Expert Telehealth Stakeholders Meeting
May 17, 2013
Introductions

Around the room . . .

* Expert Telehealth Stakeholders
* DHCS Speakers

Housekeeping
Purpose of Today’s Meeting

* Recap January 31, 2013 Expert Telehealth Stakeholders Meeting
Purpose of Today’s Meeting (continued)

- Preview of upcoming webinar on how to bill Medi-Cal Fee-For-Service when using Telehealth
- Roundtable Discussion: Strategies to increase access to health care services in support of DHCS’s managed care expansion and Medi-Cal expansion as a result of the Patient Protection & Affordable Care Act (see May Revise)
Patient Protection & Affordable Care Act

- Effective January 2014, California expands Medi-Cal coverage to previously ineligible persons, primarily childless adults at or below 138% of the federal poverty level (FPL)
- 635,000 newly eligible beneficiaries are estimated to enroll in Medi-Cal in fiscal year (FY) 2013-14
- Eligibility simplification and ACA outreach efforts will also result in a significant enrollment increase in the number of currently eligible but not enrolled Medi-Cal beneficiaries
DHCS expects that 90% of all Medi-Cal beneficiaries will belong to a managed care plan within the next few years.

Managed care will be offered to beneficiaries in every county in California this year.

Managed care plans provide accessible, high quality, and cost-effective health care.
DHCS is Moving More Patients to Managed Care Plans

Number of beneficiaries in millions

- Managed Care
- Fee for Service
Managed Care Expansion Projects (1/7)

Bridge to Reform 1115 Waiver: Mandatory enrollment of seniors and people with disabilities who meet certain criteria into managed care plans in 16 counties

Healthy Families Program: Transitioning children to Medi-Cal
Low Income Health Program (LIHP):

1. *Medicaid Coverage Expansion* - covers eligibles with family incomes at or below 133% of the FPL; and

2. *Health Care Coverage Initiative* - covers those with family incomes above 133% through 200% of the FPL
LIHP (continued):

* Of the 635,000 newly eligible beneficiaries created under Medi-Cal expansion, LIHP represents the majority (490,000) who will transition on January 1, 2014

* Remaining 145,000 newly eligibles will phase-in over 6-months beginning January 1, 2014
Coordinated Care Initiative (CCI): promotes coordinated care models in which seniors and disabled Medi-Cal beneficiaries receive all their benefits in an organized delivery system, including medical services, Long-Term Supports and Services (LTSS) and behavioral health services.

Goal is to improve care for beneficiaries and help them remain in their homes and communities.

Managed care plans participating in CCI in 8 Counties.
Two Parts of CCI (continued):

1. **Cal MediConnect** *(formerly known as the Duals Demonstration Project)*: A voluntary three year demonstration program for Medicare and Medi-Cal dual eligible beneficiaries will coordinate medical, behavioral health, long-term institutional, and home-and community-based services through a single health plan.
2. **Managed Medi-Cal Long-Term Supports and Services (LTSS)**: Nearly all Medi-Cal beneficiaries age 21 and older, including dual eligible beneficiaries, will be required to join a Medi-Cal managed care health plan to receive their Medi-Cal benefits, including LTSS and Medicare wrap-around benefits.
And . . .

2013 Managed Care Expansion
Rural Counties

Focus of our Roundtable Discussion
Recap January 31, 2013 Expert Telehealth Stakeholder Meeting

Seleda Williams, MD, MPH
Public Health Medical Officer III
Department of Health Care Services
Expert Telehealth Stakeholders

* Providers are already using a wide range of Telehealth services
* Medi-Cal providers face challenges in delivering services via Telehealth
* Identified issues for specialty programs such as rural health, dentistry, rehabilitation, CCS, and others
DHCS

- Telehealth can help Medi-Cal serve existing and newly eligible beneficiaries
- Access, quality, and cost-efficiency are considered when evaluating appropriateness of Telehealth
- Open to pilot project(s) for Telehealth expansion
DHCS future plans

* Telehealth Billing Training Webinar
* Telehealth Communications/Resources
* Continue discussions with all program areas to ensure Telehealth promotion
Medi-Cal Provider Manual & Webinar Training Update

Tyrone Adams, MD, JD
Medical Consultant II
Department of Health Care Services
Updated Telehealth section will take effect July 1, 2013 to reflect AB 415 requirements

- Removes barrier requirement
- Redefines originating & distant site
- Removes requirement for written consent
- Updates licensing requirements
- Any expansion of services will come in future updates

Provider Manual sets the baseline for managed care
Webinar to train providers on how to bill for services provided via Telehealth

- Description of Telehealth services for which Medi-Cal pays
- Save the Date: Tuesday, June 25, 2013
- Announcement will be sent out broadly to providers and other stakeholders
DHCS Telehealth website to go live in June 2013

✓ Answers to Frequently Asked Questions
✓ Link to Provider Manual
✓ Links to Telehealth resources for providers

DHCS Telehealth email account established

✓ Medi-Cal_Telehealth@dhcs.ca.gov
Overview of
Medi-Cal Managed Care Expansion
Rural Counties 2013

Michael Dutra, Chief
Local Initiative Unit
Medi-Cal Managed Care Division
Department of Health Care Services
Managed Care Expansion

- Governor’s 2012/13 budget expands managed care into 28 FFS only counties
- Nov 5 - DHCS released a Request for Application (RFA)
- Feb 27 - Removed 7 northern counties based on stakeholder support and selected Partnership Health Plan (PHP)
- Feb 27 - Issued an intent to award to Anthem Blue Cross (Anthem) and CA Health & Wellness Plan (CHWP) for 18 contiguous counties
Counties not included in RFA

* Lake - included with 7 northern counties with PHP
* San Benito – Anthem Blue Cross
* Imperial - CHWP
Implementation/Stakeholders

- September 1 implementation
- Dual Eligibles
  - Mandatory for PHP counties
  - Voluntary for all other expansion counties
- Ongoing stakeholder process
  - In person meetings in Sacramento and the community
  - Monthly webinars
  - Meeting to continue through implementation
Notifications

In 18 county region, San Benito, & Imperial, notices include:

- 60 day notice (July 1) with the choice packet
- 30 day notice (August 1) as a follow up.
- Phone call in August to assist in choice.
- Health Plan will send welcome packet to new members within 7 days of September 1
Notifications (continued)

In PHP counties, notices include:

- 60 (July 1)
- 30 day (August 1) notices
- Health plan send a welcome packet within 7 days of September 1

All notices vetted through stakeholders for feedback
Overview of
2013 Medi-Cal Managed Care Expansion
Rural Counties (6/6)

For More information . . .

* Expansion website: Medi-Cal Managed Care Rural Expansion

* E-mail for Questions: MMCD.TPGMC@dhcs.ca.gov
Roundtable Discussion

Neal Kohatsu, MD, MPH
Medical Director
Department of Health Care Services

&

Brett Williams, MD
Medical Consultant II
Department of Health Care Services
Strategies to Increase Access to Health Care Services in Support of Medi-Cal’s Managed Care Expansion
Recap of existing research:
Access to health care services in rural and underserved areas . . . benefits of Telehealth
Sustaining DHCS’s commitment to ensuring access to health care **and** achieving the highest levels of quality.
Review of DHCS’s Quality Strategy:

Three linked goals:

1. Improve the health of all Californians

2. Enhance quality, including the patient care experience, in all DHCS programs

3. Reduce the DHCS’s per capita health care program costs
Other Drivers of DHCS’s Quality Strategy

* Commitment to eliminating overuse, ineffective services and avoidable complications; and providing safe, effective care
* Medicaid 1115 Waiver, the Bridge to Reform
* Patient Protection & Affordable Care Act
Identify available specialists and other providers who can provide health care services via Telehealth in rural and underserved areas.
Identify funding opportunities and other resources for Telehealth start-up.
Identify technical assistance for start-up and implementation of Telehealth
Next Steps & Closing Remarks

- Future survey(s) Medi-Cal Managed Care plans – Telehealth use
- Expert Telehealth Presentation(s) to Medi-Cal managed care plan Medical Directors & CEOs
- Other?
Q&As