

California Mental Health Planning Council

**Continuous System Improvement Committee**  
**Holiday Inn San Jose-Silicon Valley**  
**1350 N 1st Street, San Jose, CA 95112**  
**April 20, 2017**  
**Room: Salon D, 8:30am – 12:00pm**

<b>Time</b>	<b>Topic</b>	<b>Presenter or Facilitator</b>	<b>Tab</b>
8:30am	Planning Council Issue Requests	All Members	
8:35am	Welcome and Introductions	Walter Shwe, Chair Raja Mitry, Chair-elect	
8:40am	Review/Approve January and March Minutes	All Members	A
8:50am	Exploring New Name for CSI Committee	All Members	
9:00am	Presentation: San Mateo County, BHRS on Aging and Older Adults	Diane Dworkin, LCSW	B
9:45am	Break		
10:00am	Presentation: Findings from BH Data on Older Adults	Saumitra SenGupta, Executive Director, Ph.D., Behavioral Health Concepts	C
11:00am	Data Notebook(DNB): Discussion on Submission Received/Progress Being Developed on 2017 DNB	Linda Dickerson, Susan Wilson	
11:45am	Evaluate Meeting and Develop Next Meeting Agenda	All Members	D
11:55am	Public Comment		

**The scheduled times on the agenda are estimates and subject to change.**

Committee Members:

**Chair: Walter Shwe**

**Chair-Elect: Raja Mitry**

Members:

Karen Hart, Celeste Hunter, Esmeralda Liberato,  
Lorraine Flores, Monica Nepomuceno, Noel O'Neill, Susan Wilson,

**If reasonable accommodations are needed, please contact the CMHPC at (916) 552-9560 no less than 5 working days prior to the meeting date.**

\_\_\_\_\_ **INFORMATION** **TAB SECTION** **A**

**X** **ACTION REQUIRED:** **DATE OF MEETING**  
Approve Minutes **04/20/2017**

**MATERIAL** Sack **DATE MATERIAL**  
**PREPARED BY:** Keophimane **PREPARED** 03/20/2017

<b>AGENDA ITEM:</b>	Approval of CSI Committee Meeting Minutes
<b>ENCLOSURES:</b>	<ul style="list-style-type: none"><li>• Minutes of CSI Meetings from January and March 2017</li></ul>
<b>OTHER MATERIAL RELATED TO ITEM:</b>	None

**ISSUE:**

Continuous System Improvement Committee review and approval of minutes from the January 2017, quarterly meeting in San Diego, CA and March 2017, in-between meeting, Sacramento, CA.

## **Continuous System Improvement Committee**

January 19, 2017

595 Hotel Circle South

San Diego, CA 92108

Room: Convene three, 3<sup>rd</sup> Floor, 8:30am-12pm

### **Committee Members present:**

Walter Shwe, Chair                      Raja Mitry, Chair-elect

Susan Wilson                              Noel O'Neill

Celeste Hunter

### **Committee Members Call-In:**

Karen Hart

### **Staff present:**

Sack Keophimane, Linda Dickerson

### **Others present:**

Patrick Foley, Program Manager for McAlister Institute

### **Planning Council Issue Requests:**

### **Welcome and Introductions:**

Walter welcomed the committee members and staff present. He asked the committee present to introduce themselves. It was announced that a quorum was established.

### **Review and Approve June meeting minutes:**

Motion to approve January 19, 2017 minutes by Susan W., seconded by Noel O.

Minutes unanimously approved.

### **Data Notebook (DNB) 2016: Development of Theme/Topic for Next DNB for 2017:**

Susan mentioned that the DNB was released to the counties and UC Berkeley in December 2016. She asked the committee to pick a topic for the 2017 DNB.

Linda suggested we could explore older adults as the new topic for the DNB. A few suggestions were briefly raised by committee members.

Noel said the older adults' topic is a good option to explore. We could address the issues and culture of that population.

Raja mentioned that we could learn how different cultures view older adults. Some cultures appreciate older people because they are wise, honorable, and have life experiences.

The committee voted unanimously that the new 2017 DNB topic is regarding older adults with an emphasis on cultural experience.

The committee members would like to change the name of this committee from CSI to Quality Improvement and Evaluation (QIE) committee.

### **Work Plan Review:**

Work Plan Goal Number One:

Received data back from the counties.

Work Plan Goal Number Two:

Sack, Tom, and Lorraine were working on the LGBTQ white paper report around October and November of 2016. Sack forward the final draft to Lorraine because she would like to review it first before Sack passes the report to Jane.

Work Plan Goal Number Three:

The committee will focus on cultural differences in mental health pertaining to aging and substance use disorders and alcohol and other drugs.

The committee will identify best practices to treat behavioral health regarding the aging population and cultural differences.

### **Guest Presenter Patrick Foley:**

Patrick Foley, who is the program manager for McAlister Institute, presented information on youth substance use disorder programs and services in San Diego County. McAlister serves youth between 12 to 18 years old. Majority of the youth who are in the program are males. They have on-site programs and mental health service counselors' available throughout most of the high schools in San Diego County. They also provide inpatient and outpatient services for individuals who need immediate service.

Patrick mentioned that Prevention Early Intervention (PEI) is important in increasing awareness. McAlister has established PEI curriculum as a learning tool for youth who are going through their program. Parents can attend the recovery process with their kids if they wish to.

Patrick has been working in this field for almost 14 years and believe that most youth who seek help from McAlister Institute have benefited.

**Public Comment:**

**Meeting Adjourned at 12pm**

## **Continuous System Improvement (CSI) Committee**

March 6, 2017

1000 G Street

Sacramento, CA 95814

Room: Meeting Room, 4<sup>th</sup> Floor, 2pm-3pm

### **Committee Members present:**

#### **Committee Members Call-In:**

Walter Shwe, Chair	Raja Mitry, Chair-elect
Susan Wilson	Karen Hart

#### **Staff present:**

Sack Keophimane, Linda Dickerson, Jane Adcock

#### **Others present:**

#### **Welcome and Introductions:**

Walter welcomed the committee members and staff present.

#### **Review and Approve June meeting minutes:**

#### **EQRO Presenter:**

The committee members will have guest presenters from CalEQRO, Santa Clara Behavioral Health and/or San Mateo County Behavioral Health present information on data and programs regarding older adults at the April 2017 quarterly meeting in San Jose, CA.

The committee unanimously agreed to title the white paper report "California Mental Health Planning Council, Continuous System Improvement Committee, 2015-16: Summary Findings Regarding Lesbian, Gay, Bisexual, Transgender, and Queer/Questioning Youth. "

The committee is planning to change the name of the CSI committee. They will have further discussion at the April 2017 meeting.

#### **Public Comment:**

Meeting Adjourned at 3pm.

\_\_\_\_\_ INFORMATION

TAB SECTION B

\_\_\_X\_\_\_ ACTION REQUIRED

DATE OF MEETING 04/20/17

**MATERIAL**  
**PREPARED BY:** Sack Keophimane

**DATE MATERIAL**  
**PREPARED** 03/20/2017

<b>AGENDA ITEM:</b>	Information on aging and older adult services in San Mateo County Behavioral Health and Recovery Services (SMCBHRS).
<b>ENCLOSURES:</b>	
<b>OTHER MATERIAL RELATED TO ITEM:</b>	

**ISSUE:**

The committee agreed that the theme for the 2017 Data Notebook topic would be on older adults with an emphasis on cultural experience. During the January 2017 quarterly meeting as well as the March 2007 in-between meeting, the committee thought it would be beneficial to have a presenter provide information on aging and older adult mental health services and programs in Santa Clara County or San Mateo County.

Diane Dworkin, who is a Licensed Clinical Social Worker and Clinical Services Manager for SMCBHRS, will present information on mental health services and programs in San Mateo County and the bay area. Additionally, she will highlight the demographic, cultural diversity, prevention, early intervention, and treatment of mental illness and substance use condition for the aging population.

For more information on SMBHRS, please refer to this link at:

<http://www.smchealth.org/bhrs>

\_\_\_\_\_ INFORMATION

TAB SECTION C

\_\_\_X\_\_\_ ACTION REQUIRED

DATE OF MEETING 04/20/17

**MATERIAL  
PREPARED BY:** Sack Keophimane

**DATE MATERIAL  
PREPARED** 03/20/2017

<b>AGENDA ITEM:</b>	Presentation on findings from Behavioral Health Concepts (BHC) data on older adults.
<b>ENCLOSURES:</b>	
<b>OTHER MATERIAL RELATED TO ITEM:</b>	

**ISSUE:**

BHCs' executive director, Saumitra SenGupta, Ph.D., will provide a presentation regarding county data and statewide reports on older adults and mental health issues. Dr. SenGupta will provide a breakdown of the data for services by age group, and by race/ethnicity within age groups, and gender within the over 60 age group.

The committee believes the presentation on the data, reports, and mental health issues will help in preparing for the development of the 2017 Data Notebook (DNB) topic focused on Older Adults. In addition, the information gained from the presentation may provide positive resources and tools for the DNB.

For more information about Behavioral Health Concepts, please visit the website at: <http://bhceqro.com/>



\_\_\_\_\_ INFORMATION

TAB SECTION D

\_\_\_X\_\_\_ ACTION REQUIRED

DATE OF MEETING 04/20/17

**MATERIAL  
PREPARED BY:** Sack Keophimane

**DATE MATERIAL  
PREPARED** 03/20/2017

<b>AGENDA ITEM:</b>	Work plan review: Plan, revise, and update work plan.
<b>ENCLOSURES:</b>	2017 Work Plan
<b>OTHER MATERIAL RELATED TO ITEM:</b>	

**ISSUE:**

The work plan guides the actions of the CSI committee throughout the year. This agenda item will give committee members an opportunity to review and revise the work plan as they deem necessary.

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**2017 Draft Work Plan:**

<b>Goal #1: Complete Data Notebook</b>	<b>Target Audience</b>
<i>WIC 5772 ...In conjunction with other statewide and local mental health organizations assist in the coordination of training and information to local mental health boards as needed to ensure that they can effectively carry out their duties...</i>	Local Mental Health Boards  Mental Health Stakeholders

Objectives	Action Steps	Timeline	Leads
<ul style="list-style-type: none"> <li>• Fulfill obligation of WIC 5772</li> </ul>	<ul style="list-style-type: none"> <li>• Determine what available data exists for children and youth.</li> <li>• Determine the questions for Data Notebook</li> <li>• Send data and questions to Mental Health Boards.</li> <li>• Receive data back</li> <li>• Compile/Analyze Input.</li> <li>• Draft Statewide Report</li> <li>• Draft Report complete</li> <li>• CMHPC approval; final edits; disseminate to stakeholders and target audience</li> </ul>	<p>February 2016</p> <p>July 2016</p> <p>November 2016</p> <p>June 2017</p> <p>October 2017: Draft report</p> <p>December 2017: Planning Council final input</p> <p>January 2018: Final draft to Council</p>	<p>Linda Dickerson</p> <p>Susan Wilson</p>

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<b>Goal #2: Final Edit</b> <b>January 2017</b>	<b>Target Audience</b>
Identify best practices and make recommendations for mental health treatment of LGBTQ youth.	Stakeholders: County Behavioral Health Depts. agencies, families, advocates, legislature.

Objectives	Action Steps	Timeline	Leads
<p>Gather Information from community organizations and experts who serve LGBTQ youth.</p> <p>Identify any disparities which exist within the CA Mental Health System which may negatively affect the access to care and quality of care for LGBTQ youth.</p> <p>Identify best practices for reducing suicide and homelessness among LGBTQ youth.</p> <p>Create a report with recommendations.</p>	<ul style="list-style-type: none"> <li>• Organize presentations by community program leaders and experts in the field of LGBTQ mental health in 2 – 3 areas or regions of CA.</li> <li>• Research recent studies on LGBTQ mental health issues, urgent matters which need attention, and innovative programs that show promise.</li> <li>• Draft report for CSI Committee review Include review of other planning council member with expertise in the subject matter.</li> <li>• Draft report complete; CMHPC approval; final edits</li> <li>• Final approval; disseminate to stakeholders</li> </ul>	<p>January 2017, April 2016, June 2016</p> <p>January – June 2016</p> <p>August 2016</p> <p>January 2017</p> <p>January 2017</p>	<p>Lorraine Flores</p> <p>Tom Orrock</p>

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<p><b>Goal #3</b></p> <p>To fulfill the CMHPC mandate of WIC 5772:</p> <p><b><u>WIC 5772</u></b> <i>To review and approve the performance outcome measures.</i></p>	<p><b>Target Audience</b></p> <p>MHSA Oversight and Accountability Commission          CA Mental Health Planning Council members          County Behavioral Health agencies          MH Boards/Commissions</p> <p>MH Stakeholders statewide</p>
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Objectives	Action Steps	Timeline	Leads
<p>Research</p>     <p>Adoption of CMHPC recommendations for updates</p>	<ul style="list-style-type: none"> <li>Committee members to become well versed on Performance Indicators (outcome measures) through participation in work group and task force presentations.</li> <li>Develop updated Performance Indicators and report to planning council and CSI Committee</li> <li>Report to CMHPC at Full Council meeting</li> </ul>	<p>January 2016- ongoing</p>    <p>October/November 2016</p> <p>October 2016 Quarterly Meeting</p>	<p>Linda Dickerson</p> <p>MH Indicators Task Force/work group members:          Lorraine Flores          ?          ?          ?</p>