



DHCS: MH/SUDS Partner-Stakeholder Engagement

Meeting/Call-In and Update

**Implementation of new & expanded Medi-Cal MH/SUD
benefits for current and expansion populations
October 17th, 2013**

October 17th Agenda

1. Welcome and Introductions

2. Director Toby Douglas

3. Mental Health (MH) & Substance Use Disorders (SUD) Implementation

- County MH: Brenda Grealish: MHS Division Chief
- County Drug Medi-Cal and Managed Care SBI: Dave Neilsen: SUD-PTRS Division Chief
- Managed Care MH: Sarah Brooks: Medi-Cal Managed Care Branch Chief
- County, Managed Care and FFS MH and SUD: Laurie Weaver: Benefits Division Chief

3. Input from Partners and Stakeholders

* Questions/Comments/Recommendations

4. Next Steps



Update on MH and SUD Implementation Efforts

REMINDER: Your Written Input is Extremely Valuable

Please provide written stakeholder input via
web-site address :

MHSUDStakeholderInput@dhcs.ca.gov



Update on MH and SUD Implementation Efforts

Update on MH and SUD Implementation Efforts



Update on MH and SUD implementation efforts

Brenda Grealish: Chief- MHS Division

Mental Health Benefits: MHPs

- Specialty Mental Health Services
 - **Outpatient Services**
 - Mental Health Services (assessment, plan development, therapy, rehabilitation and collateral)
 - Medication Support Services
 - Day Treatment Intensive
 - Day rehabilitation
 - Crisis Intervention
 - Crisis Stabilization
 - Targeted Case Management
 - **Residential Services**
 - Adult Residential Treatment
 - Crisis Residential Treatment
 - **Inpatient Services**
 - Acute psychiatric inpatient hospital services
 - Psychiatric Inpatient Hospital Professional Services



Update on MH and SUD implementation efforts
Dave Neilsen- Chief: PTRS Division

Substance Use Disorder Benefits

Currently, all eligible Medi-Cal beneficiaries may receive the following SUD services through county-administered (Drug Medi-Cal [DMC]) substance use disorder services.

- **Outpatient Drug Free Treatment**
- **Narcotic Treatment Services**



Update on MH and SUD implementation efforts

Dave Neilsen- Chief: PTRS Division

Substance Use Disorder Benefits

Effective January 1, 2014, eligible Medi-Cal beneficiaries may receive expanded substance use disorder services:

- **Intensive Outpatient Treatment:** Currently a DMC benefit, but limited to pregnant and postpartum women, children, and youth under the age of 21. This service will be available for the general population.
- **Residentially Based Substance Use Disorder Services:** Currently a DMC benefit, but limited to pregnant and postpartum women. This service will be available for the general population.
- **Medically Necessary Inpatient Detoxification:** This service will be available to the general population.



Update on MH and SUD implementation efforts

Dave Neilsen- Chief: PTRS Division/ Laurie Weaver: Chief: Benefits Division

Implementation Activities Ahead For SUD

Milestone	Target Date(s)
1. Submit State Plan Amendment	October 10, 2013
2. Clearly define benefits, medical necessity criteria, referral processes and care models	October,10 2013
3. Continue Partner/Stakeholder Meetings to include Primary Care representatives and explore efficient and effective strategies to engage Partners/Stakeholders on an ongoing basis to deal with recommendations (e.g. including <i>Business Plan</i> , <i>Service Plan</i> , and “ <i>parking lot</i> ” recommendations)	On-going
4. Finalize Proposed Reimbursement Rates/Contract Amendments	September - December 2013
5. Perform IT system programming changes to Short-Doyle/SMART for adjudication of claims and Cost Reporting	September- December 2013
6. Notify Beneficiaries and Providers of benefit changes	November – December 2013
7. Continue to amend the Drug Medi-Cal Program for ACA compliance and increased program integrity /quality as well as analyze additional state options for increased program integrity and quality services	November 15 – December 31
8. Amend /Submit Title 22 Regulations	October – December, 2013
9. Develop Beneficiary Navigation Tool	Early 2014



Update on MH and SUD implementation efforts

Sarah Brooks: Branch Chief- MMC Division

Mental Health Benefits: Managed Care Plans

Effective January 1, 2014, eligible Medi-Cal beneficiaries may receive mental health benefits through Medi-Cal Managed Care Plans (MCPs). These services will continue to be offered as FFS benefits for eligible beneficiaries that are not enrolled in an MCP.

- MCP/FFS Mental Health Services:
 - Individual and group mental health evaluation and treatment (psychotherapy)
 - Psychological testing when clinically indicated to evaluate a mental health condition
 - Outpatient services for the purposes of monitoring medication treatment
 - Outpatient laboratory, medications, supplies and supplements
 - Psychiatric consultation



Update on MH and SUD implementation efforts

Brenda Grealish, Sarah Brooks and Laurie Weaver : MHSD, BD and MMCD

Implementation Activities Ahead For Managed Care Mental Health Benefits

Milestone	Target Date(s)
1. Submit State Plan/1915b Waiver Amendments to CMS	September 16, 2013
2. Define benefits, eligibility criteria, referral processes and care model	October 4, 2013
3. Submit 1115 Waiver Amendments to CMS (Managed Care)	October 18, 2013
4. Conduct Partner/Stakeholder Meetings and explore efficient and effective strategies to engage Partners/Stakeholders on an ongoing basis to prioritize and deal with recommendations (e.g. including <i>Business Plan</i> , <i>Service Plan</i> and " <i>parking lot</i> ")	September - On-going
5. Develop MCP Capitation Rates/ MCP Contract Amendments	September - October 2013
6. MCPs develop networks	October – December 15, 2013
7. Notify Beneficiaries and Providers of benefit changes	November – December 2013
8. DHCS conduct plan readiness reviews	November 15 – December 31
10. MCP/Counties execute MOU amendments	November 2013 – March 2014
11. Develop Beneficiary Navigation Tool	Early 2014



Update on MH and SUD implementation efforts Laurie Weaver: Chief- Benefits Division

Clear and concise communication and coordination between the County MH/SUD programs and the Medi-Cal Managed Care and FFS programs is key

Screening → Assessments → Referrals → Care Coordination → Case Management

County Mental Health Plan (MHP)

Target Population: Children and adults who meet medical necessity or EPSDT criteria for Medi-Cal Specialty Mental health Services

Outpatient Services

- ✓ Mental Health Services (assessments plan development, therapy, rehabilitation and collateral)
- ✓ Medication Support
- ✓ Day Treatment Services and Day Rehabilitation
- ✓ Crises Intervention and Crises Stabilization
- ✓ Targeted Case Management
- ✓ Therapeutic Behavior Services

Residential Services

- ✓ Adult Residential Treatment Services
- ✓ Crises Residential Treatment Services

Inpatient Services

- ✓ Acute Psychiatric Inpatient Hospital Services
- ✓ Psychiatric Inpatient Hospital Professional Services
- ✓ Psychiatric Health Facility services

County Alcohol and Other Drug Programs (AOD)

Target Population: Children and adults who meet medical necessity or EPSDT criteria for Drug Medi-Cal Substance Use Disorder Services

Outpatient Services

- ✓ Outpatient Drug Free
- ✓ Intensive Outpatient (**newly expanded to additional populations**)
- ✓ Residential Services (**newly expanded to additional populations**)
- ✓ Narcotic Treatment Program
- ✓ Naltrexone

New Services

- ✓ Inpatient Detoxification Services
- ✓ (Administrative linkage to County AOD still being discussed)

Medi-Cal Managed Care Plans (MCP)

Target Population: Children and adults in Managed Care Plans who meet medical necessity or EPSDT for Mental Health Services

MCP services to be carved-in effective 1/1/14

- ✓ Individual/group mental health evaluation and treatment (psychotherapy)
- ✓ Psychological testing when clinically indicated to evaluate a mental health condition
- ✓ Outpatient services for the purposes of monitoring medication treatment
- ✓ Psychiatric consultation
- ✓ Outpatient laboratory, medications, supplies and supplements

Contact Information

Contact Information

Website:

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For Managed Care:

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Update on MH and SUD implementation efforts

Stakeholder/Partner Input re. Current Implementation Activities

* Questions/Comments



Update on MH and SUD implementation efforts

3. Next Steps



Next Steps

In December (details forthcoming), DHCS will provide another status report and update on implementation efforts for new benefits and a forum for questions and comments

- Stakeholders can call-In
- Receive updates from relevant DHCS Divisions re. implementation efforts
- Forum for Questions/Concerns/Comments

Written Stakeholder input via web-site address:

MHSUDStakeholderInput@dhcs.ca.gov



Behavioral Health *Service Plan*

Thank you

