



Drug Medi-Cal Organized Delivery System – Peer Support Services

**Technical Assistance Webinar for Counties
April 5, 2018**



Overview of Presentation

- State Updates
- DHCS Presentation: Peer Support Services
- County Perspective: San Luis Obispo
- Questions and Discussion
- Adjourn



State Updates



Drug Medi-Cal Organized Delivery System (DMC-ODS)

Peer Support Services

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DMC-ODS Peer Support Services

- **Peer support services** are an evidence-based behavioral health model of care, which consists of qualified peer support staff who assist beneficiaries with their recovery from SUDs.
- **Recovery Services** are a required service within the DMC-ODS system of care.
 - Substance Abuse Assistance
 - Peer-to-peer service and relapse prevention



Peer Support Federal Requirements

- **Centers for Medicare & Medicaid Services (CMS) State Medicaid Director (SMD) Letter #07-011** provides the requirements for:
 - **Supervision:** amount, duration and scope.
 - **Care-Coordination:** coordinated within a comprehensive, individualized plan of care and goals.
 - **Training and Credentialing:** must provide basic set of competencies and evaluate abilities.



Peer Support Requirements

- **MHSUDS Information Notice 17-008: Peer Support Services in the DMC-ODS Waiver**
- **Special Terms and Conditions (STC) 142**
 - Counties must submit a Peer Support Training Plan and receive DHCS approval prior to providing billable peer support services.
 - Peer support services can only be reimbursed as a component of Recovery Services.



Peer Support Training Plan

- **Plan Guide requirements**
 - Peer Support Training Plan should not exceed 5 pages in total.
 - Counties must ensure reimbursable services are provided by peer support staff that are:
 - Eligible for participation in the Medi-Cal program
 - Not on the OIG exclusion list
 - Not on the Medi-Cal suspension or ineligible list



Peer Support Training Plan

- **The plan submissions should consist of the following two categories:**
 - Client Plan Development, Documentation, Supervision and Oversight; and
 - Training and Designation



Peer Support Training Plan Submission Updates

- **Peer Support Training Plan submission status**
 - Riverside, San Luis Obispo, and Kern have submitted and received DHCS approval for Peer Support Training Plans.
 - However, nearly all County DMC-ODS Implementation Plan submissions reported the intent to provide some form of peer support services within their Recovery Services.



DMC-ODS Peer Support Training Plan Submission

- **How to submit?**
 - DMCODSWAIVER@dhcs.ca.gov or
 - Kevin.Masuda@dhcs.ca.gov
- **For more information**, please see information notice 17-008 at http://www.dhcs.ca.gov/provgovpart/Pages/FAQs_Fact_Sheets.aspx

Peer Support Services

Clark Guest

Behavioral Health Services

April 5, 2018



COUNTY OF SAN LUIS OBISPO

Implementing Peer Support Services in San Luis Obispo County

- We hired our first Peer-to-Peer Coach in October 2017.
 - Currently recruiting for three others.

- Three distinct regions in the county:
 - South County
 - San Luis Obispo
 - North County

- Utilized existing Alumni Groups:
 - South County had an existing AB-109 Alumni (3 years running)
 - San Luis Obispo had an existing Adult Drug Court Alumni (15 years running) SLOCo Recovery Support Network
 - North County had an Alumni up and running in two months.

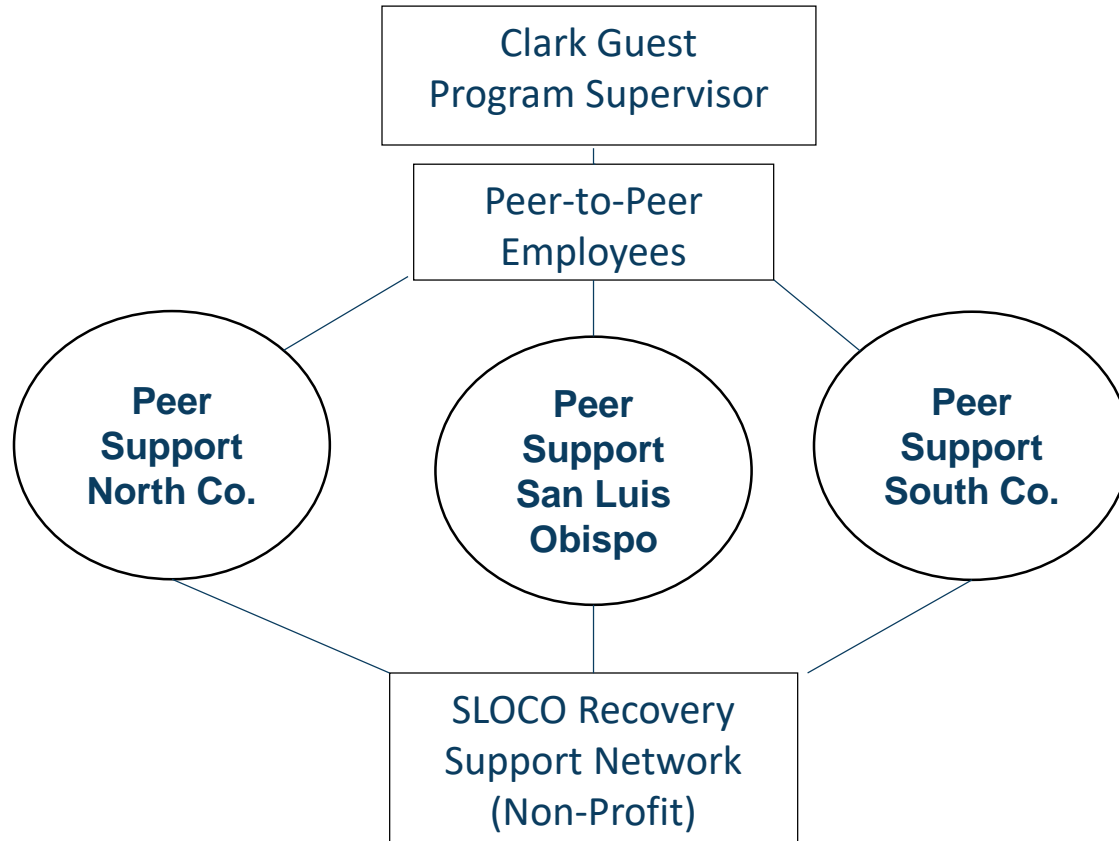


Implementing Peer Support Services in San Luis Obispo County

- County of San Luis Obispo handles most of the treatment services in the county.
- Focus is on developing a Peer-to-Peer group of community members to help in each of the regions and will cover all of the clinics.
- Minimum Qualifications: Lived experience, past interviews, screening and vetting process, county application, Live-scan background process.



Implementing Peer Support Services in San Luis Obispo County



What Are Peer Support Services?

- Linkage for treatment services to community based services.
- Opportunity to speak in groups/community/CCP, provide rides, meet and greet at our walk-in clinics, hospital outreach, help provide needs such as clothing, furniture, rides or bus passes.
- Attend bi-weekly/monthly Alumni meetings where clients getting ready to complete can/should attend.



What Are Peer Support Services?

Peers....

- ✓ Are on the Board of Directors of the SLOCO Recovery Support Network (Non-Profit)
- ✓ Support for SLOCO Recovery Support Network
- ✓ Link clients in need to the SLOCO Recovery Support Network
- ✓ Follow through to make sure the client's needs are met
- ✓ They formed an 800 number so clients/community members can call and receive support 24/7

And they are just getting started!



Challenges to Peer Support Services

- Hiring Process with live-scan background process
- Relapse Potential
- Regional Politics and Alumni's wanting to remain independent
- Computer capabilities and shifting into our training plan



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Questions and Discussion

*For optimal sound quality, please ensure that you are dialed-in using your phone and that you have inputted your **audio PIN.***





DMC-ODS Resources

- For additional information, please see the DMC-ODS Resources section of the DHCS Website: http://www.dhcs.ca.gov/provgovpart/Pages/DMC_ODS_Resources.aspx
- For questions, please contact dmcodswaiver@dhcs.ca.gov



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