

**SAMHSA's support of behavioral health systems serving
service members, veterans, and their families**

Inventory of Collected Toolkits

- = **Effective/Well Done Toolkit**
Updated – 02/18/2011

Children Specific Toolkits

American Association of School Administrators. (2009). *Supporting the Military Child Toolkit*. http://www.aasa.org/uploadedFiles/Resources/Toolkits/Other_Toolkits/AASA_Supporting_the_Military_Child_Toolkit/MilitaryChildToolkitComplete.pdf

- ASYMCA. *Operation Kid Comfort Toolkit*. (Accessed 2011). <http://www.asymca.org/wp-content/uploads/2010/03/Operation-Kid-Comfort-Online-Toolkit3.pdf>
- Defense Center of Excellence. (Accessed 2011). *Families with Kids*. <http://www.afterdeployment.org/media/elibrary/families/index.html>

Department of Defense. (Accessed 2011). *Military Students on the Move: A Toolkit for Parents*. http://www.k12.wa.us/OperationMilitaryKids/pubdocs/ParentsToolkit_0406.pdf

Educational Opportunities Directorate of the Department of Defense. (Accessed 2011). *An Educators Guide to the Military Child During Deployment*. <http://www2.ed.gov/about/offices/list/os/homefront/homefront.pdf>

Military Child Education Coalition. (2003). *How to Prepare Our Children and Stay Involved in Their Education During Deployment*. <http://www.militarychild.org/files/pdfs/DeploymentBooklet.pdf>

National Military Family Association. (2010). *A Toolkit About Military Teens*. <http://www.militaryfamily.org/assets/2010-Teen-Toolkit-PDF.pdf>

Strategic Outreach to Families of All Reservists. (2008). *SOFAR Guide for Children to Cope with the Deployment and Return of a Parent in the National Guard and Other Reserve Components*. http://www.sofarusa.org/downloads/SOFAR_2008_Final.pdf

Tripler Army Medical Center Child and Adolescent Psychiatry Service. (2004). *Effects of Deployment on Children and Adolescents*. <http://www.idahoschoolcounselor.org/Documents/2008%20FALL%20Conf/Tanya%20Chin%20-%20Effects%20of%20Deployment%20on%20Children%20Slides.pdf>

University of Miami. (2003). *Helping Children Cope with the Challenges of War and Terrorism: A Guide for Caring Adults and Children*. http://www.7-dippity.com/other/UWA_war_book.pdf

- VISN 16 South Central Mental Illness Research, Education, and Clinical Center (MIRECC). (2010). *Veteran Parents with Infants. Veteran Parenting Toolkit: Together Building Strong Families*. <http://www.ouhsc.edu/vetparenting/PDF/Infant.pdf>
- VISN 16 South Central Mental Illness Research, Education, and Clinical Center (MIRECC). (2010). *Veteran Parents with Preschool Children. Veteran Parenting Toolkit: Together Building Strong Families*. <http://www.ouhsc.edu/vetparenting/PDF/Preschool.pdf>
- VISN 16 South Central Mental Illness Research, Education, and Clinical Center (MIRECC). (2010). *Veteran Parents with School-Aged Children. Veteran Parenting Toolkit: Together Building Strong Families*. http://www.ouhsc.edu/vetparenting/PDF/School_Age.pdf
- VISN 16 South Central Mental Illness Research, Education, and Clinical Center (MIRECC). (2010). *Veteran Parents with Teenagers. Veteran Parenting Toolkit: Together Building Strong Families*. <http://www.ouhsc.edu/vetparenting/PDF/Teenager.pdf>
- VISN 16 South Central Mental Illness Research, Education, and Clinical Center (MIRECC). (2010). *Veteran Parents with Toddlers. Veteran Parenting Toolkit: Together Building Strong Families*. <http://www.ouhsc.edu/vetparenting/PDF/Toddler.pdf>
- VISN 16 South Central Mental Illness Research, Education, and Clinical Center (MIRECC). (2010). *Veteran Parenting Toolkit: Together Building Strong Families, Provider Guide*. <http://www.ouhsc.edu/vetparenting/PDF/ProviderGuide.pdf>

Culture Toolkits

Legacies Now and Creative City Network of Canada. (2010). *Cultural Planning Toolkit* http://www.2010legaciesnow.com/fileadmin/user_upload/ExploreArts/Toolkits/CulturalPlanning_Toolkit.pdf

New Hampshire Department of Health and Human Services. (Accessed 2011). *Understanding Military Culture in Order to Better Serve Out Military Communities*. <http://www.naminh.org/uploads/docs/MilitaryCulture.pdf>

Employment Toolkits

- Defense Center of Excellence. (Accessed 2011). *Work Adjustment*. <http://www.afterdeployment.org/media/elibrary/successWorking/index.html>

Job Accommodation Network. (2010). *Accommodation Service Members and Veterans with Post-Traumatic Stress Disorder (PTSD)*. [http://askjan.org/media/downloads/PTSDVetsA%26CSeries.pdf#search="ptsd"](http://askjan.org/media/downloads/PTSDVetsA%26CSeries.pdf#search=)

Job Accommodation Network. (2010). *Employees with Post Traumatic Stress Disorder: Accommodation and Compliance Series*.
<http://askjan.org/media/downloads/PTSDA%26CSeries.doc>

- Job Accommodation Network/America's Heroes at Work. (2010). *Hiring Veterans: A Step-by-Step Toolkit for Employers*.
<http://www.workforceatm.org/sections/pdf/2010/JANNNovember2010Presentation.pdf?CFID=488113&CFTOKEN=33903915>

Transition Assistance Program, U.S. Department of Labor, Veteran's Employment and Training Service. (2007). *Create an Effective Resume*. <http://www.dol.gov/vets/tap/f-tapsupplement-createaneffectiveresume8.9.07.pdf>

- Workforce Solutions. (Accessed 2011). *Employer Toolkit: Recruiting, Integration, Retention of Veterans*. http://www.wrksolutions.com/employer/toolkit/TWS-Military-Toolkit_v5.pdf

Family Toolkits

The American Red Cross. (1996). *Welcome Home: A Guide to a Healthy Family Reunion*.
<http://www.redcross.org/www-files/Documents/pdf/corppubs/welcome.pdf>

Battered Women's Justice Project. (2003). *Understanding the Military Response to Domestic Violence: Tools for Civilian Advocates*.
http://www.bwjp.org/files/bwjp/articles/BWJP_Military_Part1.pdf

- Defense Center of Excellence. (Accessed 2011). *Families and Friendships*.
<http://www.afterdeployment.org/media/elibrary/relationships/index.html>
- Defense Center of Excellence. (2009). *Building Bridges to Support Military and Veteran Families: Healthcare Providers Resource Guide*.
<http://www.mdva.state.md.us/pdfs/BuildingBridgesGuide.pdf>

Marriage and Family Counseling Collaborative. (2010). *Resource Guide for Military and Veteran Domestic Violence*.
<http://www.deploymentpsych.org/pdf/1%20Sep%20DV%20Resource%20Guide.pdf>

The National Center on Family Homelessness. (2010). *Engaging Veterans and Families to Enhance Service Delivery: A Tool Kit for Community-Based Organizations*.
http://www.logicadesign.com/ncfh/Toolkit_Veterans_and_Families.pdf

National Guard Bureau. (2007). *Our Sons and Daughters: A National Guard Parent's Guidebook to Deployment*. http://www.ng.mil/resources/downloads/Parents_guide.pdf

Office of the Assistant Secretary of Defense for Reserve Affairs. (2007). *Personal and Family Readiness Toolkit*.

<http://ra.defense.gov/documents/Family%20Readiness%20Toolkit%20061307.pdf>

University of California, San Francisco. (2009). *Assessing and Treating Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) Veterans and Their Partners*.

www.countyofnapa.org/WorkArea/DownloadAsset.aspx?id=4294969037

Female Specific Toolkits

The American Legion. *Guide for Women Veterans: Identifying Risks, Services, and Prevention*. (Accessed 2011). <http://www.legion.org/documents/pdf/womensguide.pdf>

The U.S. Army Center for Health Promotion and Preventive Medicine. (2010). *A Guide to Female Soldier Readiness*.

<http://phc.amedd.army.mil/PHC%20Resource%20Library/TG281finalJuly2010.pdf>

Hospice/Assisted Living Toolkits

Assisted Living Federation of America. (2008). *Veterans Affairs Aid & Attendance and Housebound Benefit Program Application Guide and Toolkit*.

<http://www.alfa.org/images/alfa/Toolkits/VAToolkit.pdf>

National Hospice and Palliative Care Organization. (Accessed 2011). *Hospice Veteran Partnership Toolkit*.

<http://www.nhpco.org/files/public/veterans/HospiceVeteranPartnershipTK.pdf>

Legal Toolkits

American Bar Association: Law Student Division. (2008). *Veterans' Advocacy Toolkit: 2008*.

<http://www.abanet.org/lsd/veterans/toolkit.pdf>

State of Vermont. (2009). *Guidebook for Incarcerated Veterans*.

http://www.va.gov/HOMELESS/docs/Reentry/09_vt.pdf

Mental Health Toolkits

- Defense Center of Excellence. (Accessed 2011). *Reducing Stigma and Building Resilience*. <http://www.afterdeployment.org/media/elibrary/stigma/index.html>

- Defense Center of Excellence. (Accessed 2011). *Post Traumatic Stress*. <http://www.afterdeployment.org/media/elibrary/pts/index.html>

- Defense Center of Excellence. (Accessed 2011). *Depression*.
<http://www.afterdeployment.org/media/elibrary/depression/index.html>
- Defense Center of Excellence. (Accessed 2011). *Anger*.
<http://www.afterdeployment.org/media/elibrary/anger/index.html>
- Defense Center of Excellence. (Accessed 2011). *Sleep*.
<http://www.afterdeployment.org/media/elibrary/sleep/index.html>
- Defense Center of Excellence. (Accessed 2011). *Anxiety*.
<http://www.afterdeployment.org/media/elibrary/anxiety/index.html>
- Defense Center of Excellence. (Accessed 2011). *Life Stress*.
<http://www.afterdeployment.org/media/elibrary/stress/index.html>
- Defense Center of Excellence. (Accessed 2011). *Resilience*.
<http://www.afterdeployment.org/media/elibrary/resilience/index.html>
- Defense Center of Excellence. (Accessed 2011). *Health and Wellness*.
<http://www.afterdeployment.org/media/elibrary/health/index.html>
- Defense Center of Excellence. (Accessed 2011). *Spirituality*.
<http://www.afterdeployment.org/media/elibrary/spirituality/index.html>

Department for Mental Health and Mental Retardation Services; Division of Mental Health and Substance Abuse (Kentucky). (2005). *Preventing Suicide: Kentucky's Plan*.
<http://mhmr.ky.gov/mhsas/files/Suicide%20Prevention%20Plan.pdf>

Montana Department of Public Health and Human Services. (Accessed 2011). *Montana Strategic Suicide Prevention Plan*. <http://www.dphhs.mt.gov/amdd/statesuicideplan.pdf>

National Patient Safety Agency. *Preventing Suicide: A Toolkit for Mental Health Services*. (Accessed 2011). <http://www.nmhd.org.uk/silo/files/preventing-suicide-a-toolkit-for-mental-health-services-2009.pdf>

Saginaw County (Michigan) Community Mental Health Authority. (Accessed 2011). *Overcoming the Stigma of Mental Illness: Workbook and Resource Guide*.
http://www.sccmha.org/Anti-Stigma/SCCMHA%20in5_WBRG.pdf

Western Interstate Commission for Higher Education Mental Health Program and Suicide Prevention Resource Center. (2009). *Suicide Prevention Toolkit for Rural Primary Care*.
<http://www.sprc.org/library/primer.pdf>

Military Sexual Trauma Toolkits

- Defense Center of Excellence. (Accessed 2011). *Military Sexual Trauma*. <http://www.afterdeployment.org/media/elibrary/mst/index.html>
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Physical Disabilities Toolkits

- Defense Center of Excellence. (Accessed 2011). *Physical Injury*. <http://www.afterdeployment.org/media/elibrary/physicalInjuries/index.html>
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SAMHSA Toolkits

*Denotes that hardcopies are available for order

- *SAMHSA. (2010). *Access to Recovery Implementation Toolkit*. <http://store.samhsa.gov/product/SMA10-ATRKIT>
- *SAMHSA. (2008). *Addiction Counseling Competencies: The Knowledge Skills and Attitudes of Professional Practice*. <http://store.samhsa.gov/product/SMA08-4171>
- *SAMHSA. (2007). *Building Bridges: Mental Health Consumers and Representatives of Disaster Response Community in Dialogue*. <http://store.samhsa.gov/product/SMA07-4250>
- *SAMHSA. (2009). *Culture Card: A Guide to Build Cultural Awareness: American Indian and Alaska Native*. <http://store.samhsa.gov/product/SMA08-4354>
- *SAMHSA. (2003). *Developing Cultural Competence in Disaster Mental Health Programs*. <http://store.samhsa.gov/product/SMA03-3828>
- *SAMHSA. (2006). *Developing a Stigma Reduction Initiative*. <http://store.samhsa.gov/product/SMA06-4176>
- *SAMHSA. (2010). *A Handbook for Family and Friends of Service Members Before, During, and After Deployment*. <http://store.samhsa.gov/product/SMA10-EMLKITM>
- *SAMHSA. (2010). *Integrated Treatment for Co-Occurring Disorders Evidence-Based Practices KIT*. <http://store.samhsa.gov/product/SMA08-4367>
- *SAMHSA. (2010). *Getting Started with Evidence Based Practices: Family Psychoeducation*. <http://store.samhsa.gov/product/SMA09-4423>
- *SAMHSA. (2010). *Getting Started with Evidence Based Practices: Illness Management and Recovery*. <http://store.samhsa.gov/product/SMA09-4463>

- *SAMHSA. (2010). *Getting Started with Evidence Based Practices: Integrated Treatment for Co-Occurring Disorders*. <http://store.samhsa.gov/product/SMA08-4367>
- *SAMHSA. (2010). *Getting Started with Evidence Based Practices: Permanent Supporting Housing*. <http://store.samhsa.gov/product/SMA10-4510>
- *SAMHSA. (2010). *Getting Started with Evidence Based Practices: Supported Employment*. <http://store.samhsa.gov/product/SMA08-4365>
- SAMHSA. (2001). *Key Principles in Providing Integrated Behavioral Health Services for Young Children and Their Families*. <http://store.samhsa.gov/product/BKD423>
- *SAMHSA. (2007). *Making Your Workplace Drug-Free: A Kit for Employers*. <http://store.samhsa.gov/product/SMA07-4230>
- *SAMHSA. (2005). *Mental Health Response to Mass Violence and Terrorism: A Field Guide*. <http://store.samhsa.gov/product/SMA05-4025>
- *SAMHSA. (2007). *Problem Gambling Toolkit*. <http://store.samhsa.gov/product/PGKIT-07>
- *SAMHSA. (2007). *Problem Gamblers and Their Finances: A Guide for Treatment Professionals Toolkit*. <http://store.samhsa.gov/product/PG-GUIDE-07>
- *SAMHSA. (2010). *Promoting Mental Health and Preventing Suicide: A Toolkit for Senior Living Communities*. <http://store.samhsa.gov/product/SMA10-4515>
- SAMHSA. (2003). *Work as a Priority: A Resource for Employing People Who Have Serious Mental Illnesses and Who Are Homeless*. <http://store.samhsa.gov/product/SMA03-3834>

Sexual Assault Toolkits

U.S. Army. (2008). *Army SAPR Program Toolkit*.
<http://www.sexualassault.army.mil/files/SAAM%20Toolkit%202008.pdf>

Substance Abuse Toolkits

- Defense Center of Excellence. (Accessed 2011). *Alcohol and Drugs*.
<http://www.afterdeployment.org/media/elibrary/drugsAlcohol/index.html>
- Defense Center of Excellence. (Accessed 2011). *Tobacco*.
<http://www.afterdeployment.org/media/elibrary/tobaccoCessation/index.html>

Traumatic Brain Injury

- Defense Center of Excellence. (Accessed 2011). *Mild Traumatic Brain Injury*. <http://www.afterdeployment.org/media/elibrary/mtbi/index.html>
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Troop Transition Toolkits

- Bureau of Justice Assistance, U.S. Department of Justice. (2010). *Combat Veterans and Law Enforcement: A Transition Guide for Veterans Beginning or Continuing Careers in Law Enforcement*. http://www.wascop.com/VetsGuide_300dpi%5B1%5D.pdf
- Bureau of Justice Assistance, U.S. Department of Justice. (2010). *Law Enforcement Leader's Guide on Combat Veterans: A Transition Guide for Veterans Beginning or Continuing Careers in Law Enforcement*. http://www.wascop.com/LeadersGuide_300dpi%5B1%5D.pdf

International Association of Chiefs of Police. (2009). *Employing Returning Combat Veterans as Law Enforcement Officers*.

<http://www.ojp.usdoj.gov/BJA/pdf/IACPEmployingReturningVets.pdf>

Naval Health Research Center. (2009). *Post Deployment User Guide Transition Workbook for Combat Veterans*. [http://www.dtic.mil/cgi-](http://www.dtic.mil/cgi-bin/GetTRDoc?AD=ADA515130&Location=U2&doc=GetTRDoc.pdf)

[bin/GetTRDoc?AD=ADA515130&Location=U2&doc=GetTRDoc.pdf](http://www.dtic.mil/cgi-bin/GetTRDoc?AD=ADA515130&Location=U2&doc=GetTRDoc.pdf)

USAA. (2005). *Deployment Guide*.

<http://ra.defense.gov/documents/toolkit/familyReadinessUSAADeployuide.pdf>

Veterans Student Toolkits

- Student Veterans of America. (2008). *Military Guide to College for Student Veterans*. <http://www.studentveterans.org/resource/library/documents/SVA%20-%20From%20Combat%20to%20Campus%20Guide.pdf>