

# American Indian Infant Health Initiative Client Screening Tools

AMERICAN INDIAN RESEARCH PROGRAM  
UCLA CENTER FOR HEALTH POLICY RESEARCH

# **CULTURAL COMPETENCY AND PILOT TESTED SCREENING TOOLS FOR:**

- **Depression**
- **Domestic Violence**
- **Alcohol Misuse**

# Depression Screening

## **PHQ 9 – Patient Health Questionnaire**

- A 9 item depression scale
- Assesses symptoms and functional impairment to make a tentative depression diagnosis
- Enables a severity score to help select and monitor treatment

# Depression Screening

## PHQ 9 – Patient Health Questionnaire

Total Score	Depression Severity	AIHI Action
1-4	Minimal depression	Support, educate to call if worse;
5-9	Mild depression	Support, educate to call if worse;
10-14	Moderate depression	Refer to Behavioral Health Program
15-19	Moderately severe depression	Refer to Behavioral Health Program
20-27	Severe depression	Refer to Behavioral Health Program

# Domestic Violence Screening

## HITS Screening Tool

Four-item questionnaire to self report how often partner physically Hurt, Insulted, Threatened with harm, and Screamed at respondent.

# Domestic Violence Screening

## **HITS TOOL**

- Enables differentiation of family practice patients from abuse victims.
- Enables identification of domestic violence indicators for family practice physicians and residents.

# Alcohol Misuse

## AUDIT C

- Based on 10 question Alcohol Use Disorders Identification Test (AUDIT)
- AUDIT C is a 3 question screen that can help identify patients with alcohol misuse
- Uses 12 point scale. Score of 0 reflects no alcohol use in the past year

# Alcohol Misuse

## AUDIT-C Screening Tool

- Men: A score of 4 points or more is considered positive for misuse
- Women: A score of 3 points or more is considered positive
- Scores of 5 points or more require brief counseling