

# Performance Outcomes System Initial Reports

## Report run on July 29, 2015

### Background

This is the first round of county-specific reporting produced for the Performance Outcomes System which reflects a refresh of the data on the indicators that were reported in February 2015 at the statewide aggregate level. These reports help meet the intent of the Legislature, as stated in Welfare and Institutions Code Section 14707.5, to develop a performance outcomes system for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services that will improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. This reporting effort is part of the implementation of a performance outcomes system for Medi-Cal Specialty Mental Health Services (SMHS) for children and youth.

Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, develop the Performance Measurement Paradigm, and develop indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction.

### Purpose and Overview

Moving forward, three reports will be created during each new reporting period. The reports that will be produced are the following: statewide aggregate data; population-based county groups; and county-specific data. These are the first county-specific reports providing updated information on the initial indicators that were developed for the Performance Outcomes System and reported on at the statewide aggregate level in February 2015; they help establish a foundation for on-going reporting. DHCS plans to move to annual reporting of this data for the Performance Outcomes System.

The first reports focus on the demographic characteristics of the children and youth under 21 who are receiving Specialty Mental Health Services (SMHS), based on approved claims for Medi-Cal eligible beneficiaries. The reports include data on the demographics of this population by age, gender, race/ethnicity. Two types of penetration information are provided for children/youth served and not served. Both penetration rate tables are also broken out by demographic characteristics.

Utilization of services reports are shown in terms of dollars, as well as by service, in time increments. The snapshot report provides a point-in-time view of children arriving, exiting and continuing services over a two year period. The final report provides a view over the past four years of the time to step-down services (i.e., time to next contact after an inpatient discharge). Where possible, the reports provide trend information by displaying information for Fiscal Years (FY) 10/11, 11/12, 12/13, and 13/14.

Note: The time to step-down report has a change in methodology from the first report produced in February 2015. In the initial February report only outpatient services provided at least one day after the inpatient discharge were included in the calculations. Starting with this report, any outpatient service that occurs on or after the inpatient discharge is included in the analysis.

### Definitions

#### Population –

Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 20 or younger during the approved date of service on the claim; or
- Age 21 during the approved date of the service on the claim and a birth date on or after January 1st of the Fiscal Year.

#### Data Sources -

- Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 10/11 through FY 13/14.
- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 10/11 through FY 13/14.

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## Additional Information

The Measures Catalog is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at:

[http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog\\_Sept15Reporting\\_Final\\_1.11.15.pdf](http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog_Sept15Reporting_Final_1.11.15.pdf)

Background information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee dating back to the first meeting in 2012. To obtain this information go to:

<http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Legislation.aspx>

## Report Interpretation

\*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.

\*The penetration rates reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology make comparison between the POS penetration rates and the EQRO penetration rates not appropriate or useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of youth who received X number of Specialty Mental Health Services (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible youth for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

\*The snapshot report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses five general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). As of now, this report only classifies youth and their service usage for FY 12/13 and FY13/14. Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here:

[http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog\\_Sept15Reporting\\_Final\\_1.11.15.pdf](http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog_Sept15Reporting_Final_1.11.15.pdf)

\*The psychiatric emergency services/hospital data reported on in the time to step-down services report relies solely on claims data from Short Doyle/Medi-Cal II. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems.

\*DHCS is in process of updating the data source for the two following types of Service Usage: Hospital Inpatient and Hospital Inpatient Admin.. This is being done to ensure the findings are complete. June 1016 is slated for an update of the POS reports and will include fee-for service data where it is appropriate.

***Please contact [cmhpos@dhcs.ca.gov](mailto:cmhpos@dhcs.ca.gov) for any questions regarding this report.***

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Contra Costa County as of July 29, 2015**

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
FY 10-11	5,205		81,438	
FY 11-12	5,378	3.3%	84,512	3.8%
FY 12-13	5,621	4.5%	98,333	16.4%
FY 13-14**	5,964	6.1%	112,499	14.4%
<b>Compound Annual Growth Rate SFY**</b>		<b>4.6%</b>		<b>11.4%</b>

\*SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.

\*\*SFY = State Fiscal Year which is July 1 through June 30.

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Contra Costa County as of July 29, 2015**

Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %
FY 10-11	33	0.6%	190	3.7%	1,527	29.3%	1,632	31.4%	1,282	24.6%	174	3.3%	367	7.1%
FY 11-12	35	0.7%	179	3.3%	1,487	27.6%	1,837	34.2%	1,284	23.9%	188	3.5%	368	6.8%
FY 12-13	30	0.5%	190	3.4%	1,525	27.1%	1,890	33.6%	1,378	24.5%	234	4.2%	374	6.7%
FY 13-14	30	0.5%	217	3.6%	1,484	24.9%	2,117	35.5%	1,384	23.2%	284	4.8%	448	7.5%

*\*FY 13-14 claims are estimated to be 95% complete as of January 1, 2015.*

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Contra Costa County as of July 29, 2015**

Fiscal Year	Children 0-5 Count	Children 0-5 %	Children 6-11 Count	Children 6-11 %	Children 12-17 Count	Children 12-17 %	Youth 18-20 Count	Youth 18-20 %
FY 10-11	657	12.6%	1,553	29.8%	2,305	44.3%	690	13.3%
FY 11-12	663	12.3%	1,646	30.6%	2,340	43.5%	729	13.6%
FY 12-13	693	12.3%	1,783	31.7%	2,393	42.6%	752	13.4%
FY 13-14	605	10.1%	1,877	31.5%	2,669	44.8%	813	13.6%

*\*FY 13-14 claims are estimated to be 95% complete as of January 1, 2015.*

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Contra Costa County as of July 29, 2015**

Fiscal Year	Female Count	Female %	Male Count	Male %
FY 10-11	2,306	44.3%	2,899	55.7%
FY 11-12	2,417	44.9%	2,961	55.1%
FY 12-13	2,577	45.8%	3,044	54.2%
FY 13-14	2,769	46.4%	3,195	53.6%

**Penetration Rates\* Report: Children and Youth With At Least One SMHS Visit\*\*  
Contra Costa County as of July 29, 2015**

	FY 10-11			FY 11-12			FY 12-13			FY 13-14		
	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate
<b>All</b>	<b>5,205</b>	<b>81,438</b>	<b>6.4%</b>	<b>5,378</b>	<b>84,512</b>	<b>6.4%</b>	<b>5,621</b>	<b>98,333</b>	<b>5.7%</b>	<b>5,964</b>	<b>112,499</b>	<b>5.3%</b>
Children 0-5	657	31,259	2.1%	663	31,577	2.1%	693	33,125	2.1%	605	34,866	1.7%
Children 6-11	1,553	21,765	7.1%	1,646	23,090	7.1%	1,783	29,317	6.1%	1,877	33,489	5.6%
Children 12-17	2,305	18,385	12.5%	2,340	19,152	12.2%	2,393	24,604	9.7%	2,669	29,095	9.2%
Youth 18-20	690	10,029	6.9%	729	10,693	6.8%	752	11,287	6.7%	813	15,049	5.4%
Alaskan Native or American Indian	33	250	13.2%	35	220	15.9%	30	252	11.9%	30	257	11.7%
Asian or Pacific Islander	190	6,507	2.9%	179	6,720	2.7%	190	8,707	2.2%	217	12,003	1.8%
Black	1,527	17,062	8.9%	1,487	17,208	8.6%	1,525	17,995	8.5%	1,484	18,572	8.0%
Hispanic	1,632	34,694	4.7%	1,837	36,199	5.1%	1,890	42,610	4.4%	2,117	46,142	4.6%
White	1,282	12,815	10.0%	1,284	13,228	9.7%	1,378	14,647	9.4%	1,384	17,560	7.9%
Other	174	5,835	3.0%	188	6,505	2.9%	234	8,814	2.7%	284	11,585	2.5%
Unknown	367	4,275	8.6%	368	4,432	8.3%	374	5,308	7.0%	448	6,380	7.0%
Female	2,306	40,408	5.7%	2,417	42,085	5.7%	2,577	48,689	5.3%	2,769	55,667	5.0%
Male	2,899	41,030	7.1%	2,961	42,427	7.0%	3,044	49,644	6.1%	3,195	56,832	5.6%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

\*\*Children and Youth that have received at least one SMHS that was claimed through the Short-Doyle/ Medi-Cal claiming system on at least one (1) day in the Fiscal Year.

**Penetration Rates\* Report: Children and Youth With At Least One SMHS Visit\*\*  
Contra Costa County as of July 29, 2015**

	FY 10-11			FY 11-12			FY 12-13			FY 13-14		
	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate
<b>All</b>	<b>4,238</b>	<b>81,438</b>	<b>5.2%</b>	<b>4,399</b>	<b>84,512</b>	<b>5.2%</b>	<b>4,619</b>	<b>98,333</b>	<b>4.7%</b>	<b>4,863</b>	<b>112,499</b>	<b>4.3%</b>
Children 0-5	538	31,259	1.7%	562	31,577	1.8%	590	33,125	1.8%	509	34,866	1.5%
Children 6-11	1,332	21,765	6.1%	1,402	23,090	6.1%	1,519	29,317	5.2%	1,612	33,489	4.8%
Children 12-17	1,923	18,385	10.5%	1,943	19,152	10.1%	1,992	24,604	8.1%	2,188	29,095	7.5%
Youth 18-20	445	10,029	4.4%	492	10,693	4.6%	518	11,287	4.6%	554	15,049	3.7%
Alaskan Native or American Indian	26	250	10.4%	28	220	12.7%	21	252	8.3%	24	257	9.3%
Asian or Pacific Islander	164	6,507	2.5%	150	6,720	2.2%	156	8,707	1.8%	170	12,003	1.4%
Black	1,191	17,062	7.0%	1,211	17,208	7.0%	1,248	17,995	6.9%	1,201	18,572	6.5%
Hispanic	1,362	34,694	3.9%	1,517	36,199	4.2%	1,574	42,610	3.7%	1,781	46,142	3.9%
White	1,037	12,815	8.1%	1,047	13,228	7.9%	1,111	14,647	7.6%	1,094	17,560	6.2%
Other	140	5,835	2.4%	141	6,505	2.2%	193	8,814	2.2%	215	11,585	1.9%
Unknown	318	4,275	7.4%	305	4,432	6.9%	316	5,308	6.0%	378	6,380	5.9%
Female	1,856	40,408	4.6%	1,978	42,085	4.7%	2,120	48,689	4.4%	2,234	55,667	4.0%
Male	2,382	41,030	5.8%	2,421	42,427	5.7%	2,499	49,644	5.0%	2,629	56,832	4.6%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

\*\*Children and Youth that have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Year.



**Utilization Report\*: Approved Specialty Mental Health Services for Children and Youth  
Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year\*\*  
Contra Costa County as of July 29, 2015**

Fiscal Year	SDMC Total Approved	IHBS (Minutes)	ICC (Minutes)	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Therapeutic Behavioral Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)***	Hospital Inpatient Admin (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
FY 10-11	\$ 7,627.27	0	0	771	2293	9495	396	263	15	472	452	N/A	N/A	19	57	0
FY 11-12	\$ 7,525.73	0	0	746	2217	9826	421	305	15	662	620	N/A	N/A	15	43	0
FY 12-13	\$ 7,041.51	0	0	722	2353	7896	417	336	15	549	670	N/A	N/A	12	127	0
FY 13-14	\$ 8,699.28	1896	501	681	2648	7635	416	272	16	567	565	N/A	N/A	18	136	0
<b>MEAN</b>	<b>\$ 7,723.45</b>	<b>1896</b>	<b>501</b>	<b>730</b>	<b>2378</b>	<b>8713</b>	<b>412</b>	<b>294</b>	<b>15</b>	<b>562</b>	<b>577</b>	<b>N/A</b>	<b>N/A</b>	<b>16</b>	<b>91</b>	<b>0</b>

\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

\*\*\*This report contains inpatient services that were claimed through the Short-Doyle/Medi-Cal claiming system.

**Snapshot Report: Unique Count of Children and Youth Receiving SMHS  
Arriving, Exiting, and with Service Continuance by Fiscal Year  
Contra Costa County as of August 3, 2015**

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Children/Youth that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
Service Continuance	Children/Youth receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR).
Exiting	Children/Youth that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
Arriving & Exiting	A distinct category in which children/youth met both the criteria for <b>Arrivals</b> and <b>Exiting</b> above for the fiscal year.
Service Continuance & Exiting	A distinct category in which Children/Youth had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance (>= 2 YR) Count	Service Continuance (>= 2 YR) %	Service Continuance (<2 YR) Count	Service Continuance (< 2 YR) %	Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %	Service Continuance (>= 2 YR) & Exiting Count	Service Continuance (>= 2 YR) and Exiting %	Total Count	Total %
FY 12-13	1,461	26.0%	627	11.2%	566	10.1%	908	16.2%	1,673	29.8%	386	6.9%	5,621	100%
FY 13-14	1,355	22.7%	650	10.9%	698	11.7%	1,024	17.2%	1,877	31.5%	360	6.0%	5,964	100%

**Time to Step Down Report: Children and Youth Stepping Down in SMHS Services Post Inpatient Discharge  
Contra Costa County as of July 28, 2015**

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down within 30 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 30 Days of Discharge	Count of Inpatient Discharges with a Step Down > 30 Days from Discharge	Percentage of Inpatient Discharges with a Step Down > 30 Days from Discharge	Count of Inpatient Discharges with No Step Down**	Percentage of Inpatient Discharges with No Step Down	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 10-11	511	74.3%	581	84.4%	91	13.2%	16	2.3%	0	1599	25.3	0
FY 11-12	515	92.0%	538	96.1%	^	^	^	^	0	1057	10.9	0
FY 12-13	617	87.4%	654	92.6%	37	5.2%	15	2.1%	0	703	9.9	0
FY 13-14	669	84.8%	730	92.5%	37	4.7%	22	2.8%	0	355	6.6	0

\* This report contains inpatient services that were claimed through the Short-Doyle/Medi-Cal claiming system and the Fee-for-Service, California Medicaid Management Information System (CA-MMIS).

\*\*No Step Down is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date. This category may include data currently unavailable to DHCS, such as beneficiaries that w

^ Data has been suppressed to protect patient privacy.