



# Therapeutic Behavioral Services

Community Meeting

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# Objectives

- Defining characteristics of TBS
- Class Criteria
- Profile of TBS Youth
- Placement Outcomes
- Discharge outcomes
- Reviewing the core minimum TBS data elements: access, utilization, behavioral outcomes and institutional risk reduction

# Characteristics of TBS

- TBS is a behavioral intervention based on behavioral analysis principles and practices.
- An Early Periodic Screening, Diagnosis, and Treatment (EPSDT) Medi-Cal service
- Short-term
- One-to-one therapeutic contact between provider and beneficiary
- For child/youth with severe functional impairment

# Characteristics of TBS

- Goal directed, in support of achieving the lowest appropriate level of placement
- Targets specific behaviors that are barriers to achieving the lowest appropriate level of care
- Designed to provide the child/youth with skills to effectively manage the behavior(s) that are barriers to achieving lowest appropriate level of placement

# Class Criteria

- Is placed in a group home facility of RCL 12 or above, or
- Has undergone at least one emergency psychiatric hospitalization within the past 24 months, or
- Has been to MERT at SCMHTC in the past 6 months
- Is being considered by the county for placement in a group home facility of RCL 12 or above, or
- Previously received therapeutic behavioral services while a member of the certified class.
- Has full scope Medi-Cal

# TBS Providers in Sacramento County

- EMQ Families First
- River Oak Center for Children
- Stanford Home for Children
- Turning Point

# Dashboard Elements

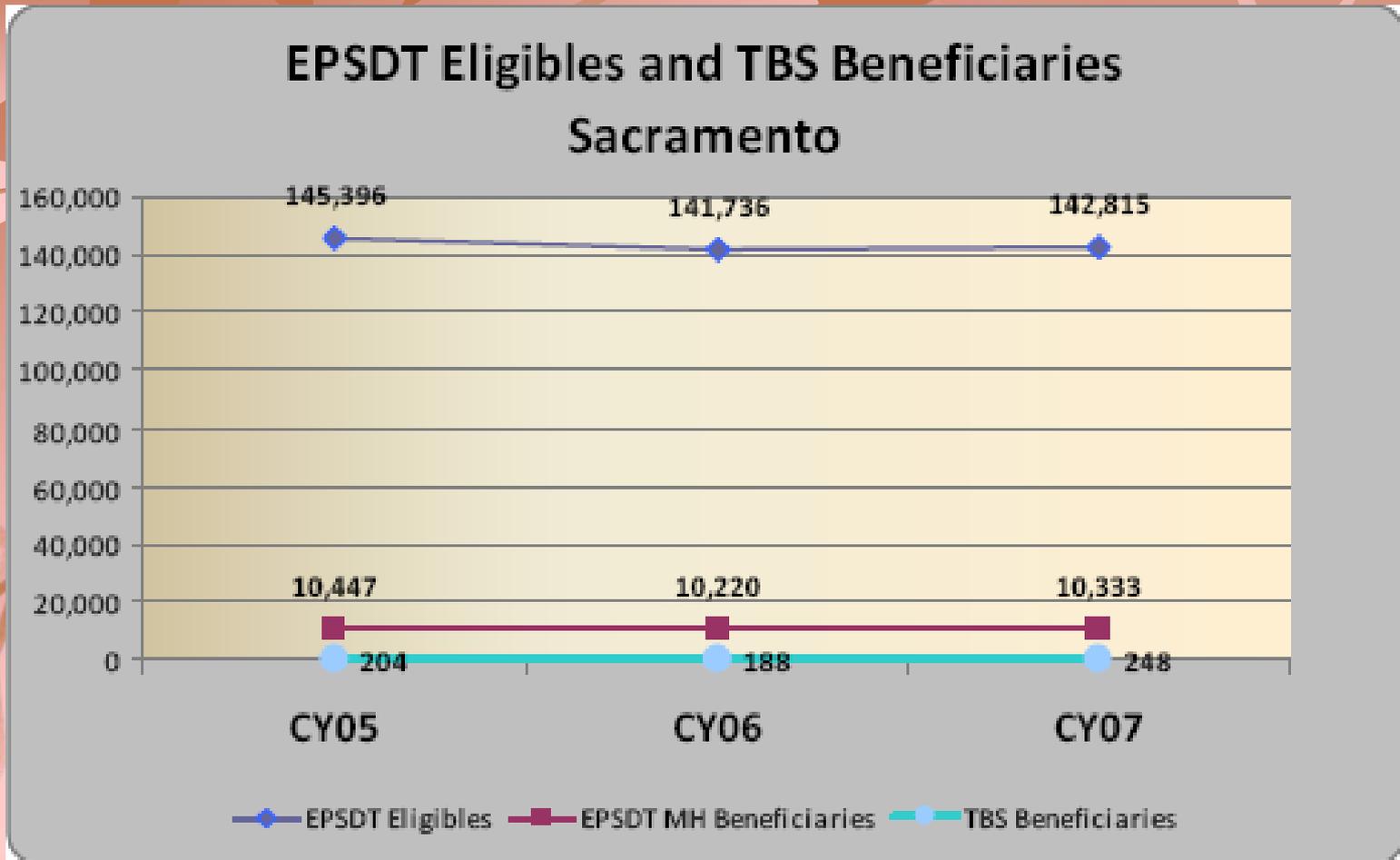


Figure 1.8

# Dashboard elements required by the Settlement Task Force

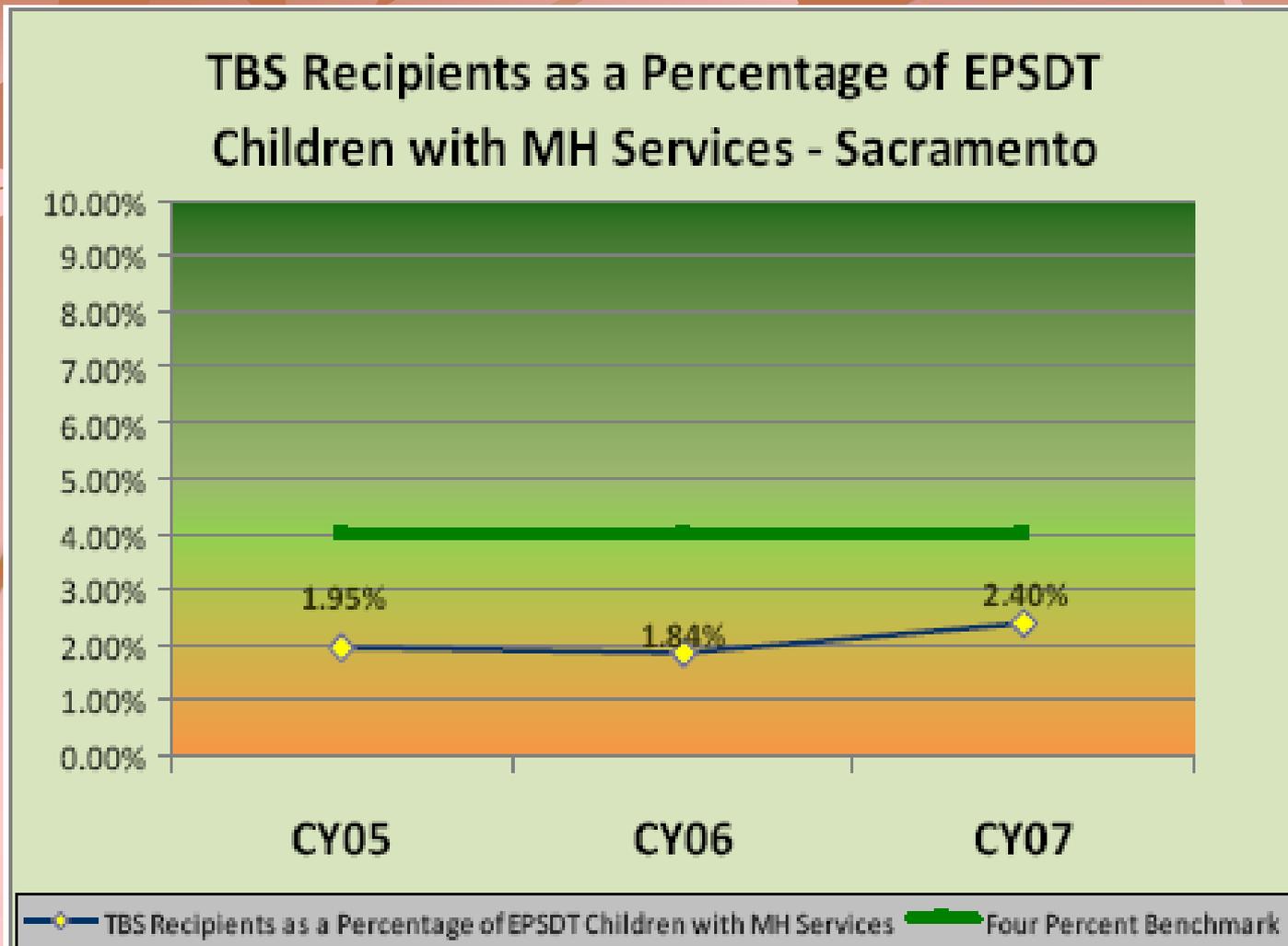
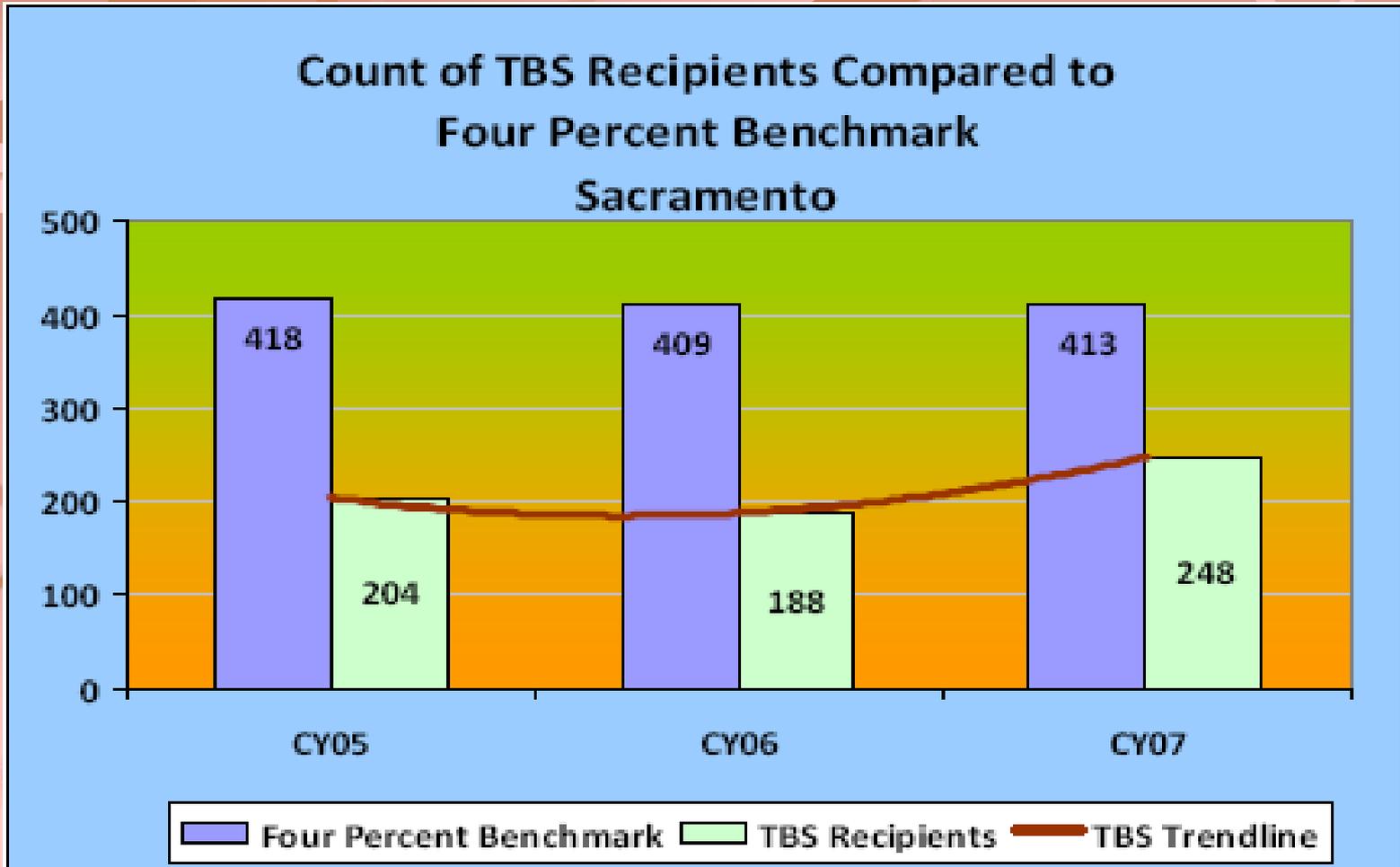


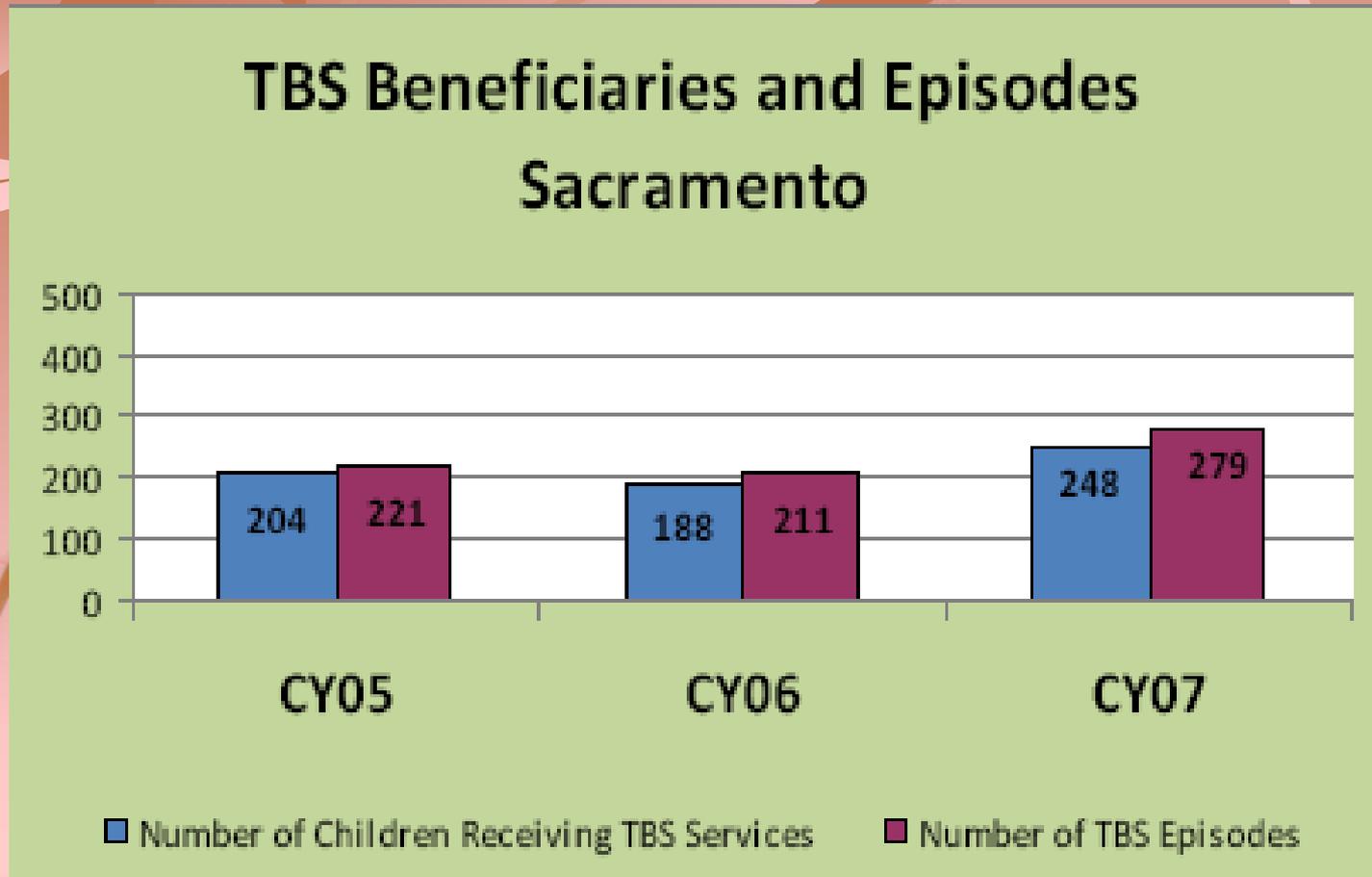
Figure 1.1

# Dashboard Elements



**Figure 1.2**

# Dashboard Elements



**Figure 2.1**

# Dashboard Elements

## Average Duration in Days per TBS Episode - Sacramento

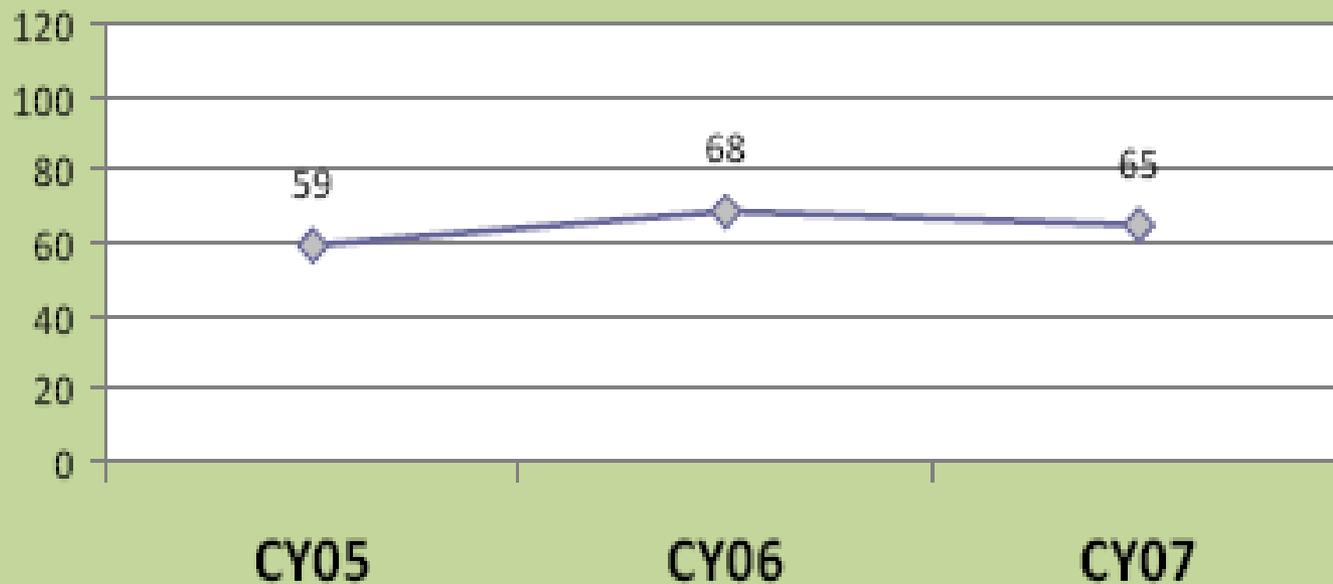


Figure 1.4

# Dashboard Elements

## Average Number of Contacts per TBS Episode - Sacramento

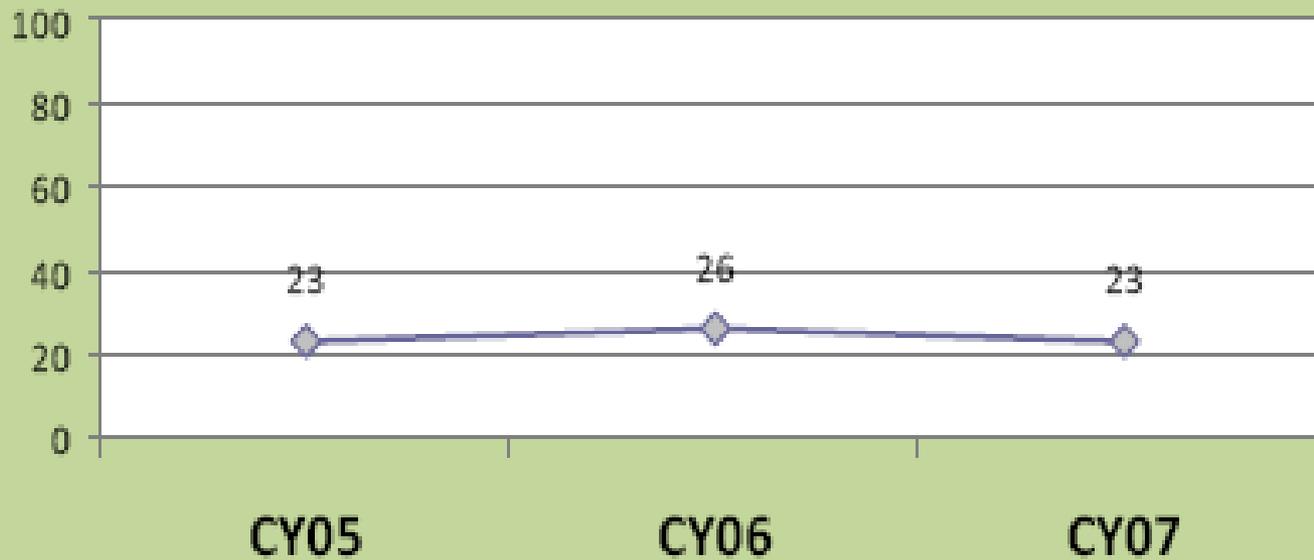


Figure 1.5

# Dashboard Elements

## Average number of Minutes per TBS Contact - Sacramento

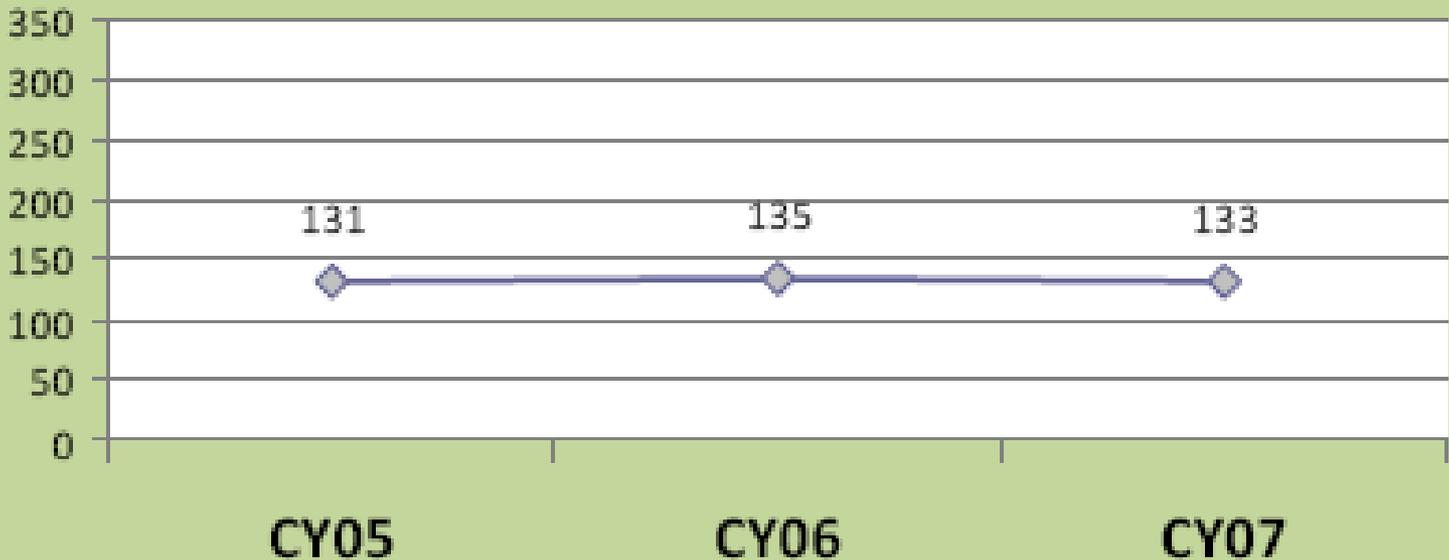
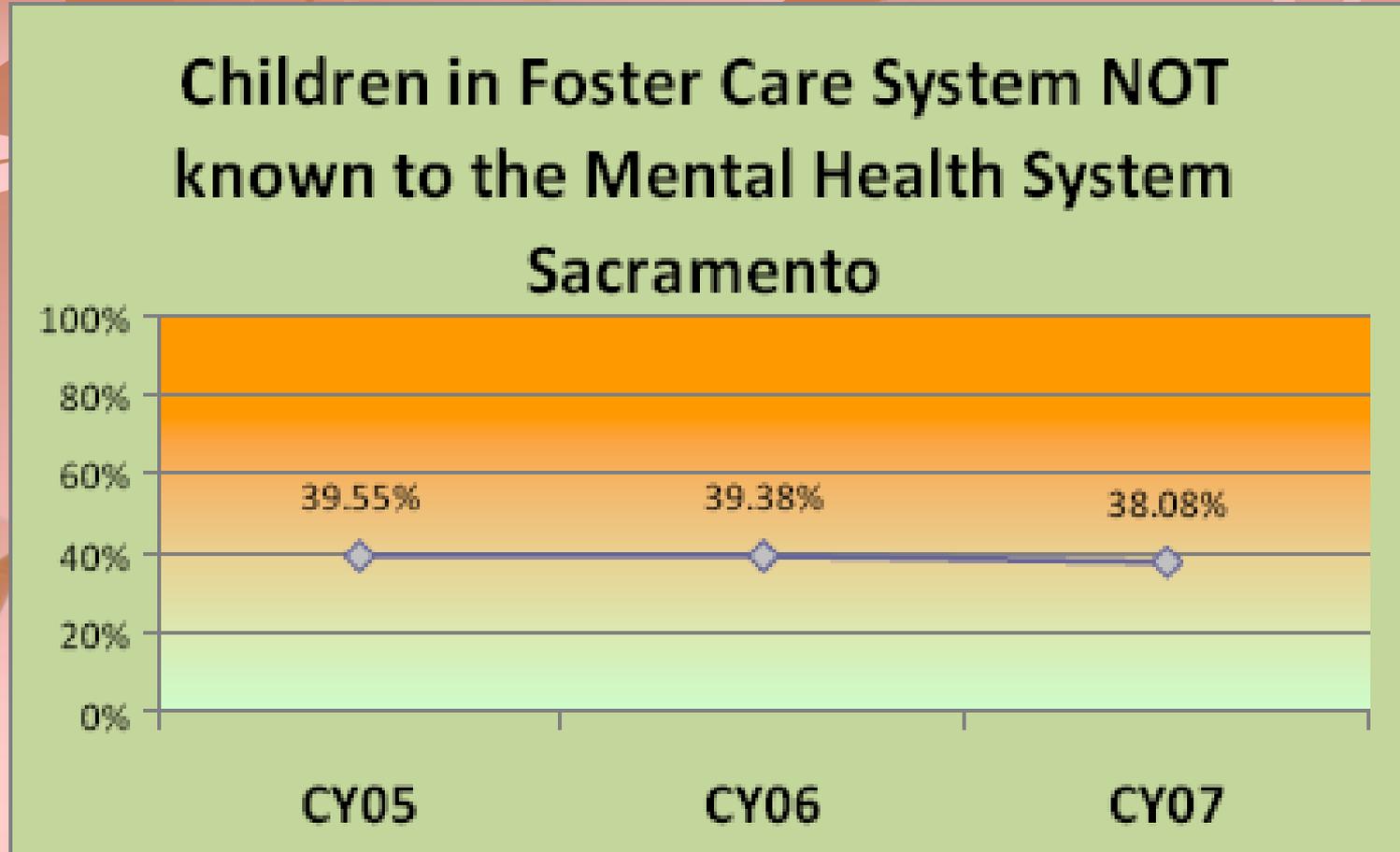


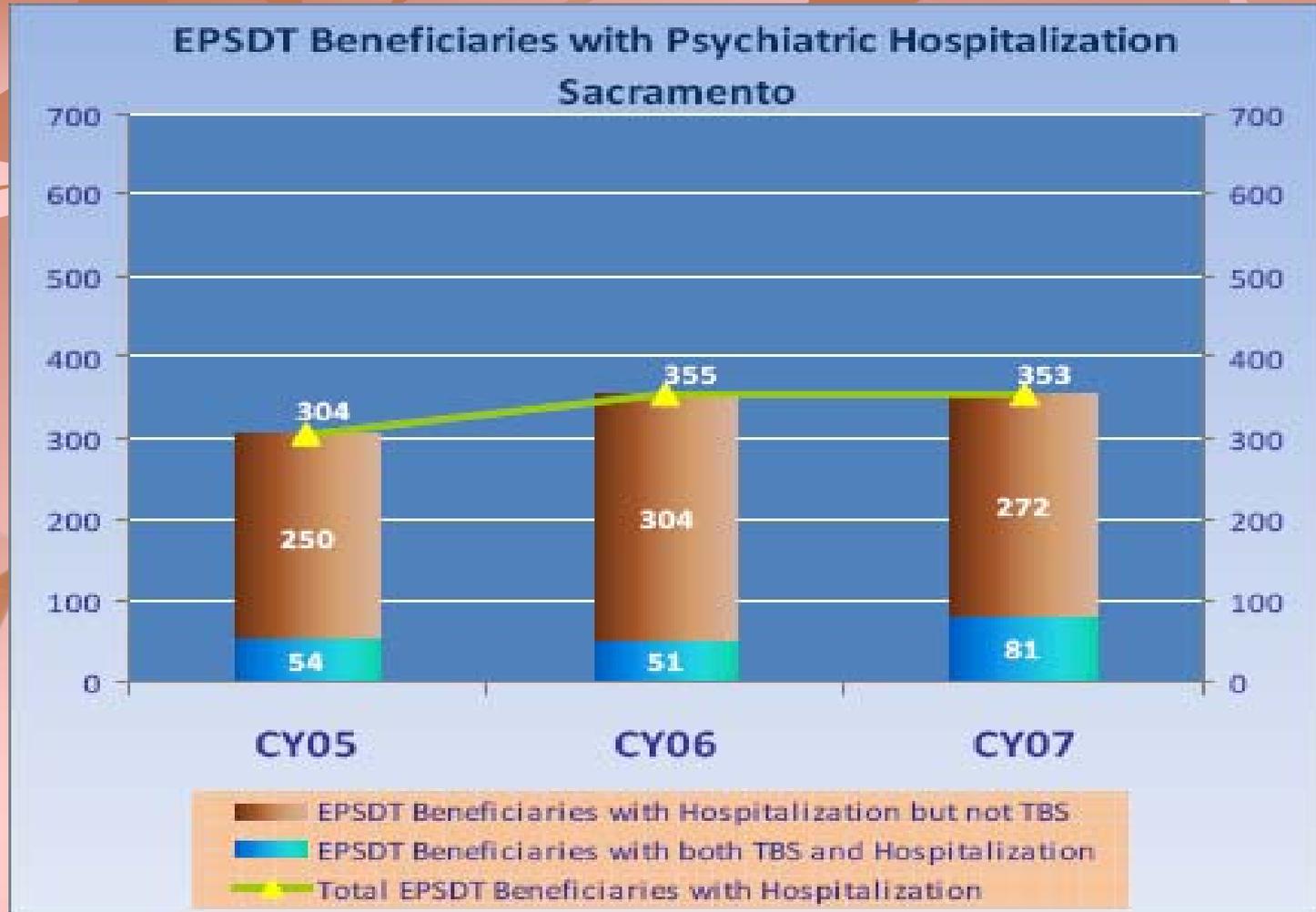
Figure 1.6

# Dashboard Elements



**Figure 1.7**

# Dashboard Elements



**Figure 1.3**

# Profile of TBS Youth

(as of April-June 2009)

- Average age at admission – 13.5 years
- 49% female, 51% male
- Race/Ethnicity –
  - African-American 40%
  - White 38%
  - Asian/Pacific Islander 2%
  - Other 10%
  - Unknown 8%
  - Hispanic/Latino 8%

# Profile of TBS Youth

- Average length of stay – 2 months and 11 days
- Target behaviors
  - Aggression 68.3%
  - Non-compliance 46.0%
  - Self-harm 34.9%
  - Legal issues 7.9%

# Placement Changes

- The placement at the time of admission and discharge was tracked for each client. Of the total clients discharged:
  - 66 (78.6%) clients remained in the same level of placement
  - 13 (15.5%) clients moved to a higher level of care
  - 5 (6.0%) clients moved to a lower level of care

# Reason for Discharge

- Met all their treatment goals and completed expected outcomes 75.3%
- Moved out of area 2.7%
- Loss of funding/eligibility 2.7%
- Client dropped out 11.0%
- Caregiver dropped out 1.4%
- Needed a higher level of care 6.8%