

**CA Bridge to Health Reform  
Drug Medi-Cal Organized Delivery System Waiver  
Standard Terms and Conditions (STCs)  
(\*~~November 2014~~April 28, 2015\*)**

**Drug Medi-Cal Organized Delivery System**

- 1. Drug Medi-Cal Eligibility and Delivery System.** The “Drug Medi-Cal Organized Delivery System (DMC-ODS)” \*is a pilot program to test a new paradigm for the organized delivery of health care services for Medicaid eligible individuals with substance use disorder (SUD).\* The DMC-ODS will demonstrate how organized substance use disorder care increases the success of DMC beneficiaries while decreasing other system health care costs. Critical elements of the DMC-ODS pilot include providing a continuum of care modeled after the American Society of Addiction Medicine (ASAM) Criteria for substance use disorder treatment services, increased local control and accountability, greater administrative oversight, creates utilization controls to improve care and efficient use of resources, evidence based practices in substance abuse treatment, and increased coordination with other systems of care. \*This approach is expected to provide the beneficiary with access to the care and system interaction needed in order to achieve sustainable recovery.\*

**a. DMC Beneficiaries**

~~b.a.~~ \_\_\_\_\_. The DMC-ODS \*benefit shall be available to all Medi-Cal\* beneficiaries \*who meet the ~~Diagnostic and Statistical Manual~~requirements of \_\_\_\_\_ Mental Disorders (DSM) ~~paragraph 1(b), for Substance-Related and Addictive Disorders with the exception of Tobacco-Related Disorders~~ ~~Substance-Related Disorders, and meet medical necessity~~ whom DMC-ODS is available based on paragraph 1(c), and who qualify based on the medical criteria ~~for services received~~ outlined in paragraph 1(d) as determined by the ASAM Criteria; through a process compliant with paragraphs 1(e) and 1(f). Fit into the

~~DMC continuum of care of ODS beneficiaries:~~

- i. Must be Medicaid State Plan eligible; and
- ii. Must receive services based on through DMC-ODS.
- ~~iii.~~ Beneficiaries under age 21 who are at risk for or have a substance use disorder are eligible to receive DMC-ODS waiver services pursuant to the Early Periodic Screening, Diagnostic and Treatment (EPSDT) mandate. Under the ASAM Criteria; and, EPSDT mandate, beneficiaries under age 21 are eligible to receive all appropriate and medically necessary services needed to correct and ameliorate health conditions that are coverable under section 1905(a) Medicaid authority. No requirements in the DMC-ODS pilot override any EPSDT services. \*

**c.b. Delivery System**

DMC-Organized Delivery System is a Medi-Cal benefit in counties that choose to opt into\* and implement the pilot program\*. DMC-ODS shall be available as a Medi-Cal benefit for individuals who meet the medical necessity criteria and reside in a county that opts into the \*pilot program. \* Upon approval of an implementation plan, the State will contract with the county to provide DMC-ODS services. The county will subcontract with DMC certified providers or provide county-operated services to provide all services outlined in the DMC-ODS. Counties may also contract with a managed care plan to provide services. Participating counties with the approval from the State may develop regional delivery systems for one or more of the required modalities or request flexibility in delivery system design or comparability of services. Counties may act jointly in order to deliver these services.

\*A description of how the Tribally operated and urban Indian health providers, as well as American Indians and Alaska Natives Medi-Cal beneficiaries, will participate in the program through a Tribal Delivery System will be outlined in Attachment E following approval of this amendment. The provisions in Attachment E will be consistent with the authorities in the Indian Health Care Improvement Act (IHCIA - Pub.L. 94-437, as amended) and will be developed in consultation with the California tribes, and Tribal and Urban Indian health programs located in the state, consistent with the Tribal Consultation SPA and the CMS Tribal Consultation Policy. \*

d.c. DMC-ODS Program \*Eligibility Medical \*Criteria

\*In order to be enrolled DMC-ODS,\* the beneficiary must meet the following medical necessity criteria:

- i. Must have one diagnosis from the Diagnostic and Statistical Manual of Mental Disorders (DSM) for Substance-Related and Addictive Disorders with the exception of Tobacco-Related Disorders and Non-Substance-Related Disorders; \*or be assessed to be at risk for developing substance use disorder (for youth under 21)\*
- ii. Must meet the ASAM Criteria definition of medical necessity for services based on the ASAM Criteria.
- iii. \*Beneficiaries who are under the age of 21 can access DMC-ODS services pursuant to the Early and Periodic Screening Diagnosis and Treatment (EPSDT) medical necessity criteria. \*

d. DMC-ODS \*Eligibility\* Determination

\*Determination of who may receive\* the DMC-ODS benefit will be performed as follows:

- i. The eligibility determination \*will must\* be conducted by the county or county contracted provider. When the county contracted provider conducts the initial eligibility, it will be reviewed and approved by the county prior to payment for services. \*unless the individual is eligible to receive services from tribal health programs operating under the Indian Self Determination and Education Assistance Act (ISDEAA – Pub.L. 93-638, as amended)

and urban Indian organizations operating under title V of the IHCIA. If so eligible, the determination will be conducted as set forth in the Tribal Delivery System - Attachment E to these STCs. \*

ii. The initial \*eligibility/medical necessity\* determination for the DMC-ODS benefit will/must be performed through a face-to-face review or telehealth by a Medical Director, licensed physician, or Licensed Practitioner of the Healing Arts (LPHA\*) as defined in Section 3(a). \*After establishing a diagnosis, the ASAM Criteria will be applied to determine placement into the level of assessed services.

\*Eligibility/iii. Medical necessity qualification\* for ongoing receipt of DMC-ODS is determined at least every six months through the reauthorization process for individuals determined by the Medical Director, licensed physician or LPHA to be clinically appropriate; \*except for NTP services which will require reauthorization annually. \*

#### e. Grievances and Appeals

- i. Each County shall have an internal grievance process that allows a beneficiary, or provider on behalf of the beneficiary, to challenge a denial of coverage of services or denial of payment for services by a participating County.
- ii. The Department of Health Care Services will provide beneficiaries access to a state fair hearing process.

iii. \*The grievance and appeals process for the Tribal Delivery System will be outlined in Attachment E.\*

## **2. DMC-ODS Benefit and Individual Treatment Plan (ITP)**

- a. Standard DMC services approved through the State Plan Benefit will be available to all beneficiaries in all counties. Beneficiaries that reside in a \*Pilot\* County will receive \*DMC-ODS\* benefits. County eligibility will be based on the MEDs file. Counties that do not opt into the \*Pilot\* are only allowed to access federal funding to perform services outlined in the approved state plan amendment for DMC services. Beneficiaries receiving services in counties which do not opt into the \*Pilot\* will not have access to the services outlined in the DMC-ODS. \*The benefits and ITP for the Tribal Delivery System will be discussed in Attachment E.\*

\*Table ONE: State Plan and DMS-ODS Services Available to DMS-ODS Participants\*  
 (with Expenditure Authority)

<u>DMC*-ODS Service*</u>	<u>*Current State Plan *(DMC)*</u>	<u>*Current State Plan (Other)*</u>	<u>*Allowable 1905(a) services – not covered in State Plan *</u>	<u>*Costs Not Otherwise Matchable (CNOM)*</u>	<u>*Units Of Service*</u>
<u>*SBIRT*</u>	<u>*x (preventive service)*</u>				<u>*Annual screen, up to 4 brief interventions*</u>
<u>*Outpatient Drug Free*</u>	<u>x (rehab services)</u>				<u>*Counseling: 50 min session per day*</u>
<u>Outpatient/Intensive Outpatient</u>	<u>*x (rehab services)*</u>	<u>X</u>			
<u>NTP Partial Hospitalization</u>	<u>*X*</u>	<u>*X*</u>		<u>*x*</u>	<u>*DRG/CPE*</u>
<u>*Withdrawal management General Acute Care Hospital (VID, INVID) (non-IMD)*</u>	<u>*x inpatient services*</u>				<u>*DRG/CPE*</u>
<u>*CDRH/Free Standing Psych (IMD)*</u>				<u>*x*</u>	<u>*DRG/CPE*</u>
<u>Residential *(perinatal, IMD) *</u>	<u>*x (rehab services)*</u>				<u>*Per day/bed rate*</u>
<u>Withdrawal Management (all pop., non-IMD) *(IMD)*</u>				<u>x</u>	<u>*Per day/bed rate*</u>
				<u>*x*</u>	<u>*Per day/bed rate*</u>
<u>*NTP*</u>	<u>*x (rehab services)*</u>				<u>*Per day dosing; 10 minute increments*</u>
<u>Additional MAT *(drug products) in services)*</u>		<u>*x (pharmacy)*</u>			<u>*Drug cost*</u>
			<u>x</u>		<u>Per visit</u>
<u>Recovery Services</u>	<u>*x*</u>	<u>*X*</u>			<u>*Counseling: 50 min session*</u>
<u>Case Management</u>		<u>*x (TCM)*</u>	<u>*x**</u>		<u>*15 min increments*</u>

\*TCM is not available state-wide as per 1915(g) and is not currently covered in all counties.\*

- b. The following services \*shall (Tables TWO and THREE) must\* be provided, \*as outlined in Table FOUR,\* to all eligible DMC-ODS beneficiaries for the identified level of care as follows. DMC-ODS benefits include a continuum of care that ensures that clients can enter SUD treatment at a level appropriate to their needs and step up or down to a different intensity of treatment based on their responses.

Table TWO: ASAM Criteria Continuum of Care Services and the DMC-ODS System

ASAM	Title	Description	Provider
<u>*0.5*</u>	<u>*Early Intervention*</u>	<u>*Screening, Brief Intervention,</u>	<u>*Managed care or</u>
1	Outpatient Services	Less than 9 hours of service/week (adults); less than 6 hours/week (adolescents) for recovery or motivational enhancement therapies/strategies	DHCS <del>Certified</del> * Outpatient Facilities
2.1	Intensive Outpatient Services	9 or more hours of service/week (adults); 6 or more hours/week (adolescents) to treat multidimensional instability	DHCS Certified Intensive Outpatient Facilities
2.5	Partial Hospitalization Services	20 or more hours of service/week for multidimensional instability not requiring 24-hour care	DHCS Certified Intensive Outpatient Facilities
3.1	Clinically Managed Low-Intensity Residential Services	24-hour structure with available trained personnel; at least <u>*205*</u> hours of clinical service/week and prepare for outpatient treatment.	DHCS Licensed <u>*and DHCS/ASAM designated*</u> Residential Providers
3.3	Clinically Managed Population-Specific High-Intensity Residential Services	24-hour care with trained counselors to stabilize multidimensional imminent danger. Less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or therapeutic community and prepare for outpatient treatment.	DHCS Licensed <u>*and DHCS/ASAM designated*</u> Residential Providers
3.5	Clinically Managed High-Intensity Residential Services	24-hour care with trained counselors to stabilize multidimensional imminent danger and prepare for outpatient treatment. Able to tolerate and use full milieu or therapeutic community	DHCS Licensed <u>*and DHCS/ASAM designated*</u> Residential Providers
3.7	Medically Monitored Intensive Inpatient Services	24-hour nursing care with physician availability for significant problems in Dimensions 1, 2, or 3. 16 hour/day counselor availability	Chemical Dependency Recovery Hospitals; <u>Hospital</u> , Free Standing Psychiatric hospitals
4	Medically Managed	24-hour nursing care and daily physician	Chemical Dependency

	Intensive Inpatient Services	care for severe, unstable problems in Dimensions 1, 2, or 3. Counseling available to engage patient in treatment	Recovery Hospitals, Hospital; Free Standing Psychiatric hospitals
OTP	Opioid Treatment Program	Daily or several times weekly opioid agonist medication and counseling available to maintain multidimensional stability for those with severe opioid use disorder	DHCS Licensed OTP Maintenance Providers, licensed prescriber

**\*Table THREE: \*ASAM Criteria Withdrawal Services (Detoxification/Withdrawal Management) and the DMC-ODS System**

Level of Withdrawal	Level	Description	Provider
Ambulatory withdrawal management without extended on-site monitoring	1-WM	Mild withdrawal with daily or less than daily outpatient supervision.	DHCS Certified Outpatient Facility with Detox Certification; Physician, licensed prescriber; or OTP for opioids.
Ambulatory withdrawal management with extended on-site monitoring	2-WM	Moderate withdrawal with all day withdrawal management and support and supervision; at night has supportive family or living situation.	DHCS Certified Outpatient Facility with Detox Certification; licensed prescriber; or OTP.
Clinically managed residential withdrawal management	3.2-WM	Moderate withdrawal, but needs 24-hour support to complete withdrawal management and increase likelihood of continuing treatment or recovery.	DHCS Licensed Residential Facility with Detox Certification; Physician, licensed prescriber; ability to promptly receive step-downs from acute level 4.
Medically monitored inpatient withdrawal management	3.7-WM	Severe withdrawal, needs 24-hour nursing care & physician visits; unlikely to complete withdrawal management without medical monitoring.	<u>Hospital</u> , Chemical Dependency Recovery Hospitals; Free Standing Psychiatric hospitals; ability to promptly receive step-downs from acute level 4
Medically managed intensive inpatient withdrawal management	4-WM	Severe, unstable withdrawal and needs 24-hour nursing care and daily physician visits to modify withdrawal management regimen and manage medical instability.	Hospital, sometimes ICU, Chemical Dependency Recovery Hospitals; Free Standing Psychiatric hospitals

Counties are required to provide the following services outlined in the chart below. Upon State approval, counties may implement a regional model with other counties or contract with providers in other counties in order to provide the required services.

\*TABLE FOUR: Required and Optional DMC-ODS Services\*

Service	Required	Optional
Outpatient Services	<ul style="list-style-type: none"> <li>Outpatient</li> </ul>	<ul style="list-style-type: none"> <li>Partial</li> </ul>
Residential	<ul style="list-style-type: none"> <li>At least one level of service</li> </ul>	<ul style="list-style-type: none"> <li>Additional levels</li> </ul>
<u>NTP</u>	<ul style="list-style-type: none"> <li><u>Required</u></li> </ul>	
Withdrawal Management		<ul style="list-style-type: none"> <li>Additional levels</li> </ul>
<u>Additional</u> Medication	<u>Required</u>	<ul style="list-style-type: none"> <li><u>Optional</u></li> </ul>
Recovery Services	<ul style="list-style-type: none"> <li>Required</li> </ul>	
Case Management	<ul style="list-style-type: none"> <li>Required</li> </ul>	
Physician Consultation	<ul style="list-style-type: none"> <li><u>Required</u></li> </ul>	<u>Optional</u>

\*The continuum of care for SUD services outlined in Tables TWO and THREE are modeled after the levels identified in the ASAM Criteria. While counties will be responsible for the oversight and implementation of most of the levels in the continuum, a few of the levels (Early Intervention Services, Partial Hospitalization and Levels 3.7 and 4.0 for Residential and Withdrawal Management) are overseen and funded by other sources not under the DMC-ODS. These services are contained in the DMC-ODS Pilot in order to show the entire continuum of care of SUD services available to California's MediCal population.

i. Early Intervention Services (ASAM Level 0.5)

SBIRT (screening, brief intervention and referral to treatment) (SBIRT) services are provided by non-DMC providers to beneficiaries at risk of developing substance use disorder. SBIRT services are not paid for under the DMC-ODS system. SBIRT services are paid for and provided by the managed care plans. SBIRT attempts to intervene early with non-addicted people, and to identify those who do have a substance use disorder and need linking to formal treatment.

Referrals by managed care providers or plans to treatment in the DMC-ODS will be governed by the Memorandum of Understanding (MOU) held between the participating counties and managed care plans. The components of the MOUs governing the interaction between the counties and managed care plans related to substance use disorder will be included as part of the counties' implementation plan and waiver contracts.

The components of Early Intervention are:

- A. Screening: Primary Care physicians screen adults ages 18 years or older for alcohol misuse.
- B. Counseling: Persons engaged in risky or hazardous drinking receive brief behavioral counseling interventions to reduce alcohol

misuse and/or referral to mental health and/or alcohol use disorder services, as medically necessary.

C. Referral: Managed Care Plans will make referrals from SBIRT to the county for treatment through the DMC-ODS\*

i.ii. Outpatient Services (ASAM Level 1) counseling services are provided to beneficiaries (up to 9 hours a week for adults, and less than 6 hours a week for adolescents) when determined by a Medical Director or Licensed Practitioner of the Healing Arts to be medically necessary \*and in accordance with an individualized client plan.\* Services can be provided by a licensed professional or a certified counselor in any appropriate setting in the community. Services can be provided in-person, by telephone or by telehealth.

The Components of Outpatient \*Services\* are:

- A. Intake: The process of determining that a beneficiary meets the medical necessity criteria and a beneficiary is admitted into a substance use disorder treatment program. Intake includes the evaluation or analysis of substance use disorders; the diagnosis of substance use disorders; and the assessment of treatment needs to provide medically necessary services. Intake may include a physical examination and laboratory testing necessary for substance use disorder treatment.
- B. Individual Counseling: Contacts between a beneficiary and a therapist or counselor. Services provided in-person, by telephone or by telehealth qualify as Medi-Cal reimbursable units of service. \*and are reimbursed without distinction.\*
- C. Group Counseling: Face-to-face contacts in which one or more therapists or counselors treat two or more clients at the same time with a maximum of 12 in the group, focusing on the needs of the individuals served.
- D. Family Therapy: The effects of addiction are far-reaching and patient's family members and loved ones also are affected by the disorder. By including family members in the treatment process, education about factors that are important to the patient's recovery as well as their own recovery can be conveyed. Family members can provide social support to the patient, help motivate their loved one to remain in treatment, and receive help and support for their own family recovery as well.
- E. Patient Education: Provide research based education on addiction, treatment, recovery and associated health risks.
- F. Medication Services: The prescription or administration of medication related to substance use treatment services, or the assessment of the side effects or results of that medication conducted by staff lawfully authorized to provide such services and/or order laboratory testing within their scope of practice or licensure.

- G. Collateral Services: ~~\*Face-to-face sessions~~Sessions\* with therapists or counselors and significant persons in the life of the beneficiary, focused on the treatment needs of the beneficiary in terms of supporting the achievement of the beneficiary's treatment goals. Significant persons are individuals that have a personal, not official or professional, relationship with the beneficiary.
- H. Crisis Intervention Services: Contact between a therapist or counselor and a beneficiary in crisis. Services shall focus on alleviating crisis problems. "Crisis" means an actual relapse or an unforeseen event or circumstance which presents to the beneficiary an imminent threat of relapse. Crisis intervention services shall be limited to the stabilization of the beneficiary's emergency situation.
- I. Treatment Planning: The provider shall prepare an individualized written treatment plan, based upon information obtained in the intake and assessment process. The treatment plan will be completed upon intake and then updated every subsequent 90 days unless there is a change in treatment modality or significant event that would then require a new treatment plan. The treatment plan shall include: a statement of problems to be addressed, goals to be reached which address each problem, action steps which will be taken by the provider and/or beneficiary to accomplish identified goals, target dates for accomplishment of action steps and goals, and a description of services including the type of counseling to be provided and the frequency thereof. Treatment plans have specific quantifiable goal/treatment objectives related the beneficiary's substance use disorder diagnosis and multidimensional assessment. The treatment plan will identify the proposed type(s) of interventions/modality that includes a proposed frequency and duration. The treatment plan will be consistent with the qualifying diagnosis and will be signed by the beneficiary and the Medical Director or LPHA.
- J. Discharge Services: The process to prepare the beneficiary for referral into another level of care, post treatment return or reentry into the community, and/or the linkage of the individual to essential community treatment, housing and human services.

ii. Intensive Outpatient Treatment (ASAM Level 2.1) structured programming services are provided to beneficiaries (a minimum of nine hours with a maximum of 19 hours a week for adults, and a minimum of six hours with a maximum of 19 hours a week for adolescents) when \*determined by a Medical Director or Licensed Practitioner of the Healing Arts to be medically necessary and in accordance with an individualized client plan. Lengths of treatment can be extended when determined to be medically necessary.\* Services consist primarily of counseling and education about addiction-related problems. Services can be provided by a certified counselor in any

appropriate setting in the community. Services can be provided in-person, by telephone or by telehealth.

The Components of Intensive Outpatient are (see Outpatient Services for definitions):

- A. Intake
- B. Individual and/or Group Counseling
- C. Patient Education
- D. Family Therapy
- E. Medication Services
- F. Collateral Services
- G. Crisis Intervention Services
- H. Treatment Planning
- I. Discharge Services

iv. \*Partial Hospitalization (ASAM Level 2.5) services are feature 20 or more hours of clinically intensive programming per week, as specified in the patient's treatment plan. Level 2.5 partial hospitalization programs typically have direct access to psychiatric, medical, and laboratory services, and are to meet the identified needs which warrant daily monitoring or management but which can be appropriately addressed in a structured outpatient setting. Providing this level of service is optional for participating counties. \*

iii.v. Residential Treatment (ASAM Level 3) is a non-institutional, 24-hour non-medical, short-term residential program that provides rehabilitation services to beneficiaries with a substance use disorder diagnosis when \*determined by a Medical Director or Licensed Practitioner of the Healing Arts as medically necessary and in accordance with an individualized treatment plan.\* Residential services are provided to non-perinatal and perinatal beneficiaries. These services are intended to be individualized to treat the functional deficits identified in the ASAM Criteria. In the residential treatment environment, an individual's functional cognitive deficits may require treatment that is primarily slower paced, more concrete and repetitive in nature. The daily regimen and structured patterns of activities are intended to restore cognitive functioning and build behavioral patterns within a community. Each beneficiary shall live on the premises and shall be supported in their efforts to restore, maintain and apply interpersonal and independent living skills and access community support systems. Providers and residents work collaboratively to define barriers, set priorities, establish goals, create treatment plans, and solve problems. Goals include sustaining abstinence, preparing for relapse triggers, improving personal health and social functioning, and engaging in continuing care.

Residential services are provided in DHCS licensed residential facilities that also have DMC certification: \*and have been designated by DHCS as capable of delivering care consistent with ASAM treatment criteria. \*

Residential services can be provided in facilities with no bed capacity limit. The length of residential services range from 1 to 90 days with \*a 90\*-day maximum for adults and 30-day maximum for adolescents; unless medical necessity authorizes a one-time extension of up to 30 days. \*on an annual basis. Only two non-continuous 90-day regimens will be authorized in a one-year period.\* Peri-natal clients may receive a longer length of stay based on medical necessity. Adolescents require shorter lengths of stay and should be stabilized and then moved down to a less intensive level of treatment.

\*One ASAM level of Residential Treatment Services is required for approval of a county implementation plan in the first year. The county implementation plan must demonstrate all ASAM levels of Residential Treatment Services (Levels 3.1-3.5) within three years of CMS approval of the county implementation plan and state-county managed care contract.\*

The components of Residential Treatment Services are (see Outpatient Services for definitions):

- A. Intake
- B. Individual and Group Counseling
- C. Patient Education
- D. Family Therapy
- E. Safeguarding Medications: Facilities will store all resident medication and facility staff members may assist with resident's self-administration of medication.
- F. Collateral Services
- G. Crisis Intervention Services
- H. Treatment Planning
- I. Transportation Services: Provision of or arrangement for transportation to and from medically necessary treatment.
- J. Discharge Services

iv-vi. Withdrawal Management (Levels 1, 2, 3.2, 3.7 and 4 in ASAM) services are provided in a continuum of WM services as per the five levels of WM in the ASAM Criteria when \*determined by a Medical Director or Licensed Practitioner of the Healing Arts as medically necessary and in accordance with an individualized client plan.<sup>\*</sup> Each beneficiary shall reside at the facility if receiving a residential service and will be monitored during the detoxification process. Medically necessary habilitative and rehabilitative services are provided in accordance with an individualized client plan prescribed by a licensed physician \*or licensed prescriber,<sup>\*</sup> and approved and authorized according to the state of California requirements.

The components of withdrawal management services are:

- A. Intake: The process of admitting a beneficiary into a substance use disorder treatment program. Intake includes the evaluation or analysis of substance use disorders; the diagnosis of substance use disorders; and the assessment of treatment needs to provide medically necessary services. Intake may include a physical examination and laboratory testing necessary for substance use disorder treatment.
- B. Observation: The process of monitoring the beneficiary's course of withdrawal. To be conducted as frequently as deemed appropriate for the beneficiary and the level of care the beneficiary is receiving. This may include but is not limited to observation of the beneficiary's health status.
- C. Medication Services: The prescription or administration related to substance use disorder treatment services, or the assessment of the side effects or results of that medication, conducted by staff lawfully authorized to provide such services within their scope of practice or license.
- D. Discharge Services: The process to prepare the beneficiary for referral into another level of care, post treatment return or reentry into the community, and/or the linkage of the individual to essential community treatment, housing and human services.

vii. \*Opioid (Narcotic) Treatment Program (ASAM OTP Level 1) services are provided in NTP licensed facilities. Medically necessary services are provided in accordance with an individualized client plan determined by a licensed physician or licensed prescriber., and approved and authorized according to the State of California requirements. NTPs/OTPs are required to offer and prescribe medications to patients covered under the DMC-ODS formulary including methadone, buprenorphine, naloxone and disulfiram.\*

A patient must receive at minimum fifty minutes of counseling sessions with a therapist or counselor for up to 200 minutes per calendar month, although additional services may be provided based on medical necessity.

The \*components of Opioid (Narcotic) Treatment Programs\* are (see Outpatient Treatment Services for definitions):

- A. Intake
- B. Individual and Group Counseling
- C. Patient Education
- D. Medication Services
- E. Collateral Services
- F. Crisis Intervention Services
- G. Treatment Planning
- H. Medical Psychotherapy: Type of counseling services consisting of a face-to-face discussion conducted by the Medical Director of the NTP on a one-on-one basis with the patient.

## I. Discharge Services

~~v~~-viii. \*Additional Medication Assisted Treatment (ASAM OTP Level 1) includes the ordering, prescribing, administering, and monitoring of all medications for substance use disorders. Medically necessary services are provided in accordance with an individualized treatment plan determined by a licensed physician or licensed prescriber. Opioid and alcohol dependence, in particular, have well-established medication options. The current reimbursement mechanisms for medication assisted treatment (MAT) will remain the same except for the following changes for opt-in counties: buprenorphine, naloxone and disulfiram will be reimbursed for onsite administration and dispensing at NTP programs; additionally, physicians and licensed prescribers in DMC programs will be reimbursed for the ordering, prescribing, administering, and monitoring of medication assisted treatment.

The components of Additional Medication Assisted Treatment are ordering, prescribing, administering, and monitoring of medication assisted treatment.

The goal of the DMC-ODS for MAT is to open up options for patients to receive MAT by requiring MAT services in all opt-in counties, educate counties on the various options pertaining to MAT and provide counties with technical assistance to implement any new services. These medications are available through the DMC-ODS and outside of Drug Medi-Cal programs. Further details explaining the financing and availability of MAT services in the Medi-Cal system are contained in Attachment F. \*

~~vi~~-ix. Recovery Services: Recovery services are important to the beneficiary's recovery and wellness. As part of the assessment and treatment needs of Dimension 6, Recovery Environment of the ASAM Criteria and during the transfer/transition planning process, beneficiaries will be linked to applicable recovery services. The treatment community becomes a therapeutic agent through which patients are empowered and prepared to manage their health and health care. Therefore, treatment must emphasize the patient's central role in managing their health, use effective self-management support strategies, and organize internal and community resources to provide ongoing self-management support to patients. Services are provided as medically necessary. \*Beneficiaries may access recovery services after completing their course of treatment whether they are triggered, have relapsed or as a preventative measure to prevent relapse. Recovery services may be provided face-to-face, by telephone, or by telehealth with the beneficiary and may be provided anywhere in the community.\*

The components of Recovery Services are:

- A. \*Outpatient counseling services in the form of individual or group counseling to stabilize the beneficiary and then reassess if the beneficiary needs further care.\*
- B. Recovery Monitoring: Recovery coaching, monitoring via telephone and internet
- C. Substance Abuse Assistance: \*Outreach, peer-to-peer services, and relapse prevention, ~~and substance abuse education~~\*
- D. Education and Job Skills: Linkages to life skills, employment services, job training, and education services
- E. Family Support: Linkages to childcare, parent education, child development support services, family/marriage education
- F. Support Groups: Linkages to self-help and support, spiritual and faith-based support
- G. Ancillary Services: Linkages to housing assistance, transportation, case management, individual services coordination

vii.x. Case Management: Counties will coordinate case management services. Case management services can be provided at DMC provider sites, county locations, regional centers or as outlined by the county in the implementation plan; however, the county will be responsible for determining which entity monitors the case management activities. Services may be provided by a Licensed Practitioner of the Healing Arts or certified or certified eligible counselor.

Counties will be responsible for coordinating case management services for the SUD client. Counties will also coordinate a system of case management services with physical and/or mental health in order to ensure appropriate level of care.

Case management services are defined as a service that assist a beneficiary to access needed medical, educational, social, prevocational, vocational, rehabilitative, or other community services. These services focus on coordination of SUD care, integration around primary care especially for beneficiaries with a chronic substance use disorder, and interaction with the criminal justice system, if needed. Case management services may be provided face-to-face, by telephone, or by \*telemedicine/telehealth\* with the beneficiary and may be provided anywhere in the community.

Case management services include:

- A. Comprehensive assessment and periodic reassessment of individual needs to determine the need for continuation of case management services;
- B. Transition to a higher or lower level SUD of care;
- C. Development and periodic revision of a client plan that includes service activities;
- D. Communication, coordination, referral and related activities;

- E. Monitoring service delivery to ensure beneficiary access to service and the service delivery system;
- F. Monitoring the beneficiary's progress;
- G. Patient advocacy, linkages to physical and mental health care, transportation and retention in primary care services; \*and,
- H. Case management shall be consistent with and shall not violate confidentiality of alcohol or drug patients as set forth in 42 CFR Part 2, and California law.

xi. Physician Consultation Services include physician consultation services with ~~preferably American Board of Addiction Medicine Specialists or other addiction specialist~~ addiction medicine physicians ~~and, addiction psychiatrists or clinical pharmacists.~~ Physician consultation services are ~~required to provide technical assistance opportunities within their Implementation Plan to connect SUD and physical health providers with experts in the SUD field. Physicians may consult, in person or via telemedicine,~~ not with ~~trained and certified~~ DMC-ODS beneficiaries; rather they are designed to assist DMC physicians ~~in the field of addiction medicine with designing treatment plans for DMC-ODS beneficiaries. Consultation services may address medication selection, dosing, side effect management, adherence, drug-drug interactions, or level of care considerations.~~ Counties may contract with one or more physicians or pharmacists in order to provide consultation services. \*

- ~~viii.~~ xii. Intersection with the Criminal Justice System: Beneficiaries involved in the criminal justice system often are harder to treat for SUD. While research has shown that the criminal justice population can respond effectively to treatment services, the beneficiary may require more intensive services. Additional services for this population may include:
- A. Eligibility: Counties recognize and educate staff and collaborative partners that Parole and Probation status is not a barrier to expanded Medi-Cal substance use disorder treatment services if the parolees and probationers are eligible. \* Currently incarcerated inmates are not eligible to receive FFP for waiver services. \*
  - B. Lengths of Stay: Additional lengths of stay for withdrawal and residential services for criminal justice offenders if assessed for need (e.g. up to 6 months residential; 3 months FFP with a one-time 30-day extension if found to be medically necessary and if longer lengths are needed, other county identified funds can be used).
  - C. Promising Practices: Counties utilize promising practices such as Drug Court services.

### 3. **DMC-ODS Provider Specifications**

- \*The following requirements will apply to DMC-ODS staff ~~shall include:~~ \*
- a. Professional staff must be licensed, registered, certified, or recognized under California State scope of practice statutes. Professional staff shall provide

services within their individual scope of practice and receive supervision required under their scope of practice laws. Licensed Practitioner of the Healing Arts includes: Physician, Nurse Practitioners, Physician Assistants, Registered Nurses, Registered Pharmacists, Licensed Clinical Psychologist (LCP), Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC), and Licensed Marriage and Family Therapist (LMFT) and licensed-eligible practitioners working under the supervision of licensed clinicians.

- b. Non-professional staff shall receive appropriate on-site orientation and training prior to performing assigned duties. Non-professional staff will be supervised by professional and/or administrative staff.
- c. Professional and non-professional staff are required to have appropriate experience and any necessary training at the time of hiring.
- d. Registered and certified alcohol and other drug counselors must adhere to all requirements in the California Code of Regulations, Title 9, Chapter 8.

#### 4. Responsibilities of Counties for DMC-ODS Benefits

The responsibilities of counties for the DMC-ODS benefit shall be consistent with each \*county's\* contract with DHCS, and shall include that counties do the following.

##### a. Selective Provider Contracting Requirements for Counties:

Counties may choose the DMC providers to participate in the DMC-ODS. DMC certified providers that do not receive a county contract cannot receive a direct contract with the State in counties which opt into the \*Pilot. If a county does not participate in the Pilot or is removed from participation in the Pilot by the State, the county will revert back to providing State Plan services.\*

- i. Access: Each county must ensure that all required services covered under the DMC-ODS program are available and accessible to enrollees of the DMC-ODS waiver program. \*NTP services are an important modality within the continuum of care. Counties are required to provide this service. Access to medically necessary NTP services cannot be denied for DMC-ODS eligible beneficiaries. Eligible DMC-ODS beneficiaries will receive medically necessary services at a DMC certified NTP provider. All DMC-ODS services, including Medi-Cal NTP services, shall be furnished with reasonable promptness in accordance with federal Medicaid requirements. Medical attention for emergency and crisis medical conditions must be provided immediately. If the DMC-ODS network is unable to provide services, the county must adequately and timely cover these services out-of-network for as long as the county is unable to provide them.

All counties must ensure that beneficiaries who live in an opt-out county, but receive NTP services in an opt-in county do not experience a disruption of services.

No persons eligible for DMC-ODS services, including Medi-Cal funded NTP treatment services, will be placed on waiting lists for such services due to budgetary constraints. \*

The DMC-ODS \*pilot\* program is administered locally by each demonstration county and each county provides for, or arranges for, substance use disorder treatment for Medi-Cal beneficiaries.

Access cannot be limited in any way when counties select providers. Access to State Plan services must remain at the current level or expand upon implementation of the \*pilot.\* The county shall maintain and monitor a network of appropriate providers that is supported by \*contacts with subcontractors and that is sufficient to provide adequate access to all services covered under this pilot. Access for this purpose is defined as timeliness to care as specified below. \*In establishing and monitoring the network, the county must consider the following:

- Require its providers to meet Department standards for timely access to care and services. \* Medical attention for emergency and crisis medical conditions must be provided immediately.\*
  - The anticipated number of Medi-Cal eligible clients.
  - The expected utilization of services, taking into account the characteristics and substance use disorder needs of beneficiaries.
  - The expected number and types of providers in terms of training and experience needed to meet expected utilization.
  - The number of network providers who are not accepting new beneficiaries.
  - The geographic location of providers and their accessibility to beneficiaries, considering distance, travel time, means of transportation ordinarily used by Medi-Cal beneficiaries, and physical access for disable beneficiaries.
- ii. Medication Assisted Treatment Services: Counties must describe in their implementation plan how they will guarantee access to medication assisted treatment services. Counties currently with inadequate access to medication assisted treatment services must describe in their implementation plan how they will provide the service modality.

Counties are encouraged to increase medication assisted treatment services by exploring the use of the following interventions:

- ~~\*Establish programs for buprenorphine in primary care.\*~~
- Provide buprenorphine onsite in \*NTP's/\*OTP's for patients requiring a higher level of care.
- Extend \*NTP/\*OTP programs to remote locations using mobile units and contracted pharmacies which may have onsite counseling and urinalysis.

- Implement medication management protocols for alcohol dependence including naltrexone, disulfiram, and acamprosate. Alcohol maintenance medications may be dispensed onsite in \*NTPs/\*OTPs or prescribed by providers in outpatient programs.
- Provide ambulatory alcohol detoxification services in settings such as outpatient programs, \* NTPs/\*OTPs, and contracted pharmacies.
- Design and implement a naloxone distribution program for DMC-ODS beneficiaries.

- iii. Selection Criteria \*and Provider Contracting Requirements: In selecting providers to furnish services under this pilot, counties must:
- Must have written policies and procedures for selection, and retention of providers: that are in compliance with the terms and conditions of this amendment and applicable federal laws and regulations
  - Apply those policies and procedures equally to all providers regardless of public, private, for-profit or non-profit status, and without regard to whether a provider treats persons who require high-risk or specialized services.
  - Must not discriminate against persons who require high-risk or specialized services.
  - ~~Must not discriminate against for-profit organizations.~~
  - Select only providers that have a license certification issued by the state that is in good standing.
  - Select only providers that, prior to the furnishing of services under this pilot, have enrolled with, or revalidated their current enrollment with, DHCS as a DMC provider under applicable federal and state regulations, have been screened in accordance with 42 CFR 455.450(c) as a “high” categorical risk within a year prior to furnishing services under this pilot, have signed a Medicaid provider agreement with DHCS as required by 42 CFR 431.107, and have complied with the ownership and control disclosure requirements of 42 CFR 455.104.
  - Select only providers that have a Medical Director who, prior to the delivery of services under this pilot, has enrolled with DHCS under applicable state regulations, has been screened in accordance with 42 CFR 455.450(a) as a “limited” categorical risk within a year prior to serving as a Medical Director under this pilot, and has signed a Medicaid provider agreement with DHCS as required by 42 CFR 431.107. \*
  - Must not discriminate in the selection, reimbursement, or indemnification of any provider who is acting within the scope of their certification.
  - Must \*enter into contracts with providers that they have selected to furnish services under this pilot program. All contracts with providers must \*include the following provider requirements:

- Services furnished to beneficiaries by the provider under this amendment are safe, effective, patient-centered, timely, efficient and equitable;—, as defined by the Institute of Medicine
- Possess the necessary license and/or certification;
- Maintain a safe facility \*by adhering to the state licensing and certification regulations;
- Maintain client records in a manner that meets state and federal standards;
- Shall meet the established ASAM criteria for each level of residential care they provide and pass a state monitoring review prior to providing Pilot services. \*
- Be trained in the ASAM Criteria prior to providing services;
- Meet quality assurance standards and any additional standards established by the county or other evaluation process; and
- Provide for the appropriate supervision of staff.
- If a county elects to contract with a managed care plan to furnish services under this pilot, the contract must ensure that any provider furnishing services under this pilot on behalf of the managed care plan meets all of the requirements that apply to a provider (and any Medical Director) that is selected by a county under this section to furnish services under this pilot. \*

- iv. Contract Denial: Counties shall serve providers that apply to be a contract provider but are not selected a written decision including the basis for the denial.
- i. County Protest: Any solicitation document utilized by counties for the selection of DMC providers must include a protest provision.
- Counties shall have a protest procedure for providers that are not awarded a contract.
  - The protest procedure shall include requirements outlined in the State/County contract.
  - Providers that submit a bid to be a contract provider, but are not selected, must exhaust the county's protest procedure if a provider wishes to challenge the denial to the Department of Health Care Services (DHCS). \* If the county does not render a decision within 30 calendar days after the protest was filed with the county, the protest shall be deemed denied and the provider may appeal the failure to DHCS.

vi. DHCS Appeal Process:

A provider may appeal to DHCS as outlined in Attachment B.\*

b. Authorization:

Counties must ~~\*authorize~~ provide prior authorization for residential services ~~within 5 business days~~ 24 hours of the prior authorization request being submitted by the provider. \* Counties will review the DSM and ASAM Criteria to ensure that the beneficiary meets the requirements for the service. Counties shall have written policies and procedures for processing requests for initial and continuing authorization of services. Counties are to have a mechanism in place to ensure that there is consistent application of review criteria for authorization decisions and shall consult with the requesting provider when appropriate. Counties are to meet the established timelines for decisions for service authorization. \* Counties are required to track the number, percentage and timeliness of requests for prior authorization for all DMC-ODS services that are submitted, processed, approved and denied. This prior authorization for residential services is compliant with the Medicaid-applicable parity requirements established by the Mental Health Parity and Addiction Equity Act. Non-residential services shall not require prior authorization. \*

c. County Implementation Plan:

Counties must submit to the State a plan on their implementation of DMC-ODS. The State will provide the \*template for the implementation plan. , which is included here as Attachment C. Counties cannot commence services without an ~~approved~~ implementation plan- approved by the state and CMS and an executed State/County contract (managed care contract per federal definition) with county Board of Supervisor and approved by CMS.\* County implementation plans must ensure that providers are appropriately certified for the services contracted, implementing at least two evidenced based practices, trained in ASAM Criteria, and participating in efforts to promote culturally competent service delivery.

~~\*Counties will be provided a transition period of one year after~~ One ASAM level of Residential Treatment Services is required for approval of thea county implementation plan in order to build system capacity, provide training, implement the required services as outlined in the STCs and create the necessary county systems as described in the Waiver. Counties will describe in the the first year. The county implementation plan how over the course of the Waiver time period, the county will provide or establish services to achieve the ultimate goal that must demonstrate all beneficiaries shall receive the least intensive clinically appropriate level of care identified on the ASAM Criteria. Upon StateASAM levels of Residential Treatment Services (Levels 3.1-3.5) within three years of CMS approval of the county implementation plan and State/County contract (managed care contract per federal definition).

Upon CMS approval of the implementation plan and executed contract, counties will be able to bill ~~back to the date the implementation plan was prospectively for services provided through this pilot.~~

Below is a summary of the requirements that must be submitted with the county implementation plan:

<u>Care coordination strategy</u> <ul style="list-style-type: none"> <li>• <u>MOU with managed care plan</u></li> <li>• <u>DMC transitions, especially aftercare and recovery supports</u></li> </ul>
<u>Service descriptions</u> <ul style="list-style-type: none"> <li>• <u>Withdrawal management</u></li> <li>• <u>Outpatient</u></li> <li>• <u>Intensive outpatient</u></li> <li>• <u>NTP</u></li> <li>• <u>Additional MAT</u></li> <li>• <u>Residential</u></li> <li>• <u>Recovery</u></li> <li>• <u>Case Management</u></li> <li>• <u>Physician Consultation</u></li> <li>• <u>Two evidence-based practices</u></li> <li>• <u>Any optional services (including partial hospitalization)</u></li> </ul>
<u>Provider network development plan</u> <ul style="list-style-type: none"> <li>• <u>By service</u></li> <li>• <u>With timeline</u></li> <li>• <u>Network adequacy requirements (will vary by county)</u></li> </ul>

d. State-County Contract:- (Managed Care Contract per federal definition): DHCS will require a State-/County contract (managed care contract per federal definition) to be signed between the state and the county in opt-in ~~Waiver~~ counties, subject to CMS approval. The contract will provide further detailed requirements including but not limited to access, monitoring, appeals and other provisions. CMS will review and approve the State-County contract- (managed care contract per federal definition). \*

e. Coordination with DMC-ODS Providers:

Counties will include the following provider requirements within their contracts with the providers.

- **Culturally Competent Services:** Providers are responsible to provide culturally competent services. Providers must ensure that their policies, procedures, and practices are consistent with the principles outlined and are embedded in the organizational structure, as well as being upheld in day-to-day operations. Translation services must be available for beneficiaries, as needed.
- **Medication Assisted Treatment:** Providers will have procedures for linkage/integration for beneficiaries requiring medication assisted

treatment. Provider staff will regularly communicate with physicians of clients who are prescribed these medications \*unless\* the client \*refuses to consent to sign\* a 42 CFR part 2 compliant release of information for this purpose.

- Evidenced Based Practices: Providers will implement at least two of the following evidenced based treatment practices (EBPs) based on the timeline established in the county implementation plan. \*The two EBPs are per provider per service modality.\* Counties will ensure the providers have implemented EBPs. The State will monitor the implementation of EBP's during reviews. The required EBP include:
  - *Motivational Interviewing*: A client-centered, empathic, but directive counseling strategy designed to explore and reduce a person's ambivalence toward treatment. This approach frequently includes other problem solving or solution-focused strategies that build on clients' past successes.
  - *Cognitive-Behavioral Therapy*: Based on the theory that most emotional and behavioral reactions are learned and that new ways of reacting and behaving can be learned.
  - *Relapse Prevention*: A behavioral self-control program that teaches individuals with substance addiction how to anticipate and cope with the potential for relapse. Relapse prevention can be used as a stand-alone substance use treatment program or as an aftercare program to sustain gains achieved during initial substance use treatment.
  - *Trauma-Informed Treatment*: Services must take into account an understanding of trauma, and place priority on trauma survivors' safety, choice and control.
  - *Psycho-Education*: Psycho-educational groups are designed to educate clients about substance abuse, and related behaviors and consequences. Psycho-educational groups provide information designed to have a direct application to clients' lives; to instill self-awareness, suggest options for growth and change, identify community resources that can assist clients in recovery, develop an understanding of the process of recovery, and prompt people using substances to take action on their own behalf.

f. Beneficiary Access Number:

All counties shall have a \*24/7\* toll free number for prospective beneficiaries to call to access DMC-ODS services. Oral interpretation services must be made available for beneficiaries, as needed.

g. \*Beneficiary Informing:

Upon first contact with a beneficiary or referral, counties shall inform beneficiaries about the amount, duration and scope of services under this waiver in sufficient detail to ensure that the beneficiaries understand the benefits to which they are entitled. \*

h. \*Care Coordination with Managed Care Plans:

Counties' implementation plans will describe their care coordination plan for achieving seamless transitions of care. Counties are responsible for developing a structured approach to care coordination to ensure that beneficiaries successfully transition between levels of SUD care (i.e. detoxification, residential, outpatient) without disruptions to services. In addition to specifying how beneficiaries will transition across levels of acute and short-term SUD care without gaps in treatment, the county will describe in the implementation plan how beneficiaries will access recovery supports and services immediately after discharge or upon completion of an acute care stay, with the goal of sustained engagement and long-term retention in SUD and behavioral health treatment. The county implementation plan will indicate whether their care transitions approach will be achieved exclusively through case management services or through other methods. The county implementation plan will indicate which beneficiaries receiving SUD services will receive care coordination. \*

The participating county shall enter into a memorandum of understanding (MOU) with any Medi-Cal managed care plan that enrolls beneficiaries served by the DMC-ODS. This requirement can be met through an amendment to the \*Specialty Mental Health Managed Care Plan MOU. The components of the MOUs governing the interaction between the counties and managed care plans related to substance use disorder will be included as part of the counties' implementation plan. Any MOU shall be consistent with the confidentiality provisions of 42 CFR Part 2.

The following elements in the MOU should be implemented at the point of care to ensure clinical integration between DMC-ODS and managed care providers:

- Comprehensive substance use, physical, and mental health screening, including ASAM Level 0.5 SBIRT services;\*
- Beneficiary engagement and participation in an integrated care program as needed;
- Shared development of care plans by the beneficiary, caregivers and all providers;
- Collaborative treatment planning with managed care;
- \*Delineation of case management responsibilities;
- A process for resolving disputes between the county and the Medi-Cal managed care plan that includes a means for beneficiaries to receive medically necessary services while the dispute is being resolved;
- Availability of clinical consultation, including consultation on medications;
- Care coordination and effective communication among providers including procedures for exchanges of medical information;
- Navigation support for patients and caregivers; and
- Facilitation and tracking of referrals between systems including bidirectional referral protocols.

i. Integration with Primary Care: DHCS is committed to participate in the Medicaid Innovation Accelerator Program initiative for substance use disorder, specifically in the Targeted Learning Opportunity topics on primary care and SUD integration.

DHCS is embarking on a strategy to integrate physical and behavioral health care services delivered to beneficiaries in order to improve health outcomes for beneficiaries with SUD and reduce costs in the Medi-Cal program. DHCS will explore options for identifying the best integration strategy upon approval of this waiver amendment and will commit to specifying an integration approach by April 1, 2016. DHCS will produce a concept design for an integrated care model by October 1, 2016.

j. ASAM Designation for Residential Providers: In order to enroll in Medi-Cal and bill for services under the auspices of this waiver, all residential providers must be designated to have met the ASAM requirements described in Attachment A. DHCS will develop a designation program by July 1, 2015 to certify that all providers of Adult and Adolescent Level 3.1-3.5 Residential/Inpatient Services are capable of delivering care consistent with ASAM criteria. As part of this designation program, DHCS will use an existing tool or develop a tool that includes the elements that define each sublevel of Level 3 services for Levels 3.1-3.5, develop standard program audit materials and protocols, and implement the ASAM designation program. The timeline for this designation program is outlined in Attachment A and will be technically amended after the program has been developed.

k. Services for Adolescents and Youth: At a minimum, assessment and services for adolescents will follow the ASAM adolescent treatment criteria. In addition, the state will identify recovery services geared towards adolescents, such as those described in the January 26, 2015 CMS Informational Bulletin "Coverage for Behavioral Health Services for Youth with Substance Use Disorder". \*

## **5. DMC-ODS State Oversight, Monitoring, and Reporting.**

a. Monitoring Plan: The State shall maintain a plan for oversight and monitoring of DMC-ODS providers and counties to ensure compliance and corrective action with standards, access, and delivery of quality care and services.\* The state/county contract will require counties to monitor providers at least once per year, and the state to monitor the counties at least once per year through the EQRO. If significant deficiencies or significant evidence of noncompliance with the terms of this waiver, the county implementation plan or the state/county contract is found in a county, DHCS will engage the county to determine if there challenges that can be addressed with facilitation and technical assistance. If the county remains noncompliant, the county must submit a corrective action plan (CAP) to DHCS. The CAP must detail how and when the county will remedy the issue(s). DHCS may remove the county from participating in the pilot if the CAP is not promptly implemented.\*

*Timely Access.* The state must ensure that demonstration counties comply with network adequacy and access requirements, including that services are delivered in a culturally competent manner that is sufficient to provide access to covered services to Medi-Cal population. Providers must meet standards for timely access to care and services, considering the urgency of the service needed. \* Medical attention for emergency and crisis medical conditions must be provided immediately. \*

*Program Integrity.* The State has taken action to ensure the integrity of oversight processes and will continue to closely monitor for any wrongdoing that impacts the DMC-ODS. The State will continue to direct investigative staff, including trained auditors, nurse evaluators and peace officers to continue to discover and eliminate complex scams aimed at profiting from Medi-Cal. Efforts include extensive mining and analyzing of data to identify suspicious Drug Medi-Cal providers; designating DMC providers as “high risk” which requires additional onsite visits, fingerprinting and background checks; and regulations that strengthen DMC program integrity by clarifying the requirements and responsibilities of DMC providers, DMC Medical Directors, and other provider personnel. \*In conducting site visits of providers seeking to furnish services under this pilot as required by 42 CFR 455.432, the State shall conduct a site visit of every site through which the provider furnishes such services. In addition, providers that have not billed DMC in the last 12 months have been and will continue to be decertified. Counties are required to select and contract with providers according to the requirements specified in section 4(iv) of this amendment.\*

The State will ensure that the counties are providing the required services in the DMC-ODS, including but not limited to the proper application of the ASAM Criteria, through the initial approval in the county implementation plan and the through ongoing county monitoring. \*The State will conduct a state monitoring review for residential facilities to provide an ASAM designation prior to facilities providing pilot services. This review will ensure that the facility meets the requirements to operate at the designated ASAM level (as explained in 4(j)).\*

b. Reporting of Activity: The State will report activity consistent with the Quarterly and Annual Progress Reports as set forth in this Waiver, Section IV, General Reporting Requirements. Such oversight, monitoring and reporting shall include all of the following:

- i. Enrollment information to include the number of DMC-ODS beneficiaries served in the DMC-ODS program.
- ii. Summary of operational, policy development, issues, complaints, grievances and appeals. The State will also include any trends discovered, the resolution of complaints and any actions taken or to be taken to prevent such issues, as appropriate.

iii. \*Number of days to first DMC-ODS service at appropriate level of care after referral

- iv. Existence of a 24/7 telephone access line with prevalent non-English language(s)
- v. Access to DMC-ODS services with translation services in the prevalent non-English language(s)  
Number, percentage and time period of prior authorization requests approved or denied\*

c. Triennial Reviews: During the triennial reviews, the State will review the status of the Quality Improvement Plan and the county monitoring activities. This review will include the counties service delivery system, beneficiary protections, access to services, authorization for services, compliance with regulatory and contractual requirements of the waiver, and a beneficiary records review. This triennial review will provide the State with information as to whether the counties are complying with their responsibility to monitor their service delivery capacity. The counties will receive a final report summarizing the findings of the triennial review and if out of compliance, the county must submit a plan of correction (POC) within 60 days of receipt of the final report. \*The State will follow-up with the POC to ensure compliance.\*

#### 6. **DMC-ODS County Oversight, Monitoring and Reporting.**

The contract with the state and counties that opt into the waiver \*must\* require counties to have a Quality Improvement Plan that includes the \*county's\* plan to monitor the service delivery, capacity as evidenced by a description of the current number, types and geographic distribution of substance use disorder services. For counties that have an integrated mental health and substance use disorders department, this Quality Improvement Plan may be combined with the MHP Quality Improvement Plan.

- a. The county shall have a Quality Improvement committee to review the quality of substance use disorders services provided to the beneficiary. For counties with an integrated mental health and substance use disorders department, the county may use the same committee \*with SUD participation\* as required in the MHP contract.
- b. The QI committee shall recommend policy decisions; review and evaluate the results of QI activities; institute needed QI actions, ensure follow-up of QI process and document QI committee minutes regarding decisions and actions taken. The monitoring of accessibility of services outlined in the Quality Improvement Plan will at a minimum include:
  - i. Timeliness of first \*initial contact\* face -to -face appointment
  - ii. Timeliness of services \*for urgent conditions of the first dose of NTP services\*
  - iii. Access to after-hours care
  - iv. Responsiveness of the beneficiary access line
  - v. Strategies to reduce avoidable hospitalizations
  - vi. Coordination of physical and mental health services with waiver services at the provider level
  - vii. Assessment of the beneficiaries' experiences

viii. \*Access to telephone access line and services in the prevalent non-English languages.

c. Data Requirements

Each county's QI Committee should review the following data at a minimum on a quarterly basis since EQR site reviews will begin after county implementation. These data elements will be incorporated into the EQRO protocol.

- i. Number of days to first DMC-ODS service at appropriate level of care after referral
- ii. Existence of a 24/7 telephone access line with prevalent non-English language(s)
- iii. Access to DMC-ODS services with translation services in the prevalent non-English language(s)
- iv. Number, percentage and time period of prior authorization requests approved or denied\*

e.d. Counties will have a Utilization Management (UM) Program assuring that beneficiaries have appropriate access to substance use disorder services; medical necessity has been established and the beneficiary is at the appropriate ASAM level of care and that the interventions are appropriate for the diagnosis and level of care. \*Counties shall have a documented system for collecting, maintaining and evaluating accessibility to care and waiting list information, including tracking the number of days to first DMC-ODS service at an appropriate level of care following initial request or referral for all DMC-ODS services.\*

d.e. Counties will provide the necessary data and information required in order to comply with the evaluation required by the \*DMC-ODS\*.

## 7. Financing

\*Counties will propose county-specific rates and the State will approve the rates. If during the rate setting For claiming federal financial participation (FFP), Counties will certify the total allowable expenditures incurred in providing the DMC-ODS waiver services provided either through county-operated providers, contracted fee-for-service providers or contracted managed care plans. For contracted FFS providers, counties will propose county-specific rates except for the NTP/OTP modality and the State will approve or disapprove those rates. NTP reimbursement shall be set pursuant to the process set forth in Welfare and Institutions Code Section 14021.51. All NTP providers contracting with counties shall provide their county with financial data on an annual basis. This data is to be collected for the purpose of setting the rates after the expiration of the waiver. The DHCS Rates Setting Workgroup shall propose a recommended format for this annual financial data and the State will approve a final format. Counties shall provide this financial data to the DHCS Rates Setting Workgroup upon its request. The provision in section 11758.46(i)(2) of the Health and Safety Code remains in effect and NTPs will not be required to submit cost reports to the counties for the purpose of cost settlement.

If during the State review\* process, the State denies the proposed rates, the county will be provided the opportunity to adjust the rates and resubmit to the State. The State will retain all approval of the rates in order to assess that the rates are sufficient to ensure access to available DMC-ODS waiver services. Rates will be set in the State and County contract. \*For contracted managed care plans, counties will reimburse the managed care organizations the contracted capitation rate. For county-operated services, the county will be reimbursed based on actual allowable costs. A CMS-approved CPE protocol is required before FFP associated with waiver services is made available to the state. This approved CPE protocol (Attachment D) must explain the process the State will use to determine costs incurred by the counties under this demonstration.

Only state plan DMC services will be provided prior to the DHCS and CMS approval of the State/County contract (managed care contract per federal definition) and executed by the County Board of Supervisors. State plan DMC services will be reimbursed pursuant to the state plan reimbursement methodologies until a county is approved to begin DMC-ODS services.

SB 1020 (Statutes of 2012) created the permanent structure for 2011 Realignment. It codified the Behavioral Health Subaccount which funds programs including Drug Medi-Cal. Allocations of Realignment funds run on a fiscal year of October 1-September 30. The monthly allocations are dispersed to counties from the State Controller's Office. The Department of Finance develops schedules, in consultation with appropriate state agencies and the California State Association of Counties (CSAC), for the allocation of Behavioral Health Subaccount funds to the counties. The base has not yet been set, as the State assesses the expenditures by county for these programs.

Subject to the participation standards and process to be established by the State, counties may also pilot an alternative reimbursement structure, including but not limited to, for a DMC-ODS modality if both the provider of that modality and the county mutually and contractually agree to participate. This may include use of case rates. The State will have the final approval of any alternative reimbursement structure pilot proposed by the county, and such pilot structure must continue to meet the terms and conditions expressed herein, including but not limited to, the rate approval process described above. \*

## **8. Evaluation**

Through an existing contract with DHCS, University of California, Los Angeles, (UCLA) Integrated Substance Abuse Programs will conduct an evaluation to measure and monitor the outcomes from the DMC-ODS Waiver. The design of the DMC-ODS evaluation will focus on the four key areas of access, quality, cost, and integration and coordination of care. California will utilize the SUD data system currently in place known as the California Outcomes Measurement System (CalOMS). CalOMS captures data from all SUD treatment providers

which receive any form of government funding. The CalOMS data set, along with additional waiver specific data, will enable the State to evaluate the effectiveness of the DMC-ODS. The ~~\*state will submit the complete\*~~ design of the evaluation ~~\*within 60 days of the approval of the amendment\*~~ is contained in Attachment G: UCLA Evaluation.\*

One of the focuses of the first year of the evaluation will be that each opt-in county has an adequate number of contracts with NTP providers, access to NTP services has remained consistent or increased and that no disruption to NTP services has occurred as a result of the DMC-ODS.

### **9. Federal 42 CFR 438 and other Managed Care Requirements**

A. Any entity that receives a prepayment from the state to provide services to beneficiaries will be considered by federal definition, a managed care plan and held to all federal 42 CFR 438 requirements and requirements in this section. Accordingly, counties participating in this DMC-ODS pilot program will be considered managed care plans. CMS will waive the following 438 requirement(s):

438.310-370 (External Quality Review Organizations, or EQROs). Opt-in counties will include in their implementation plan a strategy and timeline for meeting EQR requirements. EQR requirements must be phased in within 12 months of having an approved implementation plan. EQRO monitoring visits will begin in January 2016 in Phase One counties and Phase Two counties will begin in July 2016. By January 2017, the EQRO will begin monitoring all pilot counties.

B. Implementation cannot begin prior to CMS review and approval of State/County contracts (managed care plan contracts per federal definition).

C. At least sixty (60) days prior to CMS contract approval the state shall submit the applicable network adequacy requirements for each managed care plan as part of the county implementation plan. CMS concurrence with standards is required. At least sixty (60) days prior to CMS contract approval the state shall provide all deliverables necessary to indicate compliance with network adequacy requirements.

### **10. Reasonable Promptness**

The State is not requesting a waiver of reasonable promptness provision at 42 USC 1396a(a)(8).

### Attachment A: Operational Protocol

A primary goal underlying the ASAM Criteria is for the patient to be placed in the most appropriate level of care. For both clinical and financial reasons, the preferable level of care is that which is the least intensive while still meeting treatment objectives and providing safety and security for the patient. The ASAM Criteria is a single, common standard for assessing patient needs, optimizing placement, determining medical necessity, and documenting the appropriateness of reimbursement. ASAM Criteria uses six unique dimensions, which represent different life areas that together impact any and all assessment, service planning, and level of care placement decisions. The ASAM Criteria structures multidimensional assessment around six dimensions to provide a common language of holistic, biopsychosocial assessment and treatment across addiction treatment, physical health and mental health services.

The ASAM Criteria provides a consensus based model of placement criteria and matches a patient's severity of SUD illness with treatment levels that run a continuum marked by five basic levels of care, numbered Level 0.5 (early intervention) through Level 4 (medically managed intensive inpatient services).

There are several ASAM training opportunities available for providers and counties. The ASAM eTraining series educates clinicians, counselors and other professionals involved in standardizing assessment, treatment and continued care. One-on-one consultation is also available to review individual or group cases with the Chief Editor of the ASAM Criteria. Additionally, there is a two-day training which provides participants with opportunities for skill practice at every stage of the treatment process: assessment, engagement, treatment planning, continuing care and discharge or transfer. There are also a variety of webinars available.

At a minimum, providers and staff conducting assessments are required to complete the two e-Training modules entitled "ASAM Multidimensional Assessment" and "From Assessment to Service Planning and Level of Care. A third module entitled, "Introduction to The ASAM Criteria" is recommended for all county and provider staff participating in the Waiver. With assistance from the State, counties will facilitate ASAM provider trainings.

\*All residential providers must be designated to have met the ASAM requirements and receive a DHCS issued ASAM designation. DHCS will develop a designation program to certify that all providers of Adult and Adolescent Level 3.1-3.5 Residential/Inpatient Services are capable of delivering care consistent with ASAM Criteria. As part of this designation program, DHCS will develop a tool that includes the elements that define each sublevel of Level 3 services for Levels 3.1-3.5, develop standard program monitoring materials and protocols, and implement the ASAM designation program. After developing the protocol and monitoring tool, DHCS will designate all current residential providers which will require initial paperwork and an onsite inspection. DHCS will then fold the ASAM designation process into the initial licensing process so all new residential providers will have an ASAM designation.

Attachment B: DHCS Appeal Process:

1. Following a county's contract protest procedure, a provider may appeal to DHCS if it believes that the county erroneously rejected the provider's solicitation for a contract.
2. A provider may appeal to DHCS, following an unsuccessful contract protest, if the provider meets all objective qualifications and it has reason to believe the county has an inadequate network of providers to meet beneficiary need and the provider can demonstrate it is capable of providing high quality services under current rates, and:
  - A. It can demonstrate arbitrary or inappropriate county fiscal limitations; or
  - B. It can demonstrate that the contract was denied for reasons unrelated to the quality of the provider or network adequacy.
3. DHCS does not have the authority to enforce State or Federal equal employment opportunity laws through this appeal process. If a provider believes that a county's decision not to contract violated Federal or State equal employment opportunity laws, that provider should file a complaint with the appropriate government agency.
- 1-4. A provider shall have 30\* calendar days from the conclusion of the county protest period to submit an appeal to the DHCS. Untimely appeals will not be considered. The provider shall serve a copy of its appeal documentation on the county. The appeal documentation, together with a proof of service, may be served by certified mail, facsimile, or personal delivery.
- 2-5. The provider shall include the following documentation to DHCS for consideration of an appeal:
  - a) \*County's solicitation document;
  - a)b) County's response\* to the county's solicitation document;
  - b)c) County's written decision not to contract
  - e)d) Documentation submitted for purposes of the county protest;
  - d)e) Decision from county protest; and
  - e)f) Evidence supporting the basis of appeal.
- 3-6. \*The county shall have 10 working days from the date set forth on the provider's proof of service to submit its written response with supporting documentation to DHCS. In its response, the County must include the following documentation: 1) the qualification and selection procedures set forth in its solicitation documents; 2) the most current data pertaining to the number of providers within the county, the capacity of those providers, and the number of beneficiaries served in the county, including any anticipated change in need and the rationale for the change; and 3) the basis for asserting that the appealing Provider should not have been awarded a contract based upon the County's solicitation procedures.\* The county shall serve a copy of its response, together

with a proof of service, to the provider by certified mail, facsimile, or personal delivery.

4.7. Within 10 calendar days of receiving the county's written response to the provider's appeal, DHCS will set a date for the parties to discuss the respective positions set forth in the appeal documentation. A representative from DHCS with subject matter knowledge will be present to facilitate the discussion.

5.8. Following the facilitated discussion, DHCS will review the evidence provided and will make a determination.

6.9. Following DHCS' determination that the county must take further action pursuant to Paragraph 8 above, the county must submit a Corrective Action Plan (CAP) to DHCS within 30 days. The CAP must detail how and when the county will follow its solicitation procedure to remedy the issues identified by DHCS. DHCS may remove the county from participating in the Waiver if the CAP is not promptly implemented. If the county is removed from participating in the Waiver, the county will revert to providing State Plan approved services.

7.10. The decision issued by DHCS shall be final and not appealable.

Attachment C: County Implementation Plan

**Department of Health Care Services  
Drug Medi-Cal Organized Delivery System Waiver  
County Implementation Plan**

This document will be used by the Department of Health Care Services (DHCS) to help assess the county's readiness to implement the Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver and for the counties to determine capacity, access and network adequacy. The tool draws upon the Special Terms and Conditions and the appropriate CFR 438 requirements. DHCS will review and render an approval or denial of the county's participation in the Waiver.

**Table of Contents**

- Part I      Plan Questions**  
This part is a series of questions regarding the county's DMC-ODS program.
- Part II      Plan Description: Narrative Description of the County's Plan**  
In this part, the county describes its DMC-ODS program based on guidelines provided by the Department of Health Care Services.

## Part I Plan Questions

This part is a series of questions that summarize the county's DMC-ODS plan.

1. Identify the county agencies and other entities involved in developing the county plan. (Check all that apply) Input from stakeholders in the development of the county implementation plan is required; however, all stakeholders listed are not required to participate.

- County Behavioral Health Agency
- County Substance Use Disorder Agency
- Providers of drug/alcohol treatment services in the community
- Representatives of drug/alcohol treatment associations in the community
- Physical Health Care Providers
- Medi-Cal Managed Care Plans
- Federally Qualified Health Centers (FQHCs)
- Clients/Client Advocate Groups
- County Executive Office
- County Public Health
- County Social Services
- Foster Care Agencies
- Law Enforcement
- Court
- Probation Department
- Education
- Recovery support service providers (including recovery residences)
- Health Information technology stakeholders
- Other (specify) \_\_\_\_\_

2. How was community input collected?

- Community meetings
  - County advisory groups
  - Focus groups
  - Other method(s) (explain briefly)
-

3. Specify how often entities and impacted community parties will meet during the implementation of this plan to continue ongoing coordination of services and activities.

- Monthly
- Bi-monthly
- Quarterly
- Other: \_\_\_\_\_

Review Note: One box must be checked.

4. Prior to any meetings to discuss development of this implementation plan, did representatives from Substance Use Disorders (SUD), Mental Health (MH) and Physical Health all meet together regularly on other topics, or has preparation for the Waiver been the catalyst for these new meetings?

- SUD, MH, and physical health representatives in our county have been holding regular meetings to discuss other topics prior to waiver discussions.
- There were previously some meetings, but they have increased in frequency or intensity as a result of the Waiver.
- There were no regular meetings previously. Waiver planning has been the catalyst for new planning meetings.
- There were no regular meetings previously, but they will occur during implementation.
- There were no regular meetings previously, and none are anticipated.

5. What services will be available to DMC-ODS clients under this county plan?

**REQUIRED**

- Withdrawal Management (minimum one level)
- Residential Services (minimum one level)
- Intensive Outpatient
- Outpatient
- Opioid (Narcotic) Treatment Programs
- Recovery Services
- Case Management
- Physician Consultation

How will these required services be provided?

- All county operated
- Some county and some contracted
- All contracted.

**OPTIONAL**

- Additional Medication Assisted Treatment
- Partial Hospitalization
- Recovery Residences
- Other (specify) \_\_\_\_\_

6. Has the county established a toll free number for prospective clients to call to access DMC-ODS services?

- Yes (required)
- No. Plan to establish by: \_\_\_\_\_.

Review Note: If the county is establishing a number, please note the date it will be established and operational.

7. The county will participate in providing data and information to the University of California, Los Angeles (UCLA) Integrated Substance Abuse Programs for the DMC-ODS evaluation.

- Yes (required)
- No

## PART II PLAN DESCRIPTION (Narrative)

In this part of the plan, the county must describe certain DMC-ODS implementation policies, procedures, and activities.

General Review Notes:

- Number responses to each item to correspond with the outline.
- Keep an electronic copy of your implementation plan description. After DHCS reviews your plan description, you may need to make revisions.
- Counties must submit a revised plan to DHCS whenever the county requests to add a new level of service.

## Narrative Description

**1. Collaborative Process.** Describe the collaborative process used to plan DMC-ODS services. Describe how county entities, community parties, and others participated in the development of this plan and how ongoing involvement and effective communication will occur.

Review Note: Stakeholder engagement is required in development of the implementation plan.

**2. Client Flow.** Describe how clients move through the different levels identified in the continuum of care (referral, assessment, authorization, placement, transitions to another level of care). Describe what entity or entities will conduct ASAM criteria interviews, how admissions to the recommended level of care will take place, how often clients will be re-assessed, and how they will be transitioned to another level of care accordingly.

Review Note: A flow chart may be included.

**3. Beneficiary Access Line.** For the beneficiary toll free access number, what data will be collected (i.e: measure the number of calls, waiting times, and call abandonment)?

**4. Treatment Services.** Describe the required types of DMC-ODS services (withdrawal management, residential, intensive outpatient, outpatient, opioid/narcotic treatment programs, recovery services, case management, physician consultation) and optional (additional medication assisted treatment, recovery residences) to be provided. What barriers, if any, does the county have with the required service levels? Describe how the county plans to coordinate with surrounding opt-out counties in order to limit disruption of services for beneficiaries who reside in an opt-out county.

Review Note: Include in each description the corresponding American Society of Addiction Medicine (ASAM) level, including opioid treatment programs. Names and descriptions of individual providers are not required in this section; however, a list of all contracted providers will be required within 30 days of the waiver implementation date.

**5. Expansion of Services.** Describe how the county plans to expand the required levels of services outlined in the standard terms and conditions (STCs). In the description, include the timeline for expansion.

Review Note: Include services identified in the implementation plan and also the projected timeline for the county to add additional level of services.

**6. Coordination with Mental Health.** How will the county coordinate mental health services for beneficiaries with co-occurring disorders? Are there minimum initial coordination requirements or goals that you plan to specify for your providers? How will these be monitored? \*Please briefly describe the county structure for delivering SUD

and mental health services. When these structures are separate, how is care coordinated?\*

**7. Coordination with Physical Health.** Describe how the counties will coordinate physical health services within the waiver. Are there minimum initial coordination requirements or goals that you plan to specify for your providers? How will these be monitored?

**8. Coordination Assistance.** The following coordination elements are listed in the STCs. Based on discussions with your health plan and providers, do you anticipate substantial challenges and/or need for technical assistance with any of the following? If so, please indicate which and briefly explain the nature of the challenges you are facing.

- Comprehensive substance use, physical, and mental health screening;
- Beneficiary engagement and participation in an integrated care program as needed;
- Shared development of care plans by the beneficiary, caregivers and all providers;
- Collaborative treatment planning with managed care;
- Care coordination and effective communication among providers;
- Navigation support for patients and caregivers; and
- Facilitation and tracking of referrals between systems.

**9. Access.** Describe how the county will ensure access to all service modalities. Describe the county's efforts to ensure network adequacy. Describe how the county will establish and maintain the network by addressing the following:

- The anticipated number of Medi-Cal clients.
- The expected utilization of services.
- The numbers and types of providers required to furnish the contracted Medi-Cal services
- Hours of operation of providers.
- Language capability for the county threshold languages
- Timeliness of first face-to-face visit, timeliness of services for urgent conditions and access afterhours care.
- The geographic location of providers and Medi-Cal beneficiaries, considering distance, travel time, transportation, and access for beneficiaries with disabilities.

**10. Training Provided.** What training will be offered to providers chosen to participate in the waiver? How often will training be provided? Are there training topics that the county wants to provide but needs assistance?

Review Note: Include the frequency of training and whether it is required or optional.

**11. Technical Assistance.** What technical assistance will the county need from DHCS?

**12. Quality Assurance.** Describe the quality assurance activities the county will conduct. Include the county monitoring process (frequency and scope), Quality Improvement plan, Quality Improvement committee activities and how counties will comply with CFR 438 requirements. Please also list out the members of the Quality Improvement committee.

**13. Evidence Based Practices.** How will the counties ensure that providers are implementing at least two of the identified evidence based practices? What action will the county take if the provider is found to be in non-compliance?

**14. Assessment.** Describe how and where counties will assess beneficiaries for medical necessity and ASAM Criteria placement. How will counties ensure beneficiaries receive the correct level of placement?

**15. Regional Model.** If the county is implementing a regional model, describe the components of the model. Include service modalities, participating counties, and identify any barriers and solutions for beneficiaries. How will the county ensure access to services in a regional model (refer to question 7)?

**16. Memorandum of Understanding.** Submit a draft copy of each Memorandum of Understanding (MOU) between the county and the managed care plans. The MOU must outline the mechanism for sharing information and coordination of service delivery. Signed MOU's must be submitted to DHCS within three months of the waiver implementation date.

**17. Telehealth Services.** If a county chooses to utilize telehealth services, how will telehealth services be structured for providers and how will the county ensure confidentiality? (Please note: group counseling services cannot be conducted through telehealth).

**18. Contracting.** Describe the county's selective provider contracting process. What length of time is the contract term? Describe the local appeal process for providers that do not receive a contract. If current DMC providers do not receive a DMC-ODS contract, how will the county ensure beneficiaries will continue receiving treatment services?

Review Note: A list of all contracted providers (modality, provider, address) must be submitted to DHCS within 30 days of the waiver implementation date and as new providers are awarded contracts. DHCS will provide the format for the listing of providers.

**19. Additional Medication Assisted Treatment (MAT).** If the county chooses to implement additional MAT beyond the requirement for NTP services, describe the MAT and delivery system.

**20. Residential Authorization.** Describe the county's authorization process for residential services. Prior authorization is not required; however, the county needs to provide a standard timeline for completion of the authorization.

**21. One Year Probationary Period.** For counties unable to meet all the mandatory requirements upon implementation, describe the strategy for coming into full compliance with the required provisions in the DMC-ODS. Include in the description the phase-in description by service. Also include a timeline with deliverables.

Review Note: This question only applies to counties participating in the one-year probationary program and only needs to be completed by these counties.

### County Authorization

The County Behavioral Health Director (for Los Angeles and Napa AOD Program Director) must review and approve the Implementation Plan. The signature below verifies this approval.

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County Behavioral Health Director\*  
(\*for Los Angeles and Napa AOD Program Director)

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County

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Date

\*Attachment D: County CPE Protocol

The Department of Health Care Services is currently in the process of implementing changes as required by the Centers for Medicare and Medicaid Services (CMS) to the cost report forms as required with the approval of State Plan Amendment #09-022. The changes will be implemented starting with Fiscal Year 2015-16. Upon approval of the ODS-DMC waiver, further changes, if applicable, will be made to the cost report forms for the certification of public expenditures. The State will also identify if changes are needed within any ODS-DMC waiver state-county contracts regarding the certification of public expenditures. Changes will reflect all Standard Terms and Conditions, each county's submitted and approved Implementation Plan, and other conditions suggested by CMS. \*

\*Attachment E: Tribal Delivery System

In order for tribal partners to participate in the DMC-ODS pilot, these programs will individually have to meet the criteria of the American Society of Addiction Medicine (ASAM), as well as be part of an organized delivery system that coordinates care across the continuum specified by the ASAM criteria. All participating providers and organized delivery systems, including non-tribal 638/urban programs, will have to meet the same requirements. DHCS will consult with the tribes and the four tribal 638/urban programs after approval of the amendment to develop the specific process for these four programs to participate in Medi-Cal and in the DMC-ODS program as well as have further discussions on the payment rate for the four existing four adult residential treatment programs. \*

## Attachment F: Financing and Availability of MAT Services

Medications to assist with treatment for substance use disorder are available in the DMC-ODS pilot and in California's larger Medi-Cal system. The reimbursements of these medications are detailed in the following table:

**MAT Drug Reimbursement Through the DMC-ODS and Medical System**

Medication	TAR* Required	Availability
Methadone	No	Only in NTP/OTP
Buprenorphine	Yes, unless provided in an NTP/OTP	Pharmacy Benefit, NTP/OTP
<u>*Naltrexone tablets*</u>	<u>*No*</u>	<u>*Pharmacy Benefit, , DMC Benefit*</u>
<u>*Naltrexone long-acting injection*</u>	<u>*Yes*</u>	<u>*Pharmacy Benefit, Physician Administered Drug*</u>
Disulfiram	No	Pharmacy Benefit, NTP/OTP
Acamprosate	Yes	Pharmacy Benefit
<u>*Naloxone*</u>	<u>*No*</u>	<u>*Pharmacy Benefit; NTP/OTP*</u>

\*TAR (Treatment Authorization Request)

\*There are different doors patients in need of Medication Assisted Treatment (MAT) enter the Medi-Cal system in California. Therefore, California makes the medications and the treatment services available in various settings. Depending on the setting the patient is initially diagnosed with a substance use disorder, the administering and dispensing of MAT will vary. If a patient comes through the county system or directly to a Narcotic Treatment Program (NTP), the program is responsible for the prescribing, ordering, and monitoring service. The NTP also dispenses and administers the MAT and all of this is reimbursed with a bundled rate. If a client is diagnosed by their non-DMC primary care doctor, the prescribing, ordering, and monitoring of the medication occurs during the office visit. After the office visit, the patient will fill the prescription at a pharmacy. Pharmacies are then reimbursed for the medication and dispensing of the medication. In some cases, the physician may administer the drug in the office. This is termed a "physician administered drug" and the physician is reimbursed for the drug and the administration directly. Patients receiving DMC outpatient services may also be prescribed MAT through a physician working at the program. The patient would then fill the prescription at the pharmacy.

Attachment G: UCLA EvaluationDHCS and UCLA propose to measure the following domains:AccessHas access to treatment increased in counties that have opted in to the waiver?  
Analyses to be performed by county, race, ethnicity, and gender where possible.

- Availability and use of full required continuum of care (CalOMS-Tx)
- Use of medication assisted treatment (DMC Claims, Medi-Cal claims)
- Number of Admissions (DMC Claims, CalOMS-Tx)
- Numbers and trends by type of service (e.g. NTP) (CalOMS-Tx)
- Penetration rates –, analyzed also by primary drug (alcohol/drug) not by demographics
- Adequacy of network
  - First available appointment (UCLA will call and try to make appointments)
  - Average distance to provider (CalOMS, SMART6i)
  - Time from ASAM assessment to admission (county ASAM data, CalOMS)
  - Newly certified sites (SMART 6i)
  - Residential, detoxification capacity (DATAR)
  - Outpatient capacity (in development)
- Existence of a functioning beneficiary access number
- Availability of provider directory to patients

QualityHas quality of care improved in counties that have opted in to the waiver?

- Appropriate placement:
  - Percent of individuals receiving ASAM criteria-based assessment prior to an admission in level of care.
  - Comparison of ASAM indicated level of care and actual placement and reasons documented for the difference if they do not match.
  - Use of continuing ASAM assessments, appropriate movement
- Appropriate treatment consistent with level of care after placement:
  - ASAM Audits
  - % of referrals with successful treatment engagement (based on length of stay)
- Will need to collect supplemental data from Chemical Dependency Recovery Hospitals and free standing psych, since they do not report to CalOMS-Tx (surveys or interviews, OSHPD data).

- Where possible, collect data from county EBP monitoring, assess adequacy of such monitoring
- Data indicator reports
- Follow-up patient surveys and interviews
  - Patient perceptions of care
- Provider surveys and interviews
  - Quality of care, perceptions of system (other providers), measures of patient centered care.
- Outcome Measures
  - CalOMS, Patient surveys
    - AOD use
    - Social support
    - Living arrangements
    - Employment
    - Quality of Life / Functioning
  - Grievance reports
  - Effectiveness of Residential treatment
    - Change in health care costs for individuals who receive residential care (pre/post and vs comparable patients placed in other modalities)
      - Change in ED utilization and costs
      - Change in inpatient utilization and costs
      - Change in SUD treatment utilization and costs
    - Differences in health care costs among patients who receive SUD medications versus patients who do not receive SUD medications

### Cost

Is the waiver cost effective?

- Total health costs pre/post waiver implementation among comparable patients

### Integration and Coordination of Care

Is SUD treatment being coordinated as intended with primary care, mental health, and recovery support services?

- Existence of required MOUs with
  - bidirectional referral protocols between plans\*
  - availability of clinical consultation, including consultation on medications, the management of a beneficiary's care, including procedures for the exchanges of medical information and a process for resolving disputes between the county and the Medi-Cal managed

care plan that includes a means for beneficiaries to receive medically necessary services while the dispute is being resolved

- \*Assessment of coordination goals (provider & patient surveys/interviews)
  - Comprehensive substance use, physical, and mental health screening;
  - Beneficiary engagement and participation in an integrated care program as needed;
  - Shared development of care plans by the beneficiary, caregivers and all providers;
  - Care coordination and effective communication among providers;
  - Navigation support for patients and caregivers; and
  - Facilitation and tracking of referrals between systems.
- Quantify referrals to and from primary care and mental health
- Quantify referrals to and from recovery services paid for by the DMC-ODS\*