

California Mental Health Planning Council

Executive Committee Meeting

October 15, 2014

Lake Natoma Inn
702 Gold Lake Drive
Folsom CA 95630
(916) 351-1500

Boardroom-Folsom

9:00 to 10:50 a.m.

Item #	Time	Topic	Presenter or Facilitator	Tab	Page
1.	9:00 am	Review and approve minutes from the June, July, and August 2014 Executive Committee Meetings	Monica Wilson, Chairperson	1	
2.	9:10 am	Report on Council Activities, Membership, and Future Meeting Agendas	Jane Adcock, Executive Officer		
3.	9:20 am	Review of Council Budget and Expenditures for end of FY 2013-14 and projected FY 2014-14 budget	Tamara Jones, Chief of Operations	2	
4.	9:40 am	Overview and Discussion of MH Master Plan Options and Role of Planning Council	Cynthia Burt, Consultant		
5.	10:05 am	Overview and Discussion of Council Actions to Explore Becoming a Behavioral Health Council	Jane Adcock and Tracy Thompson		
6.	10:15 am	Liaison Reports for CALMHB/C and CCMH	Susan Wilson and Daphne Shaw		
7.	10:30 am	Public Comment	Monica Wilson		
8.	10:40 am	New Business and Designate Dinner Coordinator	All		
9.	10:45 am	Evaluate the Meeting	Monica Wilson and All		
10.	10:50 am	Adjourn			

The scheduled times on the agenda are estimates and subject to change.

California Mental Health Planning Council

Committee Members:

Members:	Monica Wilson	Chairperson
	John Ryan	Past Chair
	Cindy Claflin	Chair Elect
	Patricia Bennett	Continuous System Improvement
	Noel O'Neill	CBHDA Liaison
	Susan Wilson	CALMHB/C Liaison
	Steven Grolnic- McClurg	Health Care Integration
	Barbara Mitchell	Advocacy
	Daphne Shaw	Patients' Rights
	Walter Shwe	At-Large Consumer
	VACANT	DHCS Representative
	Jane Adcock	Executive Officer

X INFORMATION

TAB SECTION: 1

___ ACTION REQUIRED:

DATE OF MEETING: 10/15/14

PREPARED BY: Adcock

DATE MATERIAL
PREPARED: 09/10/14

AGENDA ITEM: Review and Approve Exec Committee Minutes

ENCLOSURES:

- June 2014 Minutes
- July 2014 Minutes
- August 2014 Minutes

OTHER MATERIAL RELATED TO ITEM:

ISSUE:

There was no September Executive Committee meeting.

Executive Committee
Meeting Highlights

Hilton Hotel Oakland Airport
1 Hegenberger Road, Oakland, CA 94621
June 18, 2014
9:00 a.m. to 10:50 a.m.

Members Present

Cindy Claflin, Chair- Elect
John Ryan, Past Chair
Patricia Bennett
Steven Grolnic-McClurg
Daphne Shaw
Walter Shwe
Barbara Mitchell
Susan Wilson
Patricia Bennett

Staff

Jane Adcock
Tamara Jones

Others Present

Steve Leoni

Review and approve minutes from the April 2014 Executive Committee Meeting

Minutes were approved as written.

Report on Council Activities, Membership and Future Meeting Agendas

Adcock advised that the Council held its first public forum in Merced in early May. There was an excellent turnout and lively discussion on children's programs. The next forum is in San Bernardino at the end of July.

- Patricia Bennett: Will there be a summary of the take aways? *Answer:* Yes
- Adcock: We need to have a needs assessment. We are starting to look at what the gaps are and the areas that are not being served. These are things we can flesh out during the forums.
- Barbara Mitchell: A brief explanation on some of the critical issues would be helpful. It can be given to people at the door.
- There was discussion around providing translation services at the forums.
- Two new members have been appointed to the CMHPC. There are still vacancies.
- The October 2014 meeting agenda is planned but the January 2015 and beyond needs discussion. The Health Care Reform Committee may be slated for January 2015.
- Patricia Bennett would like to look at the legislation around mental health and Corrections and dealing with prison overcrowding.
- Barbara Mitchell would like to look at the issue of how mental health has been bifurcated into the medical managed care entities and the counties. Who serves which group of people?

There are no outcome measurements. Steven Grolnic-McClurg advised that the HCR committee is currently looking at this issue and will continue to look at the landscape of Health Care Reform. Who is doing oversight especially on the low to moderate?

- There was a consensus that the Health Care Reform Committee will present at the January 2015 meeting.
- It is important that each committee is able to discuss what they are doing.
- Mitchell: I would like to hear about licensing during the AOD presentation.
- Adcock will schedule an hour long call prior to Quarterly meetings for chairs to discuss what is on each committee agenda.

Review of Council Budget and Expenditures

Tamara Jones provided an overview of the Council Budget and Expenditures.

- Adcock advised she is seeking a contractor to work with a group from the council to go through the Master Plan and draft a scope of work to update it to determine the feasibility and cost.

Review of Transparency Statements

- There was one change to the Transparency Statement by Patricia Bennett.

A Motion made by Steven Grolnic-McClurg and seconded by Susan Wilson: The Transparency Statement was approved as presented.

Discussion of Council Integration with Substance Abuse to become a Behavioral Health Council

- John Ryan: SAMHSA has been encouraging all the Planning Council's in all the states to look at the integration of the Mental Health Planning Council with the Substance Abuse Planning Council. California does not have a Substance Abuse Planning Council. The CMHPC needs to have a discussion at the full meeting to consider this recommendation. A number of states have integrated. We should take a look at what the other states have done and what is happening there.

A motion made by Susan Wilson and seconded by Steven Grolnic-McClurg: Create an Ad Hoc Committee to work with staff to investigate and report back on the pros and cons of integration.

At the last meeting the Council discussed having public comment on this topic as well.

- Mitchell: Finding a consultant that is savvy in this process is a good idea.

- Bennett: I suggest we have a member from each of the standing committees on the ad hoc committee. I would also like to hear from SAMHSA.

Liaison Reports for CALMHB/C and CCMH

Daphne Shaw provided a brief report on the CCMH. A request was received to support a range of issues around the corrections system and mental illness. There is a concern that there is no mental health input on the MIOCR grant. The Advocacy Committee sent a letter to the CCMH on this issue. The CCMH is still following managed care issues.

Susan Wilson provided a brief report on the CALMHB/C. Jane Adcock has offered to work with them around any hotel issues. The contract with the MHSOAC was discussed for 2015. The CALMHB/C is still in dire need of support and funding. There was discussion around the Data Notebook.

Public Comment

No public comment.

New Business

Adcock passed out a listing of National, State, and County reports that include data about California's mental health system.

Adcock requested feedback on the new CMHPC brochure. The Executive Committee approved the brochure with "post-it" notes in it.

- The International Crisis Intervention Training is being held in Monterey October 13-15, 2014. It crosses one day of our PC meeting. They are in need of sponsors. It would be nice if one or more PC members could attend.
- Bennett attended the National Behavioral Health Council Conference in Washington DC. There is information on their website.
- Grolnic-McClurg: The CBHDA is sunsetting their Health Care Reform Committee. The Planning Council may want to discuss the Health Care Reform Committee's future.

Evaluate the Meeting

Members were pleased with the meeting.

Meeting Adjourned at 11:05 A.M

Executive Committee Meeting

7/18/14

1501 Capitol Avenue, Suite 3001, Sacramento, CA 95814

1-866-647-2156 code 1875269

Members Present

Pat Bennett
Barbara Mitchell
John Ryan
Walter Shwe
Daphne Shaw

Staff present

Jane Adcock
Tamara Jones
Tracy Thompson
Laura Leonelli

Others Present

Karen Hart
Cynthia Burt

Discuss Public Access to General Session

Over last year, the Council has offered a toll-free conference calling line for the public to listen to the General Session proceedings in “Listen Only” mode. This provides new access to individuals that are unable to attend in person but precludes them from participating or providing public comment.

Recently, members who were unable to attend the meeting in person used the ‘listen only’ line and have commented on their inability to be ‘counted’ in the meeting and to be able to comment or participate in Council discussions during the meeting.

The Executive Officer utilized an ‘operator assisted’ format to handle multiple callers to a meeting regarding Peer Certification. Callers were able to let the operator know when they had something to say and the operator then opened their telephone line to speak to the group one at a time. This could be used to allow members to participate in Council discussions and also to allow public comment at the specified times.

Estimated Costs:

Unmonitored call-in line is 3 cents per minute per line

(630min x .03= 94.5 x 5callers= \$94.50)

Monitored call-in line is 17 cents per minute per line

(630min x .17=107.1 x 5 callers= \$535.50)

- Barbara Mitchell: This is a good idea and it should be monitored
- Patricia Bennett: We need to be mindful to hold meetings at a place that is easy access from public transportation.

Members agreed to use monitored lines.

Discuss Council Process for Input to MHSOAC

Welfare and Institutions Code Section 5772(c)(1) requires the Planning Council to review and approve performance outcome measures.

The Mental Health Services Oversight and Accountability Commission (MHSOAC) has several projects in the pipeline which will include design of performance measures. Thus, a process needs to be created to flow Council member input to the MHSOAC activities without creating a barrier to the progress of the projects.

Recommendation: Create an ad hoc committee with representatives from all Council committees (with more from CSI) to work directly with the MHSOAC and serve as the conduit of input from the Council as a whole. Thus, the ad hoc would delve more deeply into the details of the projects and bring any larger issues to the full Council for weigh in, where appropriate.

- Patricia Bennett: Does the CSI committee have the time to lead this? The committee should have a discussion around this issue.
- Daphne Shaw: This could probably be done via the CSI Committee instead of having another committee.
- Susan Wilson: The CSI Committee will need to assess the work load.
- Daphne Shaw: Once the CSI Committee decides what is can do then we can open it up for other interested PC members.
- John Ryan: The entire council should be informed at the full council meetings.
- Susan Wilson: This can be a standing agenda item in the CSI committee and can be a part of our report out at the full council.

Discuss Solicitation for Consultant to Explore Feasibility of Updating the MH Master Plan

- Adcock has approached a number of possibly consultants to address the Master Plan update. The PC may need to do a request for proposal. Cynthia Burt might be interested in this.
- Jane Adcock: I would like some input on the Scope of Work draft. The consultant will identify what the various options are, what the methodologies are, cost it out and then draft a timeline. The PC members would then choose what option would be feasible.
- Patricia Bennett: I don't want us to lose sight that we are in agreement that this something that is important to do. We need to make sure it is done in a way that has value.
- Karen Hart: Everyone is moving toward behavioral health. Is this something that would cause us to put this moment off for a while?
- Daphne Shaw: I think this is part of the consideration but we don't need to necessarily put it off.

- Jane Adcock: We need to discuss an appropriate timeline, cost, and input on the scope of work.
- Patricia Bennett: A knowledgeable consultant should be able to do this in 90 days with participation of PC members.
- Barbara Mitchell: I feel it should be finished by December 2014. We also need to make sure that the PC knows that we are following through with what they feel is a priority.
- Jane Adcock: We will expand the scope of work to contain Behavioral Health.

Discuss Council Position on ACR 155

The damaging effects of physical and emotional trauma and resulting Post-Traumatic Stress Disorder have been studied, documented and reported since the 1990's. This information is being emphasized in mental health policy and planning at the Federal level and is now being recognized and implemented in local Mental Health Plans. The trauma-informed approach is transforming service delivery and impacts the child welfare system, the juvenile justice system, and treatment of substance abuse and domestic violence.

The Assembly Concurrent Resolution 155 is an acknowledgement of this issue by the Legislature, and requests the Governor "*to identify evidence-based solutions to reduce children's exposure to adverse childhood experiences, address the impacts of those experiences, and invest in preventive health care and mental health and wellness interventions.*"

The Continuous System Improvement Committee, at its meeting on June 18, 2014, included a panel presentation on Trauma-Informed Care. Two of the presenting organizations, Youth Alive and the Center for Youth Wellness, are supporting this legislation and requested CMHPC support in the form of a letter addressed to the Resolution's author. If approved, Staff will draft a letter for the Chair's signature.

A motion made by Patricia Bennett and seconded by Susan Wilson: *The PC will draft a support letter on the Assembly Concurrent Resolution 155.*

Motion Passed

No Abstentions

No Oppositions

- Barbara Mitchell: Is there any cost? Will this fall to the PC in the long run? *Answer:* There is no cost – this is just a first step to get this issue in the political world.

Public Comment

No public comment

New Business

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- Patricia Bennett: With regards to the Assisted Outpatient Treatment (AOT) I have done some research and found there are no adequate studies done on AOT efficacy to answer the question whether it is an effective treatment option. I would like the Council to advocate for an evaluation design to be implemented soon in California because more and more counties are establishing AOT programs.
- John Ryan: The PC should write a letter to these 4 counties and let them know we are concerned about the evaluation of this. Are there plans or requirements to evaluate? Then we would have a good basis to go to the MHSOAC or the DHCS.
- Patricia Bennett: Many of the counties are implementing and interpreting this in different ways. I would like to see a statewide evaluation.
- Barbara Mitchell: I suggest that we send this issue to the Advocacy Committee to look at and make a recommendation.

Meeting Adjourned

Executive Committee Meeting

08/15/14

1501 Capitol Avenue, Suite 3001, Sacramento, CA 95814

1-866-647-2156 code 1875269

Members Present

Monica Wilson
Cindy Claflin
John Ryan
Walter Shwe
Daphne Shaw
Noel McNeil
Steven Grolnic-McClurg

Staff present

Jane Adcock
Tamara Jones
Tracy Thompson

Welcome and Introductions

- SAMHSA Virtual monitoring review: would like as many PC members present as possible. PC interview moved to the 21st
- Steven Grolnic-McClurg: We have enough funds for people to attend in person.
- Jane looking into the possibility of calling in. She will also touch base with John Perez

Design a Process to Operationalize WIC 5772(c)

We would be reviewing reports from other sources. The OAC is one of those sources. OAC has released 3 new reports (2 FSP and one PEI report) that the PC need to review. How do we go about this?

- Daphne Shaw: When UCLA came out with that first piece we looked at that and provided feedback.
- John Ryan: In the past we looked at from the POV of general interest but not necessarily review.
- Daphne Shaw: Can we look at recommendations that have come out by the MHSOAC and then agree or disagree?
- Noel O'Neill: Check with the CBHDA to see if one of their committees is also reviewing this.

Confirm Process for Evaluation of Executive Officer

Monica advised that possibly survey monkey will be used.

Review Scope of Work for Consultant to Explore

Members reviewed the draft scope of work. Members agreed the draft looked fine. Jane will be sending out an email soliciting volunteers for workgroups within the council.

Feasibility of Updating the MH Master Plan

A Contractor will work with an Ad Hoc Committee and staff to outline the feasibility of updating the Master Plan as well as draft the Scope of work.

Public Comment

No Public Comment

New Business

Jane is part of a new workgroup that will work on steps to explore, find, and implement a new data reporting system. The MHSOAC has some funding designated.

There is no DHCS liaison yet

Meeting Adjourned

X INFORMATION

TAB SECTION 2

_____ ACTION REQUIRED

DATE OF MEETING 10/15/14

MATERIAL
PREPARED BY: Jones

DATE MATERIAL
PREPARED 09/19/14

AGENDA ITEM:	Review of Council Budget and Expenditures for end of FY 2013-14 and projected FY 2014-15
ENCLOSURES:	Expenditure Report for FYs 2013-2014 and 2014-2015 Projected budget for FY 2014-2015
OTHER MATERIAL RELATED TO ITEM:	

ISSUE: