



TBS Training Monterey County



Date
May 27, 2010

Location:
Monterey County Parks – Laguna Seca – Trackview Pavilion
1025 Monterey-Salinas Highway 68
Salinas, CA 93908

9:00am – 4:00pm

AGENDA

- 9:00am – 10:00am **Introductions – All Participants**
Mary Jane Alumbaugh, Ph.D. and Tom Sodergren, Director of Community Based Services, Casa Pacifica, Troy Konarski, DMH
- 9:10am – 10:00am **Overview of TBS Nine Point Plan and Related Administrative Changes**
Mary Jane Alumbaugh, Ph.D.
- 10:00am – 12:00pm **Breakout Session I: Interagency Coordination – Interagency Representatives**
Mary Jane Alumbaugh, Ph.D., Tom Sodergren, Director of Community Based Services, Casa Pacifica
- The Four Questions
 - Strategies for Referrals
 - Facilitating Interagency Referrals
 - Proactive
 - Forming partnerships
 - Education about TBS
 - “Footwork”
- 10:00am – 12:00pm **Breakout Session II: TBS Services and Documentation – Mental Health Providers**
Kimberly Valenzuela, Ph.D.
- Overview of TBS/What Does TBS Look Like
 - Definition
 - Short term, behaviorally-focused intervention
 - Focus on teaching the intervention to the child’s support system.
 - Assessment
 - Who, when , where, what (is needed to do an assessment)
 - What is the process for doing an assessment

- Sharing the assessment/behavior plan with the team
- Sample Completed Assessment

12:00pm – 1:00pm **Lunch Break**

1:00pm – 4:00pm **Breakout Session II (continues)**

Tom Sodergren

Kimberly Valenzuela, Ph.D.

- Behavior Plans
 - What is in a behavior plan
 - Who does the behavior plan do
 - What is a target behavior
 - How many target behaviors are identified
 - How are target behaviors ranked in terms of the intervention
 - Safety plans
 - How are the interventions described
 - Is there a plan to transfer the intervention to the support system
 - Time lines
 - (Sample plan)
- TBS Interventions in Different Settings
 - TBS with Child Welfare Youth
 - Working with placing agency social workers
 - TBS in foster care
 - Vignette
 - TBS in School
 - Working in the classroom
 - Working with school personnel
 - Working in the SED vs. regular classroom
 - Vignette
 - TBS with Probation Youth
 - TBS and Probation Officers
 - Working with Juvenile Court
 - Safety plans
 - Vignette
- Concluding TBS Services
 - When to begin termination (fading)
 - Transition plans
- Concluding Remarks

HANDOUTS: Assessment Plans, Treatment Plans, Notes, Evaluation of Training

