



CALIFORNIA OFFICE OF SUICIDE PREVENTION

Every Californian is Part of the Solution...

How will you contribute?



DEC.
2011

News in Brief

The California Department of Mental Health (DMH), Office of Suicide Prevention (OSP) is pleased to present this edition of News In Brief- In order to minimize the number of email messages you get from our office we are putting together this News in Brief document to share with you some news and resources in one concise document.

Contact us at suicideprevention@dmh.ca.gov.

We look forward to hearing from you!

ELECTED OFFICIALS SUICIDE PREVENTION TRAINING -January 13, 2012

As part of Santa Clara County's comprehensive County-wide Suicide Prevention Strategic Plan, the Mental Health Department in partnership with the Santa Clara County Cities Association and the County Office of Education, are providing an important training opportunity that will:

- Review the County-wide suicide prevention efforts
- Provide basic understanding of suicide
- Practice creating responses to media requests for comments on suicide deaths in a responsible manner, preventing additional suicides, through a 30 minute breakout session
- Twenty minute breakout group by city, to discuss how the cities can identify easy, no-cost means to collaborate to create some level of suicide prevention awareness and planning in their cities.

With three times as many residents dying by suicide than by homicide, Santa Clara County residents will greatly benefit from their city officials, Public Information Officers, Education Board Members, Education leadership, and Law Enforcement/ Emergency Response officials having a better understanding of their role in preventing suicides.

For any questions contact Elena Tindall, Suicide Prevention Coordinator for Santa Clara County at (408) 793-5843, or please [click here](#) to register. When registering please provide your name, phone number, title, and city. Elena has graciously agreed to reserve ten spaces for participants from neighboring counties on a first come first serve basis.

NATIVE STREAMING INSTITUTE (NSI) WEBINARS

Native Streams Institute (NSI) is pleased to announce the following webinar series has been posted on the EDC's Tribal Youth Program website at http://www.tribalyouthprogram.org/events_archive or access the link for the webinar by clicking on the link below:

- November 30, 2011: [Community Driven Approach to Suicide Prevention with Mary Cwik, Angie Lee, Petrice Post, and Gayle Jaffe](#)
- October 27, 2011: [Re-Building Personal Power with Native Girls, with Tawna Sanchez](#)
- October 11, 2011: [Your Cultures Know How to Bring Wellness to our Young Life-givers, with Theda NewBreast](#)

If you have any questions about what was discussed or would like to know more about NSI, please feel free to contact Stephanie Autumn (sautumn@edc.org) or Elly Stout (estout@edc.org)

The Vision of the California Office of Suicide Prevention

To implement & support a full range of strategies, from *prevention through crisis intervention and postvention* to prevent suicide and suicidal behaviors in California.



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REAL WARRIORS CAMPAIGN LAUNCHES WEBPAGE

The Real Warriors Campaign now includes a webpage on suicide prevention training for military supervisors and unit leaders. The webpage describes how leaders can establish a supportive command atmosphere by fostering a culture of engagement with subordinates and peers that encourages service members to ask for help and seek treatment when needed. The webpage also explains how to identify those at risk for suicide and how to respond. The Real Warriors Campaign is an initiative of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) to build resilience, facilitate recovery and support reintegration of returning service members, veterans and their families. For more information <http://www.realwarriors.net/active/leaders/suicideprevention.php>

FACEBOOK ANNOUNCES A NEW SERVICE TO HELP SUICIDE PREVENTION

Facebook announces a new service that harnesses the power of social networking and crisis support to help prevent suicides across the nation and Canada. The new service enables Facebook users to report a suicidal comment they see posted by a friend to Facebook using either the [Report Suicidal Content](#) link or the report links found throughout the site. The person who posted the suicidal comment will then immediately receive an e-mail from Facebook encouraging them to call the National Suicide Prevention Lifeline 1-800-273-TALK (8255) or to click on a link to begin a confidential chat session with a crisis worker.

Here is the link to SAMHSA's press release on this new collaborative effort:

<http://www.samhsa.gov/newsroom/advisories/1112125820.aspx>

CalMHSA SUICIDE PREVENTION ADMINISTERED PROGRAMS:

The California Mental Health Services Authority (CalMHSA) is administering three statewide projects: Suicide Prevention, Stigma and Discrimination Reduction and Student Mental Health. The following agencies have been funded to do Suicide Prevention programs:

- AdEase
- Didi Hirsch Psychiatric Services
- Family Service Agency of the Central Coast
- Family Services Agency of Marin
- Institute on Aging Center
- Kings View
- Livingworks
- San Francisco Suicide Prevention
- Transitions Mental Health Association

CalMHSA Prevention and Early Intervention Statewide Projects Abbreviated Summary & Key Activities Report

provides a good summary of the funded projects and contractors information. For more information on CalMHSA and the three statewide projects they are administering please visit their website at <http://www.calmhsa.org/>.

HAVE YOU VISITED THE SUICIDE PREVENTION RESOURCE CENTER'S (SPRC) ONLINE TRAINING SITE?

The mission of the SPRC's online training site is to train service providers, educators, health professionals, public officials, and community-based coalitions to develop effective suicide prevention programs and policies. All courses are available free of charge and can be completed at your own pace. <http://training.sprc.org/>