



CDSS/DHCS QIP: Improving the Use of Psychotropic Medication among Children and Youth in Foster Care Partner–Stakeholder Webinar

April 8, 2015
10:30 a.m. to 12:00 p.m.

Conference Line: (888) 273–3658
Passcode: 652–2005

April 8th Updated Agenda

1. Welcome & Introductions
2. QIP Workgroup Updates
3. What's Next
4. Q&A

REMINDER: Your Written Input is Extremely Valuable



Please provide your written input via email address :
QIPsychotropic@dss.ca.gov

QIP GOALS

- Enhance psychotropic medication safety by:
 - Ensuring appropriate drug and dosage
 - Expanding the Medi-Cal Treatment Authorization Request (TAR) process for antipsychotics to ages 0-17
 - Partnering with courts on assessments and evaluations prior to approval.
- Support the use of psychosocial counseling in lieu of medications.
- Reduce inappropriate concurrent use of multiple psychotropic medicines.
- Engage medication prescribers in practice change via education and consultation
- Use data to analyze, monitor and oversee improvement in the safe use of psychotropic medication.
- Actively engage foster youth in their care, through education.

QIP Workgroup Updates

Clinical Workgroup

- Leads: Lori Fuller & Pauline Chan

Data & Technology (D&T) Workgroup

- Leads: Alicia Sandoval & John Igwe

Youth, Family & Education (YFE) Workgroup

- Leads: Jane Troglia & Pauline Chan

Clinical Workgroup

Meetings:

- The clinical workgroup has continued to meet on a monthly basis.
 - Combined meetings were held with the Data & Technology Groups on December 2, 2014 & December 18, 2014 to collaborate on the QIP Child Welfare Psychotropic Medication Measures
 - Combined meetings with the Youth, Family & Education Group on February 12, 2015 & March 11, 2015 to facilitate the development of the Wellness Workbook

Current Participants: 68

Clinical Workgroup Progress

Guidelines for Prescribers

- Guidelines, Prescribing Standards, Monitoring Parameters, Medication Support Services, and Prescriber Algorithm Tool (Decision Tree) completed
 - Internal and External Reviews by DHCS & CDSS in Process
 - Anticipated Posting to DHCS website:
<http://www.dhcs.ca.gov/services/Pages/qip.aspx> on April 10, 2015
 - Dissemination to Practitioners to begin by April 10, 2015

Recommendations to Improve JV220 Process

- Recommendations approved by Expert Panel on August 27, 2014
- Presented Recommendations to Judicial Council
- Began collaboration with Judicial Council regarding implementation plans for improvements to JV220 process and training for court staff

QIP Quality Measures

- HEDIS Measure description, specifications and measure workup presented to Expert Panel on February 26, 2015

Next Meeting Dates:

April 8, 2015 (1:00p.m.–5:00p.m.) & April 16, 2015 (10:00a.m.–12:00p.m.)

Data & Technology Workgroup Progress

Data Linkage

- D & T Workgroup completed an initial data match between psychotropic medication claims and children in foster care.
- Global Data Sharing Agreement between CDSS, DHCS, and counties in progress.

County Reports

- D & T Workgroup developed JV220 Reconciliation Reports to identify children with a psychotropic claim and no JV220 authorization.
- Data testing was completed.
- 1st county level reports will be distributed upon release of informational ACIN.
- The reports will be sent directly to County Directors.

Data & Technology Workgroup Progress Continued

Child Welfare Psychotropic Medication Measures

- D &T Workgroup developed 7 measures to assist with the improvement of monitoring and oversight for foster youth on psychotropic medication.
- The Expert Panel has approved these measures.
- Methodologies and technical specifications for Measure 1 (Use of Psychotropic Medications) and Measure 2 (Use of Antipsychotic Medications) have been presented to The Data Committee and approved.

Next meeting date:

April 15, 2015; 1:30pm–3:00pm

Youth, Family & Education Progress

- The YFE group continues to meet on a monthly basis.
- The YFE group has finalized the following documents:
 - Mental Health Bill of Rights
 - Questions to Ask

These documents can be found at:

<http://www.dhcs.ca.gov/services/Pages/qip.aspx>

- The FYE group is working on dissemination of these documents via e-mail to stakeholders, the development of a youth friendly brochure, and exploring options for social media sites.

Youth, Family & Education Progress Continued

- The YFE group continues to welcome new members, including youth ambassadors from the Youth Engagement Project (YEP)
- In February 2015, the YFE group began working on a Wellness Workbook: A guidebook for youth containing materials to assist youth in exploring their wellness needs and educate about intervention strategies and options
- The Wellness Workbook will be based on Substance Abuse and Mental Health Services Administration's (SAMHSA) 8 Dimensions of Wellness: Social, Environmental, Physical, Emotional, Spiritual, Occupational, Intellectual, and Financial

Youth, Family & Education Progress Continued 2

Wellness Workbook Topic Areas:

- Youth/ Self-Exploration of Wellness
- Relationships
- Community
- Routine and Non-Routine Interventions

**Next Meeting Date:
April 8, 2015 (1:00p.m.– 5:00p.m.)**

QIP Timeline

Activities

- TAR Restriction Extended to 6-17 Year Old Youth & Children

- Disseminate Youth Bill of Rights & "Questions to Ask"
- Develop & Test QIP Child Welfare Psychotropic Medication Measures

TODAY

- Post Prescriber Guidelines on DHCS Website
- Issue All County Notice for Client-Level Data Report Process
- Disseminate JV 220 Best Practices Workbook
- Post QIP Child Welfare Psychotropic Medication Measures

- Match & Demographic Data Summary Report
- County Reports for Monitoring Court Authorizations (JV 220)
- Prescriber Guidelines & Monitoring Parameters
- Questions to Ask
- Youth Bill of Rights

- QIP Child Welfare Psychotropic Medication Measures
- JV 220 Best Practices

- Youth Wellness Workbook

Quarterly Expert Panel Meetings are held to review and approve deliverables

Deliverables

What's Next

- ▶ Wrap up of work products currently under development (vetted by Expert Panel in February)
- ▶ Finalize current work products
- ▶ Develop dissemination methods
- ▶ Finalize child welfare psychotropic medication measures
- ▶ Complete Wellness Workbook between YFE and Clinical
- ▶ Data reports to counties

Q&A



THANK
YOU