Date:

CCS Provider

Address

City, State ZIP

Subject: (CCS Client Name) Adolescent Transition

Dear Dr. (Insert CCS Primary Care Provider Name)

As we all know, transitioning from adolescence to adulthood can be a challenging, frustrating, rewarding time of life, and this is particularly true for young adults with special health care needs. The goal of health care transition for these young adults is to maximize their lifelong functioning and potential through the provision of high quality, developmentally appropriate health care services that continue uninterrupted as they move from adolescence to adulthood.

All clients in the California Children’s Services (CCS) program have serious medical conditions that affect their lives. For some the effect is small, and for others it is quite significant. Transitioning certain clients with special health care needs from pediatric specialty care and programs to adult health care management can require considerable work and planning while others may need very little assistance and support. Some of our clients may eventually become fully independent in managing their own health care while others will continue to need lifelong assistance. Physicians play a key role in the planning and implementation transition plans for the clients in the CCS Program.

Although the optimum time for transitionwill differ between youth, a target transition “age” is recommended to begin assessing readiness for transition. The American Academy of Pediatrics suggests age 14 as the age to begin informal transition planning. The enclosed 2002 Consensus Statement on Health Care Transitions for Young Adults with Special Health Care Needs highlights the important role you play in this transition system of care.

I have also enclosed the Adolescent Health Care Skills Checklist that may help assist you with your client’s transition planning.

Please do not hesitate to contact me if you have any questions regarding health care transition services for your CCS client(s).

Sincerely,

(Nurse Case Manager)

(Pertinent Contact Information)

Attachments