



**Affordable Care Act**  
**Behavioral Health *Service Plan***  
***for***  
**Medicaid Expansion Population**  
**Stakeholder/Partner**  
**Meeting/Call-In**

August 19, 2013

# August 19<sup>th</sup> Agenda

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## 1. Welcome and Introductions

## 2. Review Each Section of Current Draft *Service Plan*

\* Questions/Comments following each section

## 3. Next Steps to finalize *Service Plan for CMS on Oct. 1<sup>st</sup>*

## 4. Update on MH and SUD Implementation Efforts



## **REMINDER:** Your Written Input is Extremely Valuable

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- For any text edits or additions, please submit any comments formally in writing with the page citation from the draft document.
- Your suggested wording for DHCS to consider will reduce the risk of missing or misunderstanding your point

**Please provide written stakeholder input via  
web-site address :**

[1115BehavioralHealthAssessment@dhcs.ca.gov](mailto:1115BehavioralHealthAssessment@dhcs.ca.gov)



## **2. Review Each Section of The Current Draft Service Plan**



## Review Each Section of The Current Draft Service Plan

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### ***CONTENTS***

#### **1. Introduction**

#### **2. Recommended Benefit Design and Delivery System**

#### **3. Estimated Utilization and Costs of the Recommended Benefit Design**

#### **4. State and County Engagement and Enrollment Strategies**

#### **5. Implications for Provider Network Capacity and Workforce Development**

#### **6. Health and Mental health and substance use Service Integration Opportunities and Strategies**

#### **7. Suggested Strategies for Performance Measurement , QI and Health Information Technology for Medi-Cal Mental health and Substance Use Disorder Services**

#### **8. Conclusion**

Appendix A: (Analysis of Mental Health Benefits for Medi-Cal Expansion Population)

Appendix B: (California Mental Health and Substance Use Service Needs Assessment: Executive Summary)

Appendix C: *May 2013 Legislative Report* re. WET 5 Year Plan

Appendix D: ADP Report- *Workforce Development Needs in the Field of Substance Use Disorders*

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# Behavioral Health *Service Plan*

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## 3. Next Steps to Finalize *Service Plan* for CMS on Oct. 1st



## **Next Steps to Finalize *Service Plan* for October 1<sup>st</sup>, 2013 Submission to CMS**

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- **1. August 19<sup>th</sup> Stakeholder input/feedback call/meeting.**
- **2. September 4<sup>th</sup> Stakeholder call/meeting to review updated *Service Plan* draft and receive final input**
- **3. DHCS closes down input so as to finalize document for CMS submission by October 1<sup>st</sup>, 2013**

**Written Stakeholder input via web-site address:**

**[1115BehavioralHealthAssessment@dhcs.ca.gov](mailto:1115BehavioralHealthAssessment@dhcs.ca.gov)**



# Update on MH and SUD implementation efforts



# Update on MH and SUD implementation efforts

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## Mental Health Benefits: Managed Care Plans

**January 1, 2014, eligible Medi-Cal beneficiaries may receive expanded mental health benefits through Medi-Cal Managed Care Plans (MCPs), the Fee-For-Service (FFS) delivery systems, and county-administered specialty mental health services (SMHS).**

- MCP/FFS Mental Health Services:
  - Individual and group mental health evaluation and treatment (psychotherapy).
  - Psychological testing when clinically indicated to evaluate a mental health condition.
  - Outpatient services for the purposes of monitoring drug therapy.
  - Outpatient laboratory, drugs, supplies and supplements.
  - Psychiatric consultation.



# Update on MH and SUD implementation efforts

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## Mental Health Benefits: MHPs

- Specialty Mental Health Services
  - **Outpatient Services**
    - Mental Health Services (assessment, plan development, therapy, rehabilitation and collateral)
    - Medication Support Services
    - Day Treatment Intensive
    - Day rehabilitation
    - Crisis Intervention
    - Crisis Stabilization
    - Targeted Case Management
  - **Inpatient Services**
    - Acute psychiatric inpatient hospital services
    - Psychiatric Inpatient Hospital Professional Services if the beneficiary is in a fee-for-service hospital (rather than a Short-Doyle/Medi-Cal acute psychiatric inpatient hospital).



# Update on MH and SUD implementation efforts

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## Implementation Activities Ahead For MH

**Some of the high level implementation activities ahead for MH:**

- Define benefits, services, eligibility criteria, provider responsibilities, referral processes, etc.
- Conduct ongoing Stakeholder meetings
- Submit and negotiate State Plan Amendments with CMS
- Submit and negotiate 1115 Waiver Amendments with CMS
- Develop and vet reimbursement rates
- Develop and conduct plans' readiness assessments
- Develop contract amendments
- Develop regulations
- Develop quality assurance plans



# Update on MH and SUD implementation efforts

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## **Substance Use Disorder Benefits**

Currently, all eligible Medi-Cal beneficiaries may receive the following SUD services through county-administered (Drug Medi-Cal [DMC]) substance use disorder services.

- **Outpatient Drug Free Treatment**
- **Narcotic Treatment Services**



# Update on MH and SUD implementation efforts

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## Substance Use Disorder Benefits

January 1, 2014, eligible Medi-Cal beneficiaries may receive expanded substance use disorder services:

- **Intensive Outpatient Treatment:** Currently a DMC benefit, but limited to pregnant and postpartum women, children, and youth under the age of 21. This service will be available for the general population.
- **Residential Substance Use Disorder Services:** Currently a DMC benefit, but limited to pregnant and postpartum women. This service will be available for the general population.



# Update on MH and SUD implementation efforts

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## Substance Use Disorder Benefits

- **Voluntary Inpatient Detoxification:** This service will be available to the general population.
- **Screening and Brief Intervention:** This service will be available to the general adult population for alcohol misuse, and if threshold levels indicate, a brief intervention is covered. This service would occur in primary care settings.



# Update on MH and SUD implementation efforts

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## Implementation Activities Ahead For SUD

### **Some of the high level implementation activities ahead for SUD:**

- Define benefits, services, eligibility criteria, county and provider responsibilities, referral processes, etc.
  - Include a review of best practice guidelines.
- Conduct ongoing Stakeholder meetings
- Convene Workgroups
- Submit and negotiate State Plan Amendment with CMS
- Develop and vet reimbursement rates
- Determine and carry out IT system changes (Short Doyle)
- Develop technical assistance priority areas and plan to ensure provider knowledge and capabilities.
- Develop Regulations and Contract Amendments



# Update on MH and SUD implementation efforts

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## Contact Information

Website:

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# Behavioral Health *Service Plan*

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Thank you!

