

CHDP Local Program Trainer Guide ~ CHDP Dental Training: Fluoride Varnish



All CHDP local personnel who are responsible for provider education should familiarize and educate themselves with this training. CHDP staff should be prepared to answer questions from providers.

Presenting the Fluoride Varnish Training

- Review the PowerPoint (PPT) to become familiar with the information and materials.
- The person presenting should experience fluoride varnish prior to the presentation, by applying the varnish, for example: on themselves, a co-worker, son, daughter, etc.
- Have fluoride varnish samples available and include time at the end of training for provider and staff to practice on each other to best understand the experience.
- This training is best presented in an individual office or group setting, but providers can also be directed to self-study.

Preparing the Power Point (Technical Tips)

- Download PPT onto flash drive or laptop.
- Check to see if training room has internet access. If no access, videos should also be downloaded and presented as appropriate during this training.

Trainer Materials

1. Printable items can be accessed from the *CHDP Dental Training: Fluoride Varnish* home page:
 - Labels for Trainee Folder(s)
 - Educational Materials for Trainee Folder(s)
 - Sign-in Sheet
 - Evaluation Form(s)
 - Certificate(s) of Completion
2. Participant practice materials: sample fluoride varnish, hand sanitizer, gauze, and gloves.
To obtain these materials, contact:
 - Health department staff
 - Local dentist or dental society
 - Dental supply companies: Darby 800-645-2310, Patterson 800-672-1409, Henry Schein 800-372-4346
 - Center for Oral Health (fluoride varnish) 510-663-3727

Preparing Trainee Folders

Prepare individual folders for each attendee, or one sample folder per office/clinic.

Suggested items for folder: Links for the items below are found on the *Fluoride Varnish Training* home page.

- Printable copy of PPT
- Provider Guides
- MD-DDS Referral Form
- Educational materials including brochures
- AAP Oral Health Risk Assessment Tool
<http://www2.aap.org/commpeds/doch/oralhealth/docs/RiskAssessmentTool.pdf>
- Local dental referral list, Denti-Cal referral number 800-322-6384, and Denti-Cal website
<http://www.denti-cal.ca.gov/WSI/Bene.jsp?fname=ProvReferral>

Speaker Tips

- During the introduction, review the contents of the training folder with participants.
- If you have internet access, some slides may have icons or links to access further information, such as guides, videos, brochures, etc.
- After the PPT, allow participants time to practice fluoride varnish application.
- Distribute and collect evaluations.
- Hand out certificates and remind participants that they can review the training online.