

QIP: Improving the Use of Psychotropic Medication among Children and Youth in Foster Care

Slide 1 - Partner-Stakeholder Webinar

1. April 8, 2015, 10:30 a.m. to 12:00 p.m.
2. Conference Line: (888) 273-3658
3. Passcode: 652-2005

Slide 2 – April 8th Updated Agenda

1. Welcome and Introductions
2. QIP Workgroup Updates
3. What's Next
4. Questions and Answers

Slide 3 - REMINDER: Your Written Input is Extremely Valuable

1. Please provide your written input via email address : QIPsychotropic@dss.ca.gov

Slide 4 - QIP GOALS

1. Enhance psychotropic medication safety by:
 - a. Ensuring appropriate drug and dosage.
 - b. Expanding the Medi-Cal Treatment Authorization Request (TAR) process for antipsychotics to ages 0-17.
 - c. Partnering with courts on assessments and evaluations prior to approval.
2. Support the use of psychosocial counseling in lieu of medications.
3. Reduce inappropriate concurrent use of multiple psychotropic medicines.
4. Engage medication prescribers in practice change via education and consultation.
5. Use data to analyze, monitor and oversee improvement in the safe use of psychotropic medication.
6. Actively engage foster youth in their care, through education.

Slide 5 - QIP Workgroup Updates

1. Clinical Workgroup
 - a. Leads: Lori Fuller & Pauline Chan
2. Data & Technology (D&T) Workgroup
 - a. Leads: Alicia Sandoval & John Igwe
3. Youth, Family & Education (YFE) Workgroup
 - a. Leads: Jane Troglia & Pauline Chan

Slide 6 - Clinical Workgroup

1. Meetings:
 - a. The clinical workgroup has continued to meet on a monthly basis.
 - (1) Combined meetings were held with the Data & Technology Groups on December 2, 2014 & December 18, 2014 to collaborate on the QIP Child Welfare Psychotropic Medication Measures
 - (2) Combined meetings with the Youth, Family & Education Group on February 12, 2015 & March 11, 2015 to facilitate the development of the Wellness Workbook
2. Current Participants: 68

Slide 7 - Clinical Workgroup Progress

1. Guidelines for Prescribers
 - a. Guidelines, Prescribing Standards, Monitoring Parameters, Medication Support Services, and Prescriber Algorithm Tool (Decision Tree) completed
 - (1) Internal and External Reviews by DHCS & CDSS in Process
 - (2) Anticipated Posting to [DHCS QIP Foster Care website](#): on April 10, 2015
 - (3) Dissemination to Practitioners to begin by April 10, 2015
2. Recommendations to Improve JV220 Process
 - a. Recommendations approved by Expert Panel on August 27, 2014
 - b. Presented Recommendations to Judicial Council
 - c. Began collaboration with Judicial Council regarding implementation plans for improvements to JV220 process and training for court staff
3. QIP Quality Measures
 - a. HEDIS Measure description, specifications and measure workup presented to Expert Panel on February 26, 2015
4. Next Meeting Dates:
 - a. April 8, 2015 (1:00 p.m.-5:00 p.m.)
 - b. April 16, 2015 (10:00 a.m.-12:00 p.m.)

Slide 8 - Data & Technology Workgroup Progress

1. Data Linkage
 - a. D & T Workgroup completed an initial data match between psychotropic medication claims and children in foster care.
 - b. Global Data Sharing Agreement between CDSS, DHCS, and counties in progress.
2. County Reports
 - a. D & T Workgroup developed JV220 Reconciliation Reports to identify children with a psychotropic claim and no JV220 authorization.
 - b. Data testing was completed.
 - c. 1st county level reports will be distributed upon release of informational ACIN.
 - d. The reports will be sent directly to County Directors.

Slide 9 - Data & Technology Workgroup Progress Continued

1. Child Welfare Psychotropic Medication Measures
 - a. D &T Workgroup developed 7 measures to assist with the improvement of monitoring and oversight for foster youth on psychotropic medication.
 - b. The Expert Panel has approved these measures.
 - c. Methodologies and technical specifications for Measure 1 (Use of Psychotropic Medications) and Measure 2 (Use of Antipsychotic Medications) have been presented to The Data Committee and approved.
2. Next meeting date:
 - a. April 15, 2015; 1:30pm-3:00pm

Slide 10 - Youth, Family & Education Progress

1. The YFE group continues to meet on a monthly basis.
2. The YFE group has finalized the following documents:
 - a. Mental Health Bill of Rights
 - b. Questions to Ask
 - c. These documents can be found at the [DHCS QIP Foster Care website](#)
3. The FYE group is working on dissemination of these documents via e-mail to stakeholders, the development of a youth friendly brochure, and exploring options for social media sites.

Slide 11 - Youth, Family & Education Progress Continued

1. The YFE group continues to welcome new members, including youth ambassadors from the Youth Engagement Project (YEP).
2. In February 2015, the YFE group began working on a Wellness Workbook: A guidebook for youth containing materials to assist youth in exploring their wellness needs and educate about intervention strategies and options.
3. The Wellness Workbook will be based on Substance Abuse and Mental Health Services Administration's (SAMHSA) 8 Dimensions of Wellness: Social, Environmental, Physical, Emotional, Spiritual, Occupational, Intellectual, and Financial.

Slide 12 - Youth, Family & Education Progress Continued 2

1. Wellness Workbook Topic Areas:
 - a. Youth/ Self-Exploration of Wellness
 - b. Relationships
 - c. Community
 - d. Routine and Non-Routine Interventions
2. Next Meeting Date:
 - a. April 8, 2015 (1:00p.m.- 5:00p.m.)

Slide 13 – QIP Timeline

1. 2014
 - a. Activities:
 - (1) TAR Restriction extended to 6 to 17 year old youth and children
 - b. Deliverables
 - (1) Match & Demographic Data Summary Report
 - (2) County Reports for Monitoring Court Authorizations (JV 220)
 - (3) Prescriber Guidelines & Monitoring Parameters
 - (4) Questions to Ask
 - (5) Youth Bill of Rights
2. January to March 2015
 - a. Activities
 - (1) Disseminate Youth Bill of Rights and “Questions to Ask”
 - (2) Develop and Test QIP Child Welfare Psychotropic Medication Measures
 - b. Deliverables
 - (1) QIP Child Welfare Psychotropic Medication Measures
 - (2) JV 220 Best Practices
3. April to June 2015
 - a. Activities
 - (1) Post Prescriber Guidelines on DHCS Website
 - (2) Issue All County Notice for Client-Level Data Report Process
 - (3) Disseminate JV 220 Best Practices
 - (4) Disseminate Youth Wellness Workbook
 - (5) Post QIP Child Welfare Psychotropic Medication Measures
 - b. Deliverables
 - (1) Youth Wellness Workbook
4. Ongoing Monitoring
5. Quarterly Expert Panel Meetings are held to review and approve deliverables

Slide 14 - What's Next

1. Wrap up of work products currently under development (vetted by Expert Panel in February)
2. Finalize current work products
3. Develop dissemination methods
4. Finalize child welfare psychotropic medication measures
5. Complete Wellness Workbook between YFE and Clinical
6. Data reports to counties