

**Table 2C**  
**2009 Pediatric Nutrition Surveillance** (1)  
**California**  
**Summary of Health Indicators**  
**Children Aged < 5 Years** (2)

<b>Summary of Health Indicators</b> (3)						
			California Prevalence		National Prevalence (Prior Year)	
			Number	%	Number	%
<b>Birthweight (4)</b>						
Low	< 2500 g		222,196	6.2	1,909,620	9.0
High	> 4000 g		222,196	7.3	1,909,620	6.4
<b>Height and Weight</b>						
Short Stature (5)	< 5th		1,035,387	5.1	7,107,000	6.0
	< 10th		1,035,387	9.0	7,107,000	10.9
Underweight (6)	< 5th		1,035,387	5.6	7,107,000	4.5
	< 10th		1,035,387	9.2	7,107,000	7.7
Obese (6)	≥ 95th		1,035,387	15.7	7,107,000	14.1
	≥ 2 Yrs Overweight (6)	85th - < 95th	332,663	15.9	2,943,996	16.5
		≥ 95th	332,663	17.0	2,943,996	14.8
<b>Anemia (7)</b>						
Low Hb			499,850	14.1	4,543,993	15.2
Low Hct			19,637	9.8	572,674	11.2
Low Hb/Hct			505,302	14.0	4,916,523	14.9
<b>Breastfeeding (8)</b>						
Ever Breastfed			0	*	1,719,083	62.0
Breastfed At Least 6 Months			0	*	848,761	26.9
Breastfed At Least 12 Months			0	*	1,038,203	19.1
<b>Smoking in Household</b>						
≤ 2 Hours TV Viewing/ Day (9)			1,269,251	3.4	3,277,352	10.9
			0	*	744,697	74.8

(1) Reporting period is January 1 through December 31.

(2) Analyses based on one record per child.

(3) Excludes records with unknown data or errors.

(4) Infants born during the reporting period included in the analysis.

(5) Based on 2000 CDC growth chart percentiles for length-for-age for children under 2 years of age and height-for-age for children 2 years of age and older.

(6) Based on 2000 CDC growth chart percentiles for weight-for-length for children under 2 years of age and BMI-for-age for children 2 years of age and older. 85th - < 95th percentile category identifies overweight children and ≥ 95th percentile category identifies obese children.

(7) Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

(8) Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.

(9) Children aged 2 years and older included in the analysis.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.



**Table 2C**  
**2009 Pediatric Nutrition Surveillance** (1)  
**California**  
**Summary of Health Indicators**  
**Children Aged 5 to <20 Years** (2)

<b>Summary of Health Indicators</b> (3)				
	California Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Height and Weight				
Short Stature (4)	< 5th	531,378 6.5	0	*
Underweight (5)	< 5th	531,378 2.5	0	*
Overweight (5)	85th - < 95th	531,378 18.4	0	*
	≥ 95th	531,378 23.1	0	*
Anemia (6)				
Low Hb		455,753 12.4	0	*
Low Hct		16,282 11.4	0	*
Low Hb/Hct		460,011 12.4	0	*
Smoking in Household		674,648 4.3	0	*
≤2 Hours TV Viewing/Day (7)		0 *	0	*

(1) Reporting period is January 1 through December 31.

(2) Analyses based on one record per child.

(3) Excludes records with unknown data or errors.

(4) Based on 2000 CDC growth chart percentiles for height-for-age.

(5) Based on 2000 CDC growth chart percentiles for BMI-for-age. 85th - <95th percentile category identifies overweight children and ≥ 95th percentile category identifies obese children.

(6) Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted.

(7) Children aged 2 years and older included in the analysis.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.

