

Medi-Cal Choices

For People with Disabilities and Seniors In Alameda County

This insert can help you decide which kind of Medi-Cal is best for you.

If you live in Alameda County and are a person with a disability or a senior,
you can choose to be in Regular Medi-Cal,

Alameda Alliance for Health, or Anthem Blue Cross.

Alameda Alliance for Health and Anthem Blue Cross
are Medi-Cal Health Plans.

If you join one of these Plans, you still have Medi-Cal.

To learn about the Plans in your county, call

Alameda Alliance for Health: 1-877-371-2222

Anthem Blue Cross: 1-800-227-3238

For more information, call

Health Care Options: 1-800-430-4263

Regular Medi-Cal: There is no phone number to call.

Please look inside for more useful phone numbers.



Your Medi-Cal Choices in Alameda County:

- Use this chart to compare your Medi-Cal choices.
- If you want to join Alameda Alliance for Health or Anthem Blue Cross, call **Health Care Options** at **1-800-430-4263** and ask for an enrollment packet. You can also enroll over the phone.
- If you want to stay in Regular Medi-Cal, do not do anything.

	Medi-Cal Health Plans		Regular Medi-Cal (No phone number) www.medi-cal.ca.gov	See page:
	Alameda Alliance for Health 1-877-371-2222 www.alamedaalliance.org	Anthem Blue Cross 1-800-227-3238 www.anthem.com/ca		
Basic Services				
Basic Medi-Cal Benefits	Same	Same	Same	p. 6
24-Hour Advice Nurse	Call your doctor or clinic.	Yes	No	p. 12
Customer Service Phone Hours	Mon–Fri 8 am–6 pm	Mon–Fri 7 am–5 pm	None	p. 33
Interpreter Services	Yes	Yes	Call your doctor or clinic.	p. 28
To Get a List of Preferred Drugs	1-877-371-2222	1-800-700-2541	Ask your doctor or pharmacist.	p. 14
Costs to You				
Cost for Doctor Visits	\$0	\$0	\$0	p. 8
Cost for Drugs	\$0	\$0	\$0–\$1	p. 8

Kaiser Medi-Cal Health Plan is available to a limited number of people with Medi-Cal. To be eligible, you must have had coverage through Kaiser in the last 6 months, must have it currently, or you must have an immediate family member currently enrolled in Kaiser. To get Kaiser, you must first enroll in Alameda Alliance for Health.

Hospitals you can go to for medical care are listed below.

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-800-491-9099.

Alameda Alliance for Health	Anthem Blue Cross	Regular Medi-Cal
<ul style="list-style-type: none">• Alameda County Medical Center, Highland Hospital• Alameda Hospital• Alta Bates Summit Medical Center–Alta Bates, Herrick, and Summit Campuses• Children’s Hospital Oakland• Eden Hospital Medical Center• San Leandro Hospital• St. Rose Hospital• UCSF Medical Center• ValleyCare Medical Center• Valley Memorial Hospital• Washington Hospital	<ul style="list-style-type: none">• Alameda County Medical Center, Highland Hospital• Alta Bates Summit Medical Center–Alta Bates, Herrick, and Summit Campuses• Children’s Hospital Oakland• Eden Hospital Medical Center• Laurel Grove Hospital• San Leandro Hospital• St. Rose Hospital	<ul style="list-style-type: none">• Alameda County Medical Center, Highland Hospital• Alameda Hospital• Alta Bates Summit Medical Center–Alta Bates, Herrick, and Summit Campuses• Children’s Hospital Oakland• Eden Hospital Medical Center• Kindred Hospital• Fremont Hospital• San Leandro Hospital• St. Rose Hospital• Valley Memorial Hospital• Washington Hospital

Useful Phone Numbers

Denti-Cal

1-800-322-6384

For information about dental care that is covered by Medi-Cal for people under age 21

Alameda County Area Agency on Aging

1-800-510-2020

For information and referrals to many services for people with disabilities and seniors

Alameda County Behavioral Health Care Services

1-800-491-9099

For information about mental health services

Alcohol and Drug Programs

1-800-879-2772

For help with alcohol and drug problems