



## **Withdrawal Management (Detox) Services**

### *Fact Sheet*

*December 2015*

Counties opting into the Drug Medi-Cal Organized Delivery System (DMC-ODS) pilot program must include at least one level of withdrawal management (WM) services in their implementation plan. WM services are provided to Medi-Cal beneficiaries when determined by a Medical Director or Licensed Practitioner of the Healing Arts as medically necessary. Beneficiaries receiving residential services must reside at the facility providing the service and be monitored during the detoxification process.

### **Components of WM Services**

WM services (Levels 1, 2, 3.2, 3.7 and 4 in ASAM) in the DMC-ODS pilot are provided as part of a continuum of five WM levels in the American Society of Addiction Medicine (ASAM) Criteria. DMC-ODS benefits include a continuum of care that ensures that beneficiaries can enter SUD treatment at a level appropriate to their needs and step up or down to a different intensity of treatment levels. While counties are responsible for the oversight and implementation of most of the levels in the ASAM continuum, WM Levels 3.7 and 4 are overseen and funded by sources outside of the DMC-ODS pilot.

The components of WM services include:

- **Intake:** The process of admitting a beneficiary into a substance use disorder (SUD) treatment program. Intake includes the evaluation or analysis of SUD, the diagnosis of SUD, the assessment of treatment needs, and may include a physical examination and laboratory testing necessary for SUD treatment.
- **Observation:** The process of monitoring the beneficiary's course of withdrawal as frequently as deemed appropriate for the beneficiary. This may include, but is not limited to, observation of the beneficiary's health status.
- **Medication Services:** The prescription or administration related to SUD treatment services, and/or the assessment of the side effects and results of that medication.
- **Discharge Services:** Preparing the beneficiary for referral into another level of care, post treatment return, or re-entry into the community, and/or the linkage of the individual to community treatment, housing, and human services.

### **Licensing and Certification Requirements**

In order to provide withdrawal management/detoxification services for the DMC-ODS, providers must obtain the following licensing and certification requirements according to the level of service provided:

<b>ASAM Level</b>	<b>Description</b>	<b>Provider</b>	<b>Certification/License Required</b>
1 – WM Ambulatory Withdrawal Management without extended on-site monitoring	Mild withdrawal with daily or less than daily outpatient supervision.	DHCS Certified Outpatient Facility	<ul style="list-style-type: none"> <li>• AOD Certification with a non-residential detox service authorization</li> <li>• DMC Outpatient Certification</li> </ul>
2 – WM Ambulatory Withdrawal Management with extended on-site monitoring	Moderate withdrawal with all day withdrawal management and support and supervision; at night has supportive family or living situation.	DHCS Certified Outpatient Facility	<ul style="list-style-type: none"> <li>• AOD Certification with a non-residential detox service authorization</li> <li>• DMC Outpatient Certification</li> </ul>
3.2 – WM Residential/Inpatient Withdrawal Management	Moderate withdrawal, but needs 24-hour support to complete withdrawal management and increase likelihood of continuing treatment or recovery.	DHCS Licensed Residential Facility	<ul style="list-style-type: none"> <li>• DHCS Residential License with detox service authorization</li> <li>• DMC Residential Certification</li> </ul>
3.7 – WM Medically Monitored Inpatient Withdrawal Management	Severe withdrawal, needs 24-hour nursing care & physician visits; unlikely to complete withdrawal management without medical monitoring.	Chemical Dependency Recovery Hospital or Free Standing Psychiatric Hospital	<ul style="list-style-type: none"> <li>• Licensure by Department of Public Health</li> </ul>
4 – WM Medically Managed Intensive Inpatient Withdrawal Management	Severe, unstable withdrawal and needs 24-hour nursing care and daily physician visits to modify withdrawal management regimen and manage medical instability.	Chemical Dependency Recovery Hospital or Free Standing Psychiatric Hospital	<ul style="list-style-type: none"> <li>• Licensure by Department of Public Health</li> </ul>

## Adding WM Services for New and Existing Providers

A license or AOD certification may be obtained by submitting an application to DHCS's SUD Compliance Division.

- **New Providers** may add WM services when submitting their provider application to DHCS.
  - A written request for WM license and/or certification.
  - A program description that incorporates WM services.
  - A written protocol that states the procedures for management of WM clients.
  - A staffing plan, which includes WM-specific staff training for accurate evaluation, provision of services, and referrals. The plan must include a least one person in the residential facility at all times that is CPR and first aid certified.
  - (Residential-only) A floor plan that clearly identifies the location of WM beds.
  
- **Existing Providers** can amend their current license and/or certification by submitting the following to DHCS:
  - A written request to amend current license and/or certification.
  - A revised program description that incorporates WM services.
  - A written protocol that states the procedures for management of WM clients.
  - A revised staffing plan, which includes WM-specific staff training for accurate evaluation, provision of services, and referrals. The plan must include a least one person in the residential facility at all times that is CPR and first aid certified.
  - (Residential-only) A floor plan that clearly identifies the location of WM beds.

Once the application is deemed complete and approved, DHCS staff will conduct an on-site visit.

## For Additional Information Regarding the DMC-ODS

- Visit <http://www.dhcs.ca.gov/provgovpart/Pages/Drug-Medi-Cal-Organized-Delivery-System.aspx>
- Contact us at [DMCODSWAIVER@dhcs.ca.gov](mailto:DMCODSWAIVER@dhcs.ca.gov)