

Training Module 2

Overview of the California
Community Transitions (CCT) a
Money Follows the Person (MFP)
Program





Guiding Principles

- U.S. Supreme Court's Olmstead Decision (1999)
- Centers for Medicare & Medicaid Services (CMS) offers the "Money Follows The Person" (MFP) Demonstration Grants enabling states to align Medicaid long-term care services with the Olmstead Act. MFP provides states flexibility in how Medicaid dollars are spent.
- All individuals have the right to self-determination, independence, and choice
- Public entities must provide services to eligible individuals in the setting of their choice, when such services are appropriate



CCT History and Timeline

- California Department of Health Care Services (DHCS) submitted an application for the MFP grant (2006).
- DHCS receives the MFP grant & implements the California Community Transitions (CCT) Demonstration Project (2007).
- Initial MFP Demonstration grant was set to expire in 2011, but was extended to 2016 as a result of the Affordable Care Act.
- DHCS has requested that the CCT grant be extended through 2018 (resulting in community services for already enrolled participants through 2019). DHCS is also actively creating a state sustainability plan to continue CCT services beyond the federal grant.

**As of 2015, the CCT program has helped 2,311 individuals transition from institutions to community living.*



CCT Purpose & Intent

- “Rebalance” Medi-Cal spending by shifting more resources toward Home and Community-Based Services (HCBS) to decrease the use of long-term nursing facility care.
- Support Medi-Cal beneficiaries to receive services in the setting of their choice.
- MFP allows states to provide additional services that enhance the scope and duration of existing Medicaid programs.





CCT Eligibility Requirements

- Persons of all ages
- Continuous residence in an inpatient nursing facility* **for a minimum of 90 days**, not counting any days covered by Medicare
- Medi-Cal Eligibility for at least one day
- Continue to require the same “level of care” provided in a health care facility

*Includes freestanding nursing facilities (NF), those that are distinct parts of acute care hospitals (DP/NF), or intermediate care facilities for the developmentally disabled (ICF/DD).



CCT Target Populations

- Elders
- Persons with:
 - Developmental disabilities
 - Physical disabilities
 - Mental illness



HCBS Waivers/
Programs/Services



IHSS

Nursing Home
Resident

Employment

Community

AT/DME



Health
Care
Services

Community
Services

Independent
Living Centers

Transition to:



- Where?
 - Living in the community:
 - Apartment, House, Publically Subsidized Housing, Assisted Living Facility, or Small Group Home
- What?
 - Receiving services in the community:
 - Waivers, Programs and/or State Plan Services





CCT Services Include:

- Pre-Transition Coordination
- Home Set-Up, including rental assistance
- Habilitation
- Family and Informal Caregiver Training
- Personal Care Services pre IHSS
- Home and Vehicle Modification
- Assistive Devices
- Transitional Case Management

*CCT services end on day 365, but existing services will continue as long as the participant remains eligible for Medi-Cal HCBS

Who Makes Transitions Happen?



CCT is grounded in partnerships throughout the state with local counties, health care facilities, home and community-based service organizations and consumers.



Where We Were Pre-CCT Redesign



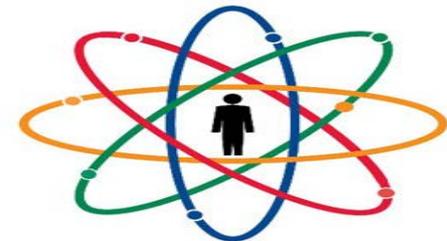
- Inconsistency between service providers
- Gaps in identifying and mitigating risk
- Desired outcomes of community living were not always achieved
- Inconsistency in development and implementation of care plans





Intent of CCT Redesign

- Transition services bundled with an emphasis on outcomes
- Focus is on the whole person, identifying and mitigating risk early on and throughout the entire transition process
- Driving goal is integrated care for all participants to allow for continued success of participant in the community





Questions?



Reach any member of the CCT project team by sending an email to the general mailbox, which is monitored daily:

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