



Recovery Services
Frequently Asked Questions
Revised June 2016

The following answers to frequently asked questions intend to provide stakeholders with a better understanding about recovery services under the Drug Medi-Cal Organized Delivery System (DMC-ODS).

This document will be updated as necessary.

For Additional Information Regarding the DMC-ODS

- Visit <http://www.dhcs.ca.gov/provgovpart/Pages/Drug-Medi-Cal-Organized-Delivery-System.aspx>
- Contact us at DMCODSWAIVER@dhcs.ca.gov

1. What are recovery services?

Recovery services are important to beneficiaries in the recovery and wellness process. As part of the assessment and treatment needs of Dimension 6, Recovery Environment of the ASAM Criteria and during the transfer/transition planning process, beneficiaries will be linked to applicable recovery services.

Treatment is designed to emphasize the beneficiary's central role in managing their health, promote the use of effective self-management support strategies, and provide internal and community resources to support ongoing self-management.

2. What are the components of recovery services?

The components of recovery services include the following:

- **Outpatient counseling** services in the form of individual or group counseling to stabilize the beneficiary and reassess if further care is needed;
- **Recovery Monitoring**, including recovery coaching and monitoring via telephone/telehealth;
- **Substance Abuse Assistance**, including peer-to-peer services and relapse prevention;
- **Support for Education and Job Skills**, such as linkages to life skills, employment services, job training, and education services;
- **Family Support**, such as linkages to childcare, parent education, child

- development support services, and family/marriage education;
- **Support Groups**, including linkages to self-help and faith-based support; and,
- **Ancillary Services**, such as linkages to housing assistance, transportation, and case management.

3. Are recovery services a required benefit in counties that opt-in to the DMC-ODS?

Yes. Recovery services are required in all counties that opt-in to the DMC-ODS.

4. When can beneficiaries access recovery services?

Beneficiaries may access medically necessary recovery services after completing their course of treatment. Services are available to beneficiaries whether they are triggered, have relapsed, or as a preventative measure to prevent relapse.

5. Are beneficiaries receiving ongoing, long-term medication assisted treatment eligible for recovery services given that they may not “complete” their course of treatment (i.e. opioid replacement therapy)?

If a beneficiary is receiving medication assisted treatment services through a Narcotic Treatment Program (NTP), they should access any related counseling services through the NTP provider since counseling and other supports are included as part of an NTP program. For beneficiaries receiving medication assisted treatment in non-NTP-settings, such as primary care settings, they may access recovery services as necessary through certified DMC providers after their course of treatment (other than ongoing medication support) has been completed.

6. How can recovery services be delivered to a beneficiary?

Recovery services can be provided to a beneficiary in the following ways:

- Face-to-face;
- By telephone;
- By telehealth; or,
- In the community – However, if recovery services are provided in the community, the provider delivering the service must be linked with a physical site/facility which is DMC certified.

7. Who can provide recovery services?

Services may be provided by a Licensed Practitioner of the Healing Arts (LHPA), Certified Counselor, or Peers (for substance abuse assistance).

8. What is a Licensed Practitioner of the Healing Arts (LPHA)?

LPHA includes:

- Physician
- Nurse Practitioner (NPs)
- Physician Assistants (PAs)
- Registered Nurses (RNs)
- Registered Pharmacists (RPs)
- Licensed Clinical Psychologists (LCPs)
- Licensed Clinical Social Workers (LCSWs)
- Licensed Professional Clinical Counselors (LPCCs)
- Licensed Marriage and Family Therapists (LMFTs)
- License-Eligible Practitioners working under the supervision of licensed clinicians

9. Are recovery services delivered by peers reimbursable?

Peer-to-peer services are eligible for reimbursement under the DMC-ODS pilot as a component of recovery services. All reimbursement requirements outlined above apply.

10. What are the certification requirements to offer recovery services?

A site / facility offering recovery services must be a certified DMC provider. However, this does not mean that services must be provided at the certified site / facility. Alternatively, services may be provided in the community.