

TBS PARENT/CAREGIVER FACT SHEET

Introduction

Welcome to Victor Community Support Services, Inc.- Stockton's Therapeutic Behavioral Services (TBS) program! We look forward to working with you, your child, the assigned therapist, and other supports to resolve specific target behaviors.

General TBS Guidelines

- TBS is a completely voluntary service and may be terminated by the family (with or without reason) or by the TBS team (with cause).
- TBS may be provided by one or more staff depending on client service needs and coach availability.
- TBS Specialists are not authorized to perform physical restraints.
- An adult caregiver must be available at all times in the home; while doing one-to-one work with your child, we ask that you remain available during that time if we need your assistance.
- When the one-to-one work with your child is progressing, we will ask that you participate to gain the skills needed to continue the interventions that are working.
- Since one of the primary goals of TBS is to empower parents, ongoing parental involvement is needed throughout the provision of TBS. A primary focus of TBS will be to coach parents and school staff on the use of strategies for the management of clinical symptoms and/or problem behavior.
- If there is a crisis situation, the parent/caregiver would be expected to handle the situation and/or call 911.
- The TBS team does not keep secrets. The TBS Specialists communicate information gathered during treatment to the treatment team on a weekly basis.
- TBS clinical supervisor may make unannounced visits during any time TBS coaching is provided.
- TBS is provided according to carefully defined target behaviors agreed upon by the TBS treatment team.
- Treatment team meetings are held a minimum of once every 30 days. Attendance by all team members at these meetings is required in order for services to continue.
- Should any issues arise in which there are disagreements concerning the provision of TBS services, the caregiver or Specialist should call the TBS Clinical Supervisor or the TBS Executive Director.
- All TBS team members are "mandated reporters" under California child abuse reporting law.
- Since TBS is a scheduled service the family must be home at the scheduled time. If the TBS coach arrives and no one is home, the coach may wait up to 15 minutes and then document the time as a missed appointment.
- During the service the TBS Specialist may take up to a 15 minute break for services lasting 4hrs and a half hour lunch for services scheduled 6 or more hrs. Break times will depend on the current status of the child and family in order to avoid disruption to the services. This will not impact the total direct service time.

Focus of TBS services

- Assist client in engaging in appropriate activities;
- Ameliorate disruptive behaviors to increase social and community competencies by building or reinstating those daily living skills that will assist the child to live successfully in the community;
- Provide positive role modeling;
- Provide caregiver/parent with additional skills/strategies/insights in managing client behavior;
- Collaborate with and support family/caregivers' efforts to provide a positive environment for the child.

Any questions or concerns can be directed to the following people:

Clinical Supervisor
DeeDee Terry, MFT
(209) 465-1080

Executive Director
Laura Rogers, LCSW
(209) 465-1080