Momentum
for Mental Health

Momentum for Mental Health exists to help individuals achieve mental and emotional health, discover and reach their potential, and fully participate in life.

About Momentum

- The largest, private nonprofit agency providing mental health services to adults in Santa Clara County.
- A staff of over 340 employees representing 18 languages, including American Sign Language.
- Multiple locations throughout Santa Clara County with 24-hour availability to provide easy client access.
- Annual budget of over $26 million.

Our Work

Every year Momentum serves over 3,800 adults, older adults and youth at sites located in Santa Clara County, California

Momentum provides the following services:

- Crisis Residential
- Licensed Board and Care
- Supported Housing
- Day Rehabilitation
- FSP-90
- FSP Adult
- FSP TAY
- Traditional Outpatient
- Employment Services

Full Service Partnership-90

(FSP-90)

Pilot Program: 2009

Created as an alternative service design that would provide effective community based intervention to people currently housed in

Institutions for Mental Disease (IMD), Emergency Psychiatric Services (EPS) or Acute Hospitals that were slated to return to the IMD because of their perceived inability to live successfully in the community.

Overview of the Program

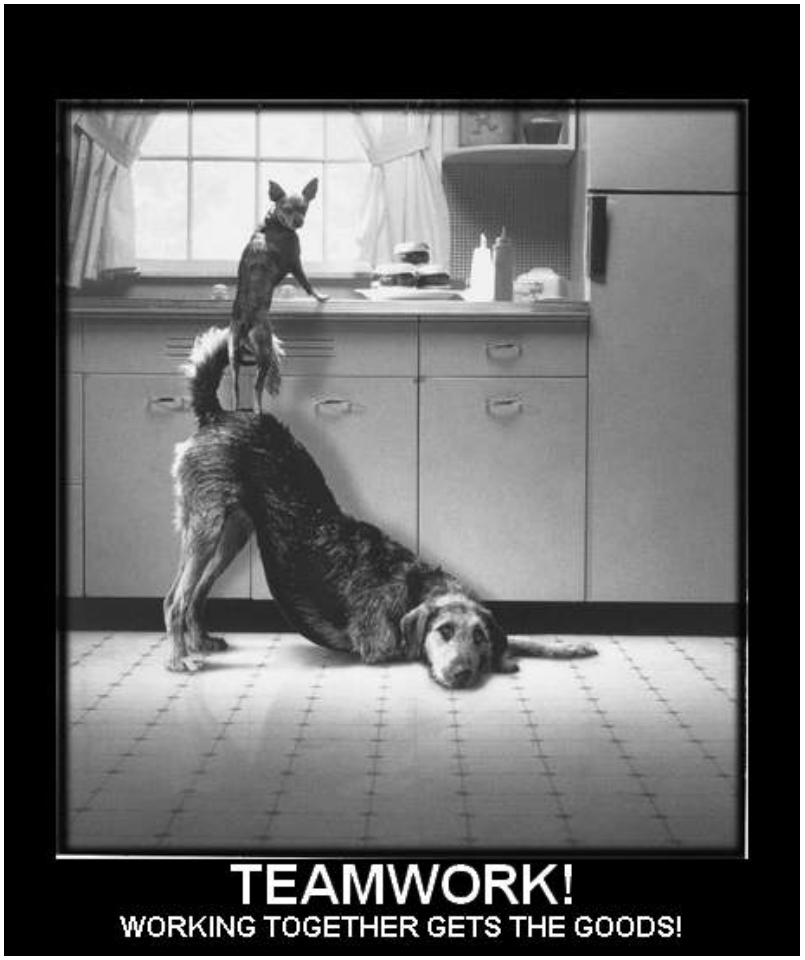
- Serves 30 Consumers
- 90 Day Program
- Consumers have histories of homelessness, substance misuse, and will have demonstrated minimal engagement with traditional outpatient mental health supports

- At the end of 90 days, consumers continue receiving support with recovery services in order to successfully live in the community outside of the locked setting

Primary Objective:

With the right type of intensity and support, consumers can successfully maintain residency in the community and significantly reduce utilization of services in locked and inpatient settings.

Treatment Team



- Personal Service Coordinator (PSC)
- Licensed Clinician
- Psychiatrist
- Manager
- Administrative Support
- 24/7 on-call support

What we do

Interventions:

- 1:1 Support
- Outings
- Crisis Management
- Clothing
- Reintegration
- Finances
- Skill-Building
- Hygiene/Grooming
- Collaboration
- Linkage to Ongoing Mental Health Case Management Services
- Medical
- Dental
- Housing

Goals

Short-Term

- Provide supports that will help consumers to live successfully in the community.

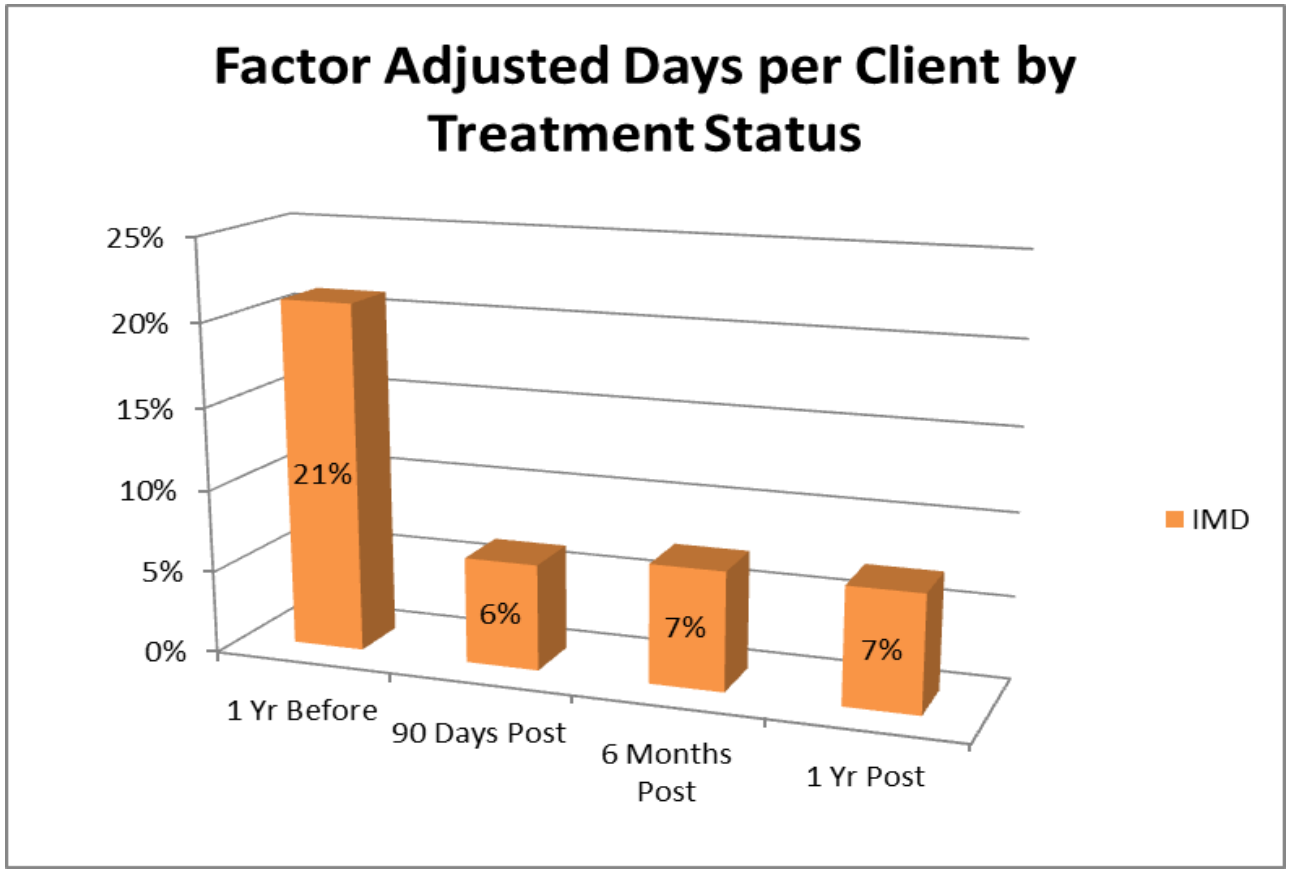
Long-Term

- Assist participants in regaining hope, developing autonomy, and taking personal responsibility.

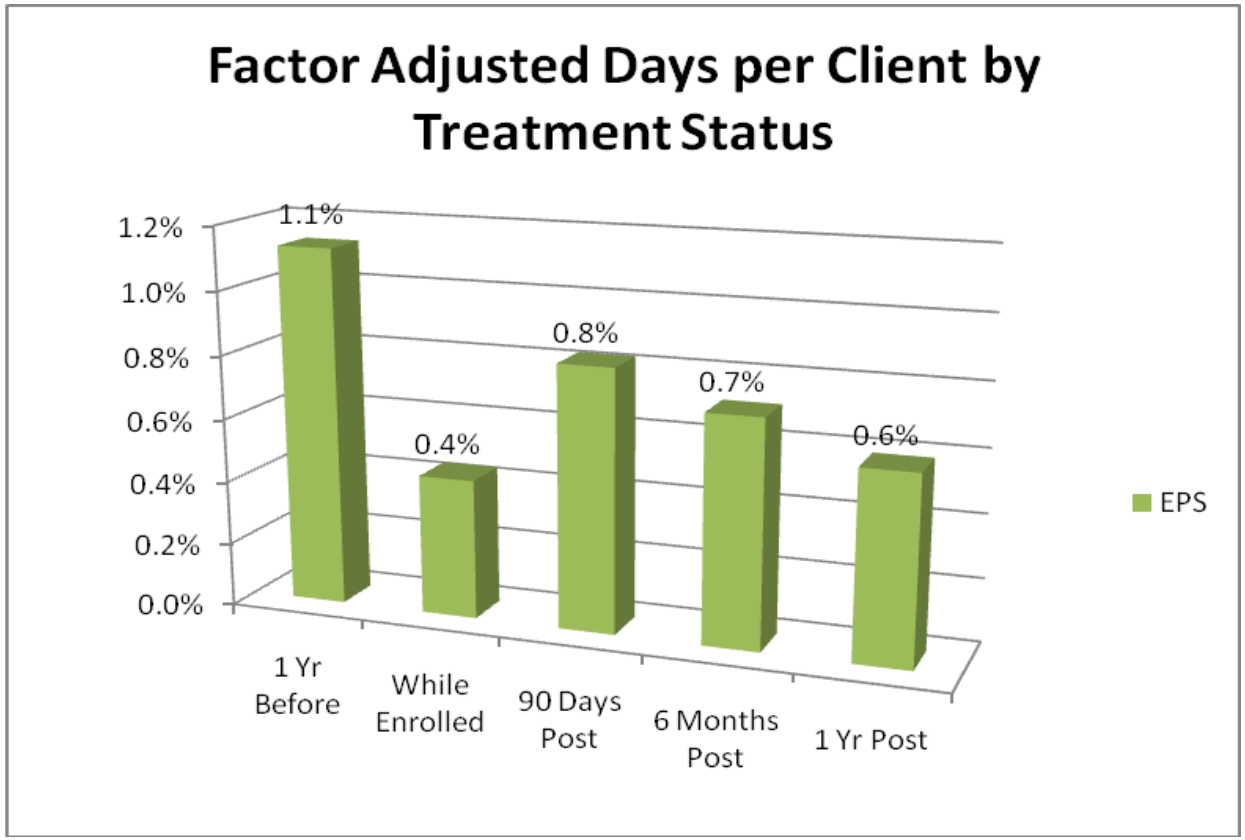
Collection of Data

Data was collected from 315 clients enrolled in FSP-90 services.

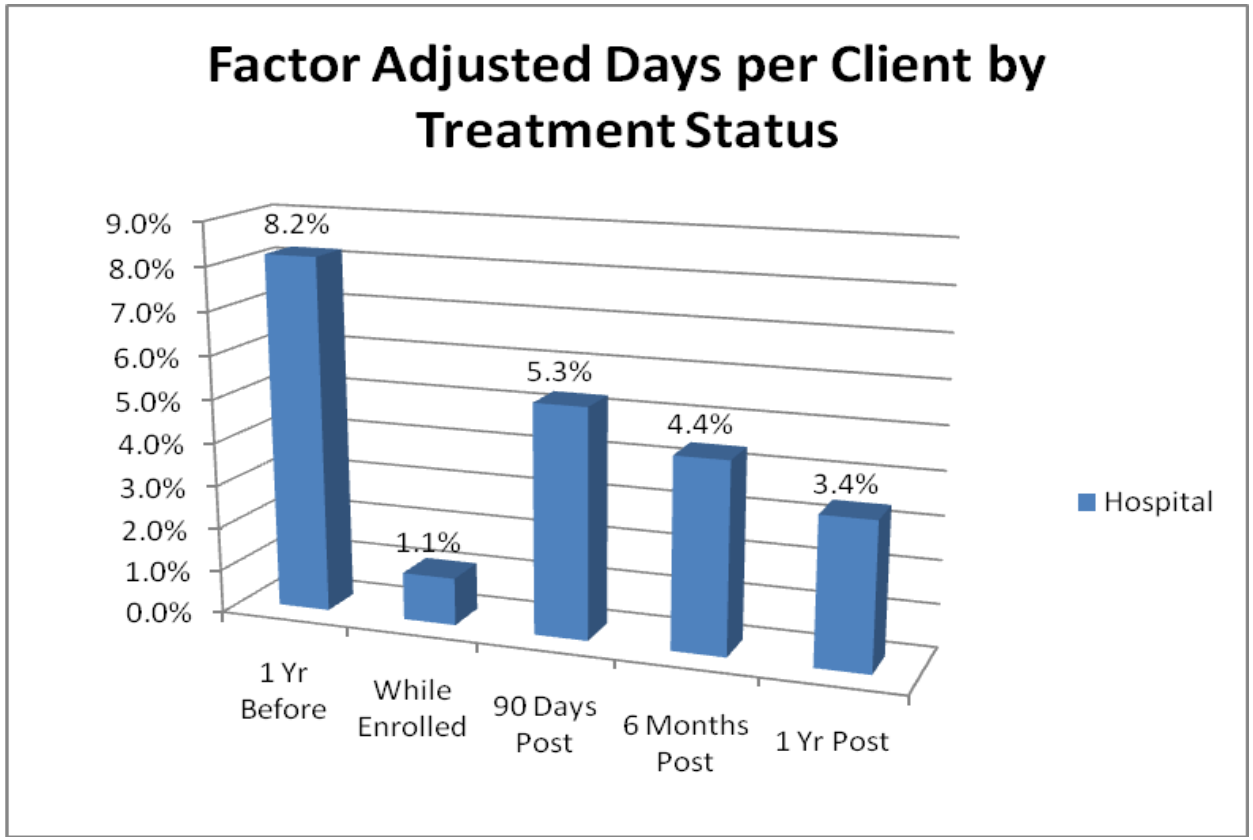
Results: IMD


Factor Adjusted Days per Client by Treatment Status
25%
20%
15%
10%
5%
0%
21%
6%
7%
7%
1 Yr Before
90 Days Post
6 Months Post
1 Yr Post
IMD

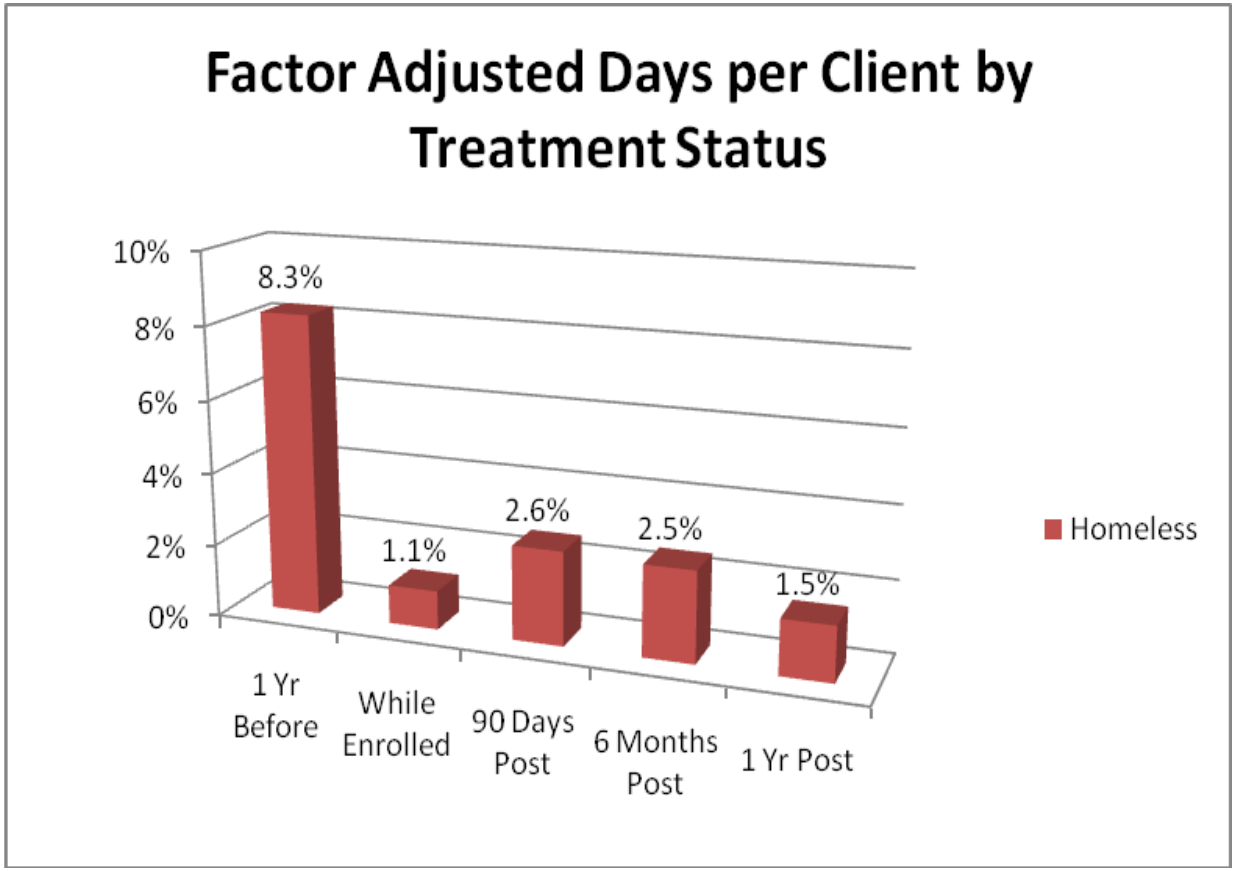
Results: EPS


Factor Adjusted Days per Client by Treatment Status
1.2%
1.0%
0.8%
0.6%
0.4%
0.2%
0.0%
1.1%
0.4%
0.8%
0.7%
0.6%
1 Yr Before
While Enrolled
90 Days Post
6 Months Post
1 Yr Post
EPS

Results: Hospital



Results: Homelessness



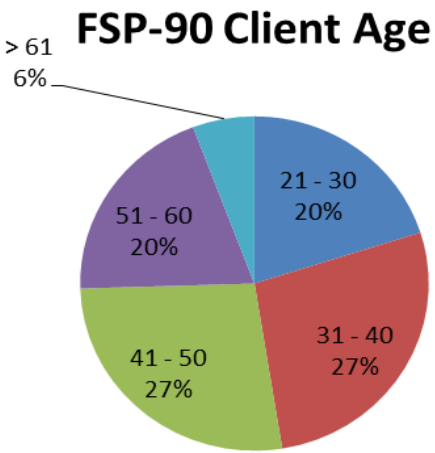
Cost Savings

	Pre-Enroll Equivalent	While Enrolled Equivalent	90 Days Post-Enroll Equivalent	6 Months Post-Enroll Equivalent	**Cost per Day		Savings While Enrolled	Savings 90 Days Post	Savings 6 Months Post	Savings While Enrolled + 6 Months Post
IMD Days	48294	24	3631	8248	$192	*	$1,145,215.81	$797,661.36	$1,531,926.44	$2,677,142.25
EPS Days	2586	249	466	817	$1593.84	*	$37,472.03	$16,496.62	$45,845.10	$83,317.13
Acute Hospital Days	18832	614	2997	4993	$2,104	*	$388,311.46	$158,702.79	$426,140.67	$814,452.13
TOTAL	**69712**	**886**	**7093**	**14057**			**$1,570,999**	**$972,860**	**$2,003,912**	**$3,574,911**

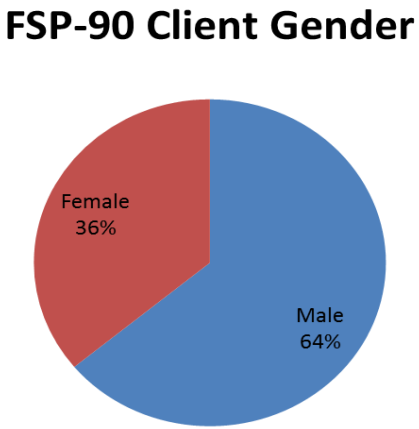
*Bed only, excludes all other costs
** Santa Clara County Department of Mental Health 2013 Estimated Rates

These are estimates based on projections of data if N=315 at completion.

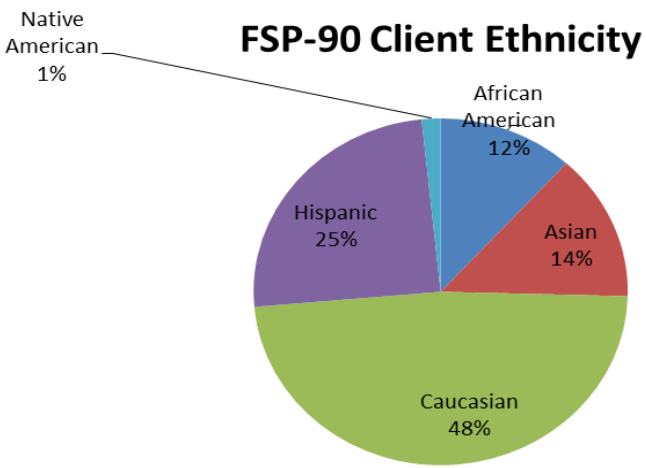
FSP-90 Client Demographics



Ages:
21-30: 60 clients
31-40: 86 clients
41-50: 85 clients
51-60: 62 clients
Over 60: 18 clients



Gender:
Male: 202 clients
Female: 113 clients



Ethnicity:
African American: 36 clients
Asian: 42 clients
Caucasian: 148 clients
Hispanic: 76 clients
Native American: 5 clients
Other: 6 clients

Contact Information

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thank you