## Performance Outcomes Adult Specialty Mental Health Services Report Report Date August, 2017

#### Background

This report measures the effectiveness of adult specialty mental health services. It models reports developed to measure Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services as mandated by Welfare and Institutions Code Section 14707.5. The intent of these reports is to improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services.

Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop a Performance Measurement Paradigm, and to design indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.aspx.

#### Overview

Three reports will be provided: statewide aggregate data; population-based county groups; and county-specific data. These aggregate reports provide adult information on the initial indicators that were developed for the Performance Outcomes System. DHCS plans to move to annual reporting of these data for the Performance Outcomes System.

The first series of charts and tables focus on the demographics of adults 21\* and older who are receiving SMHS based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Utilization of services reports are shown in terms of dollars, as well as by service in time increments. Two types of penetration information are provided; both penetration rate tables are also broken out by demographic characteristics. The snapshot table provides a point-in-time view of adults arriving, exiting, and continuing services over a two-year period. The time-to-step-down table provides a view over the past four years of the time to stepdown services following inpatient discharge.

Where possible, the reports provide trend information by displaying information for Fiscal Years (FY) 12/13, 13/14, 14/15, and 15/16.

#### Definitions

\*Population - Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:
 Age 21 or older during the approved date of service on the claim.

#### Data Sources -

Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 12/13 through FY 15/16.
 Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 12/13 through 15/16.

## Performance Outcomes Adult Specialty Mental Health Services Report Report Date August, 2017

#### **Additional Information**

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at: <a href="http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog\_Sept15Reporting\_Final\_1.11.15.pdf">http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog\_Sept15Reporting\_Final\_1.11.15.pdf</a>

#### Note on Privacy:

The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium; whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A "Public Aggregate Reporting – DHCS Business Reports" process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, these data are represented as follows: 1) Data that are missing is indicated as "-" 2) Data that have been suppressed due to privacy concerns is indicated as "^".

#### **Report Highlights**

\*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.

\*The **penetration** rates reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology makes comparison between the POS penetration rates and the EQRO penetration rates not appropriate nor useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of adults who received a number of SMHS (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible adults for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

\*The **snapshot** report provides a point-in-time look at adults' movement through the SMHS system. The report uses five general categories to classify if an adult is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). As of now, this report only classifies adults and their service usage for FY 12/13 through FY15/16. Eventually the snapshot data will be used along with measures of service effectiveness to identify whether adults are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here: <a href="http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx">http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx</a>

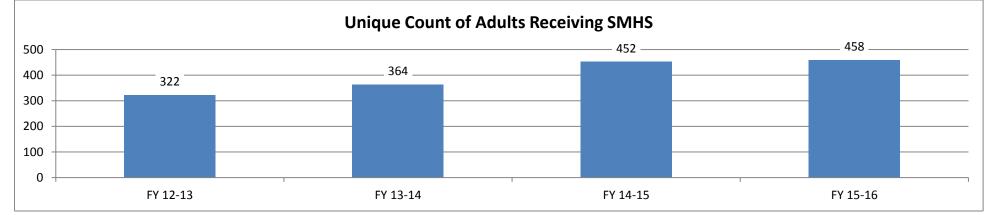
\*The psychiatric emergency services/hospital data measured in the **time to step-down services** report relies solely on claims data from Short Doyle/Medi-Cal II. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based on the county of the hospital from which the patient is discharged and receives step-down services.

Please contact cmhpos@dhcs.ca.gov for any questions regarding this report.

# Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
FY 12-13	322		3,479	
FY 13-14	364	13.0%	4,765	37.0%
FY 14-15	452	24.2%	5,902	23.9%
FY 15-16	458	1.3%	6,470	9.6%
Compound Annual Growth Rate SFY**		12.5%		23.0%

Glenn County as of August, 2017



\*SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.

\*\*SFY = State Fiscal Year which is July 1 through June 30.

# Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year

Glenn County as of August, 2017

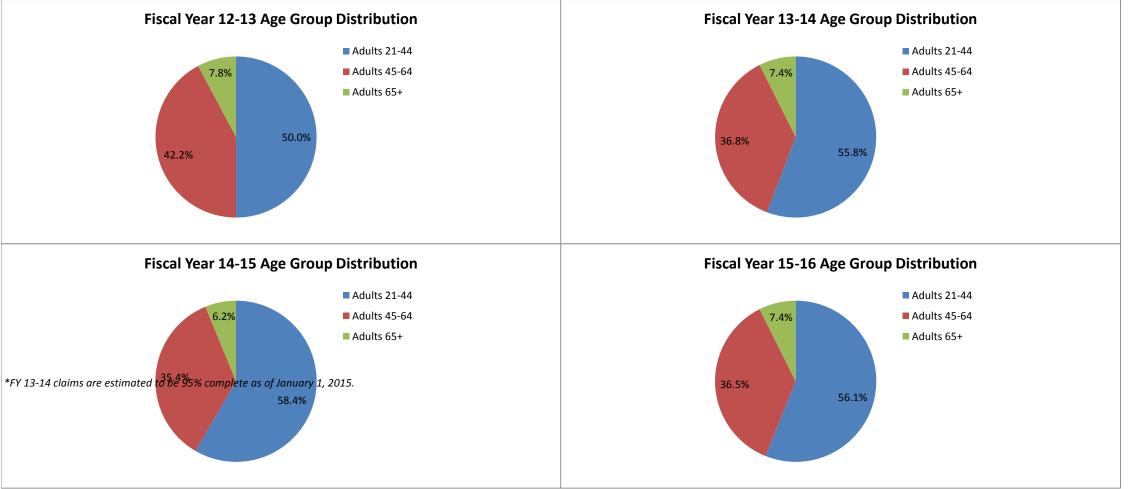
Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %		
FY 12-13	^	٨	21	6.5%	٨	٨	40	12.4%	206	64.0%	٨	٨	36	11.2%		
FY 13-14	^	۸	20	5.5%	۸	۸	68	18.7%	227	62.4%	^	۸	35	9.6%		
Y 14-15	^	۸	24	5.3%	٨	۸	85	18.8%	279	61.7%	۸	۸	47	10.4%		
Y 15-16	^	۸	11	2.4%	^	۸	87	19.0%	308	67.2%	^	۸	34	7.4%		
		Fiscal Y	/ear 12-13 F	Race Distrib	ution				Fis	cal Year 13	-14 Race Di	stribution				
	۸	11% ^ 79	^	Inc	iskan Native or A lian an or Pacific Isla				^ 10%	^ ^ 6%		Alaskan Nat Indian Asian or Pac	ive or American ific Islander			
				Bla	ick							Black				
			12%	His	panic	nic 19%						Hispanic				
				Wł	nite							White				
		64%		Otl	her				62%			Other				
				Un	known							Unknown				
	۸	٨	/ear 14-15 F	Race Distrib Ala Inc	NOT PF ution Iskan Native or A lian an or Pacific Isla	merican	ED DU	E TO S	Fis		ZES. -16 Race Dis		ive or American ific Islander			
			19%	Bla	ck					19%		Black				
19% Hispanic												Hispanic				
	claims are estima	ted to be 95% c	omplete as of Ja	nuary 1, 2015 <sub>Wł</sub>	nite							White				
FY 13-14 c												Other				
*FY 13-14 с		62%		Ot	her				67%			Other				

Please note: This report uses the Medi-Cal Eligibility Data System to obtain race/ethnicity data. CDSS uses Child Welfare Services/Case Management System to obtain race/ethnicity data. For more information, please refer to the Measures Catalog. ^ Data has been suppressed to protect patient privacy.

# Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year

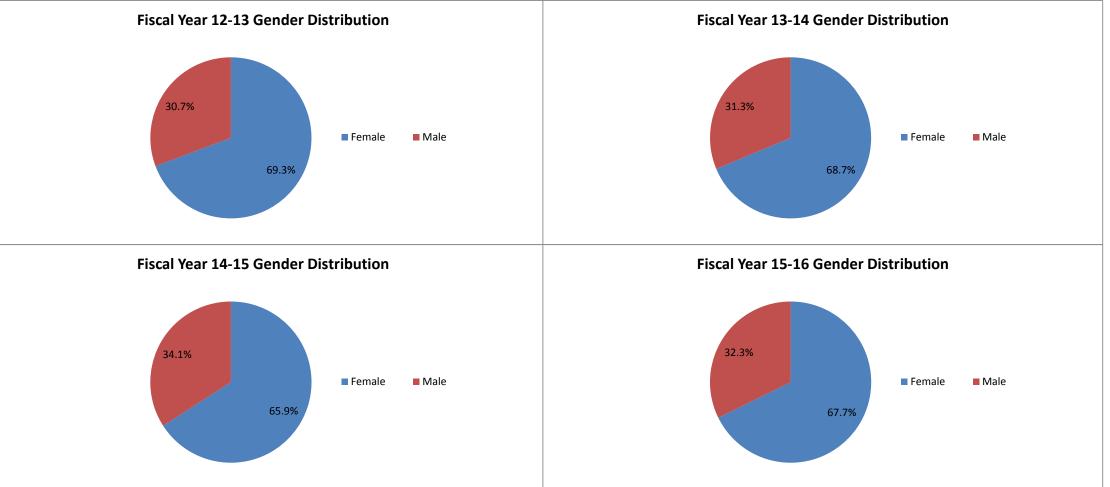
Glenn County as of August, 2017

Fiscal Year	Adults 21-44 Count	Adults 21-44 %	Adults 45-64 Count	Adults 45-64 %	Adults 65+ Count	Adults 65+ %
FY 12-13	161	50.0%	136	42.2%	25	7.8%
FY 13-14	203	55.8%	134	36.8%	27	7.4%
FY 14-15	264	58.4%	160	35.4%	28	6.2%
FY 15-16	257	56.1%	167	36.5%	34	7.4%



# Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year Glenn County as of August, 2017

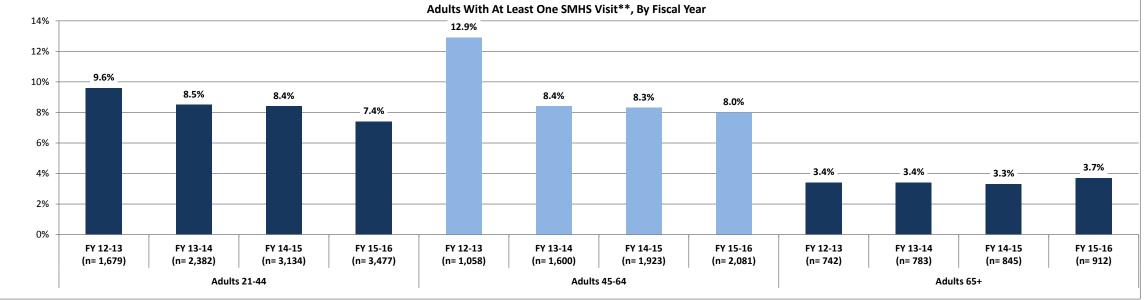
Fiscal Year	Female Count	Female %	Male Count	Male %
FY 12-13	223	69.3%	99	30.7%
FY 13-14	250	68.7%	114	31.3%
FY 14-15	298	65.9%	154	34.1%
FY 15-16	310	67.7%	148	32.3%



#### Penetration Rates\* Report: Adults With At Least One SMHS Visit\*\* Glenn County as of August, 2017

		FY 12-13			FY 13-14			FY 14-15			FY 15-16	FY 15-16			
	Adults and	Certified		Adults and	Certified		Adults and	Certified		Adults and	Certified				
	Older Adults	Eligible	Penetration	Older Adults	Eligible Adults	Penetration	Older Adults	Eligible	Penetration	Older Adults	Eligible Adults	Penetration			
	with 1 or	Adults and	Rate	with 1 or	and Older	Rate	with 1 or more	Adults and	Rate	with 1 or more	and Older	Rate			
	more SMHS	<b>Older Adults</b>		more SMHS	Adults		SMHS Visits	Older Adults		SMHS Visits	Adults				
All	322	3,479	9.3%	364	4,765	7.6%	452	5,902	7.7%	458	6,470	7.1%			
Adults 21-44	161	1,679	9.6%	203	2,382	8.5%	264	3,134	8.4%	257	3,477	7.4%			
Adults 45-64	136	1,058	12.9%	134	1,600	8.4%	160	1,923	8.3%	167	2,081	8.0%			
Adults 65+	25	742	3.4%	27	783	3.4%	28	845	3.3%	34	912	3.7%			
Alaskan Native or American Indian	^	97	٨	٨	113	۸	^	143	^	^	148	^			
Asian or Pacific Islander	21	181	11.6%	20	232	8.6%	24	265	9.1%	11	288	3.8%			
Black	۸	36	۸	۸	55	^	^	58	۸	^	73	^			
Hispanic	40	1,089	3.7%	68	1,588	4.3%	85	2,141	4.0%	87	2,419	3.6%			
White	206	1,832	11.2%	227	2,468	9.2%	279	2,947	9.5%	308	3,195	9.6%			
Other	۸	22	٨	^	26	^	^	38	۸	^	35	^			
Unknown	36	222	16.2%	35	283	12.4%	47	310	15.2%	34	312	10.9%			
Female	223	2,162	10.3%	250	2,784	9.0%	298	3,339	8.9%	310	3,604	8.6%			
Male	99	1,317	7.5%	114	1,981	5.8%	154	2,563	6.0%	148	2,866	5.2%			

Penetration Rates by Age

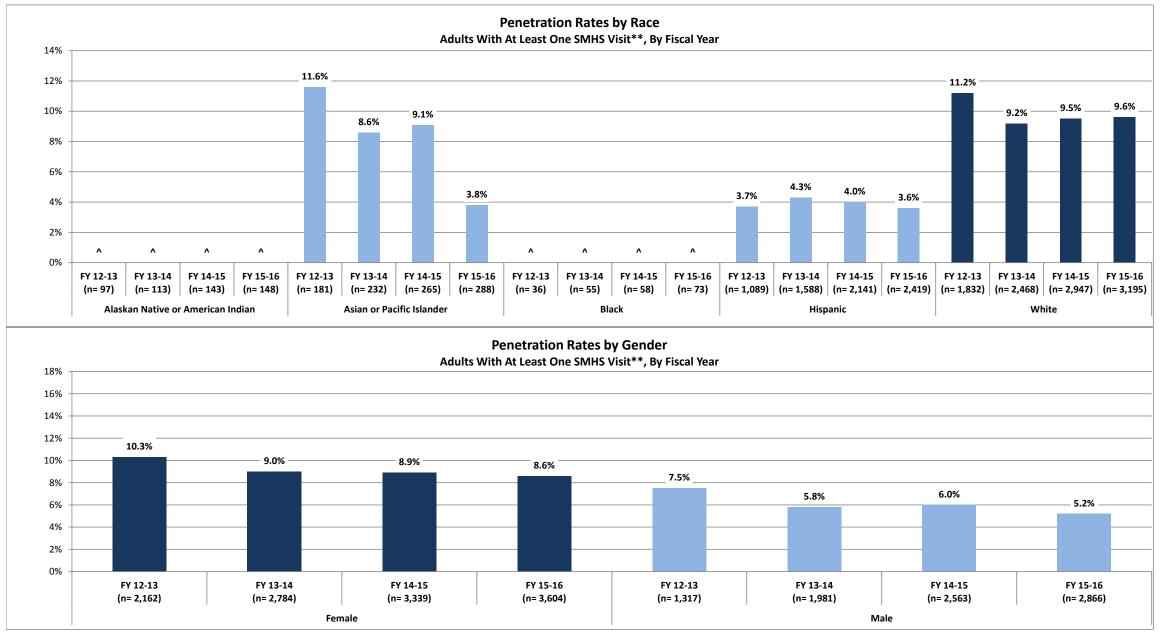


\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system. \*\*Adults and Older Adults at least one SMHS that was claimed through the Short-Doyle/Medi-Cal claiming system on at least one (1) day in the Fiscal Year.

Page 7 of 14

# Penetration Rates\* Report: Adults With At Least One SMHS Visit\*\*

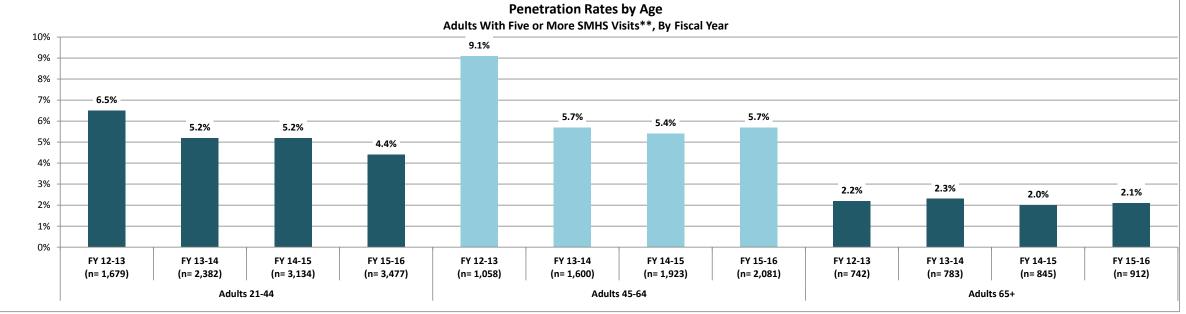
Glenn County as of August, 2017



\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system. \*\*Adults and Older Adults at least one SMHS that was claimed through the Short-Doyle/Medi-Cal claiming system on at least one (1) day in the Fiscal Year. ^ Data has been suppressed to protect patient privacy.

#### Penetration Rates\* Report: Adults with Five or More SMHS Visits\*\* Glenn County as of August, 2017

		FY 12-13			FY 13-14			FY 14-15			FY 15-16	
	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate
All	221	3,479	6.4%	232	4,765	4.9%	285	5,902	4.8%	292	6,470	4.5%
Adults 21-44	109	1,679	6.5%	123	2,382	5.2%	164	3,134	5.2%	154	3,477	4.4%
Adults 45-64	96	1,058	9.1%	91	1,600	5.7%	104	1,923	5.4%	119	2,081	5.7%
Adults 65+	16	742	2.2%	18	783	2.3%	17	845	2.0%	19	912	2.1%
Alaskan Native or American Indian	۸	97	۸	۸	113	۸	^	143	۸	^	148	٨
Asian or Pacific Islander	16	181	8.8%	11	232	4.7%	14	265	5.3%	^	288	۸
Black	^	36	۸	^	55	۸	^	58	^	^	73	۸
Hispanic	23	1,089	2.1%	42	1,588	2.6%	54	2,141	2.5%	56	2,419	2.3%
White	145	1,832	7.9%	144	2,468	5.8%	183	2,947	6.2%	191	3,195	6.0%
Other	^	22	۸	^	26	۸	^	38	^	^	35	^
Unknown	24	222	10.8%	25	283	8.8%	28	310	9.0%	26	312	8.3%
Female	153	2,162	7.1%	161	2,784	5.8%	186	3,339	5.6%	206	3,604	5.7%
Male	68	1,317	5.2%	71	1,981	3.6%	99	2,563	3.9%	86	2,866	3.0%

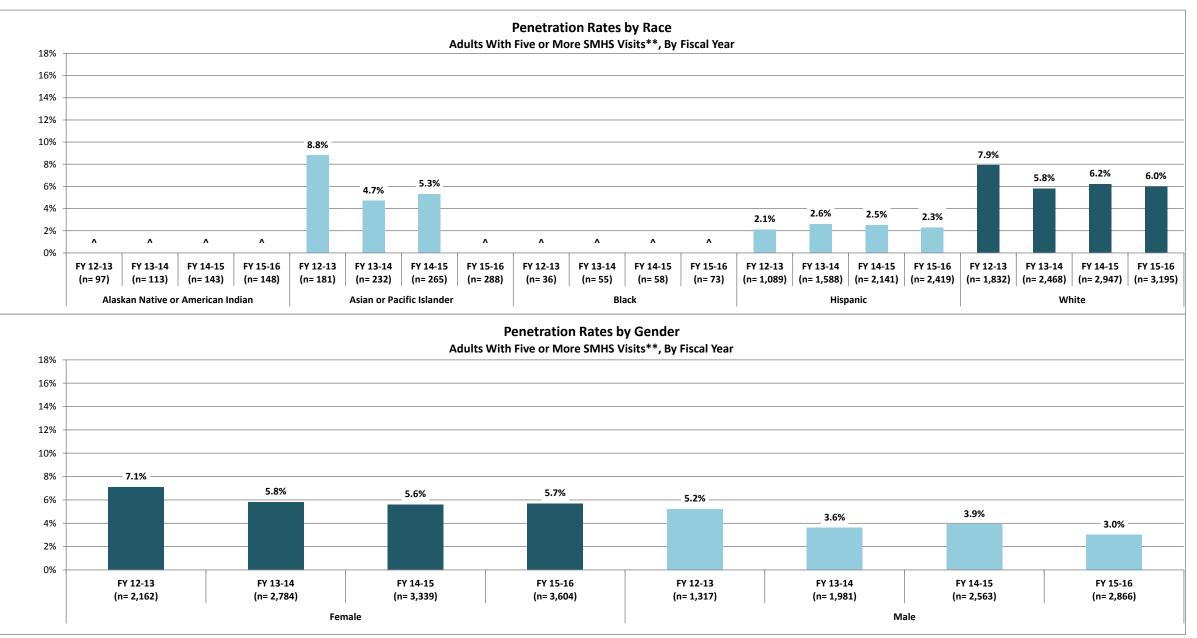


\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system. \*\*Adults and Older Adultsthat have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Year.

Page 9 of 14

## Penetration Rates\* Report: Adults with Five or More SMHS Visits\*\*

Glenn County as of August, 2017



\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system. \*\*Adults and Older Adultsthat have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Year.

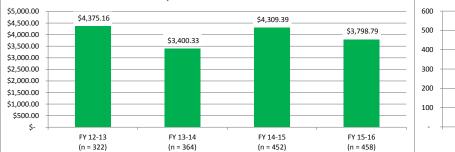
^ Data has been suppressed to protect patient privacy.

#### Utilization Report\*: Approved Specialty Mental Health Services for Adults Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year\*

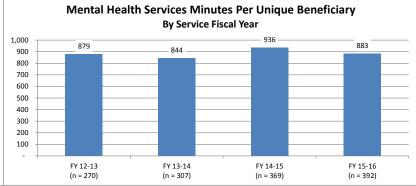
Glenn County as of August, 2017

Fiscal Year	SDN	MC Total Approved	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	<b>—</b>	Adult Residential Treatment Services (Days)	
FY 12-13	\$	4,375.16	505	879	338	328	33	0	1,242	12	0	5	0	0	14
FY 13-14	\$	3,400.33	285	844	294	228	16	0	6	14	32	7	0	0	8
FY 14-15	\$	4,309.39	333	936	319	314	21	0	0	8	41	28	0	0	10
FY 15-16	\$	3,798.79	359	883	303	275	19	0	0	1	0	16	0	0	10
MEAN	\$	3,970.92	371	886	313	286	22	0	624	9	37	14	0	0	11

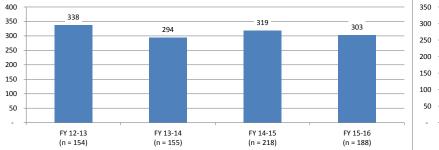
#### **Total Approved Per Unique Beneficiary By Service Fiscal Year**



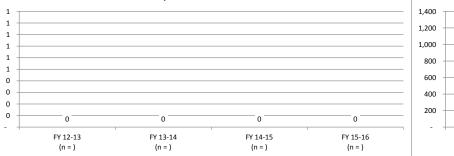
#### Case Management/Brokerage Minutes Per Unique Beneficiary **By Service Fiscal Year** 505 359 333 285 FY 12-13 FY 13-14 FY 14-15 FY 15-16 (n = 271)



Medication Support Services Minutes Per Unique Beneficiary **By Service Fiscal Year** 



**Full Day Treatment Intensive Hours Per Unique Beneficiary By Service Fiscal Year** 



**Crisis Intervention Minutes Per Unique Beneficiary By Service Fiscal Year** 

(n = 345)

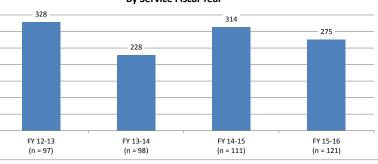
(n = 315)

(n = 232)

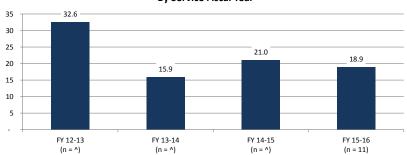
1,242

FY 12-13

(n = ^)

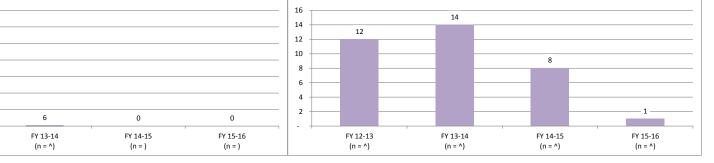


#### **Crisis Stabilization Hours Per Unique Beneficiary By Service Fiscal Year**



#### **Full Day Rehabilitation Hours Per Unique Beneficiary** By Service Fiscal Year





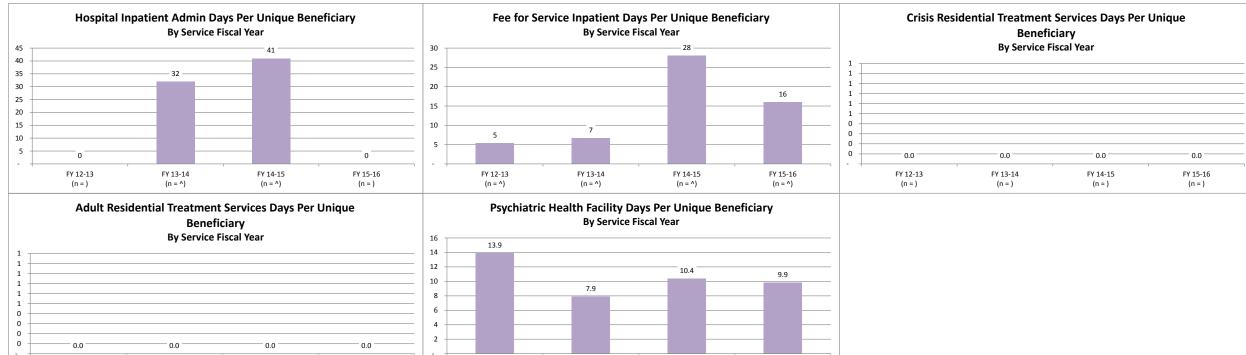
\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

^ Data has been suppressed to protect patient privacy.

## Utilization Report\*: Approved Specialty Mental Health Services for Adults Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year\*

Glenn County as of August, 2017



\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.

FY 13-14

(n = )

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

FY 15-16

(n = )

FY 12-13

(n = 16)

FY 14-15

(n = )

^ Data has been suppressed to protect patient privacy.

FY 12-13

(n = )

Page 12 of 14

FY 14-15

(n = 26)

FY 15-16

(n = 20)

FY 13-14

(n = 13)

# Snapshot Report: Unique Count of Adults Receiving SMHS Arriving, Exiting, and with Service Continuance by Fiscal Year Glenn County as of August, 2017

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Adults that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
Service Continuance	Adults receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR).
Exiting	Adults that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
Arriving & Exiting	A distinct category in which Adults met both the criteria for Arrivals and Exiting above for the fiscal year.
Service Continuance &	
Exiting	A distinct category in which Adults had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance (>= 2 YR) Count	Continuance	Service Continuance (<2 YR) Count		Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %		Service Continuance (>= 2 YR) and Exiting %		Total %
FY 12-13	78	24.2%	45	14.0%	٨	٨	43	13.4%	114	35.4%	^	^	322	100%
FY 13-14	106	29.1%	51	14.0%	۸	۸	60	16.5%	110	30.2%	^	^	364	100%
FY 14-15	85	18.8%	42	9.3%	41	9.1%	82	18.1%	187	41.4%	15	3.3%	452	100%
FY 15-16	109	23.8%	41	9.0%	40	8.7%	70	15.3%	184	40.2%	14	3.1%	458	100%

Service	ar 12-13 Arrivals, Continuance, & Distribution	Fiscal Year 13-14 Arrivals, Service Continuance, & Exits Distribution	Fiscal Year 14-15 Arr Service Continuanc Exits Distributio	ce, &	Fiscal Year 15-16 A Service Continua Exits Distribut	nce, &	Arrivals
					3%		Service Continuance (>= 2 YR)
35%	^ 24%	CHARTS NOT PRODU	3% ICED DUE TO SN	/ALL C		24%	Service Continuance (< 2 YR) Exiting
			41%	9%	40%	9%	
	14%	14%		9%		9%	Arriving & Exiting
13	3% ^	17%	18%		15%	,	Service Continuance (>= 2 YR) & Exiting

# Time to Step Down Report: Adults Stepping Down in SMHS Services Post Inpatient Discharge\*

Glenn County as of August, 2017

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Retween 8 and 20	Percentage of Inpatient Discharges with Step Down Between 8 and 30 Days	Count of Inpatient Discharges with a Step Down > 30 Days from Discharge	Percentage of Inpatient Discharges with a Step Down > 30 Days from Discharge	Count of Inpatient Discharges with No Step Down*	Percentage of Inpatient Discharges with No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)		
FY 12-13	٨	^	0	0.0%	22	75.9%	^	۸	0	79	56.0	66		
FY 13-14	۸	^	^	۸	29	82.9%	0	0.0%	0	79	40.6			
FY 14-15	۸	۸	^	۸	^	^	^	۸	8	103	47.7	32		
FY 14-15	۸	^	0	0.0%	0	0.0%	0	0.0%	0	0	0.0	0		
	Median Time Between Inpatient Discharge and Step Down Service in Days 66 60 56.0 60 56.0 60 56.0 60 56.0 60 56.0 56.													
70	66					60	56.0							
60						50				47.7				
50		44							40.6					
40		41		32		40								
30				32		30								
						20								
20						10								
10					0							0.0		
0	FY 12-13	FY 13-14				。 CED DUE tween Inpat			ZES. Down Servio	FY 14-15	FY	14-15		
				,	Within 7 Days Wi	thin 8 - 30 Days 3:	1 Days + No Step	Down						
100%		^			۸						^			
80%								^						
60%		75.9%			82.9%			•						
40%								^			Λ			
20%		^						^						
0%		^			Λ Λ									
	( ^ Unique E	Y 12-13 Beneficiaries with atient Discharges )		( ^ Unique	FY 13-14 Beneficiaries with patient Discharges )		( ^ Uniqu	FY 14-15 e Beneficiaries with npatient Discharges )		· · ·	FY 15-16 ue Beneficiaries with npatient Discharges )			

\* **No Step Down** is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date. This category may include data currently unavailable to DHCS, such as beneficiaries that were moved to a community-based program or beneficiaries that were incarcerated.

^ Data has been suppressed to protect patient privacy.