



# PARTNERS FOR CHILDREN

## Services Information Sheet (Participant)



### What services are available to me and my family?

- Care Coordination
- Family Training
- Respite Care (in-home and out-of-home)
- Expressive Therapies
- Family Counseling
- Pain and Symptom Management

#### Care Coordination:

Your chosen Care Coordinator will be in charge of keeping track of all of the services you receive, not just for the waiver. They will be your primary contact person when you have questions, concerns, or decisions to make.

With the help of your Circle of Support, the Care Coordinator will make sure your F-CAP (Family-Centered Action Plan) includes the services you and your family want. Your Care Coordinator will regularly check in with you to make sure that the services on your F-CAP are meeting your needs and family goals.

If you need help figuring out any of your services, treatments or medical equipment, your Care Coordinator will be available. The Care Coordinator may assist with getting to appointments outside the home, if you need.

Your Care Coordinator will keep in contact with your assigned CCS Nurse Liaison (who enrolled you in the waiver) to make sure that your F-CAP is always in line with your needs.

#### Family Training:

This service will be available for anyone in your family, Circle of Support and anyone else who acts as an un-paid caregiver for you. This may include training on care needs, medical treatments, use of in-home medical equipment, palliative care basics, and comfort care.

#### In-Home Respite Care:

Respite care provides support for your family and other caregivers, allowing them to take breaks while you still receive the care you need.

A nurse or home health aide will come to your home on a regular schedule or every once in a while as you need. A relative or friend may provide respite care if they are a qualified provider.

#### Out-of-Home Respite Care:

Out of home respite care provides a place for you to go that meets your health care needs when you have to be away from home.

#### Expressive Therapies:

Therapies may include art, music, massage, and play. The goal is to lower stress, manage pain, and help you to cope with the struggles related to your illness. Taking part in creative play may also help you to express your feelings to others more easily. Therapists may also help you to better understand your illness and treatments.

#### Family Counseling:

If needed, your family will have access to grief counseling. A social worker, therapist or psychologist will be available to help them to cope in their grieving process. Your family must meet with the counselor at least once while you are on the waiver. The rest of their visits will happen later as needed.

#### Pain and Symptom Management:

If needed, a nurse can come to your home to help with any pain or discomfort you experience. The nurse will also keep an eye on your condition and can talk with you about any changes.