

# KAISER PERMANENTE

# Los Angeles Medical Center Policies and Procedures

| Department:<br>NEONATAL INTENSIVE CARE UNIT (NICU)   | Old Policy Number: 8007  | On-Line Policy Number:<br>8007 |  |
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| Section:<br>IV'S AND MEDICATIONS   | Effective Date:<br>1975  | Page:<br>1 of 2                |  |
| Title<br>DRESSING CHANGE FOR CENTRAL LINES – SUBCLAVIAN<br>CATHETERS, BROVIAC, PICC, LINES AND FEMORAL LINES -<br>PROCEDURES | Review / Revision Date:<br>1978, 1981, 1984, 1987, 1990, 1993,<br>1997, 2000, <b>8/03, 12/05</b> |                                |  |
| Approved by:<br>NURSING PRACTICE STANDARDS COUNCIL 12/05   | <ul> <li>Medical Center - Wide</li> <li>Department - specific</li> </ul>                         | □ Non-Clinical<br>■ Clinical   |  |

# **REFERENCE**:

# STANDARDIZED PROCEDURE: NONE

#### PROCEDURE: YES

**POLICY:** PICC certified RN's are the only persons approved to change central line dressings.

**PURPOSE:** To provide regular, standardized catheter site care; to apply a sterile, clear occlusive dressing; to reduce or prevent contamination and complications of catheter-related infections.

# PERSONNEL AUTHORIZED TO PERFORM: NICU/PICU RN

# EQUIPMENT:

- Betadine swabs,
- Alcohol swabs
- Sterile 2x2 gauze dressing
- Sterile gloves
- Tegaderm, Biopatch
- Sterile barrier
- Mask
- cap
- gown

# ESSENTIAL STEPS IN PROCEDURE

- 1. Evaluate need for dressing change:
  - Central venous/sub-clavian dressing is to be changed every 7 days or PRN.
  - **Percutaneous catheter** dressings are **NOT** routinely changed. Percutaneous dressing is to be changed only if drainage has collected under the occlusive dressing or dressing has loosened.
- 2. Wash hands. Remove tape.
- 3. Establish sterile field following infection control guidelines.

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- 4. Open swabs, to expose the ends only, then tape to cart so swabs may be obtained aseptically once sterile gloves are on.
- 5. Put on hat, mask and gown. Open sterile gloves
- 6. Remove dressing carefully
- 7. Put sterile gloves on.
- 8. Examine insertion site carefully.

9. Using alcohol swabs clean catheter site using a circular motion starting at the site and swabbing outward to cover an approximately 2" square area of skin from the insertion site. Repeat procedure X 3. Allow skin to dry.

- 10. Repeat step #8 using betadine swabs.
  - a. Remove excess betadine from the skin using sterile 2x2.
- 11. Apply Biopatch Antimicrobial dressing around the insertion site of <u>Broviac Catheter</u> per procedure. Application of the Biopatch dressing does not apply to other central lines (ie. PICC).
- 12. Gently coil the exposed portion of the catheter in a circular motion.
- 13. To secure catheter for a <u>PICC line</u>, place the Steri-strips tape under the heart-shaped disc and them apply Tegaderm over the site, coiled catheter and heart shaped disc. (see diagram).
- 14. <u>For the PICC line</u>: Using the "chevron" technique, place steri-strip (adhesive side up) under the extension tubing next to the heart shaped disc, crossing over the disc and on top of the transparent dressing. (see diagram)
- 15. For all other catheters, apply the tegaderm over the site of insertion and including the coiled catheter.
- 16. Remove sterile gloves.
- 17. Label dressing with date and time of dressing change and initials.
- 18. Discard other materials.
- 19. Document dressing change and observations on flow record and enter the dressing change schedule in the active orders.

|             | APPROVAL         |                        |
|-------------|------------------|------------------------|
| DIRECTOR    | DA               | CHIEF                  |
| Linda Mayer | Amanda Ontiveros | Dr. Ralph Franceschini |
| DATE: 12/05 | DATE: 12/05      | DATE: 12/05            |

OWNER/ RESPONSIBLE PARTY: Department Administrator, NICU