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CHDP Information Notice 09-C

To: ALL CHILD HEALTH AND DISABILITY PREVENTION (CHDP)
PROGRAM DIRECTORS, DEPUTY DIRECTORS, STATE CHILDREN'S
MEDICAL SERVICES (CMS) BRANCH STAFF AND REGIONAL OFFICE
STAFF, MEDICAL CONSULTANTS AND NURSE CONSULTANTS

Subject: PEDIATRIC NUTRITION SURVEILLANCE SYSTEM (PEDNSS) ANNUAL
REPORTS FOR CALENDAR YEAR 2008

The 2008 state and county/city Pediatric Nutrition Surveillance System (PedNSS) annual reports from the Centers for Disease Control and Prevention (CDC) are now available on the Child Health and Disability Prevention (CHDP) website:

<http://www.dhcs.ca.gov/services/chdp/Pages/PedNSS2008.aspx>

These reports provide prevalence rates in children receiving CHDP health assessments on the following nutrition indicators: short stature, underweight, overweight and obesity, anemia (low hemoglobin/hematocrit), low birth weight and high birth weight. Additionally, a Smoking in Household report is available.

New This Year

1. Updated terminology for overweight and obesity weight categories has been added to the 2008 PedNSS reports. The reports now label overweight children as those whose BMI-for-age is in the 85th - <95th percent and obese children as having a BMI-for-age in the \geq 95th percent. This updated terminology is now consistent with the 2007 American Medical Association (AMA) Expert Committee Recommendations Regarding the Prevention, Assessment and Treatment of Child and Adolescent Overweight and Obesity.
2. Four reports that provide three year prevalence averages for years 2006 to 2008 are new. Table 6B: Comparison of Growth and Anemia Indicators by County (2006-2008) is particularly useful because three year averages in this report will provide prevalence rates for small local programs where the numbers of children in various categories are too small to yield an annual prevalence rate. The newer reports include:

- [Table 6B: Comparison of Growth and Anemia Indicators by County \(2006-2008 prevalence average\)](#)
- [Table 6G: Comparison of Growth, Anemia Indicators by Metro Area \(2006-2008 prevalence average\)](#)
- [Table 7B: Comparison of Breastfeeding, TV Viewing and Smoking in Household by County \(2006-2008 prevalence average\)](#)
- [Table 7G: Comparison of Breastfeeding, TV Viewing and Smoking in Household by Metro Area \(2006-2008 prevalence average\)](#)

3. A county or local program sample has been added as another Sample Format for Sharing PedNSS.

Background

The data for the prevalence reports are extracted from the CHDP Confidential Screening/Billing Report form (PM 160) and transmitted to CDC for analysis and inclusion in the national surveillance system. PedNSS prevalence reports for nutrition/health indicators are organized into categories by age, race/ethnicity, and metro area/county/city. PedNSS prevalence reports are used for program planning and community health analysis by multiple users, such as local CHDP programs, schools, health plan, and other public health programs.

California PedNSS prevalence reports are available on the CHDP website under the heading Local CHDP Programs/Surveillance. They are organized by the type of report as noted below.

California Prevalence Reports

Tables: 1-21C	California Data: Summaries, Comparisons, and Trends
Tables: 4-7G	Metro Area: Los Angeles Comparisons
Tables: 4-7 B	County/City Comparisons (includes county rankings)
Tables: 16-17 B	County/City Specific Data: Specific Indicators for Growth and Anemia <ul style="list-style-type: none"> • Children Aged Less Than 5 Years • Children Aged 5 to Less Than 20 Years

Tools for Local CHDP Programs

- A sample summary format for sharing state PedNSS prevalence rates is available for local program use. The sample is formatted in Microsoft Publisher and uses graphs and pictorial presentations of PedNSS prevalence rates. It is intended to provide an example for sharing complex data in a visual format that is easy to interpret.
- Two PowerPoint presentations using California prevalence rates for:
 - Children Aged Less than 5 Years
 - Children Aged 5 to < 20 Years
- Links to prior PedNSS prevalence reports for years 2002 to 2007 are readily accessible from the 2008 PedNSS webpage.
- Additional prior PedNSS prevalence reports from years 1995 to 2000 are also available. These reports are not full PedNSS prevalence reports but instead include one report, Table 6B: Comparison of Growth and Anemia Indicators by County. This report provides prevalence rates and county rankings for overweight, underweight, birth weight and anemia. It allows users electronic access to ten years of county/city prevalence rates.

CHDP Performance Measure- Childhood Overweight for FY 2009/2010

The 2008 PedNSS, Table 16 B, "County/City Specific Data-Growth Indicators by Race/Ethnicity and Age" should be used as a reference for CHDP Performance Measure 5, Childhood Overweight. Table 16 B is a large report of the data of all individual counties and cities. Locate your county/city report by using the "find" function.

Additional Assistance

For technical Pens information regarding data quality, record specifications, report formats or to access the Pens User's Guide, please go to the CDC Pens website: <http://www.cdc.gov/pednss> and click on Additional Tools.

CHDP Information Notice 09-C
Page 4
July 22, 2009

If you have other questions about PedNSS reports, please contact the CMS Statewide Nutrition Consultant, Judy A. Sundquist, M.P.H., R.D., at (916) 322-8785 or judy.sundquist@dhcs.ca.gov.

Original Signed by Harvey Fry for Luis R. Rico

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