
- Reduce the number of chronic drug users by 15 percent
- Gather and disseminate current information regarding relevant alcohol and drug use trends, i.e., What being type of alcohol/drug is being consumed, by whom, where?

#### Underage Drinking

- Underage drinking: aligns with the National Prevention Network's (NPN's) priorities and CA's Statewide Prevention Outcomes
- Underage drinking – continues to be an issue and is the focus of our statewide outcomes
- Reducing Youth Access to Alcohol
- Identify and share amongst all stake holders those programs, both community based as well as federal/state based, which target and address the high rate of underage users demographically.

#### Prescription Drugs

- Prescription drug use: aligns with the NPN's priorities and the problems associated with prescription drug use continue to rise
- Prescription drug use – continues to escalate

#### Marijuana

- Marijuana – preparing for the future

### Community Development

- Build Safer and Stronger Communities
- Working with Local Law Enforcement and Community Leaders to reduce alcohol-related problems

### Cross-System Collaboration

- Cross-system collaboration/collective impact: I'd like to explore whether there are any initiatives/efforts that the various member agencies could collaborate on to have a greater impact. DPH and (ADP) do a good job of collaborating and to some extent CDE as well, but we don't really partner/collaborate with any of the other member agencies or, from what I've heard, the other member agencies don't really partner with each other. We all seem to do our own thing then report out on it at the meetings.
- Increase collaborative efforts around ATOD prevention – For some time, it seems that members come to the meetings and report out on the efforts they've been engaged in (past tense). Perhaps if we asked members to bring/discuss these at GPAC while still in the planning stages, we could find more ways to partner and increase the impact of the effort especially around underage drinking, Rx drug use, and marijuana

### Evidence-Based Practices

- Share best practices among state agencies regarding evidence-based prevention strategies that address the misuse of alcohol, tobacco and other drugs

### Policy

- Identify and share in a centralized way, current or pending legislation which relates to the prevention of alcohol and drug abuse.

### Strategic Planning/Structural

- Coalesce around a central mission, vision, and purpose
- Develop a strategic plan to advance AOD prevention from an environmental/systems change/policy perspective
- Decide what changes, if any, need to be made to membership and GPAC structure to carry out mission and strategic plan
- To keep the issue of ATOD prevention as a visible and high priority for state agencies throughout California. (sounds like a GREAT mission)
- To provide a forum and a delivery system for informing the DHCS on important issues related to ATOD prevention.