



## **Recovery Services**

### *Fact Sheet*

*December 2015*

Recovery Services are important to beneficiaries in the recovery and wellness process. Treatment is designed to emphasize the beneficiary's central role in managing their health, promote the use of effective self-management support strategies, and provide internal and community resources to support ongoing self-management. Recovery services are required in all counties that opt-in to the Drug Medi-Cal Organized Delivery System (DMC-ODS).

### **Recovery Services in DMC-ODS**

Beneficiaries are linked to applicable recovery services as part of Dimension 6, "Recovery Environment," of the American Society of Addiction Medicine (ASAM) Criteria and during the transfer/transition planning process. Beneficiaries may access medically necessary recovery services after completing their course of treatment. Services are available to beneficiaries whether they are triggered, have relapsed or as a preventative measure to prevent relapse. Recovery services may be provided face-to-face, by telephone, or through telehealth and may be provided anywhere in the community.

### **Components of Recovery Services**

The components of Recovery Services include the following:

- **Outpatient counseling services** are measured in units of 50 minutes and include individual or group counseling to stabilize the beneficiary and reassess if further care is needed;
- **Recovery Monitoring**, including recovery coaching and monitoring via telephone/telehealth;
- **Substance Abuse Assistance**, including peer-to-peer services and relapse prevention;
- **Support for Education and Job Skills**, such as linkages to life skills, employment services, job training, and education services;
- **Family Support**, such as linkages to childcare, parent education, child development support services, family/marriage education;
- **Support Groups**, including linkages to self-help and faith-based support; and
- **Ancillary Services**, such as linkages to housing assistance, transportation, and case management.

### **For Additional Information Regarding the DMC-ODS**

- Visit <http://www.dhcs.ca.gov/provgovpart/Pages/Drug-Medi-Cal-Organized-Delivery-System.aspx>
- Contact us at [DMCODSWAIVER@dhcs.ca.gov](mailto:DMCODSWAIVER@dhcs.ca.gov)