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Department of Health Care Services



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**Notice to Medi-Cal Fee for Service Beneficiaries of
Behavioral Health Treatment Services Transition**

[System Date]

Dear [Beneficiary]:

On [transition date], responsibility for ***Behavioral Health Treatment (BHT)*** services will transition from [regional center] to Medi-Cal. This change only applies to BHT services. These services may include, but are not limited to: Applied Behavior Analysis, behavioral interventions, and parent training. Other services you get at [regional center] will **not** change. If you receive BHT from other health insurance coverage and is also covered by Medi-Cal, you may be able to get assistance with co-payments if your BHT provider also contracts with [regional center].

Why is this changing?

There are new rules that require Medi-Cal to cover BHT services for Medi-Cal beneficiaries up to age 21 with an autism spectrum disorder (ASD). If needed, these services are currently provided by your regional center or other health coverage. Due to the new rules, Medi-Cal will be responsible for BHT services provided through regional centers starting on [transition date].

What do I need to do?

You do not need to do anything. You will continue to see the same BHT provider. You will receive the same BHT services until your needs change.

What happens now?

You should not experience any change. BHT services will continue under the current treatment plan.

Who do I contact for help or more information?

If you have any questions about this change, please contact the Medi-Cal Member Help Line (1-800-541-5555). Tell them you have a question about your BHT services.

IMPORTANT INFORMATION ABOUT YOUR APPEAL RIGHTS

What are my rights if I don't agree with a denial or change of my services?

If you do not agree with a denial or change of services, you can:

- Ask for a State Hearing

STATE HEARING

To ask for a State Hearing, you can fill out the "State Hearing Request" form and send it to:

California Department of Social Services
State Hearings Division
P.O. Box 944243, MS 19-37
Sacramento, CA 94244-2430

You may also call to ask for a State Hearing. The number can be very busy so you may get a message to call back later.

Toll free phone: 1-800-952-5253

TTY: 1-800-952-8349

What Are the Time Limits to Ask for a State Hearing?

- You only have 90 days to ask for a hearing.
- The 90 days start the date of the denial letter.

Can I Still Get My Treatment and Ask for a State Hearing?

To still get your treatment that the denial notice is stopping or changing, you must:

- Ask for a State Hearing within 10 days from either:
 - The date the notice is postmarked, or
 - The date the notice was given to you, or
 - Before the date the notice says your treatment will stop or change.
- Please say that you want to keep getting treatment during the hearing process.

It can take up to 90 days for your case to be decided and an answer sent to you.

Can I Ask for a Quick Hearing?

Yes. This is called an "expedited" hearing. If you think waiting up to 90 days may be risky for your health, ask your doctor or [Plan name] for a letter. The letter must explain how waiting for up to 90 days could be risky for your life or health. Then you can ask for an expedited hearing. You need to send the letter with hearing request.

You do not have to attend the State Hearing alone. You may bring someone with you. You can bring a friend, a relative, a lawyer, or anyone you choose. You can speak for yourself or have someone else speak for you. You may be able to get free legal help.

Call the [insert the name and phone number of the county's consumer rights hotline]. You may also call your local legal aid office [insert phone number or reference to "legal services" in yellow pages]. For more information about the State Hearing process, go to <http://www.dhcs.ca.gov/services/medi-cal/Pages/Medi-CalFairHearing.aspx>.