

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training

Description and Learning Objectives

Screening, brief intervention, and referral to treatment are effective in a variety of settings. SBIRT has shown to be effective in primary care settings, where it is incorporated into other routine medical assessments such as measuring blood pressure. It has also been proven effective in hospital emergency departments and trauma centers with individuals with alcohol-related injuries. This training focuses on screening procedures to identify risk; key motivational interviewing concepts and principles that are tied to effective use of the FLO (Feedback; Listen and Understand; Options Explored) brief intervention; and referral to treatment for patients with more serious alcohol use-related problems. At the conclusion of this activity, participants should be able to: (1) Describe the background and rationale for conducting SBIRT in a variety of health settings; (2) Explain how to utilize screening procedures to identify patients engaged in at-risk alcohol use behaviors; and (3) Demonstrate a three-step motivational interviewing-based brief intervention strategy to motivate patients to change their at-risk behavior and/or seek treatment.

Continuing Medical Education (CME) and Continuing Education (CE) Credit

This training meets the qualifications for the provision of 4.0 continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is also an approved provider of continuing education for MFTs and LCSWs (CA BBS, #PCE 2001), CADCs (CCBADC/CAADAC, #2N 00 445 1115), CATCs (ACCBC/CAADE, #CP 20 903 C 0816), CASs (BCAS/CAARR, #5033), and RASs (Breining Institute, #CEP0604111449 ULA HE). Provider approved by the California Board of Registered Nursing, Provider #15455, for 4.0 contact hours. The Morehouse School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Morehouse School of Medicine designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Targeted Audience

- Physicians
- Nurse Practitioners
- Physician Assistants
- Registered Nurses
- Psychologists
- MFTs
- LCSWs
- Certified Substance Use Disorder Treatment Counselors
- Other Behavioral Health Specialists/Clinicians

Co-Sponsored by:

California Department of Health Care Services (DHCS), California HealthCare Foundation (CHCF), Pacific Southwest Addiction Technology Transfer Center, UCLA Integrated Substance Abuse Programs, and Harbage Consulting

This training is approved by the California Department of Health Care Services, and fulfills the 4-hour SBIRT training requirement noted in the Provider Manual and All Plan Letter dated February 10, 2014 (APL 14-004).

**August 26, 2014
9:00 am-1:15 pm**

**CenCal Health
4050 Calle Real
Santa Barbara, CA 93110**

**Hosted by: CenCal Health
*Featured Presenter: Joy Chudzynski, PsyD***

PRE-REGISTRATION IS REQUIRED, AND ONLINE REGISTRATION IS PREFERRED. To register online, please visit

<https://www.surveymonkey.com/s/4HRSBIRT>

To register by e-mail or fax, please complete the bottom portion of this page and e-mail it to mcbacca@ucla.edu or fax it to (310) 312-0538 (attention: Maria Castro). If you need a disability-related reasonable accommodation/alternate format for this event, please contact Charlotte Bullen at (310) 267-5408 or charlottebullen@ucla.edu.

First and Last Name:		Degree(s):
Agency/Affiliation:		
Mailing Address:		
City:	State:	Zip Code:
Phone Number:	Fax Number:	
E-mail Address*:		
Type of CE Credit Requested**:	License/ Certification Number***:	
Special Needs, Dietary Restrictions, or other Accommodations:		
**Continuing education credit choices include: CME (applies to physicians, nurse practitioners, and physician assistants), PSY, RN, MFT, LCSW, CADC, CATC, CAS, and RAS.		
***License number is required for participants wishing to receive CME, PSY, and RN credits/contact hours.		