

# **Therapeutic Behavioral Services (TBS)**

## **Community Conversation**

**County of San Diego  
Health and Human Services Agency  
Mental Health Services**

**New Alternatives, Inc.  
Mental Health Systems, Inc.**

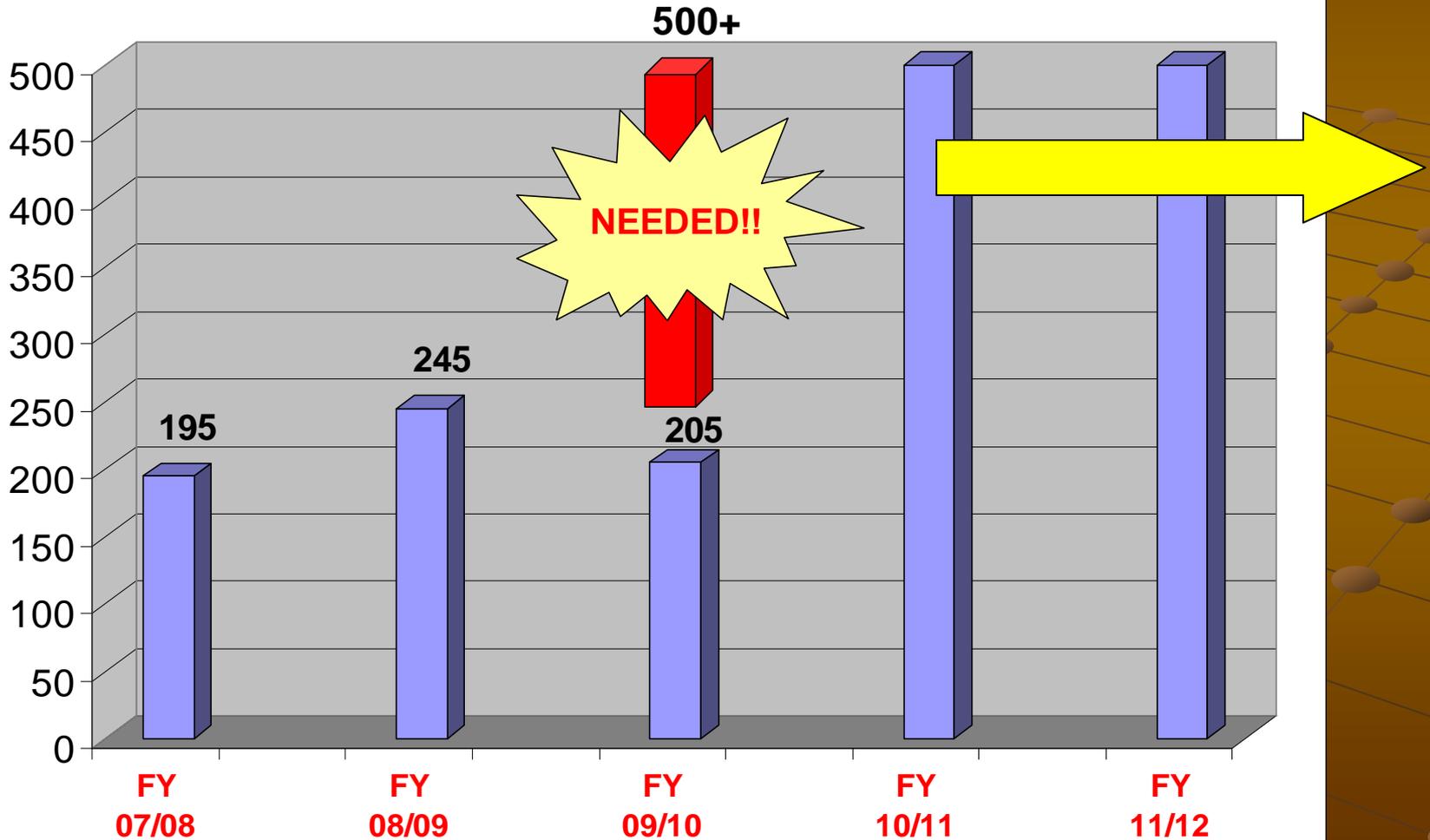
# Agenda

- **Welcome**
- **Emily Q Lawsuit**
- **Major Themes from Last Forum**
- **Addressing the Major Themes**
- **Collaboration Efforts**
- **Break-out Groups**
- **Wrap Up**

# Emily Q Facts

- **As a result of a lawsuit (Emily Q vs. California DMH) by advocates in 1998, State DMH began offering TBS as a Medi-Cal Mental Health supplemental service**
- **Goal of lawsuit was to provide services to help prevent higher level mental health placements or assist with transitions to lower levels of care**
- **Court has had continued oversight of TBS implementation and there has been concern that TBS has not been utilized sufficiently**
- **Nine-Point Settlement Plan was adopted in November 2008 to resolve continued concerns. One requirement of the plan is for counties to increase TBS access and utilization.**

# Yearly TBS Goals for Service



# Major Themes Learned

*We listened and here's what you said...*

- Increase TBS education and outreach
- Improve coach to child/youth matching and behavioral intervention training
- Increase parent engagement and support
- Lengthened stabilization period
- Provide TBS in school settings
- Enhance overall collaboration efforts

# Addressing Major Themes

*We've responded and here's what we're doing...*

- **Increasing awareness of TBS through outreach and education**
- **Augmentation of existing TBS contracts**
- **Improvement in service delivery**
- **Extension of stabilization phase**
- **Exploration of TBS in schools**
- **Satisfaction surveys conducted by Contractors and County TBS**

# *You* can make the difference



collaboration  
is everything

# Collaboration Efforts

## Macro Level:

- Collaboration between County departments
- Attendance at key monthly case consult meetings
- State-wide DMH webinars & monthly conference calls with California Counties

## Micro Level:

- Enhanced communication and collaboration among Child/Youth, Caregiver, TBS Case Manager, Specialty Mental Health Provider, Coach & other involved Team Members

**Specialty Mental Health Provider**

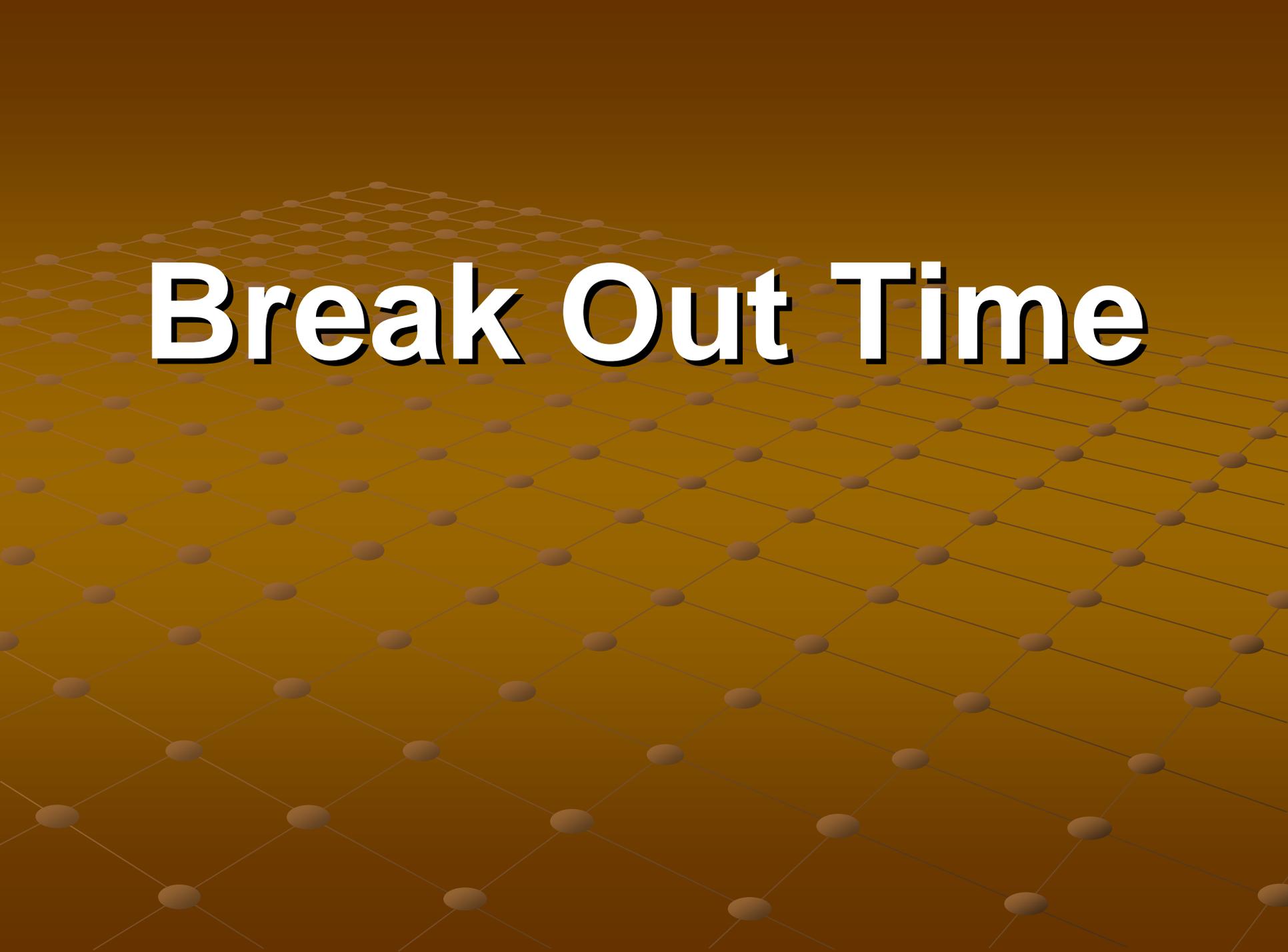
**TBS**

**Child/Youth  
& Caregivers**

**CWS, ESU  
Probation,  
SEMH**

**Wraparound &  
Other Support  
Services**

**We are all a piece of the puzzle**



# Break Out Time

# Question #1

**Are you or your program more aware of TBS and how it can benefit children, youth and their caregivers?**

# Question #2

**Have you maintained or increased your referrals to TBS?**

# Question #3

**How can collaboration improve between TBS and you or your program to work together on behalf of youth, children and caregivers?**

# Question #4

**How do you think that we can get more people to refer to and participate in TBS?**

# TBS Contact Information

County TBS Office: (619) 401-4630

Fax: (619) 401-4627

“KC” Mertins, *LMFT*

Mimi Crevello, *LCSW*

County TBS Web page:

[www.sdcounty.ca.gov/hhsa/programs/bhs/mental\\_health\\_services\\_children](http://www.sdcounty.ca.gov/hhsa/programs/bhs/mental_health_services_children)

Additional TBS information at State DMH website:

[www.dmh.ca.gov/Services\\_and\\_Programs/Children\\_and\\_Youth/EPSDT.asp](http://www.dmh.ca.gov/Services_and_Programs/Children_and_Youth/EPSDT.asp)