

**Department of Health Care Services**  
**Adult Day Health Care Transition Monitoring Plan**  
*August 23, 2011*

---

The California Department of Health Care Services (DHCS) proposes to monitor the Adult Day Health Care transition over a two-year period using the framework outlined below. DHCS will coordinate its monitoring and reporting efforts with the California Departments of Aging, Social Services, and Developmental Services.

The monitoring will focus initially on the transition process as ADHC participants receive notice letters and assessments, select a managed care plan, or opt out into other services. In the near term, DHCS will determine baseline measures for the primary outcomes of interest: nursing facility and hospital inpatient admissions, and emergency room visits. Data will be drawn and analyzed from Medi-Cal and Medicare claims, managed care plan encounter data, and hospital inpatient and emergency department data. Managed care organizations will also provide data on hospital and nursing home admissions for their respective ADHC members. Specific populations of interest will be identified for more focused analyses.

After a transition and baseline report at the end of 2011, standardized monitoring reports will be provided to the Legislature and other stakeholders semi-annually and include clear written analysis and useful charts and graphs.

**Identify, coordinate and analyze data sets**

- 1) Medicare, Medi-Cal claims and utilization data
- 2) Health plan encounter data
- 3) OSHPD Patient Discharge and ER Utilization data

**Measure three primary areas of importance:**

- 1) Transition process (e.g. - notice letters, assessments, health plan selection)
- 2) Services received (e.g. – nursing services, physical/occupational therapy)
- 3) Specific outcomes (e.g. - skilled nursing facility and hospital admissions)

**Establish baseline measures**

- 1) Specific outcomes

**Identify subsets of the ADHC population**

- 1) Specific at-risk groups (e.g. - developmentally disabled)
- 2) Specific age groups (e.g. - frail elderly)
- 3) Regions of interest (e.g. - rural areas)

**Reports to the Legislature and other stakeholders**

- 1) Short term:
  - a. Notice letters and initial assessments – December 2011
  - b. Baseline report - December 2011
- 2) Long-term:
  - a. First semi-annual report – July 2012
  - b. Second semi-annual report - January 2013
  - c. Third semi-annual report – July 2013