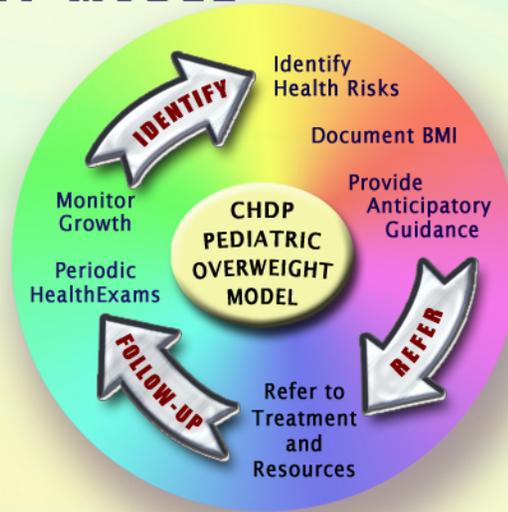


CHILD HEALTH AND DISABILITY PREVENTION (CHDP)

CHDP OVERWEIGHT MODEL

CHDP is a health promotion and disease prevention program. CHDP offers periodic health assessments and preventive health services to eligible CA children and youth.



2005 CA OVERWEIGHT PREVALENCE

Age Category	At-Risk for Overweight	Overweight	Combined
Children 2 < 5 Years	16.3 %	17.4%	33.7%
Children/Adolescents 5 < 20 Years	18.3 %	22.7%	41%

The **Pediatric Nutrition Surveillance System (PedNSS)** of the Centers for Disease Control and Prevention (CDC) provides a surveillance system that monitors the nutrition status of low-income infants, children and adolescents.

Data from over 1.5 million CA children who receive CHDP health exams are submitted to the CDC annually.

REPORTS FROM PedNSS

Overweight Prevalence by

- Age (0-20 years of age)
- Race and Ethnicity
- County

County Profiles

- Ranking, State Benchmarking and GIS

Historical Trends (Since 1988)



CHDP SUPPORTS MEDICAL PROVIDERS

Guidelines/Standards

- Health Assessment Guidelines
- Lists of anthropometric equipment

Program Specialists/Technical Assistance

- CHDP Nutritionists & Health Educators

Training/Materials

- On-Site BMI Training (*in provider offices*)
- Patient Health Education Materials

Nutrition Surveillance

- PedNSS Prevalence Data

Health Plan Collaboration

- Blue Cross BMI Screening Promotion

Referral Resources

- Community Resource Lists
- Medical Follow-up



CHDP ASSURES QUALITY CARE

- Desktop Reviews of Health Screening Reports
- Facility Reviews
- Chart Audits



PREVALENCE OF OVERWEIGHT*

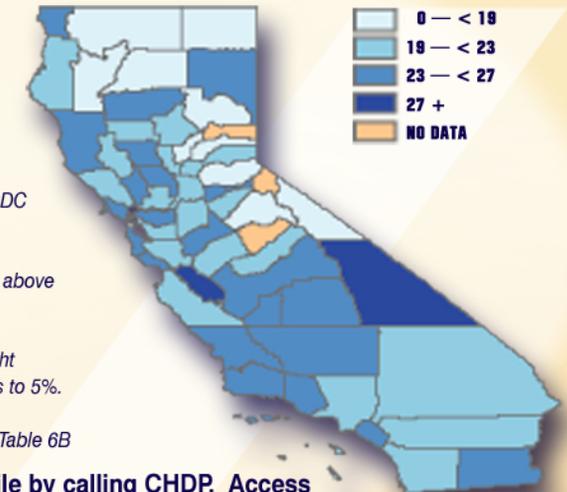
Among children aged 5 to <20 years, by county

* > 95th percentile BMI-for-age, CDC Growth Charts, 2000.

5% of children are expected to fall above the 95th percentile.

Year 2010 target: reduce overweight among children aged 6 to 19 years to 5%.

2005 CA8 PedNSS Table 6B



Learn about your county's profile by calling CHDP. Access PedNSS at the CHDP Home page under Nutrition Surveillance.

<http://www.dhs.ca.gov/pcfh/cms/chdp/>