



QUALITY OF LIFE SURVEY

RESPONDENT INFORMATION

Respondent Name: _____

Respondent Street Address: _____

Respondent City: _____

Respondent State: _____

Respondent ZIP Code: _____

Social Security Number: _____

Check here if the Sample Member is deceased and record date of death

[] [] []
Month Day Year

➔ GO TO END

Please check one:

Baseline: _____ 1st Follow up: _____ 2nd Follow up: _____

Respondent's Name: _____

****Be sure to fill in the blanks below****

Hello, my name is _____ and I am from (LO/facility name) _____ . I'm here to ask for your help with an important study of Medicaid beneficiaries in the state of California. The Quality of Life Survey, sponsored by the Centers for Medicare & Medicaid Services (CMS) and the state of California, is an essential part of an evaluation of the Money Follows the Person Program, a program designed to help Medicaid beneficiaries transition out of institutional care into the community. I'd like to ask you some questions about your housing, access to care, community involvement, and your health and well-being. Results from the study will help CMS and the state of California evaluate how well its programs are meeting the needs of Medicaid beneficiaries like you.

Before we begin, let me assure you that all information collected will be kept strictly confidential and will not be reported in any way that identifies you personally. Your answers will be combined with the answers of others and reported in such a way that no single individual could ever be identified. Further, the information collected will not be used by anyone to determine your continuing eligibility for Medicaid benefits. We are collecting this information for research purposes only. However, I may be required to report any instances of abuse or neglect that you tell me about to authorities. Your participation is completely voluntary and if we come to any question you prefer not to answer, **just tell me and I will record "REFUSED" we'll move on to the next one.**

If you have any questions, please stop me and ask me. Also, please let me know if you do not understand a question or if you would like me to repeat it.

MODULE 1: LIVING SITUATION

Answer "ALL" parts of "EACH" question unless directed to go on to the next question indicated at the right of each answer.

1. I'm going to ask you a few questions about the place you live. About how long have you lived (here/in your home)?

Probe: Your best estimate is fine.

Interviewer: If respondent indicates less than 1 month, enter 1 month

[_____] [_____]
Years Months

➔ **GO TO QUESTION 2**

DON'T KNOW DK
REFUSED R

Respondent's Name: _____

1a. **Would you say you have lived here more than five years?**

Yes 01
No 02
Don't Know DK
Refused R

2. **Interviewer: Does sample member live in a group home or nursing facility?**

Yes 01
No 02
Don't Know DK
Refused R

3. Do you like where you live?

Yes 01
No 02
Sometimes 03
DON'T KNOW DK
REFUSED R

4. Did you help pick (this/that) place to live?

Yes 01
No 02
DON'T KNOW DK
REFUSED R

5. Do you feel safe living (here/there)?

Yes 01 ➔ **GO TO QUESTION 6**
No 02 **GO TO QUESTION 5a.****
DON'T KNOW DK ➔ **GO TO QUESTION 6**
REFUSED R ➔ **GO TO QUESTION 6**

5a. How often do you feel unsafe living (here/there)?

Sometimes 01
Most of the Time..... 02
DON'T KNOW DK
REFUSED R

6. Can you get the sleep you need without noises or other disturbances where you live?

Yes 01
No 02
Sometimes 03
DON'T KNOW DK
REFUSED R

Respondent's Name: _____

MODULE 2: CHOICE AND CONTROL

7. Can you go to bed when you want?

- Yes 01
- No..... 02
- Sometimes 03
- DON'T KNOW DK
- REFUSED R

8. Can you be by yourself when you want to?

- Yes 01
- No..... 02
- Sometimes 03
- DON'T KNOW DK
- REFUSED R

9. When you are at home, can you eat when you want to?

- Yes 01
- No..... 02
- Sometimes 03
- DON'T KNOW DK
- REFUSED R

10. Can you choose the foods that you eat?

- Yes 01
- No..... 02
- Sometimes 03
- DON'T KNOW DK
- REFUSED R

11. Can you talk on the telephone without someone listening in?

- Yes 01
- No..... 02
- Sometimes 03
- No access to telephone..... 04
- DON'T KNOW DK
- REFUSED R

Respondent's Name: _____

12. Can you watch TV when you want to?

- Yes 01
- No 02
- Sometimes 03
- No access to TV 04
- DON'T KNOW DK
- REFUSED R

13. **[AFTER TRANSITION ONLY]** Some people get an allowance from the state to pay for the help or equipment they need. Do you get an allowance like this?

- Yes 01 **GO TO QUESTION 13a.****
- No 02 **➔ GO TO QUESTION 14**
- DON'T KNOW DK **➔ GO TO QUESTION 14**
- REFUSED R **➔ GO TO QUESTION 14**

13a. **[AFTER TRANSITION ONLY]** In the last 12 months, what help or equipment did you buy with this allowance?

[Code all that apply]

- Modified Home 01
- Modified Car 02
- Special Equipment 03
- Paid Help 04
- Transportation 05
- Household Goods 06
- Security Deposit 07
- Other 08
- DON'T KNOW DK
- REFUSED R

Respondent's Name: _____

MODULE 3: ACCESS TO PERSONAL CARE

14. Now I'd like to ask you about some everyday activities, like getting dressed or taking a bath. Some people have no problem doing these things by themselves. Other people need somebody to help them. First, does anyone help you with things like bathing, dressing, or preparing meals?

Probe: Please include any help received by another person, including cueing or standby assistance.

Yes 01 **GO TO 14a AND 14b****
No 02 **➔ GO TO QUESTION 15**
DON'T KNOW DK **➔ GO TO QUESTION 15**
REFUSED R **➔ GO TO QUESTION 15**

14a. Do any of these people get paid to help you?

Yes 01 **GO TO QUESTION 14b****
No 02 **➔ GO TO QUESTION 15**
Don't Know DK **➔ GO TO QUESTION 15**
Refused R **➔ GO TO QUESTION 15**

14b. Do you pick the people who are paid to help you?

Yes 01
No 02
Don't Know DK
Refused R

15. Do you ever go without a bath or shower when you need one?

Yes 01 **GO TO QUESTIONS 15a and 15b****
No 02 **➔ GO TO QUESTION 16**
DON'T KNOW DK **➔ GO TO QUESTION 16**
REFUSED R **➔ GO TO QUESTION 16**

15a. How often do you go without a bath or shower when you need one? Would you say only sometimes or most of the time?

Sometimes 01
Most of the time 02
DON'T KNOW DK
REFUSED R

Respondent's Name: _____

15b. Is this because there is no one there to help you?

Probe: Please include any help received by another person, including cueing or standby assistance.

Yes 01
No 02
DON'T KNOW DK
REFUSED R

16. Do you ever go without a meal when you need one?

Yes 01 **GO TO QUESTIONS 16a and 16b****
No 02 **➔ GO TO QUESTION 17**
DON'T KNOW DK **➔ GO TO QUESTION 17**
REFUSED R **➔ GO TO QUESTION 17**

16a. How often do you go without a meal when you need one? Would you say only sometimes or most of the time?

Sometimes 01
Most of the Time..... 02
DON'T KNOW DK
REFUSED R

16b. Is this because there is no one there to help you?

Probe: Please include any help received by another person, including cueing or standby assistance.

Yes 01
No 02
DON'T KNOW DK
REFUSED R

17. Do you ever go without taking your medicine when you need it?

Probes: Medicines are pills or liquids that are given to you by a doctor to help you feel better.

Yes 01 **GO TO QUESTIONS 17a and 17b****
No 02 **➔ GO TO QUESTION 18**
DON'T KNOW DK **➔ GO TO QUESTION 18**
REFUSED R **➔ GO TO QUESTION 18**

Respondent's Name: _____

17a. How often do you go without taking your medicine when you need it? Would you say only sometimes or most of the time?

Sometimes 01
Most of the Time..... 02
DON'T KNOW DK
REFUSED R

17b. Is this because there is no one there to help you?

Probe: Please include any help received by another person, including cueing or standby assistance.

Yes 01
No 02
DON'T KNOW DK
REFUSED R

18. Are you ever unable to use the bathroom when you need to?

Yes 01 **GO TO QUESTIONS 18a and 18b****
No..... 02 **➔ GO TO QUESTION 19**
DON'T KNOW DK **➔ GO TO QUESTION 19**
REFUSED R **➔ GO TO QUESTION 19**

18a. How often are you unable to use the bathroom when you need to? Would you say only sometimes or most of the time?

Sometimes 01
Most of the Time..... 02
DON'T KNOW DK
REFUSED R

18b. Is this because there is no one there to help you?

Probe: Please include any help received by another person, including cueing or standby assistance.

Yes 01
No 02
DON'T KNOW DK
REFUSED R

Respondent's Name: _____

19. **[AFTER TRANSITION ONLY]** Have you ever talked with a case manager or support coordinator about any special equipment or changes to your home that might make your life easier?

Probe: Equipment means things like wheelchairs, canes, vans with lifts, and automatic door opener.

Yes	01	GO TO QUESTIONS 19a and 19b**
No	02	➔ GO TO QUESTION 20
DON'T KNOW	DK	➔ GO TO QUESTION 20
Not Applicable	N/A	➔ GO TO QUESTION 20
REFUSED	R	➔ GO TO QUESTION 20

- 19a. **[AFTER TRANSITION ONLY]** What equipment or changes did you talk about?

DON'T KNOW DK
REFUSED R

- 19b. **[AFTER TRANSITION ONLY]** Did you get the equipment or make the changes you needed?

Yes	01
No	02
In Process	03
DON'T KNOW	DK
REFUSED	R

20. **[AFTER TRANSITION ONLY]** Please think about all the help you received during the last week *around the house* like cooking or cleaning. Do you need more help with things around the house than you are now receiving?

Yes	01
No	02
DON'T KNOW	DK
REFUSED	R

21. **[AFTER TRANSITION ONLY]** During the last week, did any family member or friends help you with things around the house?

Yes	01	GO TO QUESTION 21a**
No	02	➔ GO TO QUESTION 22
DON'T KNOW	DK	➔ GO TO QUESTION 22
REFUSED	R	➔ GO TO QUESTION 22

Respondent's Name: _____

21a. **[AFTER TRANSITION ONLY]** Please think about *all* the family members and friends who help you. About how many hours did they spend helping you yesterday?

Probe: Your best estimate is fine.

Interviewer: if less than one hour, enter 1 hour.

[_____]
Hours

DON'T KNOW DK
REFUSED R

MODULE 4: RESPECT AND DIGNITY

****Note: If Q14 = No, DK or R ➔ GO TO QUESTION 27, otherwise answer questions 22, 22a, and 23, 23a**.**

Interviewer: For questions in this module, refer to your state's policy on reporting any suspected incidents of abuse and neglect. For this survey, record only reports of current abuse.

22. You said that you have people who help you. Do the people who help you treat you the way you want them to?

Yes	01	➔ GO TO QUESTION 23
No.....	02	GO TO QUESTION 22a**
DON'T KNOW	DK	➔ GO TO QUESTION 23
REFUSED	R	➔ GO TO QUESTION 23

22a. How often do they not treat you the way you want them to? Would you say only sometimes or most of the time?

Sometimes 01
Most of the Time..... 02
DON'T KNOW DK
REFUSED R

23. Do the people who help you listen carefully to what you ask them to do?

Yes	01	➔ GO TO QUESTION 24
No.....	02	GO TO QUESTION 23a**
DON'T KNOW	DK	➔ GO TO QUESTION 24
REFUSED	R	➔ GO TO QUESTION 24

Respondent's Name: _____

23a. How often do they not listen to you? Would you say only sometimes or most of the time?

- Sometimes 01
- Most of the time..... 02
- DON'T KNOW DK
- REFUSED R

Although this questions are optional, answer all parts if participant chooses to answer them.

24. **[Optional]** Have you ever been physically hurt by any of the people who help you now?

Probe: Physically hurt means someone could have pushed, kicked, or slapped you.

- Yes 01 **GO TO QUESTION 24a and 24b****
- No 02 **➔ GO TO QUESTION 25**
- DON'T KNOW DK **➔ GO TO QUESTION 25**
- REFUSED R **➔ GO TO QUESTION 25**

24a. **[Optional]** What happened when the people who help you now physically hurt you?

- DON'T KNOW DK
- REFUSED R

24b. **[Optional]** How many times have you been physically hurt by the people who help you now?

Probe: Your best guess is fine.

[]
Times

- REFUSED R

25. **[Optional]** Are any of the people who help you now mean to you or do they yell at you?

Probe: Do they treat you in a way that makes you feel bad or do they hurt your feelings?

- DON'T KNOW DK
- Yes 01 **GO TO QUESTION 25a****
- No 02 **➔ GO TO QUESTION 26**
- DON'T KNOW DK **➔ GO TO QUESTION 26**
- REFUSED R **➔ GO TO QUESTION 26**

Respondent's Name: _____

25a. **[Optional]** How often are they mean to you? Would you say only sometimes or most of the time?

- Sometimes 01
- Most of the Time..... 02
- DON'T KNOW DK
- REFUSED R

26. **[Optional]** Have any of the people who help you now ever taken your money or things without asking first?

- Yes 01 **GO TO QUESTION 26a****
- No 02 **➔ GO TO QUESTION 27**
- DON'T KNOW DK **➔ GO TO QUESTION 27**
- REFUSED R **➔ GO TO QUESTION 27**

26a. **[Optional]** How many times have they taken your money or things without asking first?

Probe: Your best guess is fine.

[_____]
Times

- DON'T KNOW DK
- REFUSED R

Please answer all parts of the following questions unless instructed to go to the next one

MODULE 5: COMMUNITY INTEGRATION AND INCLUSION

27. I'd like to ask you a few questions about things you do. Can you see your friends and family when you want to see them?

Interviewer: Code "yes" if respondent indicates that they have either gone to see friends or family or that friends and family have come to visit them.

- Yes 01 **GO TO QUESTION 27a****
- No 02 **➔ GO TO QUESTION 28**
- DON'T KNOW DK **➔ GO TO QUESTION 28**
- REFUSED R **➔ GO TO QUESTION 28**

27a. How often do you see your friends and family when you want to see them? Would you say only sometimes or most of the time?

- Sometimes 01
- Most of the Time..... 02
- DON'T KNOW DK
- REFUSED R

Respondent's Name: _____

28. Can you get to the places you need to go, like work, shopping, or the doctor's office?

- Yes 01 **GO TO QUESTION 28a****
- No 02 **➔ GO TO QUESTION 29**
- DON'T KNOW DK **➔ GO TO QUESTION 29**
- REFUSED R **➔ GO TO QUESTION 29**

28a. How often do you get to the places you need to go, like work, shopping, or the doctor's office? Would you say only sometimes or most of the time?

- Sometimes 01
- Most of the Time..... 02
- DON'T KNOW DK
- REFUSED R

29. Is there anything you *want* to do outside [the facility/your home] that you can't do now?

- Yes 01 **GO TO QUESTIONS 29a & 29b****
- No 02 **➔ GO TO QUESTION 30**
- DON'T KNOW DK **➔ GO TO QUESTION 30**
- REFUSED R **➔ GO TO QUESTION 30**

29a. What would you like to do that you don't do now?

- DON'T KNOW DK
- REFUSED R

29b. What do you need to do these things?

- DON'T KNOW DK
- REFUSED R

Respondent's Name: _____

30. When you go out, can you go by yourself or do you need help?

- Go out Independently..... 01 ➔ **GO TO QUESTION 31**
- Need Help 02 ➔ **GO TO QUESTION 30a****
- DON'T KNOW DK ➔ **GO TO QUESTION 31**
- REFUSED R ➔ **GO TO QUESTION 31**

30a. Please think about *all* the help you received during the last week with *getting around the community*, such as shopping and going to a doctor's appointment, do you need *more* help getting around than you are receiving?

- Yes 01
- No 02
- DON'T KNOW DK
- REFUSED R

31. **[AFTER TRANSITION ONLY]** Are you working for pay right now?

Probe: Do you get any money for doing work?

- Yes 01 ➔ **GO TO QUESTION 32**
- No 02 ➔ **GO TO QUESTION 31a****
- DON'T KNOW DK ➔ **GO TO QUESTION 32**
- REFUSED R ➔ **GO TO QUESTION 32**

31a. **[AFTER TRANSITION ONLY]** Do you want to work for pay?

- Yes 01
- No 02
- DON'T KNOW DK
- REFUSED R

32. **[AFTER TRANSITION ONLY]** Are you doing volunteer work or working without getting paid?

Probe: Are you doing work but not getting any money for it?

- Yes 01 ➔ **GO TO QUESTION 33**
- No 02 ➔ **GO TO QUESTION 32a****
- DON'T KNOW DK ➔ **GO TO QUESTION 33**
- REFUSED R ➔ **GO TO QUESTION 33**

32a. **[AFTER TRANSITION ONLY]** Would you like to do volunteer work or work without getting paid?

Probe: would you like to do work without getting paid for it?

- Yes 01
- No 02
- DON'T KNOW DK
- REFUSED R

Respondent's Name: _____

33. I'd like to ask you a few questions about how you get around. Do you go out to do fun things in your community?

Probe: These are things that you enjoy such as going to church, the movies or shopping?

Yes 01
No 02
DON'T KNOW DK
REFUSED R

34. When you want to go somewhere, can you just go, do you have to make some arrangements, or do you have to plan many days ahead and ask people for help?

Decide and Go 01
Plan Some 02
Plan Many Days Ahead 03
DON'T KNOW DK
REFUSED R
N/A NA

35. Do you miss things or have to change plans because you don't have a way to get around easily?

Probe: Do you have to miss things because it is hard for you to get there?

Yes 01
No 02
Sometimes 03
DON'T KNOW DK
REFUSED R

36. Is there any medical care, such as a medical treatment or doctor's visits, which you have not received or could not get to within the past month?

Probe: The medical care includes doctor visits or medical treatments that you may need.

Yes 01
No 02
DON'T KNOW DK
REFUSED R

MODULE 6: SATISFACTION

37. Taking everything into consideration, during the past week have you been happy or unhappy with the help you get with things around the house or getting around your community?

Happy 01 ➔ GO TO QUESTION 37a**
Unhappy 02 ➔ GO TO QUESTION 37b**
DON'T KNOW DK ➔ GO TO QUESTION 38
REFUSED R ➔ GO TO QUESTION 38

Respondent's Name: _____

37a Would you say you are a little happy or very happy?

- A little happy 01 ➔ GO TO QUESTION 38
- Very happy 02 ➔ GO TO QUESTION 38
- Don't Know DK ➔ GO TO QUESTION 38
- Refused R ➔ GO TO QUESTION 38

37b Would you say you are a little unhappy or very unhappy?

- A little unhappy 01
- Very unhappy 02
- Don't Know DK
- Refused R

38. Taking everything into consideration, during the past week have you been happy or unhappy with the way you live your life?

- Happy 01 ➔ GO TO QUESTION 38a**
- Unhappy 02 ➔ GO TO QUESTION 38b**
- DON'T KNOW DK ➔ GO TO QUESTION 39
- REFUSED R ➔ GO TO QUESTION 39

38a. Would you say you are a little happy or very happy?

- A little happy 01 ➔ GO TO QUESTION 39
- Very happy 02 ➔ GO TO QUESTION 39
- Don't Know DK ➔ GO TO QUESTION 39
- Refused R ➔ GO TO QUESTION 39

38b. Would you say you are a little unhappy or very unhappy?

- A little unhappy 01
- Very unhappy 02
- Don't Know DK
- Refused R

MODULE 7: HEALTH STATUS

39. During the past week have you felt sad or blue?

- Yes 01 ➔ GO TO QUESTION 39a**
- No 02 ➔ GO TO QUESTION 40
- DON'T KNOW DK ➔ GO TO QUESTION 40
- REFUSED R ➔ GO TO QUESTION 40

Respondent's Name: _____

39a. How often have you felt sad and blue? Would you say only sometimes or most of the time?

- Sometimes 01
- Most of the Time..... 02
- DON'T KNOW DK
- REFUSED R

40. During the past week have you felt irritable?

Probe: Irritable means grumpy or easily upset about things in your life.

- Yes 01 **GO TO QUESTIONS 40a****
- No 02 **➔ GO TO QUESTION 41**
- DON'T KNOW DK **➔ GO TO QUESTION 41**
- REFUSED R **➔ GO TO QUESTION 41**

40a. How often have you felt irritable? Would you say only sometimes or most of the time?

Probe: Irritable means grumpy or easily upset about things in your life.

- Sometimes 01
- Most of the Time..... 02
- DON'T KNOW DK
- REFUSED R

41. During the past week have you had aches and pains?

- Yes 01 **GO TO QUESTION 41a****
- No 02 **➔ GO TO QUESTION 42**
- DON'T KNOW DK **➔ GO TO QUESTION 42**
- REFUSED R **➔ GO TO QUESTION 42**

41a. How often do you have aches and pain? Would you say only sometimes or most of the time?

- Sometimes 01
- Most of the Time..... 02
- DON'T KNOW DK
- REFUSED R

CLOSEOUT

42. Those are all the questions I have you now. We would like to talk with you in about a year or so to find out how you are doing. In case we have trouble reaching you, what is the name, address, and phone number of a close relative or friend who is not living with you and is likely to know your location in the future? For example, a mother, father, brother, sister, aunt, uncle, or close friend.

- No Contact Available..... 01 **➔ GO TO QUESTION 43**
- Contact Available 02 **GO TO QUESTIONS 42a, b, c, d, e, & f****

Respondent's Name: _____

42a. Contact Name: _____

42b. Contact Street Address: _____

42c. Contact City: _____

42d. Contact State: _____

42e. Contact ZIP _____

42f. Contact Phone: _____

43. Interviewer: Did you complete the interview with the sample member alone, the sample member who was assisted by another, or with a proxy?

- Sample Member Alone..... 01
- Sample Member with Assistance..... 02
- Proxy..... 03

44. Interviewer: Record date the interview was completed:

[] [] []
Month Day Year

➔ END INTERVIEW

COMMENTS:
