

**Emily Q Small County Strategy
Follow-Up Plan Development Session**
January 19, 2010

On January 19, 2010, the California Department of Mental Health (CDMH) convened a follow-up planning session to focus on strategies that could increase TBS utilization in California's 29 small and rural counties. During the follow-up session, participants identified several potential strategies and related issues.

Invited Participants (Attendees in Bold):

- | | |
|---|---|
| ○ Peter Burdison, Mendocino County Mental Health | ○ Rick Saletta, Federal Court Special Master |
| ○ Bill Carter (represented by Todd Sosna), CiMH | ○ Patty Sanui, DMH Program Compliance |
| ○ Anne Gimpel, Mono County Director | ○ Tim Schraeder, Mendocino County Provider |
| ○ David Gray, Facilitator | ○ Nicette Short, CA Alliance for Child & Family Services |
| ○ S. Gruendl, Glenn County | ○ George Siler, Butte County Provider |
| ○ Catherine Hendon, DMH Director's Office | ○ Tom Sodergren, Santa Barbara Provider (phone) |
| ○ Don Kingdon, CMHDA | ○ Karolyn Stein, Humboldt County (By Phone) |
| ○ Troy Konarski, DMH Community Services | ○ Jana Todd, TBS Provider |
| ○ Steve Korosec, Facilitator | ○ Sean Tracy, DMH Community Services |
| ○ Rita McCabe, DMH Community Services | ○ Jaye Vanderhurst, Napa County Director (phone) |
| ○ Chris Medrano, DMH Program Compliance | ○ Melinda Vaughn, Deputy Attorney General |
| ○ Jim Preis, Mental Health Advocacy Services (phone) | ○ Barbara Zweig, DMH Legal |
| ○ B. Readell, Tuolumne County | |
| ○ Mike Reiter, APS Healthcare (by phone) | |
| ○ Cindy Robbins-Roth, Family/Youth Advocate | |

Emily Q Settlement Team Criteria to Evaluate Options

- Do-able.
- Not let the perfect be the enemy of the good.
- Within the law and Court Order.
- Increase utilization.
- Decrease dis-proportionality between counties.
- Evidence of improvement: quantitative and qualitative.
- Aligned with the interests.
- Simplicity.
- Sustainable.
- Faster service access.

General comments and suggestions

Counties

- Treat all 29 small counties as a whole, or use single county measures?
- Some flexibility with percentages across small counties as a whole.
- Not a one-size-fits-all plan – some flexibility.
- Recognize common factors and unique differences between counties.
- Some counties are already connected.
- Agreements between counties must be voluntary.
- More access? County authorization issues.
- Regional strategies (such as regions identified by UACF).

State

- Joint Powers Authority between CDMH and CMHDA.
- State leadership to resolve out-of-county services problems.
- Eliminate 5 percent share of cost.
- Eliminate state audits of providers – allow counties to do these audits – state audits counties.
- Address myths that still exist in the counties.

Contracting and Funding

- Multi-county agreements to share a provider.
- Humboldt and Del Norte Counties contract with a managed care provider.
- Trinity County / Kings View model.
- Contract for administrative services.
- Separate contracts to allow for individual county Medi-Cal plans.
- Common protocol and procedure across counties.
- County agreement issues such as trust.
- More formal collaboration with child welfare services, probation, and schools,
- Providers deliver more than TBS.
- Any fiduciary models?
- SB 785 improved contracting (?).
- One county contract with another county?
- Family representatives already have some organizational structures.

Training

- Statewide training of county staff.
- Emphasize training for small counties.
- Direct training to providers and physicians.
- Marketing and information.

Other ideas

- TBS within a psychiatric emergency to divert hospitalization.

What could the state do differently?

- CDMH will ask the small counties (Jaye Vanderhurst/CMHDA help arrange this).
- CDMH and the Alliance for Child and Family Services will ask providers.

Next steps:

- CDMH conduct a short survey
- Work with Jaye Vanderhurst and CMHDA to convene a small county forum to discuss strategies.
- Draft the Small County Strategy document (by January 29, 2010)
- Possibly reconvene this group
- Report to the Court by February 20, 2010.