



State of California-Health and Human Services Agency
Department of Health Care Services
P.O. Box 989009, West Sacramento, CA 95798-9850



EDMUND G. BROWN JR.
Governor



September 2011

JOHN SAMPLE
1234 SAMPLE STREET
ANYTOWN CA 90000

Important Medi-Cal Changes

Reminder Notice of Elimination of ADHC Medi-Cal Benefit

Dear ADHC Participant,

We wanted to **remind** you that we sent you a notice in August about a change in state law. **Medi-Cal** will no longer pay for Adult Day Health Care (ADHC) beginning December 1, 2011. The law that changed is California Welfare & Institutions Code section 14589.5.

This does not change your:

- Medicare coverage
- Doctors and specialists you see outside an ADHC center.
- Social Security benefits

What happens now?

When ADHC ends, please know that you can choose to enroll in a health plan. Medi-Cal Managed Care health plans can give you many of the health services that ADHCs provide. You can join a health plan at **no cost** and you will still be on Medi-Cal. When you enroll in a health plan, they will call you to find out what care you need.

What is a Medi-Cal Managed Care Health Plan?

Managed care health plans are a system of health care. They help manage your care, arrange your services, provide 24-hour nurse advice, member services, non-emergency medical transportation and more. The health plans can also help arrange services you need that they do not cover. The services are the same as in "regular" Medi-Cal.

What do I need to do?

You can enroll in a managed care health plan. As a Medi-Cal and Medicare beneficiary your options are:

- **If you are not in a Medicare Advantage plan**, you can choose to enroll in the health plan of your choice. You have until September 16, 2011, to complete and return the choice form we sent you in August. If you do not make a choice, a health plan will be selected for you.

- **If you are in a Medicare Advantage health plan**, you must choose the same Medi-Cal Managed Care health plan. You have until September 16, 2011, to complete and return the choice form we sent you in August. If you do not make a choice you will be enrolled in the same health plan.

Your enrollment will start **October 1, 2011**. If you are not happy with your health plan, you can choose to go back to regular Medi-Cal at any time.

How do I enroll or get more information?

- **To enroll by phone**, please call Health Care Options at 1-800-430-4263 or TDD/TTY at 1-800-430-7077, Monday through Friday, 8:00 a.m. – 5:00 p.m.

To enroll by phone, representatives are available between the hours of:
8:00 am - 5:00 pm, Monday - Friday

English		1-800-430-4263	Korean	한국어	1-800-576-6883
Arabic	اللغة العربية	1-800-576-6881	Mandarin	國語	1-800-576-6885
Armenian	Հայերեն	1-800-840-5032	Russian	Русский	1-800-430-7007
Cambodian	ភាសាខ្មែរ	1-800-430-5005	Spanish	Español	1-800-430-3003
Cantonese	粵語	1-800-430-6006	Tagalog	Tagalog	1-800-576-6890
Farsi	فارسی	1-800-840-5034	Vietnamese	Tiếng Việt	1-800-430-8008
Hmong	Hmoob	1-800-430-2022	Other Languages		1-800-430-4263

- **To enroll in person**, please use the “Health Care Options” presentation schedule in your packet we sent you in August.
- **To enroll by mail**, please fill out and return the choice form in your packet we sent you in August.

Is that all I need to do?

No. When you enroll in a health plan you will still receive some services through “regular” Medi-Cal.

- **If you get In-Home Support Services (IHSS)**, contact your social worker to find out if you can get more IHSS hours.
- **If you are in the Multipurpose Senior Service Program**, contact your caseworker for help.
- **If you are a client of a Regional Center**, contact your caseworker for assistance.