

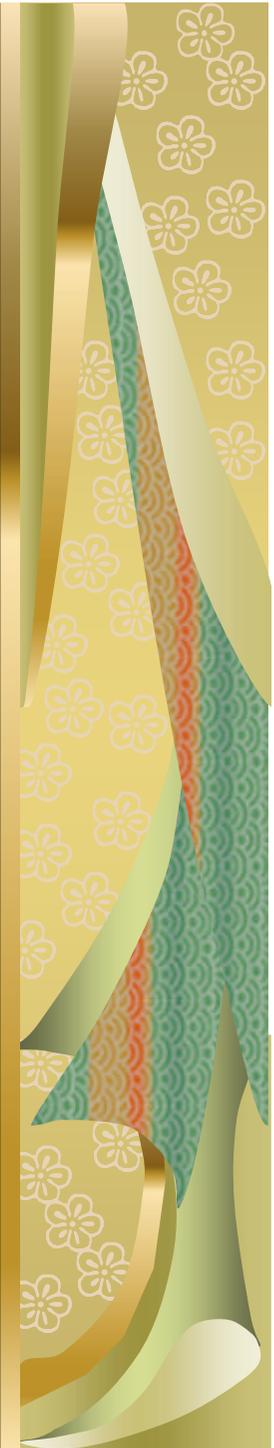
# Therapeutic Behavioral Services

*Presented by:*

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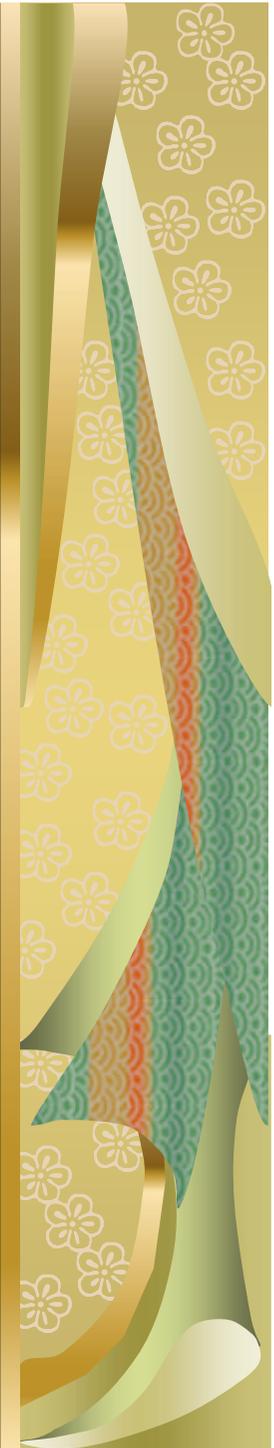
**Senior Mental Health Services Manager**

**Children's Mental Health**



# Objectives

- Introduce Therapeutic Behavioral Services to the Community
- Define Therapeutic Behavioral Services and who is eligible
- How TBS benefits the children and youth of Solano County



# Objectives (continued)

- Current alternative services to TBS provided by the County
- Efforts to improve the utilization of TBS and other supportive services in the County



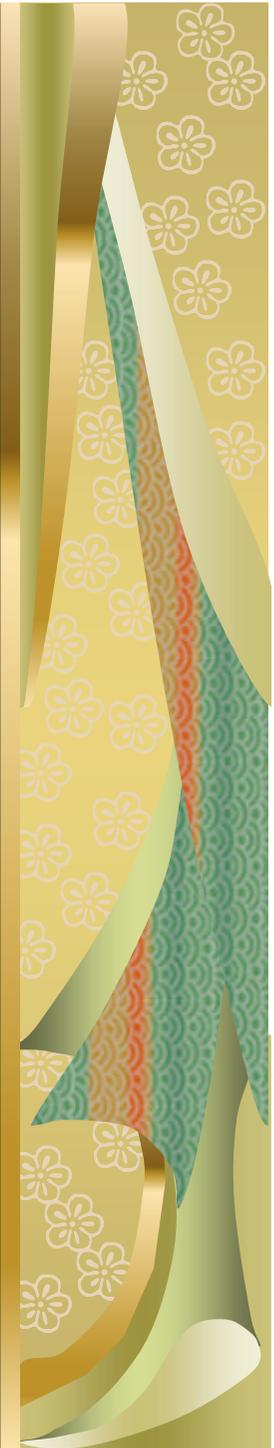
# What is Therapeutic Behavioral Services

- One-to-one therapeutic contact between a mental health provider and a client
- Specified time-limited or short-term
- Designed to maintain the child's/youth's residency at the lowest appropriate level



# What is Therapeutic Behavioral Services (continued)

- Bridge a child/youth back home or to a lower level of residential living
- Assist parent/caretaker and child to learn new ways of controlling problem behavior, as well as, ways of increasing positive/healthier behavior that will help the child/youth to be successful



# Overall Focus of the Service

- Resolve targeted behaviors or symptoms
- Maintain/transition to the least restrictive living situation



# Overall Focus of the Service

(continued)

- Help the child/youth and family develop necessary skills
- Manage/alleviate behaviors resulting in out-of-home placement



# Who is Eligible for TBS?

In order for the client or families to receive TBS, they **must**:

- Have Full Scope Medi-cal
- Be under 21 years of age
- Meet mental health medical necessity criteria



## Other Criteria:

The child/youth must meet **one** of the following:

- Currently placed in a facility with a Rate Classification Level 12, 13/14 or Community Treatment Facility
- Has been identified by the County as high risk for out of home placement or psychiatric hospitalization



## Other Criteria (continued):

- Has undergone at least one psychiatric hospitalization within last 2 years
- Has formerly received TBS services
- Must be getting **other** mental health services



# What TBS is NOT

TBS is not provided if the reason it is needed is:

- Only to help follow a court order for probation
- Only to protect child's/youth's physical safety, or the safety of others



## What TBS is NOT (continued)

- For child care, recreational, social, disciplinary, or an educational aide for schools
- To help with behaviors that are not part of child's/youth's mental health problems



## What TBS is NOT (continued)

- If child/youth is in a mental health hospital, an IMD, or locked juvenile justice setting



# Current Alternatives to TBS Provided by Solano County

- Seneca Center – Family Support Program
- Family Preservation/Intensive Case Management
- Children’s Full Service Partnership Program



# Efforts to Improve Utilization of TBS and Other Supportive Services

- Are the children and the youth in the county who are Emily Q class members and who would benefit from TBS, getting TBS?
- Are the children and youth who get TBS experiencing the intended benefits?
- How can we get the partners of Mental Health more informed and involved?



**Questions?**

